

# Metabolomics in experimental neonatology

## Abstract

Metabolomics is a new 'omics' science, based on the thorough understanding of the metabolic fingerprint, thus recording the so called 'metabolic signature' of host's cellular response. Recent data highlight that novel metabolic biomarkers reflect the multiple network interactions taking part in the host's response to the disease burden, treatment intervention or life threatening conditions. Therefore, fetal or neonatal metabolome might be an early predictor of the ongoing metabolic procedures or molecular changes, thus a promising tool for early detection and prompt intervention. Experimental protocols on newborn animals have a significant role on lightening this foggy landscape.

**Keywords:** metabolomics, neonatology, experimental

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**Abbreviations:** LPS, lipopolysaccharide; OGD, oxygen-glucose deprivation; ATP, adenosine triphosphate; NMR, nuclear magnetic resonance; BAL, bronchoalveolar lavage; TCA, tricarboxylic acid; IUGR, intrauterine growth restriction; ALI, acute lung injury

## Introduction

Metabolomics is a new 'omics' discipline, based on the detailed analysis of the host's metabolic phenotype and the complex metabolic pathways with multiple network interactions. This metabolic fingerprint is considered as the gold standard for the profound understanding of the normal metabolic processes and of the alterations of the normal pathways. This 'snapshot' of the metabolic status may be a reliable tool for the prediction, early detection and monitoring the disease progression and may allow the identification of innovative interventions for delaying or reversing abnormal molecular changes. Non-human models have been used for the analysis of the metabolic status of the fetus or neonate in certain clinical conditions and existing data allow a more open-minded approach of studying and interpreting the fetal or neonatal metabolome. Therefore, metabolomics in experimental neonatology have gained a large impact in life sciences over the last decade.

## Discussion

Non-human models have been used extensively for metabolomics analysis and various experimental protocols in metabolomics research have been published in literature Table 1. In a newborn piglet model of hypoxia, authors successfully identified 13 urinary metabolites that differentiated hypoxic versus nonhypoxic animals. These metabolites were 1-methylnicotinamide, 2-oxoglutarate, alanine, asparagine, betaine, citrate, creatine, fumarate, hippurate, lactate, N-acetylglutamine, N-carbamoyl-L-alanine, and valine, all directly related to cellular energy levels and metabolism. This metabolomic profile was able to blindly identify hypoxic and non-hypoxic animal's correctly.<sup>1</sup>

Metabolic studies including hypoxia and reoxygenation with different oxygen concentrations in newborn piglets highlighted strong variations in plasma metabolic parameters. Three groups of hypoxic newborn piglets received respectively 100% oxygen for 60 min, 21% oxygen for 60 min, 100% for 15 min and then 21% oxygen for 45min. In the hypoxic phase, lactate, low PH and base deficit were independent of the duration of hypoxia, while prolonged hypoxia led to low levels of free and total carnitine and an increase in long

chain acyl-carnitines, which have toxic effect. In the reoxygenation phase, the subsequent hyperoxia was associated with a slower decline of Krebs cycle intermediates and an increase in lanosterol and in oxysterols, both indicative of acute neuronal damage.<sup>2</sup>

Fetal sheep and its plasma metabolome following inflammatory stimuli with *E.coli* lipopolysaccharide (LPS) were analyzed by Keller et al.<sup>3</sup> Induced hypoxia via LPS injection to the umbilical vein, resulted in various metabolic alterations. Krebs cycle intermediates, alanine and lactate, spermidine and oxysterols with a known pro-apoptotic effect, were early increased while a decrease in hexoses was reported. Days after the hypoxic insult, there was a delayed opposite effect with remarkable hyperoxia, elevation of mediators of inflammation such as sphingomyelins, kynurenine, 3-hydroxykynurenine, putrescine, asymmetric dimethyl arginine, the latter well known for its role in microvascular tone and endothelial function.

A similar non-human model experiment was described by Atzori and his co-workers; normocapnic hypoxia was induced in 4 groups of newborn piglets to either bradycardia or severe hypotension and different oxygen concentrations were used for resuscitation; urine samples were collected for metabolomics analysis. Despite reoxygenation 7 piglets out of the 10 piglets which became asystolic during the experiment, died. Urine analysis revealed differences in the metabolic profile of the urine collected before the induction of hypoxia between survivors and deaths; these included methyl guanidine and hydroxyisobutyric acid, malonate, urea, and creatinine, the three latter ones being well known for their role in aerobic metabolism, neurological and renal disorders as well as cellular death. These findings may establish new strategies in oxygen administration interventions, thus avoiding mortality related to hyperoxia.<sup>4</sup>

Beckstroma and Humstonb worked on an experimental model of perinatal asphyxia in *Macaca nemestrina* newborns. Umbilical cord occlusion following hysterectomy was performed and blood samples were collected before and 15 or 18 minutes after the hypoxic stimuli as well as 5 minutes postnatal. Authors reported a great variation in metabolite levels pre- to post- asphyxia, 10 of which remained significantly different compared to control animals. Specifically, lactate and creatinine were strongly correlated to hypoxic-ischemic injury due to perinatal asphyxia and an increase in the Krebs cycle's intermediates and arachidonic acid was indicative of the complex alterations in metabolic pathways.<sup>5</sup>

