

Table 3 Lockdown mental/psychological variables, attitudes and behaviours are presented for Sleep Quality and Awakening Quality for Worse, Equal and Better subgroups, in terms of Mean, Minimum and Maximum. ANOVA was used for intergroup comparison: Worse versus Equal, Worse versus Better, and Equal versus Better. Z and confidence levels are presented for each comparison whenever higher than .05

Lockdown		Sleep Quality								Awakening Quality									
		N	Mean	Min.	Max.	Statistics		Worse	Worse	Equal	N	Mean	Min.	Max.	Statistics		Worse	Worse	Equal
						Z	Sig.								Equal	Better			
Lockdown days	Worse	1102	44.91	0	100	7.307	.001	.007	.004		920	43.83	0	100	16.058	.000	.001	.000	.004
	Equal	1234	48.39	0	100						1335	47.96	0	100					
	Better	299	50.62	1	100						373	53.08	1	100					
	Total	2635	47.19	0	100						2628	47.24	0	100					
How do you feel in lockdown	Worse	1914	6.2	1	10	108.363	.000	.000	.000		1643	6.1	1	10	128.98	.000	.000	.000	.002
	Equal	1845	6.96	1	10						2016	6.92	1	10					
	Better	371	7.2	1	10						463	7.23	1	10					
	Total	4130	6.63	1	10						4122	6.63	1	10					
Depression	Worse	1948	4.42	1	10	168.068	.000	.000	.000		1676	4.59	1	10	203.5	.000	.000	.000	.000
	Equal	1872	3.1	1	10						2046	3.12	1	10					
	Better	375	3.26	1	10						464	3.31	1	10					
	Total	4195	3.73	1	10						4186	3.73	1	10					
Anxiety	Worse	1947	5.61	1	10	280.606	.000	.000	.000		1674	5.78	1	10	304.49	.000	.000	.000	.001
	Equal	1870	3.81	1	10						2042	3.89	1	10					
	Better	374	4.34	1	10						467	4.31	1	10					
	Total	4191	4.7	1	10						4183	4.69	1	10					
Irritability	Worse	1950	5.5	1	10	242.212	.000	.000	.000		1679	5.69	1	10	278.66	.000	.000	.000	.046
	Equal	1869	3.85	1	10						2039	3.88	1	10					
	Better	374	4.04	1	10						466	4.17	1	10					
	Total	4193	4.64	1	10						4184	4.64	1	10					
Economic problems	Worse	1944	3.1	1	10	9.911	.000	.000			1670	3.16	1	10	17.441	.000	.000		.006
	Equal	1861	2.8	1	10						2034	2.76	1	10					
	Better	375	3.05	1	10						467	3.1	1	10					

Worries versus uncertainty	Total	4180	2.96	1	10					4171	2.96	1	10				
	Worse	1941	6.64	1	10	115.774	.000	.000	.000	1672	6.79	1	10	138.24	.000	.000	.000
	Equal	1870	5.48	1	10					2037	5.51	1	10				
	Better	370	5.72	1	10					463	5.7	1	10				
CECL	Total	4181	6.04	1	10					4172	6.04	1	10				
	Worse	1960	5.51	1	10	290.692	.000	.000	.000	1685	5.676	1	1	343.49	.000	.000	.000
	Equal	1881	4.04	0.75	10					2055	4.068	0.75	1				.018
	Better	377	4.3	1	9.75					469	4.335	1	9.75				
Frequency of sexual activity	Total	4218	4.74	0.75	10					4209	4.741	0.75	1				
	Worse	1937	3.88	1	10	3.252	.039	.034		1665	3.86	1	10	3.928	.002	.016	
	Equal	1847	4.08	1	10					2019	4.07	1	10				
	Better	373	3.94	1	10					465	4.01	1	10				
Number Positive Atittudes	Total	4157	3.98	1	10					4149	3.98	1	10				
	Worse	1959	0.4	0	3	176.097	.000	.000	.000	1684	0.37	0	3	163.52	.000	.000	.000
	Equal	1882	0.68	0	3					2056	0.69	0	3				
	Better	377	1.1	0	3					469	0.96	0	3				
Number Negative Atittudes	Total	4218	0.59	0	3					4209	0.59	0	3				
	Worse	1959	1.52	0	7	179.575	.000	.000	.000	1684	1.54	0	7	159.81	.000	.000	.000
	Equal	1882	0.93	0	6					2056	0.96	0	6				
	Better	377	0.84	0	6					469	0.96	0	6				
Number Trauma Violence	Total	4218	1.19	0	7					4209	1.2	0	7				
	Worse	1959	0.02	0	1	3.593	.028	.025		1684	0.02	0	2	4.683	.009	.018	
	Equal	1882	0.01	0	2					2056	0.01	0	1				
	Better	377	0.02	0	1					469	0.01	0	1				
Number positive doings	Total	4218	0.02	0	2					4209	0.02	0	2				
	Worse	1959	1.93	0	8	24.628	.000	.007	.000	1684	1.87	0	7	31.167	.000	.000	.000
	Equal	1882	2.08	0	8					2056	2.1	0	8				
	Better	377	2.52	0	7					469	2.47	0	8				
	Total	4218	2.05	0	8					4209	2.05	0	8				
	Worse	1959	0.7	0	4	16.126	.000	.000	.045	1684	0.7	0	4	11.353	.000	.000	.000

Number negative doings	Equal	1882	0.55	0	4	2056	0.57	0	4
	Better	377	0.59	0	4	469	0.63	0	4
	Total	4218	0.62	0	4	4209	0.62	0	4