Complicated traumatic injuries in human brain aging and neurodegenerative diseases: a review

Abstract

Severe traumatic brain injury (TBI) is a well-established risk factor for a variety of neurodegenerative diseases including Alzheimer’s disease, Parkinson’s disease, and amyotrophic lateral sclerosis (ALS). The present review analyzes the relationship between severe and complicated human head trauma, brain aging and neurodegenerative diseases. The brain injury induces the following neuropathological changes: Brain atrophy and accumulation of hyperphosphorylated tau, amyloid plaques acutely after a single severe TBI, neurofibrillary and glial tangles, dystrophic neurites, 43 kDa TAR DNA-binding protein (TDP-43) neuronal and glial aggregates, microvasculopathy, myelinated axonopathy, neuroinflammation, and white matter degeneration, neuroinflammatory reaction, activation of microglial cells, and severe excitotoxicity during ischemia. Light and electron microscopic studies demonstrate status spongiosus of brain parenchyma, dark ischemic neuron and glial cells, degeneration of myelinated axons and inflammatory reaction, increased vesicular and vacuolar transendothelial transport, formation of transendothelial channels, closed and open interendothelial junctions, thickening and vacuolization of basement membrane, swollen and activated pericites participating in transcapillary exchange, glio-basal dissociation, and proliferation of connective fibers. Cortical capillaries show blood-brain barrier breakdown, perivascular hemorrhages and the formation of vasogenic and cytotoxic brain edema. Presence of swollen glycogen rich- and glycogen depleted astrocytes, indicating mobilization of glycogen granules to supply ischemic neurons, ischemic and hydropic oligodendrocytes, degenerated myelinated axons, nerve cell death types, such as apoptosis oncosis, autophagic and necrotic nerve cell types, beaded shape and vacuolated dendrites, synaptic plasticity, synaptic degeneration and synaptic disassembly. Nerve cell organelles show clear, dense and necrotic mitochondria, lacunar enlargement of rough endoplasmic reticulum and ribosome detachment, fragmentation of Golgi apparatus, and increased amount of lipofuscin granules in neurons and astrocytes. Age-related white matter changes influence the progression of various brain disorders, including ischemic and hemorrhagic stroke, Alzheimer’s disease, and Parkinson’s disease.

Keywords: neurons, neuroglial cells, brain trauma, brain aging, microscopy

Introduction

Electron microscopy studies of severe human TBI and aging brain offer the possibility to increase our understanding of brain aging mechanisms, neuroinflammation, and neurodegeneration following TBI. The present review analyzes the relationship between complicated head human trauma, brain aging and neurodegenerative diseases.

Brain trauma as a risk for neurodegenerative diseases

An exact connection between severe traumatic injuries and brain aging remains partially unknown until now. Severe traumatic brain injury (TBI) is a well-established risk factor for a variety of neurodegenerative diseases including Alzheimer’s disease, Parkinson’s disease, and amyotrophic lateral sclerosis (ALS). However, the pathologic phenotype of these post-traumatic neurodegenerations is largely unknown and there may be pathobiological differences between post-traumatic disease and the corresponding sporadic disorder. Head trauma is considered to be a risk factor for Alzheimer’s disease, because a high prevalence of beta AP deposits has repeatedly been reported in patients who died within a few days following head injury. The density of beta AP diffuse deposits was linked only to aging and the presence of senile plaques. Irimia et al. emphasize the role of cerebral microhemorrhages due to traumatic brain injury and their effects on the aging human brain. According to these Authors, cerebral microbleeds (CMBs) are frequently associated with traumatic brain injury and have potential effects on cognitive and neural outcome as a function of age at injury.

Hanif et al. examined the age related outcome in acute subdural hematoma following traumatic head injury and concluded that the elderly are most predisposed to bleeding due to normal cerebral atrophy related to aging, stretching the bridging veins from the dura mater.

