

Oestrous cycle of cross-bred cows: Monitoring of VER, hormonal profiles and ovarian follicular dynamics

Abstract

Study of oestrous cycle of cows is prerequisite for reproductive manipulation aiming optimal genetic gain within existing reproductive and genetic potentialities of the cows. This experiment was carried out based on routine checkup of vaginal electrical resistance (VER), endocrinological assessment of hormonal profiles (progesterone and oestrogen) and ultrasound scanning to observe ovarian follicular dynamics during the course of oestrous cycles of the cross-bred cows. The animals were managed on a uniform field of nutrition, body condition score (BCS) varied from 3.0 to 3.5 (1-5 scale), careful attention was adopted for hygienic approach of experimented animals during reproductive records, instrumental preparation, precautions and application. VER values were registered by electronic oestrus detector (Draminski® Electronic Estrus Detector, Poland), blood was collected, processed to segregate serum by centrifugation (Universal 32R®, Hettich Zentrifugen, Germany), stored at -20°C in a refrigerator followed by hormonal evaluation by ELISA test using commercial kits (Nova Tec Immunodiagnostica®, GmbH, Germany), and ultrasound scanning of ovaries to record follicular and luteal data by 7.5 MHz B Mode linear probe (Bionet®, Republic of Korea) daily at the scheduled time of a day. All the data originated during the routine observations of VER, hormonal profiles and ovaries were carefully noted, systematically organized and analysed statistically. The highest and lowest VER values, blood concentrations of progesterone and oestrogen were recorded as 350.56±7.96 and 186.67±12.54 ohms, 1.26±0.01 and 1.04±0.00 ng (nanogram)/ml, 3.09±0.02 and 2.94±0.01 pg (picogram)/ml, respectively. The patterns of VER and progesterone fluctuations were almost equally proportionate but inversely proportional relationship was also observed between VER values and oestrogen profiles. The wave number per cycle and the interovulatory interval (IOI) of the cycles varied from 2 to 3 and 20 to 21 days, respectively on ultrasonographical observations of ovaries of the experimented cows. The variations of VER, progesterone and oestrogen profiles at different stages of the oestrous cycles, and the correlation between VER and hormonal profiles were significantly reflected ($P<0.05$). Lowest VER values, maximum follicular size and serum concentration of excess oestrogen was indicative for oestrus (follicular phase), and opposite phenomena including hyper concentrations of serum progesterone was exclusively indicative for luteal phase of oestrous cycle.

Keywords: Oestrous cycle, vaginal electrical resistance (VER), hormones, follicular dynamics, cattle

Volume 8 Issue 2 - 2019

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Received: November 06, 2019 | **Published:** December 31, 2019

Introduction

Reproductive efficiency is dependent upon optimization of management, health, and physiology of cows. Although many factors are interrelated with the reproductive efficiency of heifers such as body weight,¹ metabolic status,^{2,3} heat stress,⁴ and sufficient ovarian activity.⁵ Reduced postpartum resumption of ovarian cyclicity is related to nutrition, body condition and body weight change⁶⁻⁹ and the breed.¹⁰⁻¹² The negative energy balance due to pregnancy and lactation also diminish ovarian functions through suppressing pulsatile release of LH.^{8,13} However, the interactions between nutrition, the hormonal systems, and altered reproduction in dairy cattle are increasingly being elucidated.¹⁴⁻¹⁷ Therefore, the present research work was conducted to thorough investigation of oestrous cycle of the cross-bred cows following their VER patterns, hormonal status (progesterone and oestrogen) and ovarian follicular dynamics during the course of the cycle.

Methodology

Acclimatization of animals and experimental design

A total of 18 clinically healthy, reproductively sound, cross-bred cows, body weight ranging from 275-315 kilograms (kg), BCS varied from 3.0 to 3.5 were selected to detect their VER patterns, endocrinological profiles (oestrogen and progesterone) and ovarian follicular dynamics during oestrous cycles. All experimented cows were acclimatized in hygienically managed shed; routine coprological examination, anthelmintic dosing for controlling parasitisms, scheduled vaccination against the prevalent infectious diseases were strictly followed.

The routine experimental activities were started and concluded within a scheduled time in a day throughout the length of cycle. All tests belonging to the experiments were done in the Research Animal Farm (RAF), Department of Surgery and Obstetrics, Bangladesh Agricultural University, Mymensingh, Bangladesh.

Recording of vaginal electrical resistance (VER)

VER of the experimented cows was recorded as per standard procedures.¹⁸ Restraining of animals was done by an animal attendant followed by hygienic preparation, precautions both for animals and instrument prior to examine using appropriate ratios of disinfecting solution (Chlorhexidine, Savlon®, ACI Limited, Bangladesh) in water. The probe of electronic oestrus detector (Draminski® Electronic Estrus Detector, Poland) was scrubbed with clean paper towels before introducing into the vagina. Power supply of the heat detector was confirmed and then the probe was introduced into the vagina adjacent to cervix. The reading of the electronic heat detector was taken 3 times repeatedly. The data was registered systematically for individual animal.

