

Exploring polymeric nano-particles as targeted pulmonary delivery of rifampicin, ethambutol and ofloxacin against inh-resistant tuberculosis

Abstract

Present research focus on novel combination of Rifampicin, Ofloxacin and Ethambutol loaded polymeric nanoparticles for the effective eradication of isoniazid resistant species of Tuberculosis. The nanoparticles containing Rifampicin, Ethambutol and Ofloxacin were prepared by spray drying technique using biodegradable polymer PLGA through critical process as well as polymer attributes which were identified and screened using Plackett-Burman screening design. Partial least square equation generated using Minitab Software for processing parameters as flow rate- 5ml/min, inlet temperature- 60°C, aspirator capacity- 50, ultrasonication time 40 min, ultrasonic amplitude % 60, and product parameters like drug: polymer ratio 2:1, aerosol concentration 1%, Solvent (DCM: Ethanol) ratio 75:25 on critical responses i.e. particles size, encapsulation efficiency, and product yield. Diffusion study revealed that optimum formulation containing 2:1 drug to polymer ratio was able to sustain the release of drugs up to 12hrs. Particles Size was found to be less than 100 nm with uniform spherical shape and good agreement using TEM analysis. The three drug combination showed significantly synergism (p 0.007) for isoniazid susceptible species during *in-vitro* antimicrobial assay prove better efficacy. Overall study explored potential use of polymeric particles as targeted delivery system for drug susceptible and isoniazid resistant tuberculosis treatment.

Keywords: polymeric particles, ofloxacin, rifampicin, ethambutol, PLGA

Volume 4 Issue 1 - 2017

Asha Patel

Parul Institute of Pharmacy, India

Correspondence: Asha Patel, Parul Institute of Pharmacy, Post Limda, Vadodara, Waghodia, Tel 9974727956,
Email patelasha1405@gmail.com

Received: January 18, 2017 | **Published:** March 07, 2017

Abbreviations: PB Design, plackett-burman screening design; PBF, plackett-burman formulations; Qbd, quality by design; OFX, ofloxacin, RIF, rifampicin; EMB, ethambutol; Pms, polymeric particles; RES, reticuloendothelial system; Doe, design of experiments; Cqas, critical quality attributes; %DC, percent drug content; %EE, percent entrapment efficiency; ANOVA, analysis of variance; TEM, transmission electron microscopy; FICI, fractional inhibitory concentration index; MIC, minimum inhibitory concentration

Introduction

Recently, nano polymeric particles (PNs) have drawn major attention in drug delivery due to its potential features such as smaller particle size, good thermodynamic stability, increase in solubility of hydrophobic drugs and prolong drug release and avoid recognition by the reticuloendothelial system (RES).¹⁻³ The polymeric nanoparticles comprise a drug-loading core and a hydrophilic shell. Amphiphilic block copolymer forms particles when in contact with an aqueous vehicle by self assembly resulting in hydrophobic interactions wherein hydrophobic drugs can be encapsulated into the central core of particles through hydrophobic interactions.^{4,5} PLGA is a promising excipient due to non-toxicity, biocompatibility, biodegradability, ability to enhance the penetration of large molecules across mucosal surfaces and bioadhesion properties. Polymeric particles are block copolymers self-assemble into spherical particles in water. A polymeric micelle usually consists of several hundred block copolymers and has a diameter of about 20-50nm. There are two spherical concentric regions of a polymeric micelle containing densely packed core consisting of

hydrophobic blocks and a shell consisting of a dense brush of polymer. PLGA (Poly D,L lactide-co Glycolic acid) is a promising excipient that can be employed as biodegradable polymer due to non-toxicity, biocompatibility, biodegradability, ability to target the specific site for targeted drug delivery and it has gained attention for the formulation of spray dried PMs for pulmonary drug delivery.

Tuberculosis (TB) is a potentially fatal contagious disease caused by *Mycobacterium tuberculosis*, which most commonly affects the lungs. Tuberculosis can be treated by first line drugs (Isoniazid, rifampicin, Ethambutol, Pyrazinamide and Streptomycin); second line drugs (Fluoroquinolones, Aminoglycosides, Polypeptides, Cycloserine, Terizidone etc.) and third line drugs (Rifabutin, Thioridazine, Thioacetazone, Linezolid, Vitamin D etc.). In clinical trials, it was found that fluoroquinolones may also be useful in the treatment of drug-susceptible *Mycobacterium tuberculosis* in order to shorten the treatment. Rifampicin specifically inhibits bacterial RNA polymerase, the enzyme responsible for DNA transcription, by forming a stable drug-enzyme complex. Ethambutol interferes with cell wall biosynthesis in *mycobacterium tuberculosis* by inhibiting action of arabinosyl transferase. Ofloxacin inhibits action of DNA gyrase hence interfering with DNA supercoiling in *mycobacterium tuberculosis*. Treatment for TB using the standard oral antibiotic regimen requires high drug dosing and lengthy treatment times. Oral administration of high systemic doses of single or combined antibiotics causes unwanted side-effects by high systemic exposure and the long treatment times (up to 6months) treat the slow-growing populations of bacteria but also decrease patient adherence. Premature

self-termination of treatment by patients in turn leads to drug resistant strains of TB which further complicates treatment efficacy.

Inhaled antibiotic particles can target alveolar macrophages which, when infected with TB, are maintained in a state of 'alternative activation' whereby macrophage cytosol conditions are suitable for TB bacilli replication and survival. However, phagocytosis of particles has been shown to revert these macrophages to a 'classical activation' state that resurrects their innate bacterial clearance mechanisms. Design of Experiment (DoE) provides a mean to determine the multi-factorial relationship among the input parameters that influence experimental output.^{6,7} Plackett-Burman (PB), a statistical screening design has been used to study the main effect on formulation.^{8,9} A Plackett-Burman design was employed to screen various factors on %yield, entrapment efficiency (%EE), and particle size for production of Ofloxacin, Rifampicin and Ethambutol loaded PMs to improve efficacy in treatment of tuberculosis.

Material and methods

Materials

Rifampicin was obtained as a gift sample from Sun pharma (Ankleshwar, India). Ofloxacin was obtained as a gift sample from Elite Pharma pvt. Ltd., India and Ethambutol was obtained as a gift sample from Macleods pharmaceuticals (Ankleshwar, India). Chitosan was a gift sample from Panvo Chemicals Ltd. (Chennai, India). Hydroxypropyl Cellulose was a gift sample from Elite Pharmapvt. Ltd., India. Sodium Hydroxide and Potassium Hydrogen Orthophosphate was a gift sample from Atul Chemicals (Anand, India). Dichloromethane and Ethanol was a gift sample from Astron laboratory (Ahmedabad, India). PLGA and Colloidal silicon dioxide was a gift sample from Evonik Industries (Mumbai, India). Methanol and Acetic acid was a gift sample from Astron laboratory (Ahmedabad, India).

Methods

Screening of polymers and solvents: Polymers such as PLGA, chitosan and Hydroxypropyl cellulose were chosen as biodegradable, biocompatible and have minimal toxicity. Solvents such as ethanol, methanol, dichloromethane and their combination were chosen on the basis of solubility of drug as well as polymer. For screening of polymers and solvents, the spray drying conditions were kept as inlet temperature- 50°C, aspirator capacity- 45 and flow rate-5ml/min. Critical attributes % yield; moisture content and particle size were measured.

