

# Electromyoneurography in diagnostic procedures of movement disorders

## Abstract

Electromyoneurography (EMNG) examination is used to diagnose pathology of lower motor neuron, peripheral nerve, neuromuscular junction and muscle. Movement disorders are group of neurological diseases caused with pathology in basal ganglia, thalamus and cerebellum. This paper is a review of movement disorders accompanied with peripheral nerve or muscle involvement where electromyoneurography should be used in diagnostic procedures. Patients with non-Huntington disease chorea need to be evaluated for neuropathy and myopathy. Movement disorders accompanied with ataxia should also be checked for neuropathy. Diagnostic criteria for stiff person and stiff limb syndrome include electromyoneurography finding of continuous MUAP in paravertebral muscles and involved limbs. Finding of interictal myokimia in episodic ataxia/chorea/dystonia serves as a diagnostic marker. Although electromyoneurography is a diagnostic tool for peripheral nerve and muscle disorders, it has a significant role in diagnostic procedures of movement disorders.

**Keywords:** Movement disorders, Electromyoneurography, Neuropathy, Myopathy

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## Manuscript

Electromyoneurography (EMNG) examination is used to diagnose pathology of lower motor neuron, peripheral nerve, neuromuscular junction and muscle. Myography analyzes muscle unit action potential (MUAP) discharges during activation and spontaneous activity while resting. Neurography serves to analyze sensory and motor nerve conduction velocity, distal latency, F wave latency, and amplitude of the nerve potential.<sup>1</sup> Movement disorders are group of neurological diseases presented with hypo- or hyperkinetic movements. Parkinsonism presents hypokinetic, while dystonia, chorea, athetosis, ballism, ticks and myoclonus present hyperkinetic movements. These disorders appear due to pathology in basal ganglia, thalamus and cerebellum.<sup>2</sup>

This paper is a review of movement disorders accompanied with peripheral nerve or muscle involvement where electromyoneurography should be used in diagnostic procedures.

Chorea-Acanthocytosis is a rare autosomal recessive disorder caused by mutations in the VPS13A gene. This gene encodes for a protein called chorein. It could be presented with the different types of movement disorders (dystonia, chorea, tics and parkinsonism). Dystonia is common and most prominent on oral region. Typically, patients have tongue protrusion dystonia, causing dysarthria and serious dysphagia. Habitual tongue and lip biting are one of the characteristic signs. Beside movement disorder, these patients have behavioral and cognitive changes and myopathy. In laboratory work up there are acanthocytes in blood smear and elevated creatin kinase level. With EMNG myopathic pattern and sensorimotor axonal neuropathy could be detected.<sup>2,3</sup> McLeod syndrome is also autosomal recessive disorder caused by mutation in XK gene. It is presented with movement disorders (chorea, dystonia and tics), cognitive, behavioral changes, myopathy and hemolytic anemia with acanthocytosis. Patients have absent expression of the Kx erythrocyte antigen and weakened expression of Kell blood group antigens. On EMNG there are sensorimotor axonal neuropathy and myopathy.<sup>2,4</sup>

Spinocerebellar ataxias (SCAs) are a clinically heterogeneous group of disorders primarily presented with ataxia with or without some movement disorders. Some of them have distinguishing clinical features and neurophysiological findings that are compatible with a dying-back axonopathy and/or a neuronopathy. This clinical specificity could help in diagnostic procedures. The hereditary ataxias can be subdivided by mode of inheritance (i.e., autosomal dominant, autosomal recessive, X-linked, and mitochondrial). Among autosomal dominant forms there are SCA 1, 2, 3, 25 and episodic ataxia type 1 with movement disorders, peripheral nerve and muscle involvement. SCA-1 is neurodegenerative disorders caused by mutation on gene located on the short arm of chromosome 6. Due to mutation there is pathological ataxin 1 protein. Typically, patients have ataxia with pyramidal signs and axonal sensorimotor neuropathy. Parkinsonism and dystonia could be also presented.<sup>5-7</sup> In SCA-2 gene locus is mapped on chromosome 12. These genes encode for protein ataxin 2. In this SCA parkinsonism could be rarely presented, while typically patients have slow saccadic eye movements, decreased tendon reflexes and dementia with axonal sensorimotor neuropathy.<sup>5,6,8</sup> Patients with SCA-3 carry an expanded CAG repeat in the MJD1 gene mapped to chromosome 14q32 coding for ataxin 3 protein. It is more common in Portugal, where it was originally described in Portuguese families from the Azores and called Machado-Joseph disease. Dystonia, restless leg syndrome, facial-lingual fasciculation-like movements or myokymia, pyramidal signs, lid retraction nystagmus, decreased saccade velocity, amyotrophy and sensory loss are characteristic of this disorder. Neurography reveals axonal sensorimotor neuropathy.<sup>5,6,9</sup> In a large French family with SCA, Stevanin et al found linkage of the disease locus, designated SCA25, to a 12.6-cM region of chromosome 1. Facial ticks and myokymia are one of the presenting signs together with the typical finding of sensory neuropathy.<sup>10</sup> In episodic ataxia type 1 (EA1) there is mutation in protein for alpha subunit of sodium channel on KCNA1 gene. Patients can have short attacks of ataxia, chorea or dystonia that last from few seconds to few minutes. It could be provoked by startle phenomena or with movement. One of the diagnostic criteria is finding of interictal myokymia with myography.<sup>2,11,12</sup>

