

# Role of Autophagy in Immunity, Disease and Pathogen Replication

## Abstract

Autophagy is a cellular homeostasis process which plays an important role in energy balance, especially during critical time such as starvation or nutrient stress. It also prevents the accumulation of damaged organelles or misfolded proteins in cytoplasm through lysosomal digestion. Autophagy recycles superfluous or damaged organelles and utilizes their hydrolyzed products for cellular vital functions. Autophagy also plays an important role in immune response and prevents the invasion of pathogens. However defective autophagy may lead to various diseases. Various pathogens subvert autophagy for their efficient replication. In this current mini review pathogen who exploits autophagy for their replication, autophagy related diseases and natural compound which use autophagy for disease amelioration is highlighted.

**Keywords:** Autophagy; Autophagy related disease; Virus; Bacteria; Natural compounds; Medicinal plants

## Mini Review

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## Introduction

Autophagy is essential cellular homeostasis, through which superfluous cytoplasmic components, damaged organelles or misfolded proteins are sequestered, enzymatically digested and recycled [1,2]. Generally, autophagy occurs at low basal levels in almost all cells but it is rapidly upregulated when cells need intracellular nutrients or energy such as during starvation [3]. Autophagy is divided into three types such as macroautophagy, microautophagy, and chaperone-mediated autophagy. Among them, macroautophagy is well studied and, usually referred as autophagy [2]. There are about 31 autophagy-related (Atg) genes have been identified in yeast which are conserved from yeast to plants and animals [2,4]. Atg gene translates into autophagy-related proteins. Many of these proteins are gathered at a site in cytoplasm and form preautophagosomal structure (PAS) [5] which lead to autophagosome formation.

Atgs gene expression are regulated by a series of complex cellular signaling events such as the activation of the class III PI3 kinase, hVps34, in association with Beclin1 or inactivation of mammalian target of rapamycin (mTOR) [6]. mTOR is a serine/threonine kinase and inhibits the autophagy [7]. mTOR phosphorylates Atg13 at multiple residues causing a reduced affinity between Atg1 and its binding proteins. Reduced affinity between Atg1 with its binding proteins results in suppression of autophagy [8]. Under starvation, mTOR became inactive, which leads to suppression of Atg13 phosphorylation and induce localization of Atg1, Atg17 and other essential autophagy factors to the PAS [9]. PAS formation cause autophagy initiation (Figure 1). Another pathways which lead autophagy is Beclin 1 signaling pathway. The Beclin 1 is a mammalian Atg6/Vps30 (vacuolar protein sorting 30) ortholog and a subunit of the class III PI3-kinase complex [2]. Under normal condition, the activity of Beclin 1 is reduced through anti-apoptotic protein, Bcl-2 [10]. Bcl-2 bind to Beclin 1 through BH3 domain and make it unavailable for autophagy. During starvation Bcl-2 and Beclin 1 interaction

is reduced. Which leads the release of Beclin 1 [11-13], freely available Beclin 1 initiate the autophagy (Figure 1).

## Role of Autophagy in Immunity

Autophagy is cellular homeostasis process, along with homeostasis, autophagy also play an important role in innate and adaptive immune response. Previous studies have shown that autophagy is induced by toll-like receptors (TLR) [14], nucleotide-binding oligomerization domain (NOD)-like receptors [15], retinoic acid-inducible gene I (RIG-I)-like receptors [16] and damage associated molecular patterns [17]. The interaction of single-stranded RNA with TLR7 was found as most potent effector in autophagy induction [18]. The autophagy is also induced by LPS through a Toll/interleukin-1 receptor domain containing adaptor inducing interferon beta (TRIF) dependent or myeloid differentiation factor 88 (MyD88) independent TLR4 signaling pathway [19]. It has also been shown that during adaptive immune response autophagy facilitates the antigen presentation by increasing the antigen recognition through MHCII molecule with enhanced T cell activation and proliferation [20,21]. Similarly, the knocking down of Agt 5 in mice showed reduction in total thymocytes and peripheral T and B lymphocytes [22].

## Autophagy and Disease

Autophagy is essential cellular homeostasis which also help in mounting good immune response, however defective autophagy is associated with a number of diseases [1]. The impaired maturation or defective lysosomal acidification of autophagy may lead to Vici syndrome or Alzheimer's disease [23,24], while dysregulation of the autophagy pathway cause Parkinson's disease or Crohn's disease [25,26]. Autophagy has dual roles in cancer pathology, initially autophagy act a tumor suppressor by preventing the accumulation of damaged proteins and organelles but once a tumor develops, the cancer cells could utilize autophagy for their own cytoprotection and proliferation [27,28].

