

# Overcoming the immune privilege of B cell follicles to cure HIV-1 infection

## Editorial

Over 30 million individuals are infected with HIV-1 world-wide. The disease produces great human suffering and extracts an enormous financial toll. Although antiretroviral drugs have produced substantial reductions in HIV-1 related morbidity and mortality, they are costly, associated with side effects, and ineffective in the presence of drug resistant virus. Despite intensive efforts, both a protective vaccine and a cure for HIV-1 remain elusive.

Ongoing HIV-1 replication despite host immune responses to the virus is an enigma and poses a major barrier to the development of a vaccine or a cure. HIV-1 replication occurs primarily in CD4+T cells within secondary lymphoid tissues<sup>1,2</sup> and results in a progressive decline of CD4+T cells, immunodeficiency, and ultimately death in most untreated individuals. Within secondary lymphoid tissues, HIV-1 replication is highly concentrated in follicular CD4+T cells,<sup>3-10</sup> which are 30-40 times more likely to be productively infected than extra follicular CD4+T cells during chronic HIV-1 infection.<sup>3</sup> Consequently, follicular CD4+T cells account for approximately 70% of HIV-1 producing cells in chronic disease prior to AIDS.<sup>3,4</sup> Follicular dendritic cells (FDC) located in germinal centers of follicles, bind HIV-antibody complexes, and these complexes readily infect CD4+T cells *in vitro*,<sup>11</sup> thus providing an explanation for the high rate of infection of follicular CD4+T cells. Nevertheless, it is unclear why HIV-1-specific CD8+T cells are unable to fully suppress HIV-1 replication in follicular CD4+T cells, as they are able to kill productively infected cells *in vitro* within minutes after they initiate transcription of virus and long before infectious virions are produced.

Multiple lines of evidence indicate that HIV-1-specific CD8+T cells play a pivotal role in controlling virus replication. Development of HIV-1-specific CD8+T cells during acute infection coincides with declines in viremia<sup>12-14</sup> suggesting that CTL are critical determinants of the initial control of virus replication. In the SIV-infected rhesus macaque model of HIV-1, temporary removal of CD8+T cells leads to increased viremia, and the subsequent return of CD8+T cells correlates with decreased viremia,<sup>15,16</sup> further implicating CD8+T cells in viral control. Levels of polyfunctional CD8+T cells inversely correlate with virus set point<sup>17</sup> and polyfunctional CD8+T cells are maintained in HIV-1 infected nonprogressors.<sup>18</sup> Furthermore, there is a strong association of MHC class-I alleles with particular outcomes of HIV-1 and SIV infections,<sup>19</sup> and it is hypothesized that this is related to the efficiency of virus-specific CTL responses. The CD8+T cell response to HIV-1 is unique because in some cases virus-specific cytolysis is detectable in PBMC in the absence of *in vitro* stimulation,<sup>20,21</sup> a phenomenon that has not been frequently reported in other chronic viral infections. Nevertheless, despite evidence that HIV-1-specific CD8+T cells are abundant and capable of cytolytic function, they are unable to fully suppress virus replication *in vivo* resulting in the progressive depletion of CD4+T cells and, ultimately, death in untreated individuals. Quite perplexingly as well, in multiple studies the administration of exogenous CD8+T cells has failed to result in significant decreases in plasma HIV-1 RNA concentrations.<sup>22-25</sup>