**Table 1** Summary of neonatal experimental protocols on metabolomics, LPS (lipopolysaccharide), BAL (bronchoalveolar lavage), and IUGR (intrauterine growth restriction)

Experimental Protocol	Animals	Sample	Omics Analysis
Asphyxia	Piglets	Blood	Increased ratio of Alanine, Glycine/Branched-chain amino acid
		Urine	increased creatinine, urea, malonate, uric acid, methylguanidine
	Rats	Heart plasma	reduced plasma/cardiac concentrations of short chain acylcarnitines
IUGR	Rats	Plasma	fatty acid alterations in long term
Sepsis	Rats	Serum, BAL, Lung Tissue	alterations in alanine, formate, creatine, phosphoethanolamine
		Serum	alterations in hypoxanthine, indoxyl sulfate, glutamic acid, proline, uracil, uric acid, trihydroxy cholanolic acid
Brain Injury after LPS	Sheeps	Brain	increased Krebs cycle intermediates, oxysterols, spermidine
Gentamycin Induced Nephrotoxicity	Rats	Urine	increased glucose, N-acetylglucosamine, myo-inositol, butanoic acid, 3 hydroxybutirate

Furthermore, a hypothermia protocol highlighted the metabolic alterations related to neonatal brain injury. Three different experimental procedures were performed, including 45 min oxygen–glucose deprivation (OGD) with a 3-hour mild hypothermia (32°C), OGD followed by hypothermia after a 15-min delay and total normothermia (37°C) in the control group while in all groups hypothermia was followed by a 3-hour normothermic recovery. The metabolic snapshot revealed early restoration of the initial adenosine triphosphate (ATP) levels in the 2 hypothermia treated groups, whereas cellular death was greater with normothermia and delayed hypothermia, compared to immediate hypothermia. This ‘omics’ analysis indicated the complex cellular function; therefore more data is needed to shed light on optimal cooling and rewarming regimens.<sup>6</sup>

Nuclear magnetic resonance (NMR)-based metabolomics analysis was performed in a model of cecal ligation and puncture procedure in rats, which is the gold standard method to investigate the clinical settings of sepsis and septic shock.<sup>7</sup> Bronchoalveolar lavage (BAL) fluid, lung tissue and serum samples were obtained from septic rats and the control group as well. Multiple metabolic signaling pathways involved in inflammatory process and sepsis-induced cell damage were highly discriminated. Alanine concentration in lung tissue and serum samples of septic rats, derived from enhanced pyruvate metabolism and transamination to alanine via the Cori cycle, was interestingly increased.<sup>8</sup> Creatine, a nitrogenous organic acid which was found in high levels in lung tissue, BAL as well as in serum<sup>9</sup> and the high phosphoethanolamine and acetoacetate in the serum of septic rats may easily indicate septic stimuli and ongoing cell damage.<sup>10,11</sup> Finally, the high levels of myo-inositol found in lung tissue, but in low concentrations in BAL, indicated an altered role in endotoxin-induced vascular smooth muscle hypocontractility.<sup>12,13</sup>

Similarly, post term primates gave birth by hysterotomy and pre-birth blood samples followed by post-birth samples at 8 time-points were collected and analyzed. The levels of the Tricarboxylic Acid (TCA) cycle intermediates ( $\alpha$ -ketoglutaric acid, fumaric acid, malic acid, and succinyl-CoA), myo-inositol and glutamic acid were high in serum samples. These findings suggested the metabolic alterations related to birth transition, while myo-inositol and glutamic acid signaled molecules in adverse metabolic pathways resulting in hypoxic ischemic encephalopathy.<sup>14</sup>

In two experimental studies in newborn rats, urine metabolome in a gentamicin induced nephrotoxicity protocol was analyzed. Various parameters, such as creatine, nicotinic acid, prostaglandin E2 and cholic acid were identified as phenotypic biomarkers of gentamicin-induced toxicity. Moreover, authors declared that specific metabolites, namely glucose, galactose, N-acetylglucosamine, myo-inositol, butanoic acid and 3 hydroxybutirate, were significantly increased while citrulline, pseudouridine were detected in low levels.<sup>15–17</sup> Detailed lipid profile analysis was performed in neonatal and young adult rats after a 2-hourly hypoxia and recovery phase. Hypoxic neonates had decreased levels of cardiac and plasma concentrations of short-chain acylcarnitines as well as most plasma long-chain fatty acids. On the contrary, recovery from hypoxia resulted in increased concentrations of propionylcarnitine, palmitoylcarnitine, stearyl carnitin in neonatal hearts, while oleylcarnitine and linoleylcarnitine concentrations were increased in neonatal plasma. The concentrations of long-chain fatty acids and long-chain acylcarnitines were increased in the hearts and plasma of hypoxic young adult rats; this lipid profile analysis highlighted the great metabolic and physiologic flexibility of neonatal heart and plasma after hypoxia, which increases chances for survival.<sup>18</sup>