Brain trauma and neuropathological changes on brain aging

According to Bigler et al., age-related changes cause minimal temporal lobe gyral, hippocampal, temporal horn, and white matter atrophy. Brain trauma produced disproportionate white matter loss.
associated with increased temporal horn and sulcal CSF volumes; it caused substantial hippocampal atrophy, which was related to memory impairment. Gyral volume did not decrease, although it was related to memory performance. Miakotynkhy et al. found predominance of vessels neurological symptoms in combination with cranial-cerebral trauma and ischemic stroke. Cerebral vessels pathology always predominates as regards cerebral traumatic pathology in old patients.

A systematic submicroscopic study have been reported by us in the last four decades on complicated traumatic brain injuries in young and elderly patients, using cortical biopsies obtained during neurosurgical treatment of patients with severe and complicated brain trauma.

**Increased vesicular and vacuolar transendothelial transport**

The cortical capillaries exhibit increased vesicular and vacuolar transendothelial transport (Figure 1). In addition we found closed and open endothelial junctions (Figure 2). Some cortical capillaries show in severely edematous areas the formation of transendothelial channels. Cortical capillary showing deep invaginations of peripheral endothelial cytoplasmic zone (PEZ) extending to the vicinity of basement membrane (BM) (long arrows) and closed interendothelial junction (short arrows), suggesting parajunctional transitory transendothelial channel formations to increase transfer of proteinaceous edema fluid from capillary lumen toward the brain parenchyma as a pathogenetic mechanism of vasogenic brain edema. Thickening and vacuolization of basement membrane, and glio-basal dissociation, and proliferation of connective fibers are observed after repeated ischemic and hypoxic processes (Figure 3). The pericites embedded into the basement membrane show shuttle micropinocytotic vesicles indicating their participation on transcapillary transport (Figure 4).

**Brain traumatic injuries, nerve cell death and aging brain**

We found swollen and ischemic neurons and glial cells leading to nerve cell death types, such as apoptosis, oncosis, autophagic cell death leading to necrosis (Figure 5). Astrocyte exhibiting apoptotic cell death type showing apoptotic bodies in nucleus and cytoplasm (Figure 6). Morphopathological changes of dendrites and dendritic spines are observed. The dendrites show a beaded shape, vacuolization, edematous mitochondria and cytoskeletal disruption (Figure 7). Dendritic postynaptic spines appear swollen and contain an atrophic spine apparatus. They are observed making axospindendritic synapses (Figure 8 & 9).
Brain trauma, brain aging and neuroglial cell pathology

We have reported glycogen rich-astrocyte and glycogen depleted-astrocytes, which suggest anaerobic mobilization of glycogen stores in the human edematous cerebral cortex of elderly patients, which are rapidly depleted during anoxic-ischemic conditions. Such mobilization was earlier postulated by Philbin and Ransom.

In addition, we found neurons and astrocytes containing heavy deposits of lipofuscin granules (Figure 10). Lipofuscin granules have been classically related with the aging process, and they are substantially increased with traumatic brain injury.

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**Brain trauma, brain aging, synaptic plasticity and synaptic degeneration**

We have reported synaptic plasticity and synaptic degenerative changes of cortical axodendritic and axosomatic synapses (Figure 13).

The synaptic degeneration is characterized by swollen of pre- and postsynaptic endings, coalescence presynaptic vesicles and filamentous hypertrophy (Figures 14&15).

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**Severe brain trauma and synaptic disassembly**

The severely swollen brain parenchyma exhibits synaptic disassembly characterized by enlargement of synaptic cleft, wide communication with the extracellular space and detachment of perisynaptic astrocytic cytoplasm (Figure 16).

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**Brain traumas, subdural hematoma.** Severely edematous oligodendrocyte showing the nucleus (N) and lacunar enlargement of endoplasmic reticulum (ER), swollen mitochondria (M) and dense body (DB). The associated and degenerated myelinated axons show granular precipitation of axoplasm (Ax), and enlargement of periaxonal space (short arrow). The arrowhead indicates the axolemmal membrane.

