

# Inpatients Disease and Trends

## Abstract

**Background:** To analyze the major health problems and trends among hospitalized children in a medical center in the 10 years period.

**Methods:** We retrospectively reviewed all records of patients younger than 18 years who admitted to the Chang Gung Memorial's Hospital between January 1, 2003, and December 31, 2012. The study was composed of categories about the diagnosis, age and gender. We collected and utilized data to examine the leading diagnostic categories and trends by age in the 10 years period.

**Results:** Children had age differences among hospitalized diagnoses categories. Prematurity or condition from the perinatal periods and congenital anomaly were the top two hospitalized disease categories in newborn. Acute respiratory tract infection was the major diagnoses category in infant. Acute intestinal infectious disease was the top diagnosis in children aged between 1 to 2 years old. Pneumonia was leading diagnoses of children aged in 2 to 6 years and in 6 to 12 years. Fracture was the leading cause of adolescents aged in 12 to 18 years. Congenital anomaly decrease in infant stage but pneumonia still threatened children aged in 2 to 6 years and 6 to 12 years.

**Conclusions:** The characteristics of major health problems were different among age variables in children. All health promotion programs and policies should effectively provide the respective services and measure the outcome efficiently.

**Keywords:** Hospitalization; Children; Trend

## Research Article

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## Introduction

With the aging of society, the composition of the disease occurs within society changed [1]. It is imperative to obtain diseases trends to better understand health care needs of children under the low birth rate. Because of the vital role of admission in health care, it is important to monitor changes in the inpatients to identify trends or problems for improvement. Few studies focus on trends for children in the hospital use but most in the United States [2-5]. The health care for children and youth varied by insurance status, and region. To our knowledge, no studies discuss the hospital inpatient care of children in Taiwan. The objectives of the current study were to estimate trends of inpatients diagnosis and disease in children in our hospital.

By identifying trends of the health care utilization for children services, health promotion programs and policies could effectively provide the respective services to improve the outcome.

## Materials and Methods

Subjects were patients younger than 18 years who were hospitalized at Chang Gung Memorial's Hospital, a medical center of northern Taiwan, during the 10-years periods from Jan 2003 until Dec 2012. In total, 226,175 inpatients from Chang Gung Memorial's Hospital Medical Information Database were identified. The study was composed of annual categories about the diagnosis code, age and gender. The following items were examined: 1) gender and age, 2) diagnosis, 3) inpatients number. Diagnoses are defined from the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM)

diagnosis codes. Age-specific and gender-specific population estimates for 2003–2012 were obtained. The age was divided into six groups: aged under 1 month, in 1 - 12 months, in 1 - 2 years, in 2 - 6 years, in 6 - 12 years, and in 12 to 18 years referring by hospital medical records. Analyses for types and changes in inpatient diagnosis between 2003 and 2012 were conducted by access the inpatient number and population ratios. We defined the diagnosis with health newborn cases as ICD-9-CM Code V30-V39, condition originating in perinatal period cases as ICD-9-CM Code 764-779, congenital anomalies cases as ICD-9-CM Code 740-759, acute respiratory infection cases as ICD-9-CM Code 460-466, acute gastroenteritis cases as ICD-9-CM Code 555-558 and 001-009, pneumonia cases as ICD-9-CM Code 480-487, fracture cases as ICD-9-CM Code 810-829 and 800-804, arthropathy cases as ICD-9-CM Code 710-719, and musculoskeletal deformities cases as ICD-9-CM Code 730-739.

We have examined the trends of leading diagnostic categories by age and gender group and utilization of hospital inpatient services with annual inpatients change. The software of SPSS 17 for Windows was used for data management and statistics. Statistical investigations were performed with Poisson analysis. All differences discussed in the text are statistically significant at the 0.05.