Drug excipient compatibility

Fourier transform infrared spectroscopy (FTIR): The Infra-Red spectra of Ethambutol, Rifampicin, Ofloxacin and polymers and physical mixture (Ethambutol, Rifampicin, Ofloxacin and PLGA) were obtained using Fourier Transform Infrared Spectrophotometer (Grams, Buck scientific Model-500) in order to detect the existence of interaction between drugs and polymers by dispersing a sample in KBr to prepare 10% of mixture and was grounded generally in mortar-pestle with KBr before being compressed into pellets. This pellet was placed in light path and spectrum was recorded at a resolution of 2cm⁻¹ over a frequency range of 4000 to 400cm⁻¹. The background spectrum

of KBr was used as blank for determination.

Differential scanning calorimetric (DSC): Differential scanning calorimeter (DSC) was performed using DSC-60 Thermal analyzer, Shimadzu, Asia pacific, Japan to study the thermal behavior of Ethambutol, Rifampicin, Ofloxacin and polymers. The instrument comprised of calorimeter (DSC-60), Flow Controller (FCL-60), Thermal Analyzer (TA-60) and operating software (TA-60). The samples (2-4mg) were heated in hermetically sealed flat-bottomed aluminium pans under nitrogen flow (20ml/min) at a scanning rate of 10°C/min from 25°C to 200°C. Empty aluminium pan was used as the reference standard.

Formulation of drug loaded polymeric nano-particles: Solvent evaporation method: Drug polymeric dispersion were mixed together and refluxed for 24h at 60°C under constant stirring, then solvent is evaporated by flash evaporator under vacuum and sonic ate the final dispersion using ultrasonic homogenizer for 40 min. After sonication the resulting dispersion place in to the round bottom flask and it was run into the rotary vacuum evaporator with temperature 60°C and 100RPM.

Spray drying process: Spray drying is a complex process and there are many factors like seven process parameters as mentioned below- 1. Aspirator, 2. The humidity of the drying gas, 3. Inlet temperature, 4. Spray gas flow speed, 5. Feed rate, 6. Concentration of drug, aerosol and polymer, 7. Solvent which can affect the quality of the product Drugs, polymer and aerosol were dispersed in DCM: Ethanol (75:25) solvent mixture. Sonic ate the final dispersion using ultrasonic homogenizer for 40min. After sonication, the resulting dispersion run into the spray drier with aspirator capacity 45, feed rate 5ml/min and inlet temperature 60°C. Then collect particles from cyclone separator.

Development of drug loaded polymeric nano-particles by Plackett Burman screening design: Plackett-Burman Design was used for the influence of spray drying process parameters and product parameters on critical attributes of particles. A set of experiments, total of 11 experiments were performed for eight factors at two levels each using the PB screening design was adopted to prepare drug-loaded nano PNs. This design investigates every input factor and arranges them on the Pareto chart based on the magnitude of its influence with positive or negative sign respectively (color and colorless).¹⁰ PB design screens large number of input factors and at the same time reduces the number of runs.^{11,12} 't' statistic is determined by estimating the standard effect of each input factor. The experimental runs with independent variables with their levels as per PBD shown in Table 1 and the observed responses like product yield, particle size and percentage entrapment efficiency are shown in Table 2. The factors with bar extending beyond the vertical line on the Pareto chart shows significant influence on responses at 95% confidence level.¹³ The factors show positive or negative sign on the Pareto chart reflecting increased or decreased effect respectively when moving from lowest to the highest level for the specific factor. Total twelve experimental trials involving eight independent variables were generated using. Minitab software shown in Table 3 selected independent variables and the product yield, entrapment efficiency and micelle size were set as response variables. The variables were correlated using the following polynomial equation with PB design.

$$Y = A_0 + A_1 X_1 + A_2 X_2 + A_3 X_3 + A_4 X_4 + \dots + A_n X_n \quad \text{Eq. 1}$$

Where, Y is the response, A₀ is the constant, and A_i is the coefficients of the response.¹¹

Characterization of drugs loaded polymeric nanoparticles.

Determination of particle size: Particle size was determined using laser diffraction technique (Malvern 2000 SM, Instruments, UK). The

particle size measurements were carried out at a 90° scattering angle. The samples were dispersed in distilled water. The average particle size was determined and expressed in terms of d(0.9)nm.

Zeta potential analysis: The zeta potential was measured using the laser Doppler electrophoresis mobility measurement technique (Zeta Potential Measurement ZS 90, Malvern Instruments, UK) at a temperature of 25°C.

Table 1 The experimental variables and level of PB design

Independent variables	Levels			
	Coded value		Transform value	
	low	high	low	high
Drug: Polymer Ratio	-1	1	1:01	2:01
Ultrasonication Time(min)	-1	1	20	40
Ultrasonic Amplitude%	-1	1	60	80
Aerosil Concentration%	-1	1	0.5	1
Solvent (DCM: ethanol) ratio	-1	1	50:50:00	75:25:00
Aspirator Capacity	-1	1	45	50
Feed Rate(ml/min)	-1	1	5	10
Inlet Temperature(°C)	-1	1	50	60

Table 2 Dependent variable and its desired ranges

Dependent variables and their desired range	
% Yield	65%-75%
% Entrapment Efficiency	80%-90%
Particle Size	less than 5µm

Table 3 Design matrix generated from Plackett-Burman design

Ind. variables	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12
Drug: Polymer ratio	2:01	2:01	2:01	1:01	2:01	1:01	1:01	1:01	2:01	2:01	1:01	1:01
Ultrasonication time(min)	40	20	20	40	20	40	40	20	20	40	20	40
Ultrasonic amplitude%	80	60	80	80	60	60	80	80	80	60	60	60
Aerosil Concentration%	0.5	1	0.5	0.5	0.5	0.5	1	1	1	1	0.5	1
Solvent (DCM: ethanol) ratio	75:25:00	75:25:00	50:50:00	75:25:00	75:25:00	50:50:00	50:50:00	75:25:00	50:50:00	75:25:00	50:50:00	50:50:00
Aspirator capacity	50	50	45	45	50	50	50	45	50	45	45	45
Feed rate(ml/min)	5	5	10	5	10	10	10	10	5	10	5	5
Inlet Temperature(°C)	60	60	60	50	50	60	50	60	50	50	50	60

Transmission electron microscopy (TEM): The morphology of drugs loaded nano PMs was performed using transmission electron microscopy (Tecnai G2 Ultra twin FEI, Netherland). A drop of the sample was placed onto a carbon coated grid to form a thin liquid film. The excess solution was removed and sample was examined and photographed at an accelerating voltage of 120KV.

Critical micelle concentration:¹⁴ To verify and characterize the formation of particles, the CMC was determined by plotting the solubility of Sudan III stain (at an absorbance of 519nm) in aqueous solutions of the polymer derivatives against polymer concentration and observing the threshold above which particles form using Spectrofluorimeter.

