

Microbiological Pattern in Preterm Prelabour Rupture of the Fetal Membranes in South-Western Nigeria

Abstract

Background: Preterm prelabour rupture of the fetal membranes (PPROM) complicates 3% to 4% of all pregnancies. It is responsible for 40% of all preterm births with its attendant high perinatal morbidity and mortality.

Objective: The aim of this study was to determine the prevalence of PPRM; with profile and antibiotic susceptibility of isolated organisms.

Methodology: It was a prospective study carried out between 10th July 2011 and 22nd August 2012 among recruited pregnant women that met the inclusion criteria. Collection of samples from the endocervix and posterior vaginal fornix by sterile speculum examination was done; with same processed using standard microbiological techniques.

Results: *Klessiella* was the commonest organism isolated accounting for 32.1%, followed by *Escherichia coli* (19.6%); with highest sensitivity shown to ciprofloxacin (96.3%), and followed by amoxiclav (94.4%), ceftriazone (92.6%) and cefuroxime (90.6%).

Conclusion: Prophylactic use of antibiotics in the management of PPRM should largely be based on the demonstrated microbiological pattern and sensitivity in the environment in question.

Keywords: Microbiological pattern, Preterm PROM, Nigeria

Volume 6 Issue 4 - 2017

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Received: January 21, 2017 | **Published:** April 03, 2017

Introduction

Pre-labour rupture of the fetal membranes (PROM) is defined as the rupture of the fetal membranes before the onset of labour, after the age of viability. Preterm pre-labour rupture of the fetal membranes (PPROM) is rupture of the fetal membranes prior to 37weeks gestation. PPRM complicates 3% to 8% of all pregnancies.^{1,2} and is responsible for 20-30% of all preterm births.¹ with attendant high perinatal mortality rate of about 54%.³

At term, programmed cell death and activation of catabolic enzymes such as collagenase and mechanical forces result in rupture of the fetal membranes. PPRM occurs probably due to the same mechanisms and premature activation of these pathways. However, early PROM also appears to be linked to underlying pathologic processes, most likely due to inflammation and/or infection of the membranes. Risk factors associated with aetiology of PPRM include low socioeconomic status, low body mass index, tobacco use, history of preterm labour, urinary tract infection, vaginal bleeding at any time in pregnancy, cerclage and amniocentesis.⁴

In recent years, the role of infection with lower genital tract organisms in precipitating PPRM and preterm labour has come under considerable scrutiny. Although, the aetiology of PPRM is multifactorial.⁵ increasing evidence regarding clinical risk factors, membrane histology and amniotic fluid microbiology shows a strong association with infection.⁵ leading to amniorhexis. There is evidence that microorganisms can penetrate intact fetal membranes.⁶ Several studies have shown that women with low socio-economic status are at higher risk of PPRM and are more likely to develop chorioamnionitis as a complication of PPRM.⁷

When PPRM occurs before 34weeks gestation, conservative management is advocated to ensure fetal lung maturity. It is possible

to successfully prolong the latency from membrane rupture to delivery,⁸ but it is associated with development of maternal and foetal infection.⁹ Recommended management strategy includes the use of corticosteroids, tocolytics and antibiotics.^{10,11} Early studies suggested that prophylactic antibiotics could be beneficial in cases of idiopathic PPRM and preterm labour. There is prolongation of latency period, reduction in chorioamnionitis and possible reduction in gestational age- dependent morbidity and neonatal infections in PPRM when antibiotics are used.^{8,10} Appropriate antibiotic therapy is instituted following culture and sensitivity results of amniotic fluid and/or endocervical swabs.

The purpose of this study is to determine the association and the pattern of bacteria if any in the aetiology of PPRM in this centre where the result so obtained will also be of help in the management of PPRM. To the best of our knowledge, no such study has been carried out in the centre.

Materials and methods

Study design

A prospective study design was used.

Study period

The study was done between 10th July 2011 and 22nd of August 2012.