Blood collection, serum preparation and storage

The blood (3-4 ml in volume) was directly collected in a vacuum tube (Clot Enhancer) from the jugular vein of the experimented cows following a standard procedures¹⁹ and as per instructions of manufacturer of commercial ELISA kits for measuring progesterone and oestrogen (Nova Tec Immunodiagnostica®, GmbH, Germany). The tubes were kept in an undisturbed room for one hour at room temperature. Isolated sera were quickly centrifuged for 10 minutes at 1500rpm (Universal 32R™, Hettich Zentrifugen, Germany) to avoid haemolysis. The sera were dispensed in eppendorfs, marked as per experimental animal and stored at -20°C in a refrigerator (Hitachi®, Japan).

Assessing of hormonal (oestrogen and progesterone) profiles

The sera were tested using commercial ELISA kits along with reagents as per instructions of the manufacturer (Nova Tec Immunodiagnostica®, GmbH, Germany).^{20,21}

Reagent preparation and assay procedures

All reagents were brought to room temperature (18-22°C), working solutions and buffer were prepared as per instructions with supplied reagents. The desired number of coated wells in the holder were secured and 25 microliter of sera were dispensed in each well. Allowing 100 microliter (µl) of working progesterone- HRP (for progesterone assay)/ Estradiol-HRP (for oestrogen assay) conjugates into each well was followed by thoroughly mixing for 30 seconds, incubation at room temperature for 90 minutes. The kits were rinsed and flicked 5 times with washing buffer.

Distributing 100 µl of TMB substrate into each well, gently mixed for 10 seconds, incubated for 20 minutes at room temperature, and then 100 µl of stop solution was added to each well, gently mixed for 30 seconds. Read absorbance at 450nm with ELISA reader (SPECTRAmax® 340PC384, USA) within 15 minutes was performed.

Calculation of the results

The mean absorbance value (A450) was calculated for each set of reference standards, controls and samples. A standard curve was constructed by plotting the mean absorbance obtained for each reference standard against progesterone concentration in ng/ml or oestrogen concentration in pg/ml on a linear-linear graph paper, with absorbance values on the vertical or Y axis, and concentrations on the horizontal or X axis (Figure 1). The mean absorbance values for each specimen were used to determine the corresponding concentration of progesterone in ng/

ml or corresponding concentration of oestrogen in pg/ml from the standard curve. Any values were obtained for diluted samples were further converted by applying the appropriate dilution factor in the calculations (Figure 1).

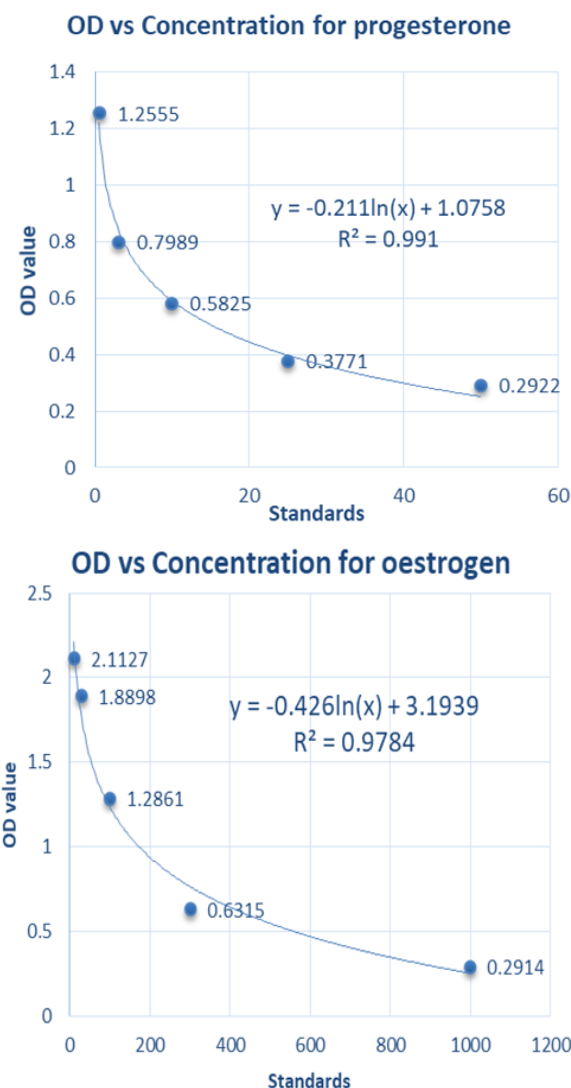


Figure 1 Construction of standard curves by plotting the mean absorbance obtained for each reference standard against progesterone (left) and oestrogen (right) concentrations.

Ultrasound scanning for ovarian follicular dynamics

Ultrasound scanning of ovaries was done using a high resolution real-time B Mode echocamera connected to a 7.5 MHz transducer (Bionet®, Republic of Korea).^{22,23} Cattle was examined in standing position and restrained with a skilled animal attendant. The transducer was placed in appropriate position to visualize the ovaries. The image of ovaries were freezezed on monitor, and the respective follicles and corpus luteum were measured by placing cursor on the structures (Figure 6).

The day to emerge of wave, number of waves, growing rate of the follicles, maximum diameter of dominant and ovulatory follicles, interovulatory intervals, and rate of follicular regression were observed and recorded.

Statistical analysis

The data produced during routine examination of VER, hormonal profiles and ovaries were carefully noted in a record book, systematically organized in a Microsoft Excel data sheet and analyzed statistically using IBM® SPSS® version 22.

Capturing of images

The images of the different tests or experiments were captured either by cellphone (J 5, Samsung Galaxy, Korea) or directly from ultrasound machine, set in a computer for a simple modification for the better illustration of the results (Figure 2).