**Brain traumas, subdural hematoma.** Synaptic plasticity. The pre- and postsynaptic membranes displayed an undulated course. The short arrows indicate the postsynaptic density. The circle shows the disrupted postsynaptic cytoskeleton. The postsynaptic endoplasmic reticulum (ER) profile appears enlarged. The long arrow indicates the fragmented limiting plasma membrane of postsynaptic ending.

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**Brain traumas, subdural hematoma.** Scanning-transmission electron micrograph of a semithin plastic section of a pyramidal neuron (PN) showing the nucleus (n) and the round nucleolus (nl). Note the clustered deposit of cytoplasmic lipofuscin granules (LG). The arrowhead indicates cytomembranes.

**Brain traumas, subdural hematoma.** Non- pyramid al nerve cell (NP) surrounded by a satellite and peripheral dense astrocyte (DA) containing large lipofuscin granules (LG) and glycogen granules (circles).

Electron microscopy images of astrocytes at low magnification show nerve cells charged of numerous lipofuscin granules (Figure 11). Besides, we report edematous and ischemic oligodendrocytes (Figure 12).

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**Brain traumas, subdural hematoma.** Severely edematous oligodendrocyte showing the nucleus (N) and lacunar enlargement of endoplasmic reticulum (ER), swollen mitochondria (M) and dense body (DB). The associated and degenerated myelinated axons show granular precipitation of axoplasm (Ax), and enlargement of periaxonal space (short arrow). The arrowhead indicates the axolemmal membrane.

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Brain traumas, subdural hematoma. Synaptic degenerated presynaptic endings. The presynaptic ending (P) shows clustered and coalescent synaptic vesicles (SV). The right figure exhibits two degenerated presynaptic endings (1,2), small and medium size synaptic vesicles (SV). Note the filamentous hypertrophy rejecting the synaptic vesicles toward the peripheral ending zone. The asterisk indicates the enlargement of extracellular space.

Figure 16 Brain traumas, subdural hematoma. The arrowheads indicate the synaptic disassembly featured by wide separation of pre- and postsynaptic membranes. The pre- and postsynaptic endings appear separated by a dilated synaptic cleft in continuity with the extracellular space (arrow). Note the absence of presynaptic density, the remaining thin postsynaptic density (arrowheads), and the detachment of perisynaptic astrocyte cytoplasm.

Brain trauma, brain aging and degenerated myelinated axons

At the level of neuropil we found myelinated axonal degeneration (Figures 17&18). The longitudinal ultrathin sections of degenerated myelinated axons show the vacuolated myelin sheath and disruption of cytoskeletal structures (Figure 19).

Figure 17 Brain traumas, subdural hygroma. Cross ultrathin section of a degenerated myelinated axon. The myelin sheath (MS) appeared vacuolated. The axoplasm (AX) is rejected by a large periaxonal vacuolar space (V) and the formation of a myelin ovoid. The arrows point out the axolemma limiting the dilated periaxonal space.

Figure 18 Brain traumas, subdural hematoma. Electron microscopy of a longitudinally section of a degenerated myelinated axon exhibiting fragmented microtubules (arrows) and microfilaments (arrowheads). Note the vacuolated myelin sheath (V) and the enlarged neighboring extracellular space (asterisks).

Brain trauma, brain aging and neurodegenerative diseases

Clinical studies has reported a relationship between TBI and neurodegenerative disorders, such as Alzheimer’s and Parkinson’s diseases, as well as certain psychiatric diseases. Dall’Acqua et al. have reported prefrontal cortical thickening after mild traumatic brain injury by means of a magnetic resonance imaging study.