Study location

This study was conducted at the obstetric unit of Obafemi Awolowo University Teaching Hospitals Complex, Ile-Ife, Osun State, South-western Nigeria. The maternity wing of the teaching hospital receives referrals from Osun, Ekiti, Oyo, Ondo, Kwara and Kogi States; all in

the same geopolitical zone. The hospital has an annual booking rate of 2,500 and delivery rate of about 2100.

Study population

This is a prospective case control study carried out at the obstetrics, gynaecology and perinatology department of Obafemi Awolowo University Teaching Hospitals Complex, Ile-Ife, Osun State, Nigeria, between 10th July 2011 and 22nd August 2012. Cases comprised patients presenting with PPRM while controls were patients with ongoing pregnancy without rupture of fetal membranes picked from antenatal clinic matched for age, parity and gestational age. Inclusion criteria included patients with rupture of fetal membranes before 37weeks gestation and less than 24hours duration, patients with an ongoing pregnancy without ruptured membranes matched for parity (+ or -2), age (+ or -2years) and gestational age (+ or -2weeks). Exclusion criteria included cases with rupture of membranes less than 24weeks or after/at 37 completed weeks, PPRM more than 24hours, PPRM and pyrexia-temperature of 38°C and above. Also, cases with PPRM who have taken antibiotics within the last 7days, cases with malpresentation, congenital abnormalities, polyhydramnios or cervical incompetence and patients who did not have early ultrasonography and could not remember their last menstrual period. All cases with previous digital examination before presentation and a history of sexual intercourse in the last 24 hours were also excluded. A total of 56 patients met the inclusion criteria and 54 controls were studied.

Sample collection

Demographic and clinical information required such as age, parity, social class, estimated gestational age were obtained and recorded on prepared data collection form. The attending obstetrician examined and conducted sterile speculum examination which aided in diagnosis and collection of samples from the endocervix and posterior fornix. The sample were labeled with the identification number for each patient; with the labeling similar with the one on the data collection form. Samples were transported to the laboratory for analysis.

Isolation and identification of isolates and antimicrobial susceptibility testing

Each sample from cases and controls was inoculated into blood agar, Maconkay agar, chocolate agar, sabourauds dextrose agar and gentamicin blood agar. All the inoculated agars were incubated for 24hours at 37°C, except for gentamicin blood agar plates which were inoculated in candle extinction. Wet mount was done with both high vaginal and endocervical swabs of both cases and controls, smeared on a slide and examined microscopically for fungal elements, *Trichomonas* and *Gardnerella vaginalis*. Gram staining of all specimens was done and examined for intracellular Gram-negative diplococci. Three drops of 10% potassium hydroxide (KOH) were also added separately for whiff test as part of criteria to diagnose of bacteria vaginosis.

Statistical analysis

This was done using Statistical Package for Social Sciences (SPSS) version 20. Frequency tables were made and results tested using the student t-test for continuous variables and chi-square for categorical variables with the level of significance set at 0.05.

Ethical consideration

Ethical clearance for the study was obtained from ethics and research committee of Obafemi Awolowo University Teaching Hospital, Ile-Ife. Informed consents were also obtained from all the patients.

Result

A total of 56 patients with PPRM were matched with 56 pregnant women without PPRM. Table 1 shows the socio demographic data of the studied population. The overall incidence of PPRM was 5.7% (88 of 1,540 pregnant women). The age distributions in the case and control groups were homogenous ($p=0.35$). The study population consisted mainly of those with parous experience (78.6% and 85.7%) for cases and control. No statistical significant difference was found in age and parity between cases and control ($P = 0.35$ and 0.17 respectively).

