

Bacteriological and physicochemical analyses of well water used for drinking in Ekpoma-Edo State, Nigeria

Abstract

In this Study, ten (10) samples of well water was randomly collected from different locations around Ekpoma, Esan West Local Government Area of Edo State and examined for their physicochemical and Microbiological quality using standard methods. The results derived were compared with the Nigerian Industrial Standards (NIS) and World Health Organisation (WHO) standards for drinking water. Three (3) of the samples did not agree with turbidity, while others were within the maximum permissible limits set for pH, temperature, colour, odour, conductivity, dissolved oxygen, alkalinity, acidity, chloride and biological oxygen demand. The findings of the microbiological analysis of the well water samples show that all the well water was contaminated with bacteria pathogens mostly *Escherichia coli* (60%), *Pseudomonas aeruginosa* (50%), *Staphylococcus aureus* (50%), *Salmonella* Sp (30%), *Shigella* sp (40%), *Vibrio cholerae* (30%) and *Proteus* sp (50%). The presences of these bacteria in the samples were at variance with the acceptable limit for most probable number (MPN) per 100ml set for untreated drinking water. Pathogen enumeration for *Salmonella-Shigella* and *Vibrio cholerae* were high. The total aerobic bacteria counts (ABC) were also high for all the sample areas assessed. The occurrence of these microbes in the well water used for drinking, washing of meats and for ablution is germane to public health because they are often implicated with gastro-intestinal water borne infections. Thus personal hygiene and clean environment should be constantly maintained around the wells to avoid contamination with bacteria pathogens.

Keywords: well water, physicochemical, microbiological, contamination, most probable number (MPN), aerobic bacterial count (ABC), heterotrophic plate count (HPC), coliforms

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Introduction

Portable water is a key requirement for human, whether it is intended for drinking, recreational activities and other domestic purposes. It is a vital desire for all life forms. It is therefore imperative that adequate amount of portable, clean and safe water be made available to other life forms such as flora and fauna. Inadequate quantity of it results to mobility and fatality rate in rural settlements where chemical contaminants and water-based infections are endemic and persistent because of poor groundwater and surface waters quality.¹ The global health importance of water quality is a concept that needs not to be neglected as quite a number of infectious diseases are contracted by water via faecal-oral mode of transmission. These infections have been reported of having a fatality rate of 5 million children annually, causing 1/6th of the world population ill.² Water borne infections emanate from intake of untreated contaminated water by pathogenic microbes. These infections are linked with the non-availability and accessibility to clean, portable water supply in addition to unhygienic vicinity. This affects man and the biotic components of the ecosystem especially in developing countries. The following bacteria genera are often incriminated in water based infections; *Pseudomonas aeruginosa*, *Shigella sonnei*, *Salmonella*, *Klebsiella*, *lyanobacteria*, *Proteus*, *Vibrio*, *Mycobacteria*, *Streptococcus faecalis* e.t.c.³ Fresh water which lies below the earth crust in broken segments of rocks and soil pore spaces is considered as groundwater. It is often regarded as an ideal source of water because it is seem not to be opaque and clean. This is attributed to its passage via various layers and sediments of rocks, which act as a sort of natural filtration system. However it

portability and quality can be compromise as a result of poor source protection and resource management.⁴ There is an increase in the spite of ground water contamination especially in urban settlements with variety of industrial activities, increase in the number of inhabitants, poor hygiene, use of land for mechanized and commercial farming and indiscriminate disposal of wastes on land.⁵ The presence of contaminants whether inorganic or organic in the ground water above maximum limits sets by water regulatory agencies such as WHO, EPA, NIS and FEPA may cause a serious health calamity.⁶ Inhabitants of developing countries unavoidably still rely on contaminated ground water due to non availability of potable water sources.⁷ Water apart from its domestic applications has various other aspect of use such as transportation, generation of hydro-power electricity, irrigation and aquaculture. It is a major driving force that controls the evolution and functionality of the universe on earth.⁸ Varieties of artificial chemicals pollutants such as insecticides, pesticides, nitrates from fertilizers, sulphates, chlorides, phenols, soap and heavy metals e.t.c are chief contributors to water contamination. Cadmium, arsenic, lead, zinc, iron, copper and manganese are severe and hazardous pollutants among the heavy metals.⁸ Water being a basic need for our daily living, makes it pertinent for thorough physicochemical and bacteriological investigations to be conducted on it. Therefore this study is gear towards ascertaining the well water quality used for drinking in Ekpoma, Edo State Nigeria in line with checking its conformity with standards set by water regulatory bodies such as WHO and NIS as well as to determined the likely causes of pollution in order to make valid recommendations