Evaluation of polymeric nano-particles

Entrapment efficiency:¹⁵ 10mg of accurately weighed drug-loaded polymeric nanoparticles were added to 100 ml of methanol. The resulting mixture was shaking for 24hours on an orbital shaker incubator (Remi, RIS-24BL, and India). After suitable dilution with phosphate buffer (pH 7) analyzed by the developed and validated method of Zero order derivative spectroscopy using U.V spectrophotometer. (Data were not shown)

Encapsulation efficiency (%) was calculated by using following equation,

$$\% \text{ Entrapment efficiency} = (\text{Practical Drug content}) / (\text{Theoretical Drug Content}) * 100 \dots \text{Eq.2}$$

In-vitro drug release study: The in vitro drug release test was performed with the help of Franz diffusion cell using Dialysis membrane 110. The receptor compartment was filled with 22.7ml Phosphate buffer pH 7.4 and maintained at $370\text{C} \pm 0.50\text{C}$. Samples were periodically withdrawn from the receptor compartment & replaced with the same amount of fresh buffer solution, and were assayed by

UV spectrophotometrically at ZCP of each drug. Mechanism of drug release was determined using various kinetic models.

Aerodynamic properties evaluation: The aerodynamic properties of the powder were investigated using cascade impactor.¹⁶ 20mg of each sample loaded into a hard gelatin capsule manually. The experiment was carried out at an air flow rate of 60 l/min. A capsule filled with particles was loaded and an actuation time of 4 s was allowed for each capsule to completely disperse all the particles. Particles remaining in the capsule, inhaler, throat, pre-separator, individual impaction plates, and stages were extracted using phosphate buffer. Amount of drug deposited on capsule, inhaler, throat, pre-separator, individual impaction plates, and stages was assayed using UV spectrophotometer at ZCPs. MMAD, GSD and % Emission was calculated.

In-vitro antimycobacterial study: Twelve INH-resistant clinical isolates (10 clinical isolates and the H37Rv reference strain) were studied.¹⁷ The MIC in combination with three drugs was studied by crossing five concentrations for each drug: the individual MIC found, one MIC above and three. In order to avoid seeding this number of plates simultaneously, an alternative methodology was developed in two consecutive steps. First, three concentrations of each drug were tested, including the MIC and the immediately lower and upper concentrations. In the second step, the three concentrations lower than the MIC was included. The Fractional Inhibitory Concentration Index (FICI) was calculated.¹⁸

Results and discussion

Preliminary Screening of Polymer and Solvents

Based on preliminary screening, alone Dichloromethane (DCM) and ethanol, polymer gets precipitated out while in case of solvent blend of DCM: Ethanol (75:25), less particle size and more yield were obtained and in case of DCM: Ethanol (50:50), moderate yield and high moisture content was seen in product as mentioned in the Table 4.

Table 4 Preliminary screening of polymer and solvents

Solvents	Parameters					
	%Yield	Particle size(Mm)			Moisture content	
		PLGA	HPC	PLGA	HPC	HPC
Methanol	39	29	13	20	High	High
Dcm	Precipitation of Ethambutol					
Ethanol	Insolubility of Drugs					
Dcm: Ethanol (50: 50)	43	33	9	18	High	High
Dcm: Ethanol (75: 25)	62	40	5	18	Low	Low

FTIR study

The FTIR spectrum indicated that various functional groups showed wavelength which denoted the structure of RIF, EMB and

OFX shown in Figure 1. The results of IR spectra indicated absence of any well-defined interaction between Drug (RIF, EMB and OFX), polymer (PLGA).

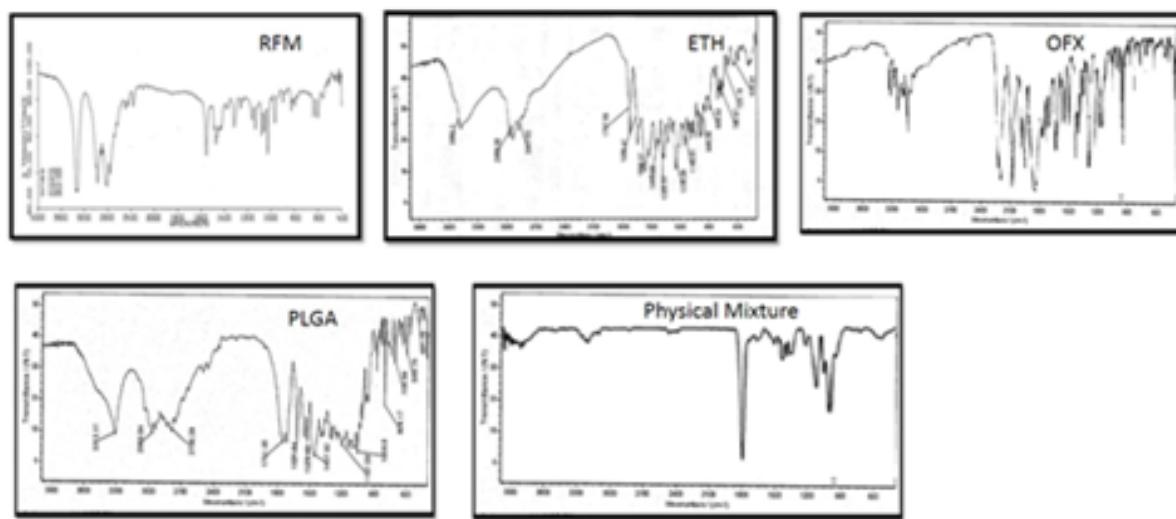


Figure 1 FTIR spectra of pure drugs (a,b,c), pure polymer (d), and physical mixture(e).

Differential scanning calorimetry

The DSC patterns are represented in Figure 2. There was a negligible change in the melting endotherms and exotherms of the prepared physical mixture of Drug, Polymer and Excipient. Melting temperature of physical mixture was found to be almost same but with

a slight reduction which is not significant. Sharp peaks were observed at 272°C, 203°C, 264°C, and 76.67°C temperature in DSC thermo grams of RIF, EMB, OFX and PLGA respectively concluded all the three drugs are compatible with each other and also with all the other excipients.