Table 1 Sociodemographic Characteristics of the Study Population

Characteristics	Cases n=56 (%)	Controls n=56 (%)	P value
Age (Years)			
<20	1 (1.8)	0 (0)	
20 – 24	8 (14.3)	4 (7.1)	
25 – 29	18 (32.1)	26 (46.4)	0.35
30 – 34	26 (46.4)	21 (37.5)	
35 and above	3 (5.4)	5 (9)	
Mean age in years	29.11±4.11	29.45±4.07	0.66
Parity			
0	12 (21.4)	8 (14.3)	
1-2	24 (42.9)	34 (60.7)	
3-4	20 (35.7)	13 (23.2)	0.17
5 and above	0 (0)	1 (1.8)	
Mean parity	1.82±1.29	1.77±1.17	0.82
Social class			
Low (4-5)	37 (66.1)	13 (23.2)	
Middle (3)	11 (19.6)	33 (58.9)	
High (1-2)	8 (14.3)	10 (17.9)	0.001
Mean social class	4.05±0.86	3.02±0.92	0.001
Estimated gestational age(wks)			
24-27	3 (5.3)	3 (5.3)	
28-30	14 (25)	20 (35.7)	
31-33	29 (51.8)	16 (28.6)	0.086
34-36	10 (17.9)	17 (30.4)	
Mean EGA(wks)	31±2.32	31±2.67	0.99

Wks:Weeks; < = Less than; EGA: Estimated Gestational Age.

A high percentage of the cases of PPROM (51.8%) occurred at estimated gestational age of 31-33 weeks followed by cases that occurred between 28-30 weeks gestation with 25% occurrence. The occurrence of PPROM at estimated gestational age of 34-36 weeks was 17.9% while only 5.3% of cases occurred between 24-27 weeks of gestation. There is however no statistical difference in the estimated gestational age at which PPROM occurred ($P = 0.087$). It was found that about two thirds of the cases of PPROM occurred in patients with low socio-economic status.

Gardnerella vaginalis was demonstrated microscopically and whiff test positive in 3(5.3%) of PPROM but 1(1.8%) in the control group. *Trichomonas vaginalis* was seen microscopically in 3(5.3%) of PPROM but 2(3.6%) in the control group. *Candida albicans* was seen in 2(3.6%) of the cases but 7(12.5%) in the control group. These three occurred mixed with some of the positive bacterial cultures. A total of fifty four pathogens were isolated from forty seven patients out of the fifty six cases of PPROM while only five pathogens were isolated from the controls.

Table 2 Isolates from cases and controls

Isolates	Cases (n=56)				Controls (n=56)			
	HVS		ECS		HVS		ECS	
	n	%	N	%	N	%	N	%
<i>Klebsiella</i>	12	21.4	18	32.1	-	0.0	-	0.0
<i>E. coli</i>	9	16.1	11	19.6	-	0.0	-	0.0
<i>Proteus</i>	3	5.3	8	14.3	-	0.0	-	0.0
<i>Staph. Aureus</i>	6	10.7	3	5.3	-	0.0	-	0.0
<i>Strept. pyogenes</i>	4	7.1	-	0.0	2	3.6	-	0.0
CONS	2	3.6	-	0.0	1	1.8	-	0.0
<i>Bacteroides</i>	3	5.4	-	0.0	1	1.8	-	0.0
<i>β haemolytic strept.</i>	2	3.6	-	0.0	1	1.8	-	0.0

E. coli: *Escherichia coli*; *Strept. Pyogenase*: *Streptococcus Pyogenase*; *β Haemolytic Strept.*: *β haemolytic streptococcus*; HVS: High Vaginal Swab; ECS: Endocervical Swab; CONS: Coagulase negative staphylococcus

Table 3 Frequency of isolates of various organisms

Isolates	Cases (n=56)		Controls (n=56)		P value
	N	%	N	%	
<i>Klebsiella</i>	18	32.1	-	0.0	0.001
<i>E. coli</i>	11	19.6	-	0.0	
<i>Proteus</i>	8	14.3	-	0.0	
<i>Staph. Aureus</i>	6	10.7	-	0.0	
<i>Strept. Pyogenas</i>	4	7.1	2	3.6	
CONS	2	3.6	1	1.8	
<i>Bacteroides</i>	3	5.4	1	1.8	
<i>β haemolytic strept.</i>	2	3.6	1	1.8	
Total pathogens Isolated	54	96.4	5	8.9	