Materials and methods

Sampling technique and Sample vicinity

This assessment was done in Ekpoma environs domiciliated in Esan-West Local Government Area of Edo State. It has an area of 502km² with about 190,000 people who comprise an adult male population of over 60,000 and adult female population of 50,000 respectively. It lies on a geographical coordinate of latitude 6°45'N 6°08'E and has an elevation of approximately 364meters above sea level.⁹ Randomly Ten (10) samples of well water samples were obtained from ten different hand-dug wells within the study area. The samples were represented as A, B, C, D, E, F, G, H, I and J respectively. Sample A is well water from St. David Hostel, B is well water from an abattoir located at Ujoelen extension, C is well water from Good shepherd hostel, D is well water from Ambrose hostel, E is well water from Success hostel, F is well water from Lekki villa hostel, G is well water from yard six hostel, H is well water from an abattoir located in Iruokpen, I is also well water from an abattoir located on the Benin-Auchi express road and J is well water from Galaxy hostel. Three (3) out of the ten wells were location within an abattoir, hence serving as a water source for drinking, washing of meat and meat products and also to perform ablution. The samples were obtained into sterile universal bottles and kept in an insulated ice box at a temperature of 1-4°C before transporting them to the laboratory where physicochemical and bacteriological analyses was carried out within 6hours of collection.

Sample analysis

Physicochemical parameters namely determination of temperature, pH, biological oxygen demand, turbidity, odour, colour, electrical conductivity, dissolved oxygen, acidity, alkalinity and chloride content were determined using accepted methods for wastewater and water assessment.^{2,10} Bacteriological traits were assessed as described by Bezuidenhout et al.¹¹ The Multiple tube fermentation technique was applied for coliform enumeration in the well water samples and compare with the bacteria load in the MacCready table.¹⁰ *Salmonella-Shigella* Agar, Nutrient agar, MacConkey agar medium, Thiosulphate Citrate Bile Salt Sucrose agar (TCBS) were used to evaluate the Aerobic Bacteria Count (ABC) for *Salmonella*, *Vibrio* and *Shigella* respectively. The Petri dish plates were kept and maintained at a temperature 37°C for 24hours using the incubator. Presumptive colonies of bacteria isolates were verified by biochemical reaction methods as described by SCA.¹²

Results

The findings of the physicochemical analysis conducted on the samples of well water showed variation in the parameters determined (Table 1). Turbidity was within the set limits by World Health Organisation and Nigeria Industrial Standards use for monitoring drinking water quality in some of the sample areas except well water B, H and I respectively. All the samples analysed had temperature values which ranged from 25-34°C and were in line with limits of established standards. The pH ranged from 6.8-7.4 while the acidity and alkalinity values ranged from 0.1-0.3 and 7.1-8.2mg/L respectively. Sample B had the highest colour of 12HU, while sample E had the lowest colour value of 4HU. The water samples examined had no objectionable odour. Conductivity value measured as (µs/cm) gave a reading ranged of 60.20-12.8. Well water F had the least conductivity reading of 60.20µs/cm whilst sample J obtained within an abattoir premises gave

the highest conductivity value of 120.8µs/cm. Chloride ranged was from 113-210mg/L. Findings of the bacteriological investigation of the well water samples are represented in (Table 2). The total aerobic bacteria count (ABC) for the water samples were high ranging from 2.6×10^2 cfu/ml- 7.1×10^5 cfu/ml. The abattoir well water sample in site I had the highest bacteria load of 7.1×10^5 cfu/ml, while well water sample E had the lowest value of 2.6×10^2 cfu/ml. *Vibrio cholerae* count of the water samples ranged is from 6.0×10^2 cfu/ml- 2.8×10^4 cfu/ml, with well water B having the least count of 6.0×10^2 cfu/ml and well water I having the highest the count of 2.8×10^2 cfu/ml. The other sample sites except well water H with 5.0×10^3 cfu/ml displayed absence of *Vibrio* spp growth. *Salmonella* and *Shigella* enumeration for the water samples gave values ranging from 2.5×10^2 cfu/ml- 1.9×10^4 cfu/ml, with well water H having the highest count of 1.9×10^4 cfu/ml while well water B had the lowest count of 2.5×10^2 cfu/ml. All other sample sites except well water I with 2.7×10^2 cfu/ml showed no growth of *Salmonella* and *Shigella*. (Table 3) shows the presumptive coliform enumeration using the multiple tube fermentation methods (MPN) for the different sample sites.¹³ The total coliform counts of all the water samples ranged from 24 to >1,800MPN/100ml. Well water I had a total coliform count >1,800MPN/100ml, while well water F had the least count of 24MPN/100ml. A comparative assessment of turbidity and total coliform bacteria in the well water samples was done using Statistical Package for Scientific Solution (IBM SPSS version 25). The finding revealed a strong positive correlation having R value for turbidity as 0.915 and p value at 0.01. This correlation between these two parameters indicates that as turbidity decrease, total coliform bacteria decrease vice versa. This result is in line with those reported by Busse et al.,¹⁴ & Ali et al.¹⁵ The bacteria implicated in the water samples in this study were *Escherichia coli*, *Proteus* sp *Staphylococcus aureus*, *Pseudomonas aeruginosa*, *Shigella* spp, *Vibrio cholerae* *Salmonella* sp (Table 4).