Figure 2 Multiple ways to confirm oestrus of the experimented cows (a. clear vaginal discharge, b. mounting, c. reduced VER, d. ultrasound scanning, e. larger follicle in ovary during the day of oestrus, f. hormonal analysis by ELISA test).

Results

VER patterns of the experimented cows

VER patterns were markedly varied from day to day and stage to stage of oestrous cycle of the experimented cows (Table 1, Figure 3). Cardinal features of VER of the cows were very closed each other in both 20 and 21 days length oestrous cycles (Figure 3–5).

The VER status was significantly lowered during the days of oestrus (D0) and subsequently started to rise with the advancement of days in metoestrus period. The maximal VER record was registered throughout the length of dioestrus period and began to decline during the days of prooestrus stage of the cycles. The highest and lowest VER values were recorded as 350.56 ± 7.96 and 186.67 ± 12.54 ohms, respectively.

Endocrinology during oestrous cycle

Progesterone (P4) profiles

The blood concentrations of progesterone were remarkably fluctuated according to the days and stages of oestrous cycles of the cows under experimental observation (Table 1, Figure 4). The characteristic patterns of progesterone fluctuations were almost similar in both 20 and 21 day length of oestrous cycle (Figure 4).

The progesterone status was significantly lowered during the days of oestrus (D0) followed by rising of values during metoestrus periods. The greater blood concentrations of progesterone were exhibited throughout the length of dioestrus periods and began to decline during the days of prooestrus stages. The maximum and minimum

blood concentrations of progesterone were noted as 1.26 ± 0.01 and 1.04 ± 0.00 ng/ml, respectively.

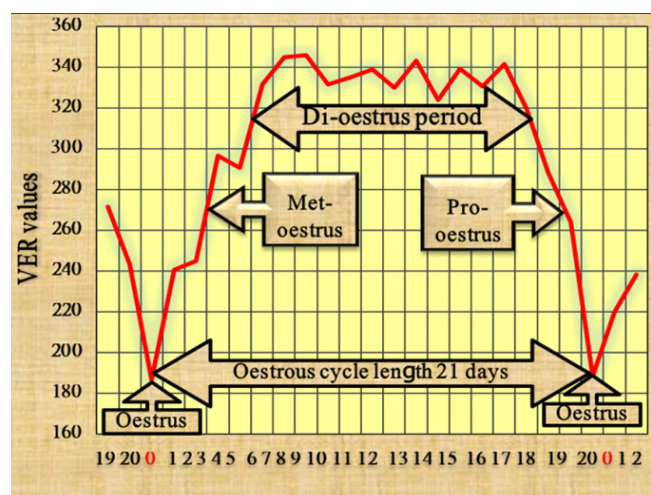
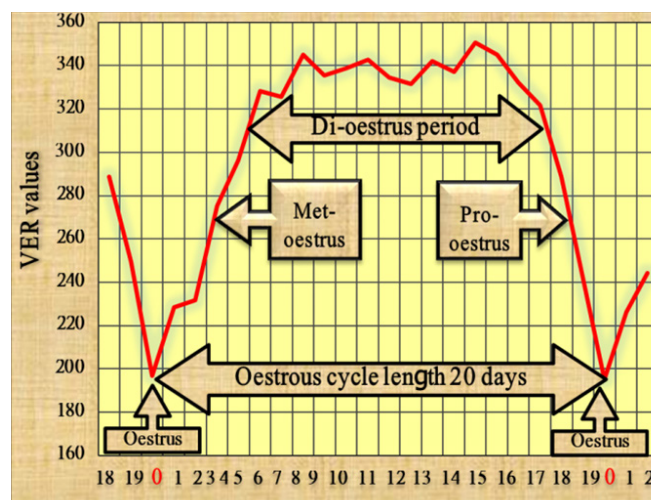
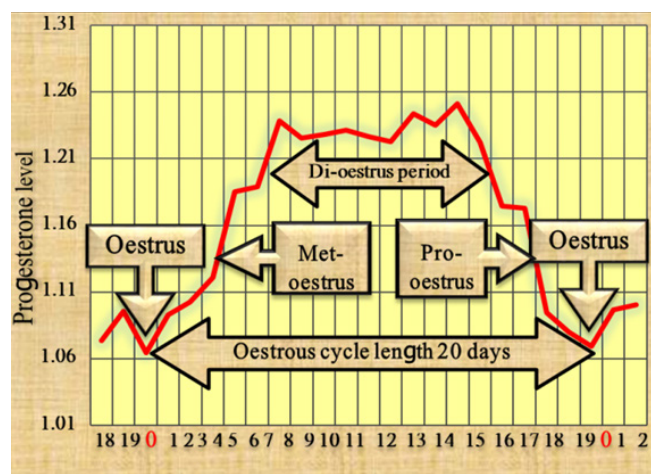


Figure 3 VER patterns during the course of oestrous cycle of the experimented cows (Left: Oestrous cycle with 20 days length, Right: Oestrous cycle with 21 days length) ('X' and 'Y' axis indicate the day of observation and VER values, respectively).