Among autosomal recessive ataxias there are ataxia with oculomotor apraxia type 1, ataxia-oculomotor apraxia type 4, ataxia teleangiectasia, infantile-onset spinocerebellar ataxia (IOSCA) and cerebrotendinous xanthomatosis accompanied with neuropathy and some type of movement disorders. Ataxia with oculomotor apraxia type 1 has mutation in aprataxin protein due to involvement of APTX gene. This ataxia is characterized by childhood onset of slowly progressive cerebellar ataxia, followed by oculomotor apraxia, mild intellectual disability, hypoalbuminemia and a severe primary motor peripheral axonal motor neuropathy. Choreaathetosis and upper-limb dystonia are common in clinical presentation.<sup>2,11,13</sup> Ataxia-oculomotor apraxia type 4 is caused by homozygous or compound heterozygous mutation in the PNKP gene on chromosome 19q13. It is characterized by onset of dystonia and ataxia in the first decade. Additional features include oculomotor apraxia and peripheral neuropathy.<sup>11,14</sup> Ataxia-teleangiectasia developed due to mutation in ATM gene. It is also known as Louis-Bar syndrome and could be present in classic or non classic form. Classic form, usually beginning between age two to four, typically present with teleangiectasies of the conjunctive, frequently infections, increased risk for malignancy and choreatethosis. Non classic form beginning as adult-onset with early onset dystonia. On neurography patients have demyelinating sensorimotor neuropathy.<sup>2,11,15</sup> Mutations in the C10orf2 gene cause infantile-onset spinocerebellar ataxia (IOSCA). It is a severe, progressive neurodegenerative disorder characterized by optic atrophy, deafness, ophthalmoplegia, athetosis and sensory neuropathy.<sup>2,11,16</sup> Cerebrotendinous xanthomatosis a type of lipid storage disease. It is caused by mutations in the CYP27A1 gene that provides instructions for producing an enzyme called sterol 27-hydroxylase. This enzyme is important in the pathway that breaks down cholesterol to form acids used in the digestion of fats (bile acids). It is typically characterized by infantile-onset diarrhea, childhood-onset cataract, adolescent- to young adult-onset tendon xanthomas, and adult-onset progressive cognitive decline with dystonia, myoclonus and sensorimotor neuropathy.<sup>2,11,17</sup>

X-linked spinocerebellar ataxia-1 (SCAX1) is caused by mutation in the ATP2B3 gene on chromosome Xq28. Patients may present with tremor, parkinsonism and sensory neuropathy.<sup>2,18</sup>

Stiff person syndrome is autoimmune disorder presented with prominent rigidity in trunk muscle and painful spasm. Disorder has progressive character with involvement of proximal part of legs and arms and development of gait disturbances. A patient had fixed hyperlordosis due to rigidity of paravertebral muscle.

One of the diagnostic criteria for stiff person syndrome is finding of continuous muscle unit action potential (MUAP) in paravertebral muscles. If the disease starts and is more prominent in limbs, then it should be diagnosed as stiff limb syndrome and checked if continuous MUAP is present in involved limbs.<sup>19,20</sup>

## Conclusion

Although electromyoneurography is a diagnostic tool for peripheral nerve and muscle disorders, it has a significant role in diagnostic procedures of movement disorders.

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## Conflicts of interest

None.

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