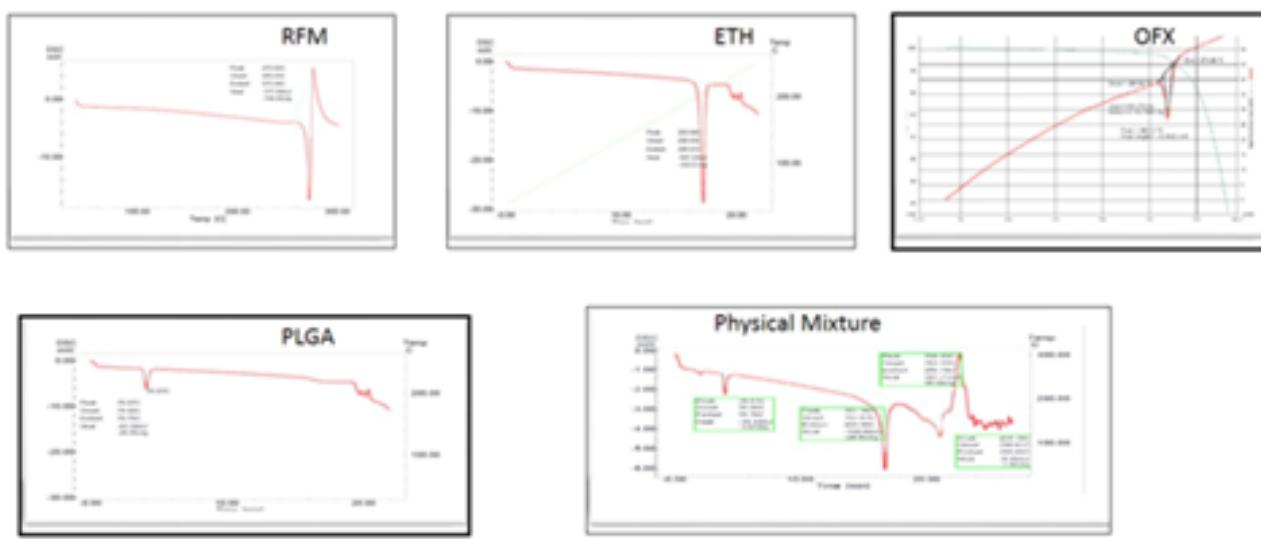


Figure 2 DSC spectra of pure drugs, pure polymer, and physical mixture.

Screening design

PB design was applied as a screening method for identifying the most influencing significant factors.¹⁹ Prediction of the main effect of formulation and process parameters on the responses is a crucial requirement in the development of Drug-loaded polymeric nanoparticles by spray drying technique. Eight factors that may affect the experimental responses were selected as independent variables at two levels for the study which influences on responses were outlined

in Table 5. Polynomial equations for individual response reflect the relationship between dependent and independent factors. The ANOVA results showed none effects have p-values less than 0.05, which indicates that factors are insignificantly different from zero at the 95.0% confidence level Table 6. The regression coefficient of particle size, % entrapment efficiency and % yield indicates 67.49 % of variability around the mean. The correlations between the factors on the response are as shown in the polynomial equation respectively.

Table 5 Outline and observed responses by plackett–burman design

Batches	Design matrix	Response 1 (%yield)	Response 2 (particle size)	Response 3(%EE)
1	+++ - + + - +	47.94	710	72.77
2	- - + + + - +	69.75	130	86.15
3	+ + - + + - + -	55.12	1210	77.56
4	- + - - + + +	50.67	730	71.23
5	+ - - + + + -	51.23	870	80.34
6	- + + - + - -	50.87	1170	72.28
7	+ + - + - - +	59.18	1410	70.67
8	- - - - -	61.34	1130	81.23
9	+ - + + - + - -	45.56	580	74.18
10	- + + + - + + -	42.12	890	73.12
11	- - + + + - + +	59.18	520	82.23
12	+ - + - - + +	29.35	470	71.73

Table 6 Summary of Analysis of variance for dependent variables

SOURCE	DF	SEQ SS	ADJ SS	ADJ MS	F	P	Press Value
Analysis of variance of product yield							
Blocks	1	130.42	9.992	9.992	0.23	0.0678	
Main Effects	8	507.77	507.771	63.771	1.48	0.0464	980.76
Residual Error	2	85.55	85.552	42.776			
Total	11	723.74					
Analysis of variance of particle size							
Blocks	1	5.333	1.778	1.778	0.14	0.0742	
Main Effects	8	38.778	38.778	4.847	0.39	0.0862	760.65
Residual Error	2	24.889	24.889	12.444			
Total	11	69					
Analysis of variance of %E.E							
Blocks	1	0.337	23.57	23.57	1.27	0.0377	
Main Effects	8	257.969	257.97	32.52	1.73	0.0417	879.348
Residual Error	2	37.239	37.24	18.62			
Total	11	295.545					

Influence of critical process parameters on quality of product

Percentage yield

Pareto chart: shown in Figure 1 influences that temperature and aspirator capacity has significant effect on %yield. Percentage yield was found to be in the range of 29-73%.

Contour plot: Two-dimensional contour plots presented in Figure 2 is useful to study the interaction effects of the factors on the responses. The relationship between the dependent and independent variables was elucidated by constructing response surface plots. For Y1 response i.e. % yield if, X2 from -1 to +1 level increased, % yield was increased and similar if X3 was decreased, % yield value was found to be increased.

$$(\text{Product yield \%}) \quad Y_1 = 1.57X_1 + 1.92X_2 + 3.35X_3 - 0.29X_4 + 2.01X_5 - 1.05X_6 - 4.31X_7 - 1.34X_8 \text{ Eq....4}$$

Entrapment efficiency

Pareto chart: This shows the significant effect of inlet temperature during spray drying process over the entrapment efficiency. Figure 3 With increase in inlet temperature, entrapment efficiency was found to be increased. The temperature employed in the spray drying operation should be compatible with the material to be dried and the solvent used.

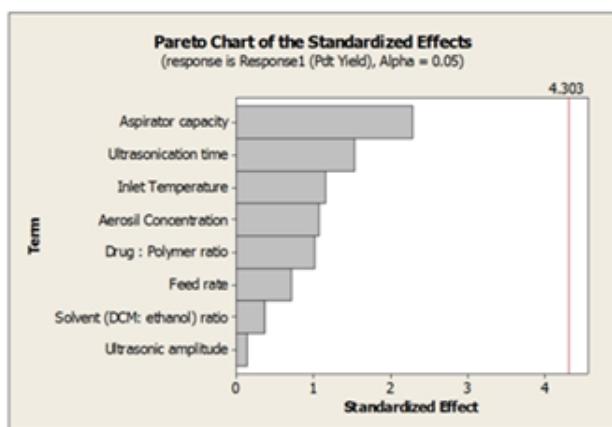


Figure 3 Pareto chart of the standardized effects of independent factors on %yield.

Contour plot: For the Y₂ response percentage entrapment efficiency (%E.E), the interaction between factors X₁ and X₂ can be elucidated by using contour plot illustrated in Figure 4. When X1 from -1 to +1 level increased, % entrapment efficiency was increased and similarly if X2 was increased, entrapment efficiency value was found to be increased.

$$(\% \text{ E. E.}) Y_2 = 0.139X_1 + 1.25X_2 - 1.86X_3 + 2.71X_4 - 1.26X_5 - 2.08X_6 + 0.32X_7 - 1.01X_8 \text{ Eq..... 5}$$

Particle size

Pareto chart: Figure 5 represented the effect of flow rate and inlet temperature significantly influences on the particle size of micelles product.