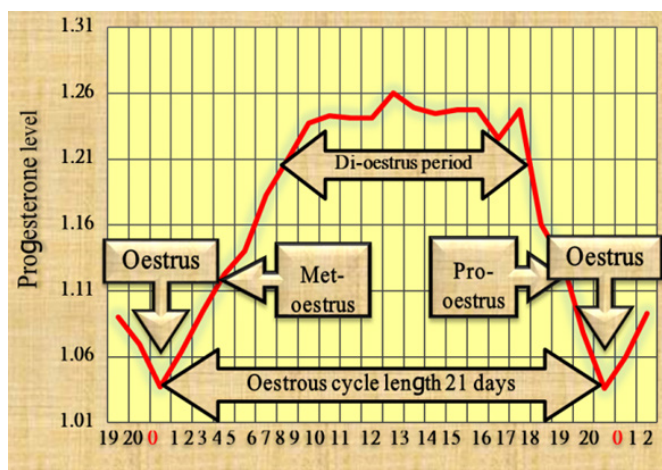


Figure 4 Progesterone profiles during the course of oestrous cycle of the experimented cows (Left: Oestrous cycle with 20 days length, Right: Oestrous cycle with 21 days length) ('X' and 'Y' axis indicate the day of observation and blood progesterone concentrations, respectively).

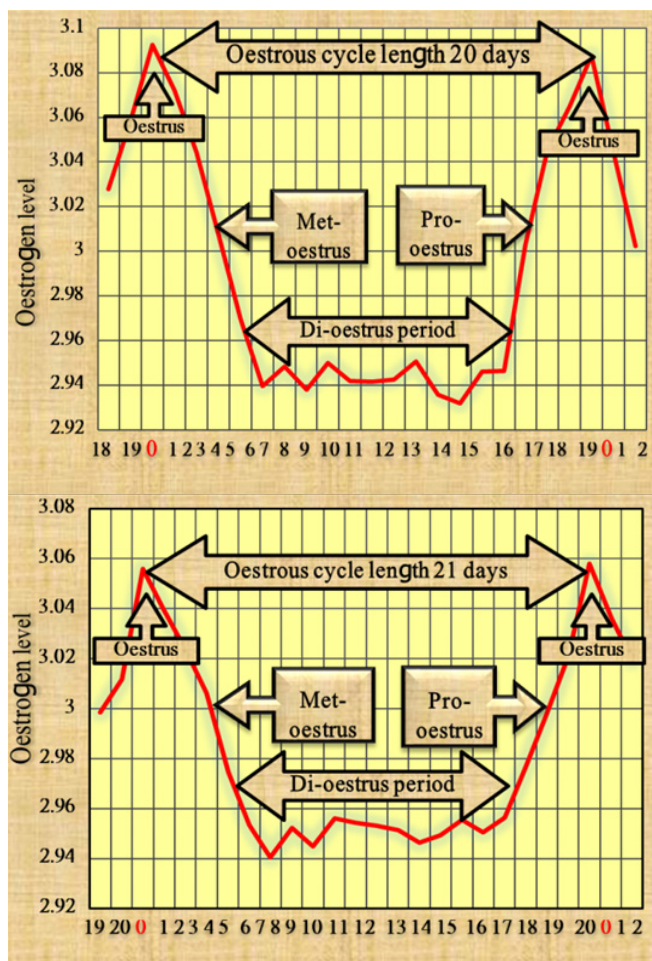


Figure 5 Oestrogen profiles during the course of oestrous cycle of the experimented cows (Left: Oestrous cycle with 20 days length, Right: Oestrous cycle with 21 days length) ('X' and 'Y' axis indicate the day of observation and blood oestrogen concentrations, respectively).

Oestrogen profiles

The blood concentrations of oestrogen were significantly differed as per days and stages of oestrous cycle of the cows (Table 1, Figure 5). The characteristic patterns of oestrogen fluctuations were almost similar both in 20 and 21 days pattern of oestrous cycles (Figure 5).

The oestrogen status was significantly increased during the days of oestrus (D0) and with the advancement of the days this oestrogen level started to fall in metoestrus period. The lowest blood concentration of oestrogen was exhibited throughout the length of dioestrus period and began to rise during the days of prooestrus stage. The maximal and minimal blood concentrations of oestrogen were recorded as 3.09 ± 0.02 and 2.94 ± 0.01 pg/ml, respectively.

Correlation between VER and hormonal (P4 and Oe2) profiles during oestrous cycles

There was a close relationship between VER values and hormonal profiles (positive with progesterone concentrations and negative with oestrogen concentrations) within the days and stages of the oestrous cycles of the experimental cows (Table 2) visualized during the course of observation (Table 1).

Day of observation 0: Day of oestrus (D₀). The superscripts indicate the level of significance each other.

There was an equal proportional relationship between the VER values and the progesterone profiles within the same days and stages of oestrous cycle of the cows but an inversely proportional relationship was also observed between VER status and oestrogen profiles in same days and stages of the oestrous cycle of the cows (Table 2).

Ovarian follicular dynamics

Ovarian follicular dynamics observed during oestrous cycle of the experimented cows were observed by ultrasound scanning of ovaries regularly in a specific time frame (Figure 6&7).

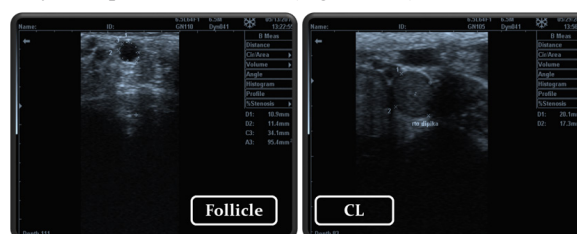


Figure 6 Measurement procedures of follicle and corpus luteum by ultrasound scanning of ovaries adopted in the experiment.