## Results

### Types of disease

There were 128,241 male (56.7%) and 97,934 female (43.2%), with a ratio of males to females of 1.3:1. The largest inpatient

age group was the 6-12 years (25.4%), followed by newborn (21.1%), 1-12 months (14.6%), 2-6 years (14.4%), 12-18 years (12.1%) and 1-2 years (12.1%). Table 1 illustrated the leading diagnosis by age and gender from 2003 to 2012. Children had age differences among hospitalized diagnoses categories. From the 2003 to 2102, health newborn (77.6%), and prematurity or condition from the perinatal periods (15.1%) were the top two significant hospitalized diagnoses categories in newborn. Acute respiratory infection (19.1%) was the major significant diagnoses category aged in 1 to 12 months. Acute gastroenteritis (18%) was the significant top diagnosis in children aged in 1 to 2 years. Pneumonia was the significant leading diagnoses of children aged in 2 to 6 years and 6 to 12 years (20.5% and 15.5%), respectively. During the adolescents, fracture (6.7%) was the most common inpatients diagnosis. Newborn with congenital anomalies and

adolescents aged 12-18 years with fracture or arthropathy had gender difference among the age group.

### Trends over time

Compared 2003 and 2012, total annual inpatients significantly decreased from 22,403 to 20,875, a decrease of 6.8%. The largest age group with a significant change was the 1 to 12 month age group, with a decline of 25.1%. Table 2 showed the time charts for 3 leading conditions by age group. Among children aged in 1-12 months, congenital anomalies significantly declined (18.8% to 7.3%,  $p<0.001$ ). Alternatively, by the aged in 1 to 2 year, acute gastroenteritis increase (14.5% to 19.1%,  $p=0.008$ ). Pneumonia did not significant decrease among 2- to 6-year-old children (22.6% to 21.0%,  $p=0.139$ ), but increased among the 6 to 12 age group (11.1% to 18.8%,  $p<0.001$ ).

**Table 1:** Leading Disease by Age and Gender from 2003 to 2012.

Age Group and Disease Group	Male	Female	p-value
<b>Aged under 1 month</b>			
Health newborn	19563	17504	0.644
Condition originating in perinatal period	4164	3053	0.259
Congenital anomalies	433	584	<0.001
<b>Aged 1-12 months</b>			
Acute respiratory infection	4127	2191	0.201
Acute gastroenteritis	2334	1639	0.209
Congenital anomalies	2200	1456	0.464
<b>Aged 1-2 years</b>			
Acute gastroenteritis	2838	2112	0.589
Acute respiratory infection	2679	1618	0.21
Pneumonia	1728	1277	0.631
<b>Aged 2-6 years</b>			
Pneumonia	3546	3174	0.397
Acute gastroenteritis	2975	2170	0.421
Acute respiratory infection	1827	1467	0.146
<b>Aged 6-12 years</b>			
Pneumonia	4585	4347	0.149
Acute gastroenteritis	2772	1936	0.33
Acute respiratory infection	2211	1648	0.665
<b>Aged 12-18 years</b>			
Fracture	1410	453	<0.001
Arthropathy	372	781	<0.001
Musculoskeletal deformities	566	522	0.216

**Table 2:** Leading Diagnoses for Children, 2012 Versus 2003.

Age group and diagnostic group	2003		2012	
	No	%	No	%
<b>Aged under 1 month</b>				
Health newborn	3749	78.7	4661	82.3
Condition originating in perinatal period				
Congenital anomalies	119	2.4	77	1.3
<b>Aged 1-12 months</b>				
Acute respiratory infection	795	21.2	497	17.6
Congenital anomalies	705	18.8	208	7.3
Acute gastroenteritis	369	9.8	340	12
<b>Aged 1-2 years</b>				
Acute respiratory infection	394	14.6	367	16.7
Acute gastroenteritis	393	14.5	420	19.1
Pneumonia	372	13.8	247	11.2
<b>Aged 2-6 years</b>				
Pneumonia	725	22.6	572	21.0
Acute gastroenteritis	401	12.5	451	16.5
Acute respiratory infection	234	7.3	266	9.7
<b>Aged 6-12 years</b>				
Pneumonia	625	11.1	920	18.8
Acute gastroenteritis	290	5.1	436	8.9
Acute respiratory infection	193	3.4	286	5.8
<b>Aged 12-18 years</b>				
Fracture	200	7.7	154	5.8
Musculoskeletal deformities	121	4.7	99	3.7
Arthropathy	119	4.6	99	3.7