Contour plot: For the Y₃ response i.e. particle size shown in Figure 6 and as X1 from -1 to +1 level increased, particle size was found to

be decreased and similarly when X2 was increased, particle size was found to be decreased.

$$(\text{Particle size}) \quad Y_2 = 12.50X_1 - 0.66X_2 - 0.66X_3 + 0.33X_4 - 0.6X_5 - 1.16X_6 - 0.83X_7 - 0.16X_8 \text{ Eq.....6}$$

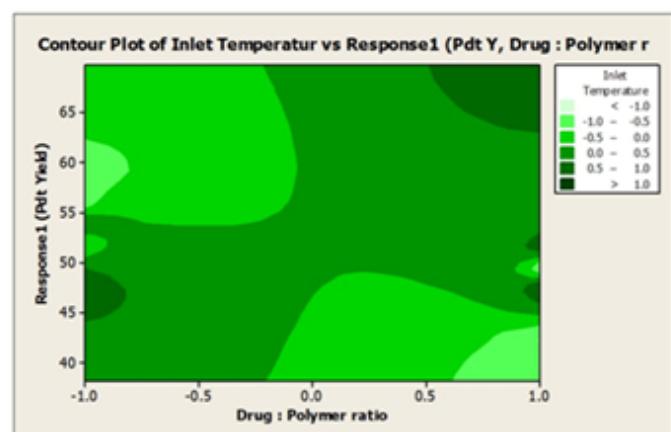


Figure 4 Contour plot for % yield.

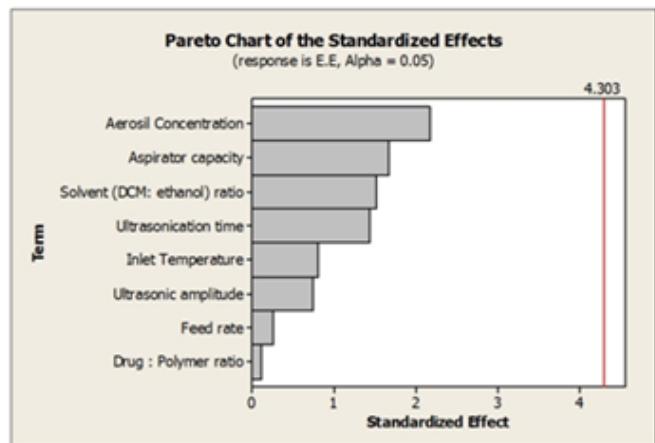


Figure 5 Pareto chart of the standardized effects of independent factors on Entrapment efficiency.

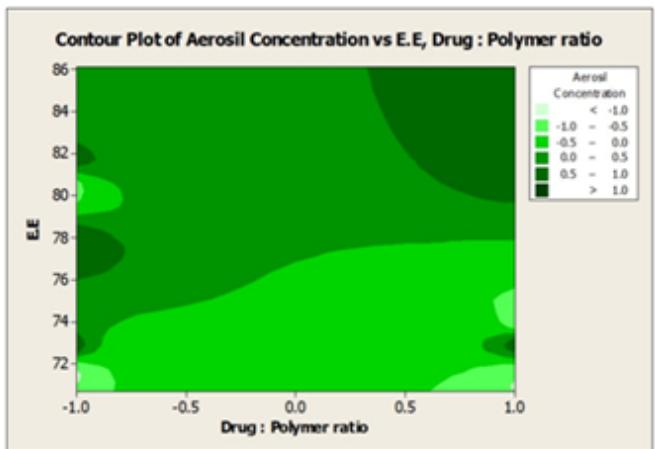


Figure 6 Contour plot for Entrapment efficiency.

The coefficients of quadratic equations generated for individual responses by particle least square regression shown in tabular form Table 7. As feed flow rate decreases, the amount of solid in each droplet decreases at the nozzle. Therefore, when the solvent in the droplet evaporates, a smaller particle remains. Aspirator rate and inlet temperature are also significantly influences on particle size. The temperature employed in spray drying operation has to be compatible with the material to be dried and the solvent used. High pumping rates during the spray drying process results in large volumes of nebulizer solution to be dried.

Optimization of parameters and validation of plackett-burman design

After generating the polynomial equations relating the dependent and independent variables, spray drying parameters were optimized for the responses. The optimum values for the variables were obtained by graphical and numerical analyses using the Minitab English 15 software which are based on criterion of desirability. Percentage error was measured so as to find out the optimized spray drying condition. As shown in, the observed value was found quite closer to the predicted value. Overlay plot shown in Figure 7 reveals the super imposable graph of individual contour plot of different responses with desired values, indicates that as aspirator capacity and temperature increases and as flow rate decreases particles having desired characteristic are formed.

For validation of results, the experimental values of the responses

Table 7 Coefficient of Quadratic equation for each independent variable

Co-efficient	% Yield (Y_1)	Particle size (Y_2)	% E.E (Y_3)
A1X1	12.5	1.57	0.139
A2X2	-0.66	1.92	1.25
A3X3	-0.66	3.35	-1.86
A4X4	0.33	-0.29	2.71
A5X5	-0.6	2.01	-1.26
A6X6	-1.16	-1.05	-2.08
A7X7	-0.83	-4.31	0.32
A8X8	-0.16	-1.34	-1.01

Table 8 Checkpoint batch, predicted and observed values of response variables and percentage predicted error

Batch Independent Factor	Opt value	Dependent factor	Predicted response	Observed response	% error
PM	Drug : Polymer Ratio	2:01			
	Ultra Sonication Time	40	% Product Yield	69.8	69.75
	Ultrasonic Amplitude%	80			0.071633
	Solvent (DCM: Ethanol) Ratio	75:25:00			
	Aspirator Capacity	45	Particle Size	130	132
	Feed Rate(ml/min)	5			1.28

were compared with the anticipated values and the prediction error was found to vary between 2.3 and 6% shown in Table 8. The linear correlation plots drawn between the predicted and experimental values demonstrated high values of R² (ranging between 0.9839 and 0.9957) indicating excellent goodness of fit ($p < 0.001$). Thus the low magnitudes of error as well as the significant values of R² in the present study prove high ability of Plackett-Burman Design. Table 8 Checkpoint batch predicted and observed values of response variables and percentage predicted error.

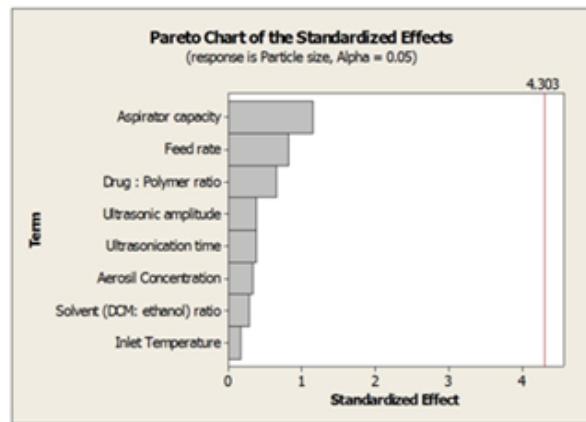


Figure 7 Pareto chart of the standardized effects of independent factors particle size.

Characterization of spray dried polymeric particles

Particle size and zeta potential: Particle size was measured using Malvern zeta size and the average particle size (Figure 8) was found to be 95nm with polydispersity value 0.142 reveal narrow size distribution. Zeta potential was found to be -12mV which indicates electrostatic repulsion among particles and is enough for good stability.²⁰

Transmission electron microscopy (TEM): The TEM micrographs

shown in the Figure 9 where particles with uniform spherical shape and good with agreement with mean particle size measured by the Zetasizer

Critical micelle concentration (CMC): CMC was determined at an absorbance of 519nm in aqueous solutions of the polymer derivatives against polymer concentration and observing the threshold above which particles form,²¹ presented in Figure 10, CMC was found to be 0.6mm.