E. coli: *Escherichia coli*; *Strept. Pyogenase*: *Streptococcus Pyogenase*; *β haemolytic strept.*: *β haemolytic streptococcus*; CONS: Coagulase Negative Staphylococcus; *Staph. Aureus*: *Staphylococcus aureus*

Table 4 shows the antibiotic sensitivity pattern of the organisms isolated; the drug that showed the highest sensitivity was Ciprofloxacin (96.3%). This was followed by amoxiclav (94.4%), ceftriaxone (92.6%) and cefuroxime (90.6%), others that showed good sensitivity were erythromycin (88.9%) gentamycin (70.4%) and Chloramphenicol (63%). Fair sensitivity was shown by cloxacillin (50%) while amoxicillin (40.7%), Co-trimoxazole (33.3%) and ampicillin (27.8%) all showed low effectiveness; with sensitivity less than (50%). The common pathogens isolated in this study were *Klebsiella*, *E. coli*, *Proteus*, *Staphylococcus aureus* and *Streptococcus pyogenase*. They showed good sensitivity to Ciprofloxacin, amoxiclav, ceftriaxone, cefuroxime, erythromycin and gentamycin.

The occurrence of various organisms isolated from both HVS and ECS of cases and controls were as shown in Table 2; while no organism was isolated from the ECS of the controls, five of the controls had positive culture from HVS. There was substantial positive culture from both the ECS (71.3%) and HVS (73.2%) of the cases. *Gardnerella vaginalis*, *Trichomonas vaginalis* and *Candida albicans* occurred with some positive bacterial cultures in a mixed fashion.

The prevalence of various organisms isolated is shown in Table 3. There were fifty four (54) bacteriological isolates from the HVS and ECS of the cases. *Klebsiella* was the commonest organism isolated accounting for 32.1%, the other organisms isolated include *Escherichia coli* (19.6%), *Proteus* (14.3%), *Staphylococcus aureus* (10.7%), *Streptococcus pyogenes* (7.1%), *Bacteroides* (5.4%), *Coagulase negative staphylococcus* (3.6%) and *β haemolytic Streptococcus* (3.6%). Total positive cultures were 83.9% and 8.9% for case and control respectively giving a P value of 0.001.

Discussion

This study demonstrated an overall incidence of 5.7% which is higher than 2.5% obtained in a study done by -Obi et al.¹² This could be partly due to the fact that this study was a prospective study with proper record keeping and documentation, unlike the Obi's study which was a retrospective study. In this study, fifty six (56) cases of PPROM matched with fifty six (56) controls without PPROM revealed a positive culture rate of 83.9%. There was statistically significant difference between the cases and controls which suggests a strong link of genital tract infections with the occurrence of PPROM. There was no statistically significant difference in the socio-

demographic characteristics (mean age, mean gestational age, mean parity), except for mean social class ($P = 0.001$). It can therefore be said that the occurrence of PPRM is strongly associated with low socio-economic status. This agrees with a previous study conducted

by Arnildo et al.⁷ Association of PPRM with low socio-economic class could be a reflection of the personal hygiene of women in this group.