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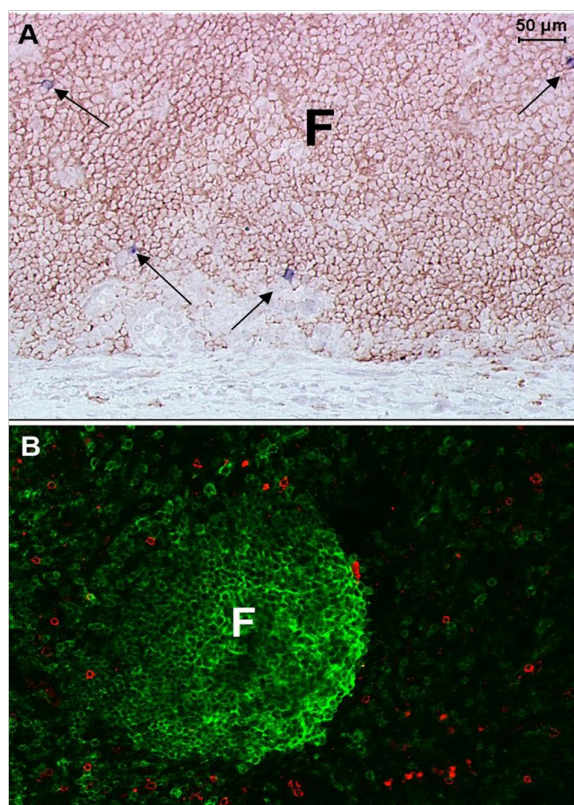
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Furthermore, increases in HIV-specific CTL through therapeutic vaccination or treatment interruption have resulted in little or no enhancement of virologic control.<sup>26-29</sup>

HIV-1 evades HIV-1-specific CD8+T cells through multiple mechanisms, which likely contribute to the inability of HIV-1-specific CTL to fully control HIV-1 replication. First, HIV-1 latently infected cells do not express viral proteins, which are essential to CD8+T cell recognition. Second, HIV-1 frequently mutates to evade CD8+T cell responses.<sup>19</sup> Third, HIV-specific CD8+T cells fail to accumulate in lymphoid B cell follicles and are not able to effectively clear the follicular reservoir of HIV-1-producing cells<sup>3</sup> (Figure 1). This might explain why individuals with functional HIV-specific CD8+T cells fail to fully suppress HIV-1 replication, and why infused exogenous CD8+T cells or augmented endogenous CTL responses failed to significantly impact viral control.

Future HIV-1 cure and vaccine strategies must address not only the latent reservoir of HIV-1 infected cells and HIV-specific CD8+T cell escape mutations, but also the reservoir of HIV-1 producing cells within B cell follicles. Strategies to induce follicular lysis, such as through administration of the B-cell depleting monoclonal antibody rituximab, might temporarily allow virus-specific CTL to access the follicles. However, this would profoundly impair humoral immunity, and furthermore, the effects would only be transient. Once the B cell population recovered and follicles were reconstituted, HIV-1 replication most likely would resume at that site. Perhaps a better approach to eradicate the reservoir of HIV-1 within follicles, and one that we are presently developing,<sup>30</sup> is to engineer functional HIV-1-specific CD8+T cells to express chemokine receptors, such as the follicular homing molecule CXCR5, to allow virus-specific CTL to access the follicular compartment and clear the reservoir of HIV-1 producing cells within follicles. This approach could be applied by itself or in conjunction with other approaches such as one to stimulate latently infected cells to express HIV-1. Additionally, this approach could be implemented using CD8+T cells directed against HIV-1 neo-epitopes,<sup>19</sup> in cases where HIV-specific CD8+T cell escape mutations are an issue. Ultimately, therapeutic approaches that enable HIV-specific CD8+T cells to enter lymphoid B cell follicles and clear HIV-1 producing cells may lead to a functional cure for HIV-1.



**Figure 1** In lymph nodes from untreated HIV-1-infected individuals, virus replication is largely concentrated inside B cell follicles, whereas HIV-1-specific CD8+T cells fail to accumulate at those sites. A: HIV-1 RNA+ cells identified by in situ hybridization (blue-black staining cells indicated by arrows) are located primarily inside of a B cell follicle, defined morphologically by staining with anti-CD20 antibodies (brown); B: HIV-1-specific CD8+T cells labeled in situ with HLA-tetramers (red) are concentrated primarily outside of a B cell follicle, defined by anti-CD20 antibodies (green).

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## Conflict of interest

Authors declares that there is no conflicts of interest.

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