Brain trauma, endoplasmic reticulum stress and memory loss

According to Yang et al. and Yin et al. endoplasmic reticulum stress has been implied in various CNS injuries, including brain ischemia, traumatic brain injury, and aging-associated neurodegeneration, such as Alzheimer’s disease (AD), Huntington’s...
disease (HD), Amyotrophic lateral sclerosis (ALS), and Parkinson’s disease (PD). In addition, we have observed detachment of associated ribosomes and specialized arrangement of smooth endoplasmic reticulum, apparently induced by the shear forces and intensity of traumatic agent. Such ribosome detachment could partially explain the transitory memory loss of patients with severe head injuries (Figure 20). 36

Figure 19 Brain trauma, subdural hematoma. Non pyramidal neuron showing lacunar enlargement of rough endoplasmic reticulum (ER) and detachment of associated ribosomes (arrow).

Figure 20 Brain trauma, subdural hematoma. Edematous nerve cell showing swollen mitochondria (m), a dense degenerated mitochondria (arrow), and disrupted microtubule (double arrowhead).

Memory is fundamental to everyday life, and cognitive impairments resulting from traumatic brain injury (TBI) have devastating effects on TBI survivors. A contributing component to memory impairments caused by TBI is alteration in the neural circuits associated with memory function. 37

Brain trauma, brain aging and swollen and degenerated mitochondria

We have previously reported edematous, clear and dense degenerated mitochondria in traumatic brain injuries (Figure 21). 31,32 There is an interplay between mitochondrial DNA, pathophysiology of TBI, and aging. Structural and functional damage of mitochondria is currently found in traumatic brain injuries. 37,38 Mitochondria contain their own DNA (mtDNA) with genomic variants that have different physiological and pathological characteristics, including susceptibility to neurodegeneration. 42 Given the central role of mitochondria in the pathophysiology of neurological injury, these Authors hypothesized that its genomic variants may account for the variability in outcome following TBI. The data also suggest that the APOE pathways interact with genetically regulated mitochondrial functions in the response to acute injury, as previously reported in Alzheimer disease.

Neuropathological studies of human traumatic brain injury (TBI) cases have described amyloid plaques acutely after a single severe TBI, and tau pathology after repeat mild TBI (mTBI). This has helped drive the hypothesis that a single moderate to severe TBI increases the risk of developing late-onset Alzheimer’s disease (AD), while repeat mTBI increases the risk of developing chronic traumatic encephalopathy (CTE). 1,43,44 The interplay of age at injury and aging with an injury are translationally important factors that influence behavioral performance as a quality of life metric. 45

Recovery from traumatic brain injury (TBI) depends on age-at-injury and how aging with a TBI affects long-term recovery. TBI initiates pathophysiological processes that dismantle circuits in the brain. In response, reparative and restorative processes reorganize circuits to overcome the injury-induced damage. The extent of circuit dismantling and subsequent reorganization depends as much on the initial injury parameters as other contributing factors, such as genetics and age. Age-at-injury influences the way the brain is able to repair itself, as a result of developmental status, extent of cellular senescence, and injury-induced inflammation. Moreover, endocrine dysfunction can occur with TBI. Depending on the age of the individual at the time of injury, endocrine dysfunction may disrupt growth, puberty, influence social behaviors, and possibly alter the inflammatory response. In turn, activation of microglia, the brain’s immune cells, after injury may continue to fuel endocrine dysfunction. With age, the immune system develops and microglia becomes primed to subsequent challenges. Sustained inflammation and microglial activation can continue for weeks to months post-injury. This prolonged inflammation can influence developmental processes, behavioral performance and age-related decline. 46

According to Liu et al. 47 similar to neuron-enriched gray matter areas, white matter (WM) undergoes a series of changes during the process of aging. WM malfunction can induce serious

