

Woman rights on her health issue

According to Confucian philosophy ‘ A little girl must obey her father when she was young, she must submit to her husband when they got married... and follow her sons when the husband passed away ‘... In other word, a woman in Oriental culture, will totally depends on the men from the time she was born until the day she takes the last breath in her life. This philosophy not only occur in Asia, but in Muslim culture and other primitive countries in the world

This notion of thinking, not only is outdated in the 21st century, that a woman must be independent to face the world and life challenges in the unique and effective way that she can as a fully functional human being...; but this also is dangerous in the sense that a woman will be pre-determine that she cannot make any decision... especially in the areas of health, medical matters and other related matters.

I have been the Ethnic and cultural diversity consultant in different medical clinics and hospitals in the US... and have witnessed many immigrant women; who follow their men instructions and advices more than the doctors in the hospitals...In addition, Some women shared with me that their husbands told them how much medication they should take, what kind of pills and many other thing that they have to follow through in the healthcare matters

I have also seen the progressive change when the women from the old culture to the new 21st century civilization... that more and more, women begin to become more independent from the men reliability and make decision of their own...specially in the healthcare matter... After all, it is their bodies, and therefore, they must make the decision on the matter which have the critical impact for their life.

But most important of all, the women must make the medical and healthcare decision for her children; specially when they are in the young age... after all the mothers have the feel on their kids much better than men... and the women must make this is the priority in the process of raising the children besides feeding them to grow to

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become human being...It is important that the women must take the responsibility for their children health... and make the critical medical decision on behalf of the children interest must be priority number one.

It is also important to get the input from the people around including the men, in any medical decision... including the reproductive and abortion decision as well...Women should join with men in the life journey...But they must take the leading role in any healthcare and/or medical decision... They should take the advice and guidance from men, but the final decisions must be theirs and DO NOT EVER MAKE THE MEN MAKE THE MEDICAL DECISION FOR THEM.

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Conflicts of interest

No conflict of interest to declare.