## Discussion

This report presents a broad review of trends in hospital care for children during the 10-year period from 2003 to 2012. During this time period, significant decreased in inpatients, mirrored by decreases in children at Taiwan [6]. At neonatal stage, the prematurity or condition from the perinatal periods and congenital anomaly were the top two hospitalized diagnosis categories except the health newborn at our study. The congenital anomaly hospitalization significantly decreased among children, but the prematurity or condition from the perinatal periods did not decrease. The decrease in congenital anomaly may be related to the active screening program or more advanced ultrasound for congenital anomalies in recently [7,8]. In Taiwan, amniocentesis has been encouraged for pregnant women aged  $\geq 35$  years. When chromosomal anomalies or multiple anomalies have been found, most pregnancies have been terminated [9,10].

In contrast, the newborn with condition originating in perinatal period did not significantly decrease at our study. In our hospital, 18.6% of the inborn infants were born preterm at annual deliveries [11]. Preterm infants are at considerable risk for neonatal mortality and morbidities [12,13]. The incidence of preterm delivery, which has increased in recent years, is associated with various epidemiological and clinical risk factors [14]. Although the etiology of preterm birth is multi factorial and involves a complex interaction, the health promotion programs and policies should focused on reducing the risk factors of preterm infants to prevent the sequel and cost associated to prematurity.

Congenital anomaly was the major significant diagnoses category aged in 1 to 12 months. Some of the anomalies are not obvious within a few days of birth, such as congenital cardiovascular diseases, hypertrophic pyloric stenosis, and renal, pelvic or ureter obstruction. The lower rates of these anomalies

at newborn might be caused by lower detection rates caused by the requirement of early reporting time (within a few days after birth) in Taiwan [9]. Among children aged in 1 to 2 years, acute gastroenteritis was the significant top diagnosis in children. Acute gastroenteritis is one of the most prevalent infectious diseases in the world. Viral infections, primarily from *rotavirus*, cause 75 to 90 percent of infectious diarrhea cases in the industrialized world [15]. *Rotavirus* and *norovirus* were detected in 28.6% patients and 18.1% patients in our hospital, respectively [16]. Most infants acquire *rotavirus* diarrhea early in life; an effective *rotavirus* vaccine would have a major effect on reducing diarrhea mortality [17-24]. The introduction of *rotavirus* vaccines in infants should be considered to reduce severe diarrhea and admission for the disease burden of the major cause of severe childhood gastroenteritis in the past and recent years in our study.

Pneumonia was the significant leading diagnoses of children aged in 2 to 6 years and 6 to 12 years, the largest age group for admission in our study. In Taiwan, pneumonia occurs most frequently below the age of 5 years old, with has an annual incidence of hospitalizations of 3,965 episodes per 100,000 children. In our study, we found a significant decreasing trend in annual ratio of hospitalizations for childhood pneumonia aged in the age group in 2012. This may be related to a conjugated pneumococcal vaccine not been introduced in Taiwan till 2005 [25]. Because the most important bacteria pathogen is *S. pneumoniae*, vaccinations against the micro-organism may help reduce pneumonia's disease burden [26].

In contrast, in our study, pneumonia most occurred in inpatients aged in 6 to 12 years in 2012. We found a significant increasing trend in annual ratio of hospitalizations for childhood pneumonia aged in the age group compared with 2003. This may because *S. pneumoniae* vaccinations have not been included in Taiwan's National Vaccination Program and are not universally administered to all children especially in children aged over 5 year old till this year.

In conclusion, the characteristics of major health problems were different among age variables in children. Health promotion programs and policies toward newborns should focus on conditions from the perinatal periods. Respective programs for infant, should emphasis on the acute infectious disease and congenital anomaly. Our study highlights the health promotion programs and policies should effectively provide the respective services to improve the outcome efficiently.

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