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neurobehavioral and cognitive impairments. Thus, age-related changes in WM may contribute to the functional decline observed in the elderly. In addition, aged WM becomes more susceptible to neurological disorders, such as stroke, traumatic brain injury (TBI), and neurodegeneration. These Authors discuss how age-related WM changes influence the progression of various brain disorders, including ischemic and hemorrhagic stroke, TBI, Alzheimer’s disease, and Parkinson’s disease. In aged WM, the expression of GLT-1 greatly increases in multiple cellular components, resulting in more rapid and robust glutamate release and severe excitotoxicity during ischemia. Excessive oxidative stress is also likely to aggravate WM injury in the aged brain. Mitochondria are the main source of reactive oxygen species (ROS) after ischemia. Age-related mitochondrial dysfunction results in reduced ATP production and excessive oxidative stress. The functions of endogenous antioxidant systems decline with aging in parallel with the increase in mitochondrial impairments. All these changes converge to increase axonal and oligodendrocyte vulnerability in aged brains and exacerbate WM injury upon ischemia. The current state of the literature provides support for the argument that TBI can result in diminished cognitive reserve which may accelerate the normal process of cognitive decline, leading to premature aging, potentially increasing the risk of dementia. 46

**Chronic traumatic encephalopathy**

Chronic traumatic encephalopathy (CTE) is a long-term neurodegenerative consequence of repetitive head impacts which can only be definitively diagnosed in post-mortem. Recently, the consensus neuropathological criteria for the diagnosis of CTE was published requiring the presence of the accumulation of abnormal tau in neurons and astroglia distributed around small blood vessels at the depths of cortical sulci in an irregular pattern as the mandatory features. 47

The pathology of chronic traumatic encephalopathy (CTE) is increasingly well known and is characterized by a distinctive pattern of progressive brain atrophy and accumulation of hyperphosphorylated tau neurofibrillary and glial tangles, dystrophic neurites, 43 kDa TAR DNA-binding protein (TDP-43) neuronal and glial aggregates, microvasculopathy, myelinated axonopathy, neuroinflammation, and white matter degeneration. 43,50

**Traumatic brain injury, brain aging and dementia**

There is a long history linking traumatic brain injury (TBI) with the development of dementia. 1) Increasing severity of a single moderate-to-severe TBI increases the risk of subsequent Alzheimer’s disease (AD), the most common type of dementia. 2) Repetitive, often subconcussive, mild TBIs increase the risk for chronic traumatic encephalopathy (CTE), a degenerative neuropathology. 3) TBI may be a risk factor for other neurodegenerative disorders that can be associated with dementia. 4) TBI appears to lower the age of onset of TBI-related neurocognitive syndromes, potentially adding "TBI cognitive-behavioral features". The literature further indicates several specific risk factors for TBI-associated dementia: 5) any blast or blunt physical force to the head as long as there is violent head displacement; 6) decreased cognitive and/or neuronal reserve and the related variable of older age at TBI; and 7) the presence of apolipoprotein E e4 alleles, a genetic risk factor for AD. Finally, there are neuropathological features relating TBI with neurocognitive syndromes: 8) acute TBI results in amyloid pathology and other neurodegenerative proteinopathies; 9) CTE shares features with neurodegenerative dementias; and 10) TBI results in white matter tract and neural network disruptions. 51

Sayed et al. 52 found that patients with dementia after traumatic brain injuries (TBI) were significantly more likely to experience depression, anxiety, irritability, and motor disorders than patients with probable Alzheimer disease. Brenowitz et al. 53 examined the relationships between Alzheimer’s disease, neuropathologic change (ADNC), Lewy body disease (LBD), and vascular brain injury (VBI) in two large autopsy samples. According to these Authors, high prevalence of co-occurring neuropathologies among older adults with dementia has implications for accurate diagnosis of dementia etiologies and development of disease-modifying strategies.

Research that evaluates number and severity of TBIs is needed to clarify the neuropathological links between TBI and dementia documented in other large clinical databases. 54

Concussion and other traumatic brain injuries (TBIs) and Alzheimer’s disease (AD) share many overlapping pathologies and possible clinical links. Such studies may demonstrate the potential for drugs to effectively and safely inhibit preprogrammed cell death as a new drug development strategy for use in the fight to defeat AD. 55

**Brain trauma, neuroinflammatory reaction and old brain**

Norden et al. 56 emphasize the microglial priming and enhanced reactivity to secondary insult in aging, and traumatic CNS injury, and neurodegenerative disease. Microglia can develop a primed or pro-inflammatory mRNA, protein and morphological profile with aging, traumatic brain injury and neurodegenerative disease.

