

Clinical diagnosis criteria for periodontal disease: an update

Abstract

This article is an updated version of its original version published in the journal entitled "Jornal Brasileiro de Clínica Odontológica Integrada", volume 9, pages 88 and 89, in 2005. Due to improved knowledge concerning human health, and changes in the clinical diagnostic criteria for periodontal diseases that occurred after the study period, the need for some updates became evident.

Objective: the present study aimed to update the criteria for clinical diagnosis of periodontal diseases that guide the research in the area of Periodontics and Epidemiology at some Institutions.

Method: A guideline was developed by a Committee of professors, researchers and dentists during the First Seminar on Periodontology in Collective Health held in the city of Feira de Santana, Bahia, Brazil, in the year 2004, after discussion and a main document was approved. The following clinical parameters were used in the discussion: probing depth, the distance between gingival margin and cementum enamel junction measurement, clinical attachment level, gingival redness and gingival bleeding on stimulus. Results: In addition to the clinical periodontal criteria presented in the original article published (2005), other criteria of periodontal diseases severity were presented according to the oral condition of the group of individuals investigated. A sample of 644 pregnant women users of the public health service of the municipality of Santo Antônio de Jesus, Bahia, Brazil were employed to evaluate periodontitis status. The diagnosis followed three criteria:

1. Center for Disease Prevention and Control and American Academy of Periodontology.
2. Gomes-Filho et al.¹
3. Gomes-Filho et al. modified.

The frequency of periodontitis in the sample varied from 17.24% to 66.92%.

Conclusions: the results of the present study indicate the need to use different diagnostic criteria of periodontal diseases depending on the type of study to be developed and population investigated. Taking care to use the appropriate diagnostic criteria, besides allowing the standardization of the definition of the diseases, contributes to improving the comparability between the findings of scientific studies in this field of health, since a diversity of clinical criteria exist.

Keywords: diagnosis, periodontitis, periodontal diseases, classification

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Introduction

Due to the diversity of clinical criteria exist and the improved knowledge concerning human health, and changes in the clinical diagnostic criteria for periodontal diseases that occurred in the last decades, the need for some updates became evident. Thereby, this present study aimed to update the criteria for clinical diagnosis of periodontal diseases and to develop a guideline by a Committee of professors, researchers and dentists in the area of Periodontics and Epidemiology of the following Brazilian institutions: Research Center, Integrated Practice and Multidisciplinary Investigation (Núcleo de Pesquisa, Prática Integrada e Investigação Multidisciplinar) - NUPPIIM of Feira de Santana State University - UEFS, Graduate Program in Collective Health UEFS, Graduate Program in Collective Health of the Public Health Institute and Graduate Program in Dentistry and Health of Dental School of the Federal University of Bahia-UFBA and Graduate Program in Immunology of the Health Sciences Institute of UFBA.

Method

The elaboration of this guideline was a product of scientific meetings of a Committee of professors, researchers and dentists during the First Seminar on Periodontology in Public Health held in the city of Feira de Santana, Bahia, Brazil, in the year 2004. In 2018, part of this Committee performed the updated of the main document after scientific meetings in the same municipality developing the present updated guideline, considering the performance of these clinical criteria in different investigations employing primary data. Such studies were published in important Journals in the Periodontics topic over more than 10 years.²⁻¹²

Results

The following clinical parameters were used to establish the diagnosis criteria: probing depth, the distance between gingival margin and cementum enamel junction measurement, clinical attachment

level, gingival redness and gingival bleeding on stimulus. The criteria proposed for the clinical diagnosis of the periodontal condition were established according to previous studies on the topic.^{2,3,13-15} It should be emphasized that these criteria are suggestions for diagnosis and may be considered flexible depending on the specificities of each research. It is also suggested that the criteria be adapted depending on the population group to be evaluated and the quality of their oral condition. Furthermore, the training of the researchers, examination of all teeth, and the examination of six sites per tooth are considered ideal conditions for the study. After collecting periodontal clinical parameters, the classification of Periodontal Disease can be defined according to its extent, severity and typology. In this way, the criteria for the diagnostic of periodontal conditions can be determined.