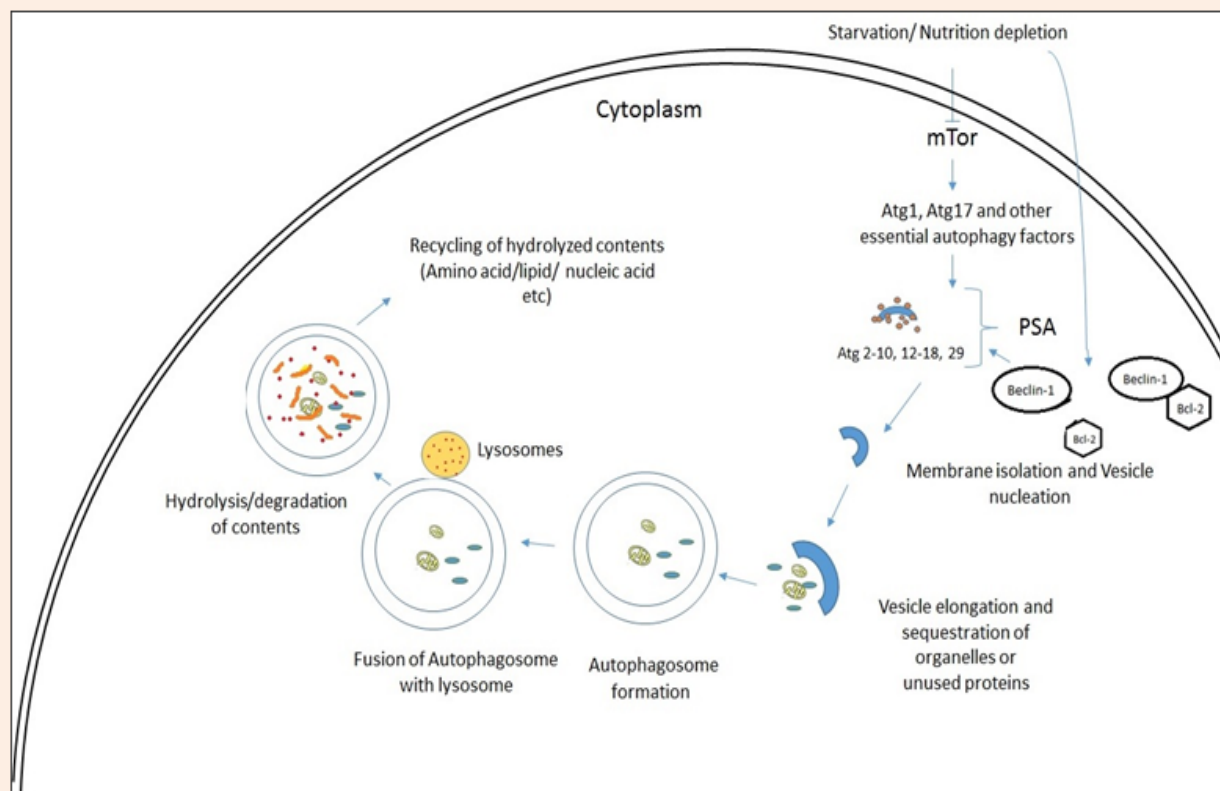


Figure 1: Steps in Autophagosome formation.

### Exploitation of autophagy by viruses for their efficient replication

Autophagy play an important in innate and adaptive immune response against a variety of pathogens including bacteria or viruses [29,30]. But there are number of viruses which exploits the autophagy for their efficient replication [31]. Autophagy is utilized for replication of poliovirus [32,33], coxsackieviruses [34] and viruses belongs to flaviviridae family such as Hepatitis C virus [35], dengue virus [36,37], and Japanese encephalitis virus [38]. The virus of veterinary importance such as classical swine fever and Bovine virus diarrhea virus, which cause persistent infection and immunosuppression in infected host cause, also utilize the autophagy for their efficient replication [39-43].

### Autophagy and bacterial infection

Autophagy is one of the most remarkable tools of against the intracellular bacteria. However, like may viruses, several bacterial pathogens also manipulate autophagy for their survival and replication. *Coxiella burnetii*, which cause of Q fever in humans utilize autophagic pathway to form parasitophorous vacuoles (PV) and prevent its fusion to lysosome. Lack of lysosomal fusion to PV prevents acidification of vacuoles and help intracellular bacterial survival [44]. Similarly, *Brucella spp.*, is another intracellular bacterial which is responsible for reproductive disorders in

animals and humans. It is prevalent throughout the worlds including North America, Europe, Africa and Asia [45-48]. Studies revealed that *Brucella melitensis* 16M trigger autophagosome formation and enhanced autophagy for its replication [49]. In contrast, various bacterial pathogens such as *Escherichia coli*, *Anaplasma phagocytophilum*, *Listeria monocytogenes*, *Shigella spp*, *Legionella spp* subvert the autophagy for their survival [50-54]. Similarity, helminthic co-infections, which is also prevalent worldwide, has been shown to impair autophagy-mediated bacterial killing [55-58].

### Autophagy and natural compounds

There are number of natural compounds or medicinal plants, which have been known to possess antibacterial, antiviral, anthelmintic, anti-cancerous or anti-stress activity [59-67]. Research findings have shown that few of these medicinal plants have such properties to modulate autophagy machinery for host benefit [68-70].

### Conclusion

Autophagy is an essential cellular homeostasis process which also prevent the invading pathogens, however various pathogen utilize autophagy for their efficient replication. Along with it, defective autophagy may lead to various diseases. Currently there are number of research are going on to understand more

about autophagy and its molecular mechanism and regulatory network. The current knowledge and further research findings may provide in-depth knowledge of autophagy so that we can utilize this machinery as a potential pharmacological target to treat various diseases. Such example has been observed to reduce disease severity in avian influenza infection [71], this virus has been shown highly pathogenic to birds as well as to human [72].

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