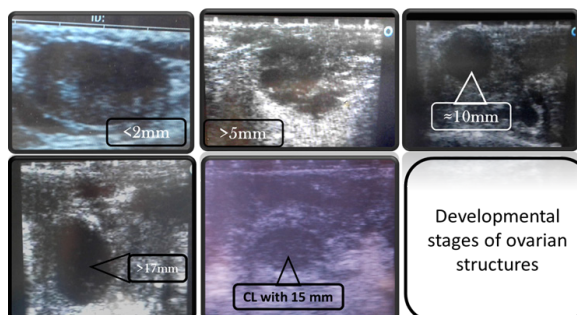


Figure 7 Ultrasound images of ovaries with different growth stages of follicles and corpus luteum (CL).

Table 1 Day-basis mean values of VER, blood concentrations of progesterone and oestrogen during oestrous cycle of the experimented cows

Day of observation	Oestrous cycle length: 20 days			Day of observation	Oestrous cycle length: 21 days		
	VER (ohms)	Progesterone (ng/ml)	Oestroogen (pg/ml)		VER (ohms)	Progesterone (ng/ml)	Oestroogen (pg/ml)
	(Mean±SEM)	(Mean±SEM)	(Mean±SEM)		(Mean±SEM)	(Mean±SEM)	(Mean±SEM)
18	271.67±18.28 ^{cdef}	1.07±0.01 ^a	3.03±0.02 ^{cd}	19	288.89±9.10 ^c	1.09±0.02 ^{bcd}	3.00±0.01 ^{bc}
19	243.34±5.77 ^{bcd}	1.10±0.02 ^a	3.06±0.03 ^{de}	20	249.44±5.67 ^b	1.07±0.01 ^{ab}	3.01±0.01 ^{bc}
0	186.67±12.54 ^a	1.06±0.02 ^a	3.09±0.02 ^e	0	196.67±8.34 ^a	1.04±0.00 ^a	3.06±0.01 ^d
1	240.84±10.31 ^{bc}	1.09±0.03 ^a	3.07±0.02 ^{de}	1	228.33±7.49 ^b	1.06±0.01 ^{ab}	3.04±0.01 ^{cd}
2	245.00±12.87 ^{bcd}	1.10±0.02 ^a	3.04±0.02 ^{cd}	2	231.67±7.45 ^b	1.10±0.01 ^{bcd}	3.02±0.02 ^{bc}
3	296.67±8.50 ^{efgh}	1.12±0.02 ^{ab}	3.01±0.03 ^{bc}	3	275.17±8.17 ^c	1.12±0.01 ^{cdef}	3.01±0.00 ^{bc}
4	290.83±7.98 ^{efgh}	1.19±0.01 ^{cd}	2.97±0.01 ^a	4	296.28±10.81 ^c	1.14±0.02 ^{efg}	2.97±0.02 ^{ab}
5	331.67±12.36 ^{ghi}	1.19±0.03 ^{cd}	2.94±0.02 ^a	5	328.33±12.52 ^d	1.18±0.01 ^{gh}	2.95±0.01 ^a
6	345.00±10.67 ⁱ	1.24±0.02 ^{cd}	2.95±0.01 ^a	6	325.56±12.28 ^d	1.21±0.02 ^{hi}	2.94±0.01 ^a
7	345.84±11.50 ⁱ	1.23±0.01 ^{cd}	2.94±0.01 ^a	7	345.00±6.01 ^d	1.24±0.01 ⁱ	2.95±0.01 ^a
8	331.67±13.64 ^{ghi}	1.23±0.02 ^{cd}	2.95±0.00 ^a	8	335.56±7.68 ^d	1.24±0.02 ⁱ	2.95±0.01 ^a
9	335.00±23.19 ^{ghi}	1.23±0.02 ^{cd}	2.94±0.01 ^a	9	338.89±10.67 ^d	1.24±0.02 ⁱ	2.96±0.01 ^a
10	339.17±23.47 ^{hi}	1.23±0.01 ^{cd}	2.94±0.01 ^a	10	342.78±8.80 ^d	1.24±0.01 ⁱ	2.95±0.01 ^a
11	330.00±23.38 ^{ghi}	1.22±0.02 ^{cd}	2.94±0.01 ^a	11	334.45±12.84 ^d	1.26±0.01 ⁱ	2.95±0.01 ^a
12	343.34±22.69 ⁱ	1.24±0.01 ^{cd}	2.95±0.01 ^a	12	331.61±6.95 ^d	1.25±0.02 ⁱ	2.95±0.02 ^a
13	324.17±18.13 ^{ghi}	1.24±0.01 ^{cd}	2.94±0.00 ^a	13	342.22±5.49 ^d	1.24±0.01 ⁱ	2.95±0.03 ^a
14	339.17±13.63 ^{hi}	1.25±0.03 ^d	2.93±0.01 ^a	14	337.22±7.12 ^d	1.25±0.01 ⁱ	2.95±0.01 ^a
15	330.83±8.65 ^{ghi}	1.22±0.02 ^{cd}	2.95±0.01 ^a	15	350.56±7.96 ^d	1.25±0.01 ⁱ	2.96±0.01 ^a
16	341.67±12.58 ⁱ	1.17±0.01 ^{bc}	2.95±0.02 ^a	16	345.00±6.87 ^d	1.23±0.02 ⁱ	2.95±0.01 ^a
17	320.00±10.45 ^{ghi}	1.17±0.02 ^{bc}	3.00±0.01 ^{bc}	17	332.22±4.27 ^d	1.24±0.02 ⁱ	2.96±0.01 ^a
18	288.33±13.09 ^{defg}	1.09±0.03 ^a	3.05±0.02 ^{cd}	18	321.67±8.72 ^d	1.16±0.03 ^{fg}	2.98±0.01 ^{ab}
19	264.17±21.40 ^{bcd}	1.08±0.02 ^a	3.06±0.02 ^{de}	19	288.89±10.94 ^c	1.13±0.03 ^{def}	3.00±0.01 ^{bc}
0	188.33±10.76 ^a	1.07±0.02 ^a	3.09±0.02 ^e	20	241.11±5.75 ^b	1.08±0.02 ^{abc}	3.02±0.01 ^{bc}
1	220.00±9.91 ^{ab}	1.10±0.02 ^a	3.04±0.02 ^{cd}	0	195.00±6.25 ^a	1.04±0.00 ^a	3.06±0.01 ^d
2	238.34±3.47 ^{bc}	1.10±0.01 ^a	3.00±0.01 ^{bc}	1	226.11±7.52 ^b	1.06±0.01 ^{ab}	3.04±0.01 ^{cd}
				2	240.00±8.98 ^b	1.09±0.01 ^{bcd}	3.02±0.01 ^{bc}
P-value	0	0	0	P-value	0	0	0