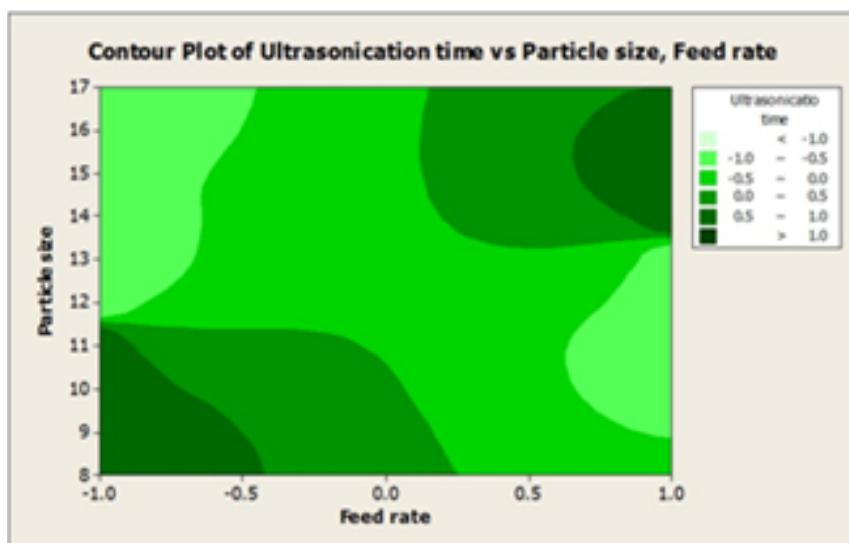


Figure 8 Contour plot for particle size.

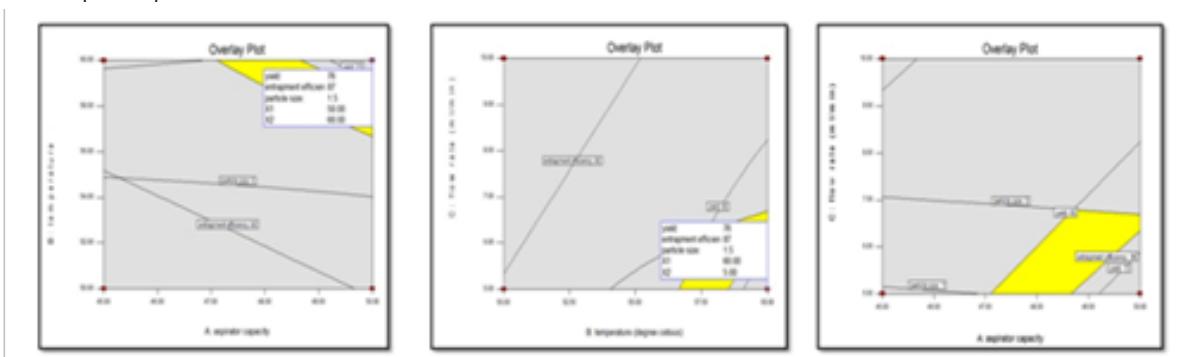


Figure 9 Overlay plot.

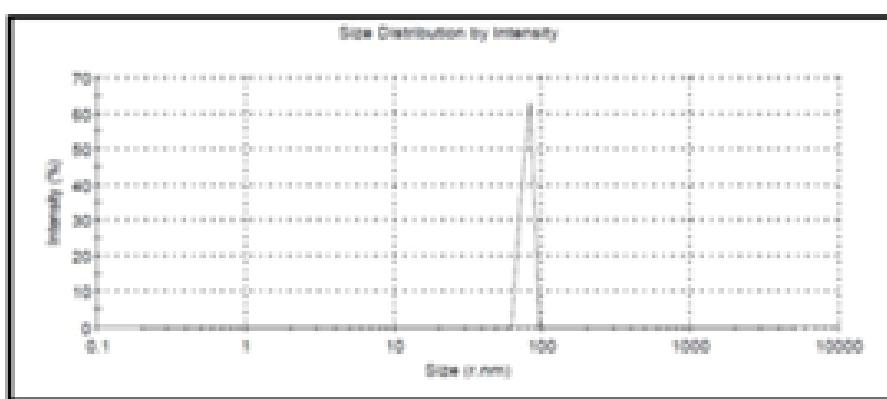


Figure 10 Particle size distribution of optimized batch by intensity.

Evaluation of spray dried polymeric nanoparticles

Drug release mechanism: Application of drug release data in model dependent and model independent approach. The drug release was found to be in the range of 74-98%. Also release kinetics shown in Table 9 describes the drug release mechanism from polymeric matrix. Korsmeyer-Peppas model describes the release mechanism of drug from matrix. Release profile of log fraction released versus log time was plotted and its slope value which is indicated by 'n' was

calculated. It was found that n values were obtained in the range of 0.5-1 which indicates non-fickian diffusion. Maximum R²i.e; near to 1 and minimum SSR value was found in case of Higuchi model which indicated that Higuchi was the best fitted model. Similarity factor and dissimilarity factor should be in the range of 50-100 and 1-15 respectively shown in Table 10. Similarity factor was found to be highest and dissimilarity factor was found to be lowest. Hence, batch 4 was found to be optimized according to drug release study.

Table 9 Kinetics of drug release behaviour based on diffusion

Rifampicin			Ethambutol				Ofloxacin					
	n	Intercept	R ²	SSR	n	Intercept	R ²	SSR	N	Intercept	R ²	SSR
batch 1	Zero order	11.57	0.92	909.14		14.44	0.9	1014		9.82	0.95	319.8861
	First order	0.097	0.84	12.58		1.037	0.55	1.7674		0.974	0.59	0.389351
	Higuchi	0.9064	0.95	0.085		0.027	0.91	0.097		0.028	0.95	0.06153
	Kosmeyer Peppas	0.56	0.572	0.76	0.43	0.56	0.54	0.77	0.3989	0.469	0.585	0.69
batch 2	Zero order	3.795	0.99	145.27		14.2	0.85	619.86		9.836	0.87	299.576
	First order	0.862	0.7	1.99		1.02	0.48	1.615		0.942	0.5	0.31951
	Higuchi	0.928	0.26	0.1483		0.068	0.96	0.059		0.052	0.89	0.09941
	Kosmeyer Pappas	0.76	0.708	0.7	0.667	0.44	0.43	0.74	0.301	0.343	0.491	0.6
batch 3	Zero order	10.24	0.88	219.23		12.58	0.79	447.81		11.05	0.85	229.83
	First order	0.925	0.49	2.5088		0.96	0.44	1.511		0.954	0.455	0.31848
	Higuchi	0.086	0.96	0.0439		0.12	0.92	0.1117		0.123	0.95	0.05495
	Kosmeyer Pappas	0.36	0.417	0.69	0.258	0.39	0.39	0.67	0.3248	0.3	0.375	0.69
batch 4	Zero order	23.34	0.77	4961.6		6.3	0.98	218.33		6.379	0.98	252.934
	First order	1.121	0.52	2.4537		0.95	0.68	1.3226		0.951	0.67	0.44266
	Higuchi	0.012	0.9	0.2059		0.1	0.93	0.877		0.106	0.93	0.09832
	Kosmeyer Peppas	0.66	0.583	0.76	0.5809	0.59	0.71	0.71	35.206	0.5	0.712	0.71
batch 5	Zero order	10.29	0.95	635.64		11.51	0.89	1752		8.305	0.97	420.169
	First order	0.955	0.61	1.637		0.92	0.61	1.7		0.939	0.64	0.53778
	Higuchi	0.11	0.97	0.03		0.11	0.95	0.07		0.128	0.97	0.03083
	Kosmeyer Peppas	0.3	0.83	0.18	1.67	0.83	0.62	0.77	0.1	0.7	0.61	0.77

