

Chronic fatigue syndrome (397 cases), a disease of civilization

Abstract

This study investigates the effectiveness of bioresonance therapy in treating chronic fatigue syndrome (CFS). After analyzing 397 patients with common contributors, it explores factors that influence it and effective therapy as a solution. Three tailored bioresonance therapies, coupled with dietary adjustments, yield significant improvements, emphasizing the method's role in uncovering CFS origins and achieving rapid psychophysical balance.

Keywords: chronic fatigue syndrome (cfs), quantum medicine, bioresonance therapy, viral infections, individualized treatment, dietary adjustments, holistic well-being, psychophysical balance, pathogenic factors, energy restoration

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Introduction

Chronic fatigue syndrome is a set of different symptoms that include the appearance of pronounced fatigue when performing usual activities. This condition is often accompanied by muscle pain, sleep disturbances, mood changes, irregular bowel movements, weakness of memory and concentration, and headaches. It is characterized by a pronounced fatigue that is not reduced by resting and is a complex physical and mental disorder. This syndrome is often associated with or a good basis for chronic viral infections such as Coxsackie, Epstein-Barr, hepatitis, and COVID. The consequence of this condition, which usually lasts for several months, is also depression, but it is usually not the primary cause. Sometimes there is a disorder of the thyroid gland, and very often also of the adrenal glands. Quite often, due to numerous and varied symptoms, the patient reaches out to a psychiatrist.¹

With the help of quantum medicine, the causes can be identified and eliminated with therapeutic programs, and by changing lifestyle habits—first of all, a diet with plenty of fruits and vegetables and light physical exercises—the body can gradually be brought into balance. If you ask if it is possible to fully recover, the answer is, of course, yes. Quantum medicine contributes to a significantly faster recovery from the mentioned infections. Most often, women between 30 and 60 years of age came to our office with headaches, a pronounced lack of energy, difficulties in performing daily tasks, often on sick leave, a depressed mood, muscle pain, disturbed sleep, anxiety, and a feeling of guilt that they could no longer work and contribute, almost normal laboratory findings and a big question mark over their heads about what was happening to them and how almost nothing from classical medicine could prove the cause of their condition, which represented an additional burden for the client, his family, as well as the working environment, often with the displeasure of employers and often a change of workplace.²

It is very important to emphasize to the client what they should expect after the first bioresonance therapy and that usually the first two or three days they will feel perhaps sleepy, and after that they will feel a gradual influx of energy and feel significantly different than before the therapy. This condition was often associated with vitamin

deficiency D, tryptophan, or lysine, so they were also introduced as well as Bach's drops, which contributed to significantly greater efficacy. Of the 397 patients analyzed, candida was present in 152, viruses in 190, bacteria in 182, and parasites in 222. The number of therapies ranged from 1 to 20, i.e., an average of 3 therapies with intervals of 2 weeks, when all or almost all present symptoms disappeared. The patients no longer felt tired; they had much more energy; their sleep was better; they had much more will and mood; or, as they would say, they felt reborn.

The first therapy was usually detoxification for everyone, followed by a specific treatment depending on the individual findings. As for the diet, the largest number showed intolerance to cow's milk and wheat as well as sugar, and with small corrections in their diet, they lost weight, and accompanying complaints in the digestive tract in the form of flatulence, heartburn, constipation, or diarrhea were reduced.³

Conclusion

The bioresonance method can significantly help in discovering the cause of chronic fatigue and, with adequate therapies, quickly achieve psychophysical balance and harmony in the organism.

Acknowledgments

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Conflicts of interest

The authors declare no conflicts of interest.

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