Table 2 Statistical correlation between VER status and hormonal profiles of the cows during oestrous cycles

Parameters	20 days pattern of oestrous cycle		21 days pattern of oestrous cycle	
	Progesterone	Oestrogen	Progesterone	Oestrogen
VER	0.893**	-0.918**	0.953**	-0.980**
Progesterone		-0.942**		-0.955**
Level of significance	** Correlation is significant at the 0.01 level			

The interovulatory interval (IOI), diameter of the ovulatory follicle, day of follicular wave emergence, day at maximum diameter of the dominant follicle, maximum diameter of the dominant follicle, growth rate of the dominant follicle, day to onset of atresia or follicular regression following wave emergence and the number of waves in a

cycle of the cows were determined and presented (Table 2, Figure 8). The ultrasound images of the ovaries, VER expressions and ELISA for hormonal evaluations in different period of oestrous cycle of the cows captured and presented herewith for better illustration of the results (Table 3, Figure 8).

Table 3 Characteristics of follicular waves and dominant follicles in two and three wave cycles in experimented cows

Parameter	Two wave cycle	Three wave cycle
	(Mean±SEM) (n=11)	(Mean±SEM) (n=7)
Occurrence of wave	61.11% (11/18)	38.89% (7/18)
Interovulatory interval (IOI) or oestrous cycle length (Days)	21	22
Diameter of the ovulatory follicle (mm)	19.76±0.41	18.86±0.40
Wave length in oestrous cycle		
1 st wave length	13.00±0.43	12.86±0.55
2 nd wave length	9.36±0.20	10.71±0.36
3 rd wave length		8.14±0.26
Follicular wave emergence (Day)		
1 st follicular wave emergence	1.82±0.23	1.57±0.30
2 nd follicular wave emergence	8.73±0.27	5.43±0.20
3 rd follicular wave emergence		11.43±0.20
Day at maximum diameter of the dominant follicle		
1 st dominant follicle	5.27±0.24	6.43±0.30
2 nd dominant follicle	4.72±0.14	5.43±0.20
3 rd dominant follicle		4.57±0.20
Maximum diameter of the dominant follicle (mm)		
1 st dominant follicle	10.73±0.25	11.65±0.24
2 nd dominant follicle	11.80±0.16	10.03±0.13
3 rd dominant follicle		10.11±0.11
Growth rate of the dominant follicle		
1 st dominant follicle	1.24±0.04	1.33±0.03

Table continue

Parameter	Two wave cycle	Three wave cycle
	(Mean±SEM) (n=11)	(Mean±SEM) (n=7)
2 nd dominant follicle	1.63±0.04	1.18±0.05
3 rd dominant follicle		1.51±0.03
Onset of atresia following wave emergence (day)		
1 st dominant follicle	6.64±0.20	7.43±0.30
2 nd dominant follicle	7.27±0.24	6.43±0.20
3 rd dominant follicle		5.57±0.20