Discussion

Turbidity according to EPA¹³ is the extent of cloudiness in water. There is a direct correlation between total amount of suspended solid and turbidity. Thus the higher the amount of solids suspended the more turbid the water appears. High turbidity values are a direct reflection of high pathogenic organism's levels. Turbidity levels of some analyzed samples lies within the limits of established standards. Temperatures of all the samples investigated were within the NIS and WHO standards set by water regulatory agencies. pH of all the samples conform with NIS and WHO permissible limits of 6.50-7.50 and 6.50-8.50 respectively. The pH of well water B and H indicates that the well water were slightly acidic. Adefemi & Awokunmi,¹⁶ reported acidic water as a cause of rust in cooking equipments, corrosion in steel and pipes which eventually results in clogging and unpleasant odour in food and drinks. The colour of all the water samples examined were in line with the recommendations by EPA which is 15HU.¹³ The water samples under examination had no objectionable odour which is also in line with the recommended standard for drinking water which is threshold odour number.¹³ Alkalinity and acidity values were at variance falling below the WHO and NIS maximum limits of 200mg/l and 0.3ML, though no standard limits for alkalinity by NIS. Chloride ion (CL-) amount in all samples examined were below the established standards limits of 250mg/L and 200mg/L by the WHO and NIS. Ekpote¹⁷ reported that high concentration of chloride ion in water may results to edema. The Aerobic Bacteria count (ABC) measure colony formation by the total, viable and aerobic bacteria present in a sample on appropriate culture media after incubation at suitable temperature.

The total bacteria counts for all the well water samples examined exceeded the limits of 1.0×10^2 cfu/ml which is the limit for aerobic bacteria count for drinking water.² The microbial enumeration was higher in well water situated within the abattoir premises. High bacteria pollution recorded in this study may be linked to both the settlement pattern and placement of the well which is often too close to sanitation systems. The bacteria contamination of the wells around the abattoir is likely of human origin. This fairly dense populated region enhances the use of inadequate septic soak away and pit latrines often sited too close to the wells. Furthermore free movement of domestic animals and other domestic solid wastes disposed around the houses are likely sources of bacterial contamination of the wells in the other sample sites. The presume coliform counts (MPN) for some of the samples of well water were higher than the limits set by EPA¹⁸ & WHO² for coliform bacteria in drinking water which is zero total coliform/100ml of water, except well water C and G with 10MPN/100ml. This is in agreement with NIS standard.¹⁹ The count of *Shigella*, *Vibrio cholera*, *Salmonella* and in three of the well water samples B, H and I is a

clear deviation from the WHO standard for drinking water. Which clearly reveal that these virulent organisms must not be found in water because they are of public health importance, having been linked with gastrointestinal illness such as typhoid, diarrhoea, dysentery and other forms of infections.¹⁸ The absence of these pathogens in the other water samples in this study may be a reflection on the depth of the well among several other contributory risk factors. Other bacteria isolated in this study include; *Escherichia coli*, *Proteus* spp, *Staphylococcus aureus* and *Pseudomonas aeruginosa* which collectively belongs to the intestinal flora, but is also widely isolated in soil and water.²⁰ *Staphylococcus aureus* produces enterotoxin, from the outcome of the bacteria identification conducted it is clear that diseases such as food poisoning, typhoid fever, cholera and bacteria dysentery can likely arise from the ingestion of these untreated well water. Furthermore throat infections, nose, skin, eye and ear disorders can also spread from contact with these water. The prevalence of these bacteria shows that the sanitary status of the shallow wells especially those within the abattoir areas are very low.

