

# Partially/synergistic efficacy of *Ficus Exasperata* & *Syzygium aromaticum* extracts against selected dermatophytes and non-dermatophytes fungi isolates

## Abstract

Dermatophytes are fungal infections which affect the nails, hair, and skin. They are of three major genera, which are *Trichophyton*, *Epidemophyton* and *Microsporium*. Dermatophyte is a pandemic; as it occurs throughout the world. This study determined the individual and synergistic effects of *Ficus exasperata* and *Syzygium aromaticum* extracts on both dermatophytes and non-dermatophytes. Upon isolation and culturing following conventional microbiological procedures, ten (10) fungal organisms were identified namely; *Mucor pusillus*, *Candida guilliermondii*, *Trichophyton rubrum*, *Epidemophyton floccosum*, *Trichophyton schoenleinii*, *Aspergillus fumigatus*, *Aspergillus flavus*, *Fusarium avenaceum*, *Absidia corymbifera* and *Trichophyton verrucosum*. The antifungal susceptibility test of the extracts was carried out using the agar well diffusion method, while the Minimum Inhibitory Concentration (MIC) was evaluated using tube dilution method. The antifungal effects of *Ficus exasperata* extract was more effective against *Trichophyton schoenleinii* at 50 mg/ml compared to the other fungi with a zone of inhibition of 25.0mm while the antifungal effect of *Syzygium aromaticum* extracts (ethanol, methanol and N-hexane) was more effective against *Candida guilliermondii*, *Trichophyton rubrum* and *Trichophyton rubrum*, with inhibition zones of 35.0 mm, 40.0 mm and 24.0 mm respectively. The combined aqueous extracts of *F. exasperata* and ethanol extract of *S. aromaticum* had a zone of inhibition of 25.0 mm against *Aspergillus fumigatus*. The synergized methanol extract of *F. exasperata* and *S. aromaticum* had a high zone of inhibition of 21.0 mm against both *Aspergillus fumigatus* and *Candida guilliermondii*, while the synergized N-hexane extract had the highest zone of inhibition of 25.0 mm against *Candida guilliermondii*. The synergized ethanol extract of *F. exasperata* and methanol extract of *S. aromaticum* had the highest zone of inhibition (20.0 mm) against *Trichophyton verrucosum*. The synergistic effect of *F. exasperata* and *S. aromaticum* extract has proved to be more potent compared to their individual extracts on dermatophytic infections. Further investigation on the antimicrobial effectiveness of *Ficus exasperata* and *Syzygium aromaticum* against fungal infections is recommended.

**Keywords:** sandpaper, clove, synergistic, dermatophytes, extract

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## Introduction

Fungi are unicellular heterotrophic spore-producing organisms that derive nutrient by decomposing organic matters or by forming symbiotic relationship with other organisms. Fungi can be beneficial and some pathogenic. Naturally, they are not pathogenic, but can be one due to certain reasons such as immune-compromised system, excessive use of antibiotics etc. Dermatophytic fungi are fungal species which causes cutaneous mycosis, which are not deadly. Medicinal plants are believed to be important sources of new chemical substances with therapeutic effects. Thus, this research work is carried out to assess the effect of *Ficus exasperata*, *syzygium aromaticum* and their synergistic effect against both dermatophytic and non dermatophytic fungi.

Mycosis infection is a common and diverse group of diseases caused by various species of fungi. These infections can affect different parts of the body, including the skin, nails, respiratory tract, and internal organs.<sup>1</sup> Fungal infections (Mycosis) are among the most difficult diseases to manage in humans. Reports indicate high rates of morbidity and mortality caused by fungal infections.<sup>2</sup>

Despite their irreversible impact on human health, fungal pathogens have been mostly neglected by both the public and public health officials.<sup>3</sup> Dermatophytes have been routinely placed in the class Deuteromycetes or "Imperfect Fungi". The dermatophytes' sexual state is helpful for epidemiological research and for identifying particular species. Thus, dermatophyte species can be divided into three genera according to variations in conidial morphology: *Microsporium*, *Epidemophyton*, and *Trichophyton*.<sup>4</sup> Dermatophytoses are characterized by superficial invasion by fungal hyphae in the skin, hair, and nails causing sub acute or chronic infections.<sup>5</sup>

Although dermatophyte infections are restricted to areas of the epidermis, they can be invasive and cause serious widespread infections in immunocompromised patients.<sup>6</sup> Major risk factors for the development of invasive fungal infections include, among others, HIV treatment in AIDS patients, cytotoxic chemotherapy in cancer patients, immunosuppressive therapy where innate defenses have been breached and the presence of catheters and other indwelling devices.<sup>7,8</sup> Currently, mucormycosis also known as black fungus diseases have been acquired as secondary infections in COVID-19 patients.<sup>9</sup>