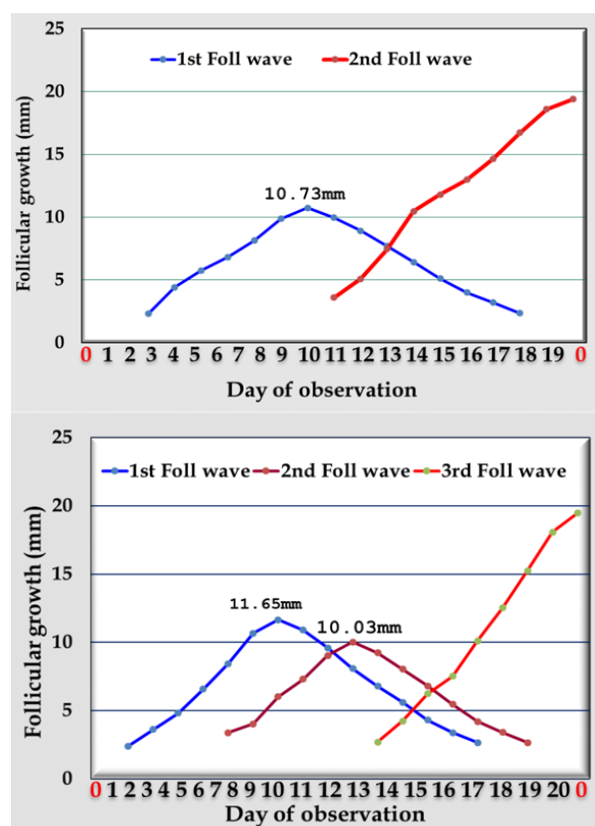


Figure 8 Ovarian follicular waves emerged during the course of oestrous cycles of the experimented cows (Left: Oestrous cycle with 2 follicular waves, Right: Oestrous cycle with 3 follicular waves).

Discussion

VER during oestrous cycle

VER of the experimented cows was daily monitored as per instructions provided by manufacturer of electronic oestrus detector (Manual Draminski® Electronic Estrus Detector, 2008). The data were recorded, organized and statistically analyzed. The VER patterns were significantly differed ($p < 0.05$) from stage to stage of oestrous cycle of the cows in this study, and these variations might closely be related to physiological aspects like the presence of a mature follicle and a CL,²⁴ to the phases (follicular and luteal phases) of oestrous cycle,^{18,24,25–27}

to the serum concentrations of oestradiol during follicular phase. However, fluctuations of VER values are reflected due to cyclic stage of different species (Manual Draminski® Electronic Estrus Detector, 2008) such as lowest value exists during pro-oestrus period in pigs²⁸ and sheep,²⁹ during oestrus in goats,³⁰ horses,³¹ buffaloes,²⁷ cattle.²⁵ Moreover, various factors may affect VER values such as depth of the probe inserted into vagina,²⁵ intravaginally position of the probe,^{32,33} pressure against the vaginal mucosa and pathological conditions of genital tract,³⁴ limited area of genital tract and the electrical potential differences on its surface,²⁷ instability of the contact between the vaginal mucosa and electrodes due to entrapment of air, unequal hand,³⁵ etc., However, in above stated circumstances all necessary precautions under the limit were carefully approached to obtain VER records correctly in this study.

The rising of oestrogen during oestrus stimulates hyperproduction of adrenocorticotrophic hormones and mineralocorticoid (aldosterone hormone) that increase the levels of NaCl in the vaginal mucosa resulting in a significantly reduction of electrical resistance than usual,³⁶ and thereby alterations of mucosal resistance due to existence of oestrogen and progesterone levels are clearly speculated.³⁷ In the present study the patterns of VER fluctuations of the cows were very closed each other during 20 and 21 days length of oestrous cycles. The degree of amplitudes of VER in different days and stages in this study were strongly related with predominant hormones of the oestrous cycle (progesterone and oestrogen) (Table 4).

Endocrinology (Hormonal profiles) during oestrous cycle

The blood was routinely collected from the experimented cows, processed for segregating sera to determine the amplitude of blood concentrations of progesterone and oestrogen during the course of oestrous cycle using commercial ELISA kits (Nova Tec Immunodiagnostica® GmbH, Germany).

Progesterone profiles

Serum progesterone concentrations in cows more than 1 ng/ml is considered to be cycling due to the presence of an active corpus luteum.^{38,39} Blood concentrations of progesterone were maximum during the luteal phase of oestrous cycle and almost similarly documented by many researchers.^{40,41} Rapid declination of progesterone concentrations occurred approximately during pro-oestrus period and remained at basal level during the onset of oestrus or on D0 (D0=Day of oestrus) as stated elsewhere.^{42–44} The falling of progesterone concentration is associated with the secretory activity

of the oestradiol from growing follicles followed by spontaneous release of PGF2alpha from uterine endometrium⁴⁵ or the lifespan of CL or the concomitant regression of CL;^{40,41} Elevation of progesterone level launched again 4-5 days after oestrus.⁴²⁻⁴⁴

The scenario of blood concentrations of progesterone variations

was usually similar both in 20 and 21 days length of oestrous cycles. The highest and lowest blood concentrations of progesterone were noted respectively as 1.26±0.01 and 1.04±0.00 ng/ml during oestrous cycle in this study. Progesterone concentrations of the Holstein-Friesian cross-bred was measured in this study, although breed differences in amplitude and concentrations of progesterone have been reported.⁴⁶

Table 4 Highest and lowest values of VER, blood progesterone and oestrogen in 20 and 21 days patterns of oestrous cycles of the cows

Level of the parameters	20 days pattern oestrous cycles			21 days pattern oestrous cycles		
	VER			VER		
	(ohm)	Progesterone (ng/ml) (Mean±SEM)	Oestroogen (pg/ml) (Mean±SEM)	(ohm)	Progesterone (ng/ml) (Mean±SEM)	Oestroogen (pg/ml) (Mean±SEM)
	(Mean±SEM)			(Mean±SEM)		
Highest level	345.00±10.67	1.25±0.03	3.09±0.02	350.56±7.96	1.26±0.01	3.06±0.01
Lowest level	186.67±12.54	1.06±0.02	2.94±0.01	195.00±6.25	1.04±0.00	2.94±0.01

Oestrogen profiles

Oestrogen is secreted from granulosa cells only or both theca interna and theca granulosa cells,⁴⁷ and the level oestrogen in peripheral circulations were little bit fluctuated throughout the oestrous cycle of cows.^{38,48}

Blood concentrations of oestrogen was started to rise during the initiation of pro-oestrus period and highest concentration was recorded during the day of oestrus in this study. The literatures show that the attempt to rise of oestrogen 4 days before oestrus, when the concomitant fall in progesterone allows the growing follicles to increase their secretions^{49,50} and reaches the highest peak before 17-18 h of standing oestrus. Another small peak is displayed on D₄₋₇ or D₆₋₇ probably as a reflection of midcycle follicular growth.^{41,48,51,52} However, the blood oestrogen level started to fall in metoestrus period and the lowest blood concentrations of oestrogen were exhibited throughout the length of di-oestrus period with tiny fluctuations in the present study.