Table 1 Physicochemical analyses of well water samples

Parameters Analyzed	Sample A	Sample B	Sample C	Sample D	Sample E	Sample F	Sample G	Sample H	Sample I	Sample J	WHO standard	NIS standard
Temperature (°C)	29	34	25	28	25	30	29	34	33	25	25 – 36	25 - 32
pH	7.06	6.8	7.38	7.01	7.4	7.05	7.02	6.9	7.04	7.2	6.5 – 8.5	6.5 – 7.5
Turbidity (NTU)	0	6.05	0.9	0.98	0.7	0.6	0.7	7.01	8	0.86	5 – 6	5
Biological Oxygen Demand (mg/L)	2.15	2	3.5	3.1	3.12	2.5	2.4	2.2	2.22	2.5	NS	NS
Odour	U	U	U	U	U	U	U	U	U	U	U	U
Colour (HU)	5	12	5	10	4	15	7	8	10	8	6	15
Conductivity (µs/cm)	75.2	73.4	71.2	82.3	67.4	60.2	85	100	115.5	120.8	300	1000
Dissolved Oxygen (mg/L)	0.3	3	0.8	0.2	0.4	0.3	0.3	0.6	0.2	0.2	NAD	NAD
Alkalinity (mg/L)	7.14	7.1	7.2	7.5	8.2	7.68	7.26	7.3	7.2	7.1	200	NS
Acidity(mg/L)	0.2	0.3	0.1	0.1	0.2	0.1	0.2	0.3	0.3	0.1	0.3	0.3
Chloride (mg/L)	157	113	189	190	171	161	185	210	200	170	250	200

U, unobjectionable; NAD, no available data; NS, no standard

Legend: Sample A, well water from St. David Hostel; B, well water from an abattoir located at Ujoelen extension; C, well water from Good shepherd hostel; D, well water from Ambrose hostel; E, well water from Success hostel; F, well water from Lekki villa hostel; G, well water from yard six hostel; H, well water from an abattoir located in Irukepken; I, well water from an abattoir located on the Benin-Auchi express road; J, well water from Galaxy hostel

Table 2 Bacteriological analysis of well water

Well water	Total aerobic bacteria count (cfu/ml)	Total coliform count (MPN/100ml)	Salmonella-Shigella count (cfu/ml)	Vibro chloreae count (cfu/ml)
A	1.3×10^4	130	Not detected	Not detected
B	4.5×10^2	430	2.5×10^2	6.0×10^2
C	1.2×10^5	10	Not detected	Not detected
D	6.2×10^4	52	Not detected	Not detected
E	2.6×10^2	31	Not detected	Not detected
F	2.4×10^3	24	Not detected	Not detected
G	1.2×10^4	10	Not detected	Not detected
H	6.9×10^5	1600	1.9×10^4	5.0×10^3
I	7.1×10^5	>1800	2.7×10^2	2.8×10^4
J	1.8×10^3	15	Not detected	Not detected
WHO standard	1.0×10^2	Zero/100ml	Zero	Zero
NIS standard	1.0×10^2	10CFU/100ml	Zero	Zero

Table 3 Presumptive Coliform count of the well water samples

Samples	10ml tubes Positive	1ml tubes Positive	0.1ml tubes Positive	Most Probable Number (MPN) per 100ml
A	5	4	0	130
B	5	4	5	430
C	1	2	2	10
D	4	3	4	52
E	3	2	5	31
F	3	2	3	24
G	1	2	2	10
H	5	5	4	1600
I	5	5	5	>1800
J	2	4	0	15

Table 4 Bacterial isolates from well water samples

Bacterial isolates	Well water A	Well water B	Well water C	Well water D	Well Water E	Well water F	Well water G	Well water H	Well water I	Well water J
<i>Escherichia coli</i>	-	+	-	-	-	+	+	+	+	+
<i>Pseudomonas aeruginosa</i>	-	+	-	+	-	+	-	+	+	-
<i>Staphylococcus aureus</i>	-	+	-	-	+	-	+	+	+	-
<i>Salmonella</i> spp	-	+	-	-	-	-	-	+	+	-
<i>Shigella</i> spp	-	+	-	+	-	-	-	+	+	-
<i>Vibrio chloreae</i>	-	+	-	-	-	-	-	+	+	-
<i>Proteus</i> spp	-	+	+	-	+	-	-	+	+	-

Key: +, Present; -, Absent

Conclusion and recommendation

This study revealed that most physicochemical parameters evaluated were within the WHO and NIS standard for drinking water except turbidity in few of the sample areas. It is obvious from the study that water borne infections emanate from inadequate disposal of refuse, pollution of water by sewage, therefore programmes must be organised to lower the outspread incidence of pollution in the well water. It is advocated that well dug must be deep and covered adequately. Local latrines and septic collection tanks should be located very far away from the wells, boiling and other disinfection methods of well water obtained in the study area should be done before usage of the water. Also good personal and environmental hygienic practices must be a norm around the wells.

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Conflicts of interest

Authors have declared that no competing interests exist.

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