Table 4 Antimicrobial Sensitivity Pattern of Isolates

Drugs	Number Sensitive and Percentage								
	<i>E. coli</i> n=11 (%)	<i>Klebsiela</i> n=18 (%)	<i>S. pyogenes</i> n=4 (%)	<i>Proteus</i> n=8 (%)	CONS n=2 (%)	<i>S. aureus</i> n=6 (%)	<i>β. H. strept</i> n=2 (%)	<i>Bacteriodes</i> n=3 (%)	Total number 54 (100%)
Chloramphenicol	6 (54.5)	12 (66.7)	3 (75)	4 (50)	1 (50)	6 (100)	1 (50)	1 (33.3)	34 (63%)
Gentamicin	8 (72.7)	16 (88.9)	3(75)	4 (50)	2(100)	3 (50)	1 (50)	1 (33.3)	38 (70.4)
Co-trimoxazole	3 (27.3)	5 (27.8)	2 (50)	5(62.5)	0 (0)	2(33.3)	1 (50)	0 (0)	18 (33.3)
Ampicillin	2 (18.2)	4 (31.3)	0 (0)	4 (50)	1 (50)	3 (50)	1 (50)	0 (0)	15 (27.8)
Cloxacillin	6 (54.5)	9 (50)	3 (75)	4 (50)	1 (50)	2 (33.3)	1 (50)	1 (33.3)	27 (50)
Erythromycin	10(90.9)	16(88.9)	4 (100)	6 (75)	2(100)	5 (83.3)	2 (100)	2 (66.6)	47 (88.9)
Ciprofloxacin	11 (100)	18 (100)	4 (100)	8(100)	2(100)	6(100)	2 (100)	1 (33.3)	52 (96.3)
Amoxiclav	11(100)	16 (88.9)	4 (100)	8 (100)	2(100)	6 (100)	2 (100)	2 (66.6)	51 (94.4)
Ceftriaxone	10(90.9)	17 (94.4)	4 (100)	8 (100)	2(100)	6 (100)	2 (100)	1 (33.3)	50 (92.6)
Cefuroxime	11(100)	17(94.4)	3 (75)	8 (100)	2(100)	5 (83.3)	2 (100)	1(33.3)	49 (90.7)
Amoxicillin	5 (45.5)	7 (38.9)	2 (50)	3 (37.5)	0 (0)	3 (50)	1 (50)	1 (33.3)	22 (40.7)

E. coli: *Escherichia coli*; *Strept. Pyogenase*: *Streptococcus Pyogenase*; *β haemolytic strept*: *β haemolytic streptococcus*; CONS: Coagulase Negative Staphylococcus; *Staph. Aureus*: *Staphylococcus aureus*

Klebsiella spp. was the commonest organism isolated (32.1%). This is however in sharp contrast with a similar study conducted in Nigeria by Aboyeji et al.¹³ However, the significance of this finding is more pronounced when consideration is given to the fact that no *klebsiella spp.* was isolated among the 56 controls. *Escherichia coli* accounted for 19.6% of the organism isolated from cases and non in the control group. This gram negative aerobic organism has been found in previous studies to penetrate intact fetal membranes, cause intra- amniotic infection and subsequent amniorhexis. *Proteus* is a gram negative aerobe while *Staphylococcus aureus* is a gram positive aerobe with prevalence of 14.3% and 10.7% respectively in this study. Bahar et al.¹⁴ reported *Proteus* as part of wide variety of microbes that was implicated in PPRM while isolation of *Saphylococcus aureus* in this study is also similar to the findings of Silva et al.¹⁵ who found a wide diversity of aerobic and anaerobic organisms.¹⁵

Streptococcus Pyogenase (7.1%), *Coagulase negative Staphylococcus* (3.6%) and *Bacteriodes* (5.4%) were both isolated in cases and controls in this study. These organisms may be part of a wide variety of microbes associated with prelabour rupture of membranes as demonstrated by Aboyeji et al.¹³ in their study in 2000. *β haemolytic streptococcus* has also been implicated in some studies.^{15,16} as part of organisms involved in PPRM though the prevalence was low in this study.

Gardnerella vaginalis was demonstrated in 3 cases (5.3%) and 1 (1.8%) in the control group, all occurred in cases where *Bacteriodes spp.* was isolated. This is worthy of note as this organism which is part of the bacterial vaginosis complex is often associated with anaerobic bacteria such as *Bacteriodes* as demonstrated in this study and their role in the aetiology of PPRM is already well documented.¹⁸ Microscopic isolation of *candida spp.* in 7 out of the 56 controls (12.5%) as against 2 in the cases (3.5%) in this study is worthy of note. There appears to be an inverse relationship between the presence of *candida spp.* and the occurrence of PPRM, reason for this is not known. This finding is at variance with that previously documented by.