Table 10 Similarity and difference factor of different batches

	f1 (Difference Factor)			f2 (Similarity Factor)		
	RIF	EMB	OFX	RIF	EMB	OFX
Batch 1	1.65	11.9	8.8	74.3	71.02	69.14
Batch 2	8.4	3.33	21.4	71.09	68.61	55.4
Batch 3	24.17	14.9	21.7	54.39	59.02	55.35
Batch 4	0.74	2.85	4.9	92.7	79.15	79.8
Sol.eva	43.9	56.03	37.7	45.22	37.65	46.7

Aerodynamic behaviour study: The optimized formulation was subjected to in vitro lung deposition study using Anderson cascade impactor. Percentage emission was found to be 90%. After plotting graph as shown in Figure 11–13. Mass median aerodynamic Diameter and Geometric Standard Deviation was found to be 1.61 μ m and 2.32

respectively. Optimum range is defined as 0.5–5 μ m because particles <0.5 μ m are usually exhaled whereas particles >5.0 μ m are impacted in the oropharynx. Hence the powder is suitable for the delivery to the peripheral alveolar airway.

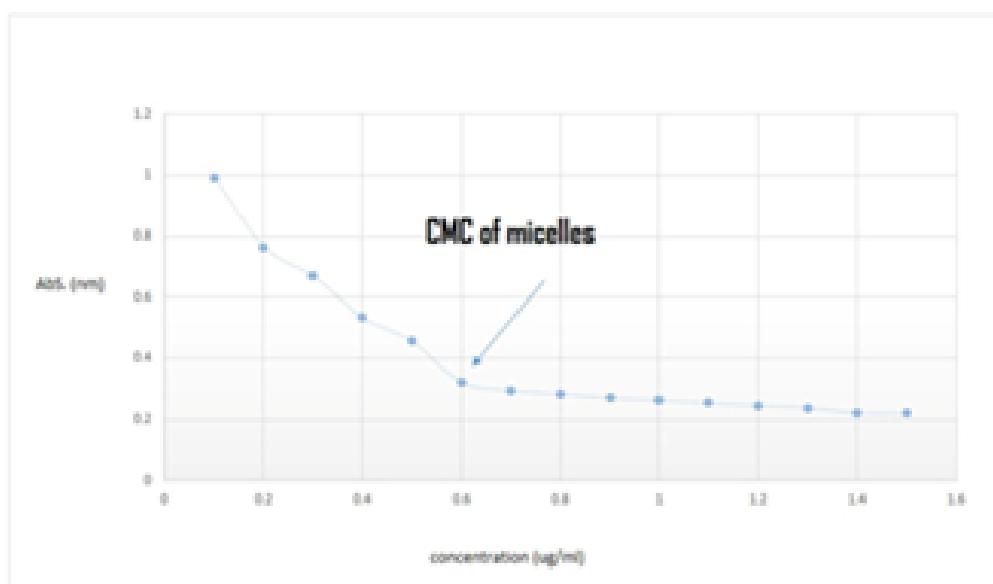


Figure 11 TEM images of polymeric nanoparticles.

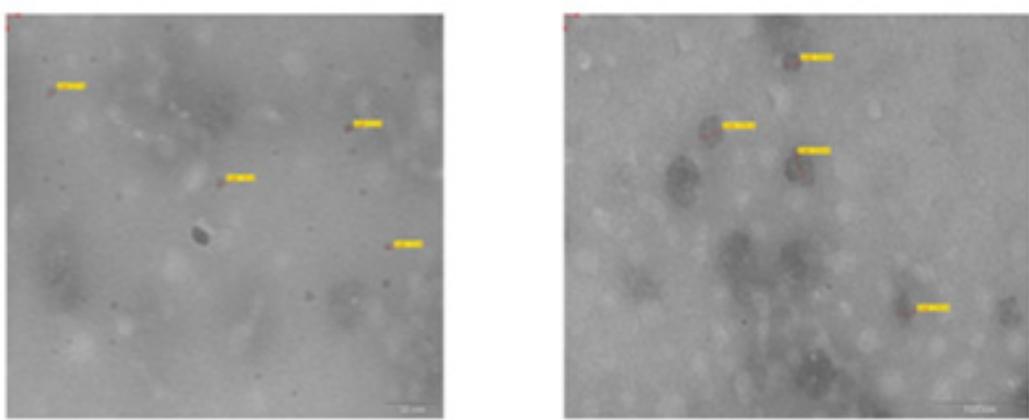


Figure 12 CMC of polymeric nanoparticles.

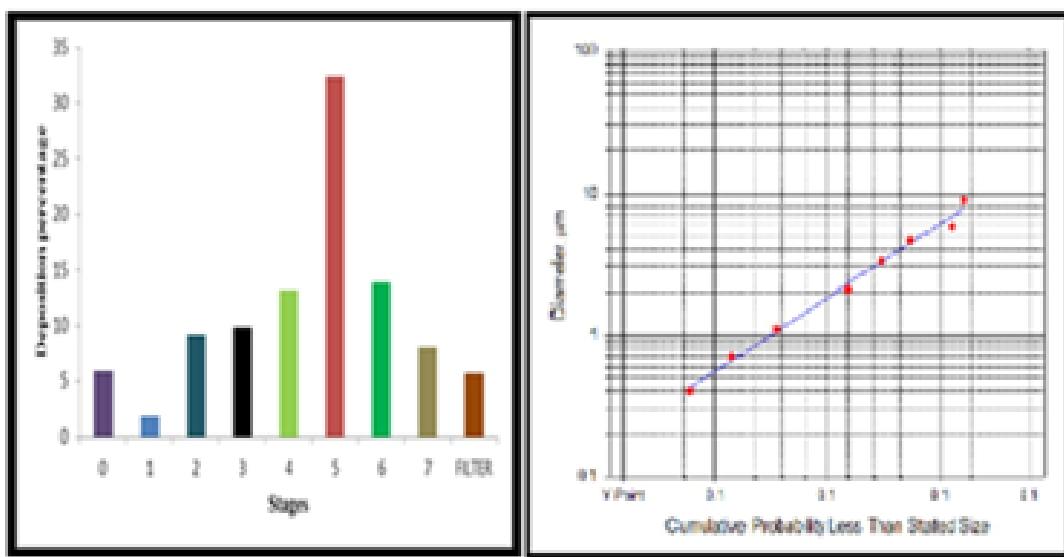


Figure 13 Bar graph representing a) amount of powder deposited at different stages b) Log probability graph.