*Epidermophyton* are Large, multicellular, club-shaped, thin-walled macroconidia that are grouped in bunches define this genus; microconidia are not generated. Features of the genus are derived from *E. floccosum*. There are two species of *Epidermophyton* based on anamorph morphology, (*E. floccosum* and *E. stockdaleae*). *E. floccosum* is the only pathogenic “anthropophilic” species in this genus that is found globally responsible for the majority of tinea cruris infections.<sup>9</sup>

*Microsporium* are microconidia and macroconidia in this genus. Macroconidia are spindle-shaped, multiseptate, and have a thin or thick echinulate cell wall. They can also be abundant or rare. However, the echinulations on the macroconidial cell wall serve as this genus’ primary characteristic that sets it apart. Pyriform microconidia measure roughly 2-3µm. *Microsporium audouinii* is the type species. On the basis of anamorph morphology, there are approximately 18 species of *Microsporium*. In the Mediterranean region, tinea corporis and tinea capitis are most frequently caused by *M. canis*.<sup>10</sup>

*Trichophyton* are genus produces microconidia “2-3 µm pear-shaped” and macroconidia “cigar-shaped” with smooth walls. Based on anamorph shape, *Trichophyton* is divided into 25 species and *T. tonsurans* is the type species.<sup>10,11</sup> In Central and North Europe, *T. rubrum* is the most prevalent dermatophyte within the past 20–30 years. According to reports, in the United States and Canada, the most commonly isolated organism in infecting children with tinea capitis is *Trichophyton tonsurans*, while the isolated organism in tinea pedis and tinea cruris is *T. mentagrophytes* var. *interdigitale*, a member of the *T. mentagrophytes*.<sup>10</sup>

As eukaryotic pathogens, fungi share many similarities with their host cells, which impairs the development of antifungal compounds.<sup>2</sup> Cutaneous fungal parasites have survived several generations of therapeutic regimens, and the increasing invasive fungal infections along with the emerging resistance of pathogens and disadvantages with the existing antifungal drugs, demand the development of new antifungal drugs in clinical practice.<sup>12</sup>

Men are more likely than women to contract this fungal infection, which generally affects men between the ages of 20 and 40. This infection usually starting in the interdigital clefts then spreads to ankles, dorsum, soles, legs, and toenails, a condition known as tinea unguium. Patients with diabetes are thought to have a 50% increased risk of developing a fungal infection, such as tinea pedis.<sup>13</sup> Tinea pedis is differentiated into interdigital type, squamous-hyperkeratotic type and vesiculous-dyshidrotic type. The most prevalent clinical manifestation is the interdigital, which mostly affects the gaps between the fourth and fifth toes and manifests as maceration, fissuring and peeling.

Squamous-hyperkeratotic type (hyperkeratosis and acanthosis) where the pinkish skin of the heels, sides, and soles of the foot is covered in tiny silvery scales (moccasin foot), and vesiculous-dyshidrotic type. The etiology of the complex infection, which is a combination dermatophyte and bacterial infection, is polymicrobial infection and is clinically more severe.<sup>14</sup> The dermatophyte that cause tinea pedis were identified as *T. rubrum*, *T. mentagrophytes*, *M. Canis*, *E. Floccosum*, *T. verrucosum* and *T. violaceum* with decreasing frequency.<sup>15</sup>

Clove (*Syzygium aromaticum*) is one of the most ancient and valuable spices of the orient. Portuguese first discovered in the sixteenth century the origin of clove plants is Molucca islands. But the use of clove in ayurvedic and homoeopathy medicine was well known before that time. The major part of the world’s consumption of the clove spice is in the home kitchens. Cloves have been used for

their antiseptic and analgesic effects and studied for use in platelet aggregation inhibition, antithrombotic activity and chemo-protective and antipyretic effects. Like many culinary spices, cloves help relax the smooth muscle lining of the digestive tract. The oils of the cloves have been known to stimulant and it may increase blood circulation. The present paper reviews health benefits from the use of clove, covering its chemical constituents, phyto-pharmacology, nutritional and medicinal value<sup>16–18</sup> *Ficus exasperata*, commonly called forest sand paper tree / plant, is one of the 800 species of terrestrial plants in the family Moraceae. *F. exasperata* inhabits the secondary rainforest of West Africa and extensively spread in all eco-regions of Nigeria. This plant is locally called Ewe Ipin (Yoruba), Opoto (Calabar), Anwulinwa (Igbo) and Ijikpi (Igala). *F. exasperata* has been ethnobotanically reported to have varied therapeutic uses such as treatment / management of hypertension, epilepsy, arthritis. The leaf is used to scratch skin parts affected by ringworm, while the grounded leaves applied topically are used to treat boils. The viscid non-milky sap of this plant is used to stop bleeding, treat sores eye trouble and stomach pain (Figures 1, 2).<sup>19</sup>



Figure 1A Clove

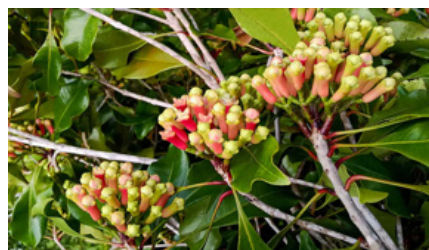


Figure 1B Clove and clove tree (Source 18).