The sensitivity pattern in this study revealed that ciprofloxacin had the highest sensitivity (96.3%) with almost all the isolated organisms sensitive to it. However, this drug which is a quinolone is

not safe in pregnancy; other drugs that showed excellent sensitivity include amoxiclav (94.4%), ceftriaxone (92.6%), cefuroxime (90.7%) erythromycin (88.9%) and gentamicin (70.4%). All these drugs are relatively safe in pregnancy except gentamicin. *Bacteriodes spp.*, a gram negative anaerobic organism was found in association with *Gardnerella vaginalis* (one of the organisms implicated in bacterial vagnosis complex) in this study. This had poor sensitivity to almost all the antimicrobial agents except erythromycin and amoxiclav that had 66.6% sensitivity each.

Metronidazole sensitivity was not tested in this study as the disc was not available. Amoxiclav has been associated with neonatal necrotising enterocolitis as seen in Kenyon et al.¹⁹ study. Chloramphenicol showed good sensitivity but is contra-indicated in pregnancy. The common antibiotics used in our general practice; ampicillin, co-trimoxazole and amoxicillin all showed low sensitivity to the bacterial isolates in this study.

Various studies had looked into the use of antibiotics in PPRM. Two of the largest studies that looked at the effectiveness of antibiotics use in PPRM are the national institute of child health and human development maternal-fetal medicine unit (NICID-MFMU) study on PPRM.²⁰ In the NICID-MFMU study, intravenous antibiotics; ampicillin 2gms 6 hourly and erythromycin 250mg 6 hourly were used for 48 hours. The patients were then placed on oral amoxicillin 250mg 8hourly and enteric coated Erythromycin- base 333mg every 8 hours to complete the course of antibiotic therapy for seven days. In this trial, the antibiotic group had a significantly longer duration of pregnancy than the control group.

The antibiotic group was twice as likely to remain undelivered after 7 days of treatment with increased latency period which continued up to 3 weeks after discontinuation of antibiotics. Composite primary outcome and morbidities for the neonates were lower in the antibiotic group. Incidence of chorioamnionitis and neonatal sepsis, including group B streptococcal sepsis was decreased. In the ORACLE trial; where amoxiclav was used either alone or in combination with erythromycin, an increased risk of necrotising enterocolitis occurred and there was no significant difference in latency and morbidity between the antibiotic group and controls.

Based on current evidence, seven days of antibiotics as proposed by the NICID-MFMU is being recommended for PPRM cases that are being managed conservatively. In this study conducted at Obafemi Awolowo University Teaching Hospitals Complex, Ile Ife, the sensitivity of most of the bacterial isolates to ampicillin was very poor (27.8%). The sensitivity to ceftriaxone (92.6%), cefuroxime (90.7%) and erythromycin (88.9%) were excellent and any of these can be substituted for ampicillin. The sensitivity of amoxicillin was also poor (40.7%). Cephalosporins were found to be very sensitive to isolated organisms in this study; ceftriaxone and Cefuroxime are readily available in parenteral and oral formulation and either can be used to replace ampicillin and amoxicillin.

The regimen suggested based on findings in this study is intravenous ceftriaxone 1gram daily and intravenous erythromycin 250mg 8hourly for 48hrs; then, oral ceftriaxone 400mg daily and erythromycin 500mg 8hourly to complete a 7 day course. Oral erythromycin could be started for the first 48hours with parenteral ceftriaxone and then continue to complete 7 days course in environment where parenteral erythromycin is not available.²¹⁻¹⁴

Conclusion

Low socio-economic status is a significant risk factor demonstrated in this study. Genital tract infection is found to be related to the occurrence of preterm premature rupture of fetal membranes (PPROM) and it is one of the major aetiologic factors in our environment with *Klebsiella* being the commonest organism isolated. Antibiotics of choice in the expectant management of PPRM include ceftriaxone, cefuroxime, amoxiclav and erythromycin. Based on the findings of the present study, it is recommended that improvement in general socio-economic condition of women is likely to have a significant impact in reducing PPRM/preterm birth with subsequent reduction in maternal and perinatal morbidity and mortality. In addition, prophylactic use of antibiotics in the management of PPRM should be based on the demonstrated microbiological pattern and their sensitivity in this centre.

Acknowledgments

None.

Conflicts of interest

None.

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