Anti-microbial activity: Three-drug combinations tested may be useful against drug resistant isolates, although the combination including OFX showed better efficacy, being of potential use in drug-susceptible and INH-resistant isolates. The OFX, RIF and EMB combination showed significantly synergism ($p = 0.007$) for drug-susceptible isolates shown in Table 11. Three-drug combinations

tested may be useful against drug-resistant isolates, although the combination including OFX showed better efficacy, being of potential use in drug susceptible and INH-resistant isolates.²² Study of drug combinations with three drugs are probably a more realistic approach since most treatment regimens involve combinations of at least three anti-tuberculous drugs.

Table 11 MICs of the OFX, EMB and RIF combination of the isolates studied

Isolates	MIC in Alone (ug/ml)			MIC in Combination (ug/ml)		
	RIF	EMB	OFX	RIF	EMB	OFX
IS	0.05	2.5	0.05	0.06	0.31	0.03
2S	0.05	2.5	0.05	0.06	0.31	0.03
3S	0.05	2.5	0.012	0.06	0.31	0.03
4S	0.05	2.5	0.025	0.06	0.31	0.03
5S	0.05	2.5	0.025	0.06	0.31	0.03
6S	0.05	2.5	0.025	0.06	0.31	0.03
7S	0.05	2.5	0.025	0.06	0.31	0.03
8S	0.05	2.5	0.05	0.06	0.31	0.03
9S	0.05	2.5	0.05	0.06	0.31	0.03
10S	0.05	2.5	0.05	0.06	0.31	0.03
H37Rv*	0.05	2.5	0.025	0.06	0.31	0.03

Conclusion

The cost of developing a new chemical entity is so much high that in the short-term the best option for novel anti-tubercular therapy is to re-formulate existing drugs to enhance their effectiveness and diminish their side effects can be overcome by developing an inhalable polymeric particle for anti-tubercular therapy. The method employed for the preparation of polymeric particles for inhalation was spray drying. Combinations of three drugs (Rifampicin, Ofloxacin and Ethambutol) and polymer (PLGA) were used. Optimized batch which can be effectively produced by spray drying technology. This engineered drug loaded polymeric particles could be used as an enhanced therapeutic alternative of the standard oral anti tubercular regimen, rescuing oral dosing, shortening drug regimen and limiting toxicity. Exploration polymeric particles as formulation address the challenging issues available formulation like good aerosol performance, capability of controlling and prolonging micelle uptake by alveolar cells of lung. Improvement in local bioavailability of drugs decreases resistance as site specific drug delivery. This will ultimately improve patient compliance and minimize the development of anti-tubercular resistance.

Acknowledgements

None.

Conflict of interest

The author declares no conflict of interest.

References

1. Kedar U, Phutane P, Shidhaye S, et al. Advances in polymeric particles for drug delivery and tumor targeting. *Nanomedicine*. 2010;6(6):714–729.
2. Miyata K, Christie RJ, Kataoka K. Polymeric particles for nanoscale drug delivery. *Reactive and Functional Polymers*. 2011;71(3):227–234.
3. Kataoka K, Kwon GS, Yokoyama M, et al. Block copolymer micelles as vehicles for drug delivery. *Journal of Controlled Release*. 1993;24(1–3):119–132.
4. Kwon G, Okano T. Polymeric particles as new drug carriers. *Adv Drug Del Rev*. 1996;21(2):107–116.
5. Djordjevic J, Barch M, Uhrich KE. Polymeric particles based on amphiphilic scorpion-like macromolecules: novel carriers for water-insoluble drugs. *Pharmaceutical Research*. 2005;22(1):24–32.
6. Montgomery DC. *Design and Analysis of Experiments*. 5th ed. Inc New York Chichester Weinheim Brisbane, Toronto, Singapore: John Wiley & Sons; 2000.
7. Johnson RA, Wichern DW. *Applied Multivariate Statistical Analysis*. 6th ed. USA: Prentice Hall; 2007.
8. Plackett RL, Burman JP. The design of optimum multifactorial experiments. *Biometrika*. 1946;33(4):305–325.
9. Rahmana Z, Zidana AS, Habib MJ, et al. Understanding the quality of protein loaded PLGA nanoparticles variability by Plackett–Burman design. *Int J Pharm*. 2010;389(1–2):186–194.
10. Shah SR, Parikh RH, Chavda JR, et al. Application of Plackett–Burman screening design for preparing glibenclamide nanoparticles for dissolution enhancement. *Powder Technology*. 2013;235:405–411.
11. Malah YEl, Nazzal S. Hydrophilic matrices: Application of Plackett–Burman screening design to model the effect of POLYOX–carbopol blends on drug release. *Int J Pharm*. 2006;309(1–2):163–170.
12. Perez CM, Pineiro JM, Mahia PL, et al. Direct determination of Ge in hot spring waters and coal fly ash samples by hydride generation–ETAAS. *Talanta*. 2004;64(2):302–307.
13. Stat Graphics Plus, 5.1 for Windows, Statistical Graphic Crop. On line manuals; 2001.
14. Sezgin Z, Yüksel N, Baykara T. Preparation and characterization of polymeric micelles for solubilization of poorly soluble anticancer drugs. *Eur J Pharm Biopharm*. 2006;64(3):261–268.
15. Naikwade SR, Bajaj AN, Gurav P, et al. Development of budesonide microparticles using spray-drying technology for pulmonary administration: design, characterization, in vitro evaluation, and in vivo efficacy study. *AAPS Pharm SciTech*. 2009;10(3):993–1012.
16. Crowder T, Hickey A. Powder specific active dispersion for generation of pharmaceutical aerosols. *Int J Pharm*. 2006;327(1–2):65–72.
17. Ginsburg AS, Grosset JH, Bishai WR. Fluoroquinolones, tuberculosis, and resistance. *Lancet Infect Dis*. 2003;3(7):432–442.
18. R. Sharma, Saxena D, Dwivedi AK, et al. Inhalable microparticles containing drug combinations to target alveolar macrophages for treatment of pulmonary tuberculosis. *Pharm Res*. 2001;18(10):1405–1410.
19. Ashwin BK, Atmaram PP. Screening of factors using plackett burman design in the preparation of Capecitabine-loaded nano polymeric particles. *Int J Pharm Pharm Sci*. 2014;6(5):489–496.
20. Zhang J, Ellsworth K, Ma PX. Hydrophobic pharmaceuticals mediated self-assembly of beta-cyclodextrin containing hydrophilic copolymers: novel chemical responsive nano-vehicles for drug delivery. *J Control Release*. 2010;145(2):116–123.
21. La SB, Okano T, Kataoka K. Preparation and characterization of the micelle-forming polymeric drug indomethacin-incorporated poly(ethylene oxide)-poly(beta-benzyl L-aspartate) block copolymer micelles. *J Pharm Sci*. 1996;85(1):85–90.
22. Rey-Jurado E, Tudó G, Martínez JA, et al. Synergistic effect of two combinations of anti-tuberculous drugs against *Mycobacterium tuberculosis*. *Tuberculosis (Edinb)*. 2012;92(3):260–263.