The light microscopy study shows the invading cells, such as macrophages and monocytes that occurred after trauma (Figure 22). 57

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**Figure 22** Brain traumas, subdural hematoma. Microglial cell (MC) showing phagocytic activity of a degenerated myelinated axon (AX).

**Microglial function, brain trauma and brain aging**

According to Bickford et al. 58 aging leads to altered microglial function that reduces brain resiliency increasing vulnerability to neurodegenerative diseases. There is evidence that human and rodent...
microglia may become senescent. This event determines alterations in the microglia activation status, associated with a chronic inflammation phenotype and with the loss of neuroprotective functions that lead to a greater susceptibility to the neurodegenerative diseases of aging. Figure 23 illustrates a microglial cell phagocytising a degenerated myelinated axon.

Figure 23 Brain trauma, subdural hygroma. Monocyte phagocytising a degenerated myelinated axon (AX). Note the phagocytic vacuoles (PV).

Peripherally-derived monocytes infiltrate the injured brain and contribute to chronic TBI-induced cognitive deficits in young animals. Furthermore, age was shown to amplify monocyte infiltration acutely after injury. Figure 23 shows a monocyte phagocytising a degenerated myelinated axon. Recent research with neuropathologic or biomarker evidence of Alzheimer’s disease (AD) casts doubt on traumatic brain injury (TBI) as a risk factor for AD.

Conclusions

Light and electron microscopic studies of traumatic agents on brain aging demonstrated status spongiosus of brain parenchyma, dark ischemic neuron and glial cells, degeneration of myelinated axons, inflammatory reaction, increased vesicular and vacuolar transendothelial transport, formation of transendothelial channels, closed and open interendothelial junctions, thickening and vacuolization of basement membrane, swollen and activated pericytes participating in transcapillary exchange process, glio-basal dissociation, and proliferation of connective fibers. Cortical capillaries showed blood brain barrier breakdown, perivascular hemorrhages and the formation of vasogenic and cytotoxic brain edema.

Presence of swollen glycogen rich- and glycogen depleted astrocytes indicated mobilization of glycogen granules to supply ischemic neurons and ischemic and hydropic oligodendrocytes indicating the nursing role of astrocytes. The intensity of brain trauma induced degenerated myelinated axons, nerve cell death types, such as apoptosis, oncosis, autophagic and necrotic nerve cell types, beaded shape and vacuolated dendrites, synaptic plasticity, synaptic degeneration and synaptic junction disassembly. The increased nerve cell death induced neurodegeneration on the aging brain. Alterations in the senescent microglia activation status, associated with a chronic inflammation phenotype and with the loss of neuroprotective functions lead to a greater susceptibility to the neurodegenerative diseases of aging.

Nerve cell organelles showed clear, dense and necrotic mitochondria, lacunar enlargement of rough endoplasmic reticulum and ribosome detachment, fragmentation of Golgi apparatus, and increased amount of lipofuscin granules in neurons and astrocytes. These findings mainly the swollen and degenerated mitochondria and the fragmentation of Golgi complex should be considered marker of nerve cell death. Clinical studies reported a relationship between TBI and neurodegenerative disorders, such as Alzheimer’s Parkinson’s diseases, amyotrophic lateral sclerosis as well as certain psychiatric diseases, such as chronic traumatic encephalopathy, cognitive decline, depression, anxiety, irritability, motor disorders, endocrine dysfunction, confusion and demencia. Genetics, age, inflammatory reaction and intensity of brain trauma are risk factors in the genesis of neurodegeneration. The electron microscopic findings indicate cytotoxic and vasogenic brain oedema, cell death, and neurodegenerative processes leading to neurological and mental diseases.

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Conflicts of interest

Author declares there are no conflicts of interest.

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