

Opinion





# GA vs no GA

# **Opinion**

A study I conducted a few years ago in order to detect the tendency to refer young patients to the hospital to perform a Comprehensive Dental Treatment (CDT) under General Anesthesia (GA). The survey included 38 Dentists Specialists used to practice CDT under GA and the Intravenous (IV) sedation technique I choose to divide the practitioners into 2 age groups. The first group is the young age 40 or less and the second one is the old age group 40 plus. The child patients are divided into 3 groups:

- 1. Up to 5 years old
- 2. From 5 to 8 years old
- 3. 8 and up

The assumed selected patients should follow specified criteria, they are uncooperative children" classified Frankl IV" and the number of teeth to be treated should not be less than 4 one of them in

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critical condition or suffering from bad esthetic. Clear GA cases like "Children with special needs and extreme urgent cases" are excluded.

# At what percentage do you estimate the need for GA?

The result shows the following (Table 1)

Table I At what percentage do you estimate the need for GA?

Doctors in favor of the GA patients age groups	Group A 40 Y.O. Or Less	Group B + 40y.O
Group I	54%	63%
Group II	47%	57%
Group III	32%	41%
2-How do you evaluate the clinical outcome of the GA cases?	90% v. good	75% v. good
3-How many cases required a redo GA?	less than 1%	I to 1,5%
4-how many cases required clinical visits for new treatment soon after the GA?	12%	11%

# What are the hurdles limiting the number of the GA cases?

- a. All agree on:
- b. The High cost
- c. The parents acceptance/refusal of the GA
- d. Ignorance and/or exaggerating the risk factors in a negative way

I will not conclude my study with any recommendation or statistics; I will leave it to the reader's judgment.

The big remaining question is;

*Is the IV sedation technic a good and reliable solution?* 

The answer needs new studies and open discussions.

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#### **Conflicts of interest**

The authors declare that there is no conflict of interest.