Correlation between VER and hormonal profiles during oestrous cycle

VER is associated with various ovarian structures or oestrous cycle stages,^{18,25,26,53} and daily impedance measurements are necessary to confirm the persistent stage.⁵⁴ A correlation (bivariate correlation) between VER and blood concentrations of either oestrogen or progesterone of the respective day of the cycle were attempted to statistically establish or to observe an outcome of their interrelationship in this study.

VER and blood progesterone concentrations were positively correlated (equally proportionate) but VER was inversely proportionate (negatively correlated) to blood oestrogen concentrations, where the patterns of hormonal concentrations in various cyclic stages was reflecting the opinions described in many published literatures.^{40,44,48,51,52}

Ovarian follicular dynamics during oestrous cycle

A fixed number of primordial follicles categorized into gonadotropin independent and gonadotropin dependent stages is established during foetal development, and gonadotropin dependent

follicular growth in cattle occurs in waves during oestrous cycle.^{55,56} Ovarian follicular dynamics is concerned with ovarian physiology, and is characterized by the waves of follicular growth and regression during the oestrous cycle of cows and heifers.⁵⁹⁻⁵⁹ Follicular dynamics is well documented in European breeds^{22,56,57,59} and limitedly in zebu cattle.⁶¹⁻⁶³ After the initial growth period, normally a single follicle is selected to become larger (known as dominant follicle) and the subordinate follicles undergo regression.^{64,65} Dominant follicle is the follicle that reaches the largest diameter, avoids its own regression by shifting its dependence from FSH to LH,^{66,67} and becomes the ovulatory follicle during luteolysis.⁶⁸

In this study the ovarian follicular dynamics was observed ultrasonographically using 7.5 MHz B Mode linear transducer (Bionet®, Republic of Korea). The interovulatory intervals of the experimented cows were 20-21 d. However, bovine oestrous cycle length varies, normally ranging from 17 to 24 d (average 21 d)⁶⁹ and oestrus lasts 12 to 18h,^{70,71} ovulation occurs 25 to 30 h after the onset of oestrus.^{72,73} The wave number in a cycle of the cows in this study varied from 2^{74,75} to 3. Oestrous cycle with 4 or 1 follicular wave was not found in this study, although oestrous cycle with 4 and even 1 (Savio et al., 1988) are also reported. In this study, the oestrous cycles evaluated evidenced a higher proportion of cycle (61.11%) with two follicular waves compared to three follicular waves (38.89%). The majority (greater than 95%) of bovine oestrous cycles are composed of either 2 or 3 follicular waves (Adams, 1999; Adams et al., 2008). In 2 and 3 wave patterns of oestrous cycle in this study, the wave length was minimally differed, the wave number was equally proportionate to the length of the cycle, and the length of oestrous cycle of the cows with 3 wave patterns was determined as 1 day longer (21 d) than in cycles with 2 wave patterns (20 d). The wave number can affect the oestrous cycle length in cows (Viana et al., 2000). The 3 wave pattern has an extra 2 days⁵⁷ or 3 days (Wael, 2003) oestrous cycle length compared to cows with 2 wave pattern. Oestrous cycle length in cows with 2 waves is on average 21 days, and 23 days in animals with 3 waves.^{22,77} However, the overall length of the oestrous cycle as per wave numbers was somewhat shorter than that described.^{22,77}

The day of follicular wave emergence, day at maximum diameter of the dominant follicle, maximum diameter of the dominant follicle (mm), growth rate of the dominant follicle and onset of atresia

following wave emergence (day) both in 2 and 3 wave pattern oestrous cycle in this study strongly supported by researchers.^{22,27,77–93}

Conclusion

Monitoring oestrous cycle of cows was observed with VER, endocrinological profiles and ovarian follicular dynamics, and the conclusions of the study were drawn as below:

- a) Lowest VER, lowest blood concentrations of progesterone and highest level of blood oestrogen were noted during the day of oestrus but opposite reflections were found during dioestrus stage/luteal phase of oestrous cycle that were significantly differed each other ($P < 0.05$).
- b) VER is statistically equally proportionate to blood oestrogen concentrations but inversely proportionate to progesterone level.
- c) Interovulatory interval of the experimented cows ranges from 20 to 21 days, follicular wave number per oestrous cycle varies from 2 to 3.

Acknowledgement

The author expressed his deepest sense of gratitude and profound respect to Dr. Maria Dattena, Responsible, Agricultural Research Agency of Sardinia (AGRI), Italy for her valuable suggestions and instructions related to reproductive study during the course of oestrous cycle of ruminating animals in the period of training.

Conflicts of interest

Author declares that there are no conflicts of interest.

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