Classification according to periodontitis type:

1. Chronic Periodontitis – individuals with an amount of destruction consistent with the presence of local factors, such as biofilm, calculus etc. Subgingival calculus is also frequently observed. This condition is more prevalent in adults but may occur in children and adolescents. It has a mild to moderate progression rate, however, periods of rapid progression are also possible.¹³
2. Aggressive Periodontitis – individuals with bone destruction and rapid attachment loss, possible family aggregation. Apart from the presence of periodontitis, the individual is otherwise clinically healthy. The amount of microbial deposits is inconsistent with the severity of periodontal tissue destruction. The localized form begins around puberty, presenting in the first molar and incisors, with interproximal attachment loss in at least two permanent teeth, one of which is a first molar, and involving no more than two other teeth beyond the first molars and incisors. The generalized form usually affects individuals under 30 years of age but may be present in older individuals. The generalized interproximal attachment loss affects at least three other permanent teeth besides the first molars and incisors.¹³

Classification according to diagnosis:

1. Diagnosis of Gingivitis: individual who does not meet all criteria for the presence of Periodontitis and presents gingival redness and bleeding on stimulus in more than 25% of the sites.
2. Diagnosis of Periodontitis: to determine the diagnosis in this periodontal condition, it is necessary, initially, to define the type of investigation.
3. Study to determine Morbidity Measurements (Prevalence and Incidence): individuals presenting at least one tooth with one or more sites with clinical attachment loss greater than or equal to 3mm**.

Association study between Periodontal Disease and Systemic Conditions:

The criteria presented in Chart 01 are indicated to define the presence of periodontitis. The diagnosis of periodontitis is defined with the clinical parameters: probing depth, clinical attachment level and bleeding upon probing. In addition, the severity levels of periodontitis are also determined according to the Table below.

To clarify the use of above mentioned criteria, a sample of 644 pregnant women users of the public health service of the municipality of Santo Antônio de Jesus, Bahia, Brazil were employed to evaluate

periodontitis status. In addition to these criteria, the proposed criterion by the Center for Disease Prevention and Control and American Academy of Periodontology. The frequency of periodontitis in the sample varied from 17.24% to 66.92%. In the same manner, the periodontitis severity levels varied in accordance with the criterion employed (Figure 1 and 2).

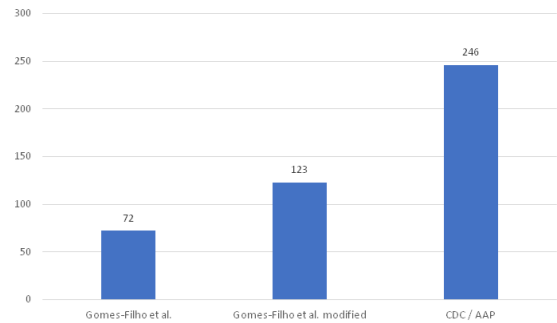


Figure 1 Number of pregnant women with periodontitis diagnosis.

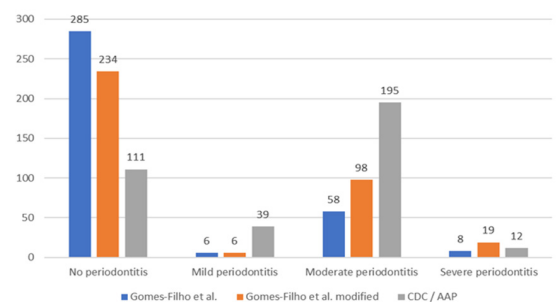


Figure 2 Number of pregnant women in accordance with periodontitis severity levels.

Table 1 Criteria for diagnosis of periodontitis according to its severity level

Diagnostic criteria for periodontitis, according to Gomes-Filho et al., ⁴ and Gomes-Filho et al., modified*			
Severity Level	Probing Depth (PD)	Clinical Attachment Level	Bleeding Upon Probing
Severe Periodontitis	≥4 teeth with ≥1 site with PD ≥5mm	CAL ≥5 mm on the same site	Bleeding upon stimulus
Moderate Periodontitis	≥4 teeth with ≥1 site with PD ≥4 mm	CAL ≥3 mm on the same site	Bleeding upon stimulus
Mild Periodontitis	≥4 teeth with ≥1 site with PD ≥4 mm	CAL ≥1 mm on the same site	Bleeding upon stimulus
No Periodontitis	Individuals who were not included in the previous groups		

*The difference between the last two criteria is only the minimum number of teeth considered: at least 2 teeth for the criterion Gomes-Filho et al.,⁷ modified.

Final considerations

The present study suggests the need to use different diagnostic criteria of periodontal diseases depending on the type of study to be developed and population investigated. The improvement of several researches in the topic of periodontal condition and systemic disease has increased and the comparability among the investigations

is necessary. However, due to the diversity of clinical criteria for periodontal diagnosis the research cannot be comparable. This guideline was developed to help the researcher to choose the best periodontal disease clinical criteria, taking care to use the appropriate diagnostic criteria, besides allowing the standardization of the definition of the diseases, contributes to improving the comparability between the findings of scientific studies in this field of health.

Acknowledgments

None.

Conflict of interest

The author declares that there is no conflict of interest.

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