Vestibular papillomatosis: interest of dermoscopy

Clinical Image

A 17-year-old patient with no significant pathological antecedent, without any notion of unprotected sex, have consulted for vulvar lesions whose date of onset was imprecise, was diagnosed before as condyloma.

The examination had objectified: soft, filiform projections at the palpation with symmetrical arrangement of 1 to 2 mm along both sides of the vulvar vestibule (arrows on Figure 1). In dermoscopy, these projections were pink like the rest of the mucosa, regular, symmetrical and linear, juxtaposed and their respective bases remained separate white arrows, (Figure 2). Abundant and irregular linear vessels were observed in the transparent nuclei of the papillae (blue arrow, Figure 2). In front of this aspects, diagnosis of vulvar physiological papillomatosis was suspected and was confirmed by histology on vulvar biopsy, notably by the absence of stigma and HPV infection.

The vestibular papillae represents an anatomical variant of the normal genital epithelium and is probably the female equivalent of pearly penile papules. It is thought that they are present in 1% of women, and this low percentage may be due to their lack of knowledge by practitioners since their diagnosis are often wrongly spotted as condyloma acuminates hence the role of dermoscopy, which objectives in case of condyloma multiple irregular projections with tapered ends, whiter and wider than the vestibular papillae, with hemorrhages (small red or black dots or striae), glomerular vessels or may also be also present in point (Figure 3) we then allow to avoid aggressive investigations, heavy therapies and anxiety in patients.

Acknowledgments

None.

Funding

None.

Conflicts of interest

Author declares that there is no conflict of interest.