Alexandre-Gouabau et al.<sup>19</sup> reported that the metabolome and the postnatal growth velocity of newborn rats with intrauterine growth restriction (IUGR) were strongly related to metabolic diseases and obesity in adulthood. Offspring’s were divided in 3 groups, those exposed to maternal adequate protein diet during pregnancy and lactation (CC) or protein deprivation during pregnancy only (IUGR with rapid catch-up growth, RC) or through pregnancy and lactation (IUGR with slow postnatal growth, RR) and their plasma metabolome was analyzed in early life (until weaning) and once they reached adulthood (8 months). In particular, transient alterations in proline, arginine, and histidine in RR rats, compared to CC rats, were observed and persistent differences in tyrosine and carnitine, compared to RC rats in adulthood were also highlighted.

Acute lung injury (ALI) was an interesting field where metabolomics were also applied. Increased mortality from ALI was strongly related to cell-specific biomarkers including specific cytokines and their receptors (IL-6, IL-8, soluble tumor necrosis factor receptor I and II), products of epithelial and endothelial injury such as receptor for advanced glycation end-products, surfactant protein D, von Willebrand factor antigen as well as coagulation factors (protein

C and plasminogen activator inhibitor-1). Moreover, in sepsis-induced ALI, preliminary data suggested a positive correlation with individual metabolites including myo-inositol and total glutathione. These findings provide the first insight into the metabolic profiles of plasma samples from patients with ALI.<sup>20</sup>

The application of metabolomics in pharmaceutical research of drug candidates and drug safety evaluation may identify drug-related alterations in metabolic pathways. In an experimental protocol including preterm pigs, control treatment or broad-spectrum antibiotics were given just after delivery by cesarean section. Authors declared that urine metabolome is a promising tool as an early biomarker of NEC progression in preterm neonates who received antibiotics.<sup>21</sup> Moreover, data analyzed the changes in metabolic profiles of urine and fecal extracts of 15 mice following gut sterilization by the broad-spectrum antibiotic enrofloxacin (also known as Baytril). Urine metabolome analysis revealed that enrofloxacin treatment was associated with decreased acetate due to loss of microbial catabolism of sugars and polysaccharides, decreased trimethylamine-N-oxide due to loss of microbial catabolism of choline, and increased creatine and creatinine due to loss of microbial enzyme degradation. Similarly, in fecal extracts reduction in amino acids produced by microbial proteases was observed, while loss of microbial ureases resulted in increase in urea. These findings suggested that metabolomics might serve as a monitoring tool of the imbalance of the healthy gut flora caused by antibiotic treatment.<sup>22</sup>

Recent data highlight the role of 'omics' science in the analysis of retina samples obtained from asphyxiated and control newborn piglets. This metabolic fingerprint allowed the selection of eight differentiating metabolites. In particular, one of the identified differentiating metabolites, cytidine diphosphate-choline and two related metabolites, choline and acetylcholine were strongly related to the asphyxiated retina, well known as an oxygen-sensitive tissue. As cytidine diphosphate-choline plays a key role in phospholipid synthesis and neuroprotective function under hypoxic conditions, it remains a promising tool for assessing retinal hypoxia.<sup>23</sup>

A major research issue is the role of metabolomics in resuscitation and the thorough understanding of metabolic patterns in perinatal asphyxia. A recent study investigated the urinary metabolic profile of four groups of newborn piglets receiving cardiopulmonary resuscitation and reoxygenation with different oxygen concentrations (18%, 21%, 40%, and 100% respectively) after induced hypoxia and arrest. A baseline urine sample was obtained before hypoxia and a second sample was collected once the animals were reoxygenated and stabilized for 30 minutes. The analysis of the urine metabolites characteristic of each group showed that resuscitation performed with lower oxygen concentration was associated with better cellular homeostasis, cellular maintenance, and carbohydrates metabolisms. The metabolic fingerprint associated with this favorable outcome was related to glucose, lactate, alanine, glyceric acid, pyruvic acid, malonic acid, glycine, succinate, 3-methyladenine, acetyl glycine, glutaconic acid, 4-hydroxy-phenyl pyruvic acid, and 3-hydroxy-methyl glutarate. On the other hand, resuscitation with higher oxygen concentration was characterized by the presence of creatinine, urea, citric acid, tartaric acid, ethanol, glucose, and indoxyl sulfate.<sup>24</sup>

## Conclusion

Metabolomics has become a rapidly growing area of Systems Biology and it remains a challenge to have reliable biomarkers reflecting the current pathophysiology and easy to determine.

Experimental protocols in newborn animals have been extensively used in order to have a thorough insight into the medical conditions that affect neonates and future perspective is the clinical application of these data in neonatology.

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## Conflicts on interest

The author declares that there is no conflict of interest.

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