Figure 2 Sand paper leaf (Source 19).

## Material and methods

### Study site

This project work was carried out in the Microbiology Laboratory of Adekunle Ajasin University, Akungba Akoko, Ondo State. Samples were collected from different salons in Akungba-Akoko with coordinate of 7.470°N 5.7379°E Latitude of 7.467 and Longitude 5.733.

## Sample collection

Samples were collected from equipment used in the following salons within Akungba Akoko: Jeff-Time salon (JT), Abacha hair salon (AH) and New World Unisex salon (NW), and also from people who show clinical symptoms of dermatophytic infections. After collection, the samples were tagged and taken to the laboratory for microbiological analysis.

## Isolation of the test organisms

### Pour plate

The plates were carefully labeled at the bottom and one-tenth of one milli-liter (0.1ml) of each selected dilution was poured into each plate aseptically. The agar was then poured into the plates and swelled gently to ensure uniform distribution. The media were allowed to set on a flat top work bench, after which the plates were incubated at room temperature for 3-7 days (Plates 1–8).

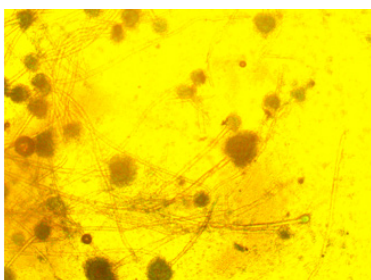


Plate 1 *Aspergillus flavus*.

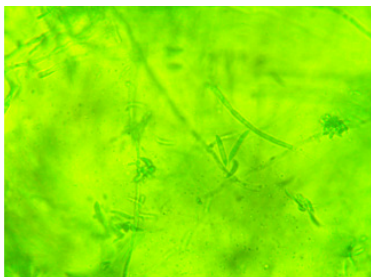


Plate 2 *Trichophyton rubrum*.

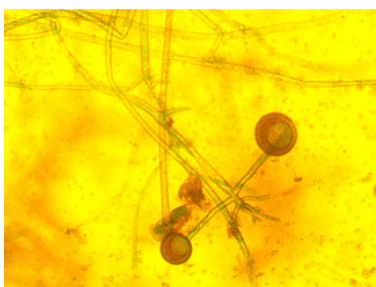


Plate 3 *Mucor pusillus*.

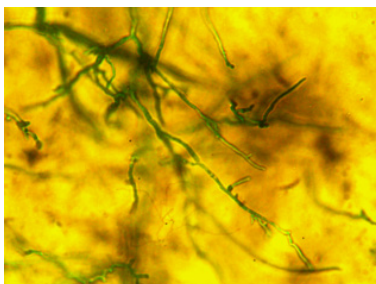


Plate 4 *Trichophyton verrucosum*.



Plate 5 A plate showing zone of inhibition at the control.



Plate 6 A plate with no zone of inhibition on it.



Plate 7 showing synergistic test against *A. Fumigatus*.



Plate 8 Synergized extracts of *S. aromaticum* and *F. exasperata*.

### Swabbing method

The labelled swab-sticks used to collect samples from infected individual were brought to the laboratory for subsequent

microbiological analysis. The agar was prepared and poured aseptically into the plates. Upon solidification of the agar, the swabsticks were swabbed upon the plates gently. After swabbing, the plates were covered and incubated at room temperature for 3-7 days.

### Sub-culturing

Upon getting distinct colonies from the plates, another media was prepared following the manufacturer's instruction. After incubation, the media was poured into a sterile plate and allowed to cool. After the plate was set, a small portion of the colony was cut from the previous plate and placed aseptically on the new media.

### Identification of various isolated samples

#### Fungal staining

A drop of Lactophenol cotton blue (stain) was placed on a clean, grease free microscope slide. A part of the colony was teased out using the inoculating needle and placed on the stain and teased out gently to avoid dislodging the internal features of the fungi. The cover slip was then placed gently on it. The slide was then viewed under the microscope, using objective lens of x40. The result of the microscopy was then compared with those in Compendium of Soil Fungi volume 2 (28).

#### Standardization of extracts

Half (0.5ml) of the extracts was measured and transferred into a flask containing fifty (50) ml of sterilized water. The flask was shaken to ensure uniform distribution of the extract. The flask was then labeled 100mg/ml. From the flask, ten (10) ml of the diluted extract was measured and filled into a bottle containing ten (10) of sterilized water, the bottle was labeled 50mg/ml. From the bottle labeled 50mg/ml, ten (10) ml of the diluted extract was measured and transferred into another bottle containing ten (10) of sterilized water, the bottle was labeled 25mg/ml. From the bottle labeled 25mg/ml, ten (10) ml of the diluted extract was measured and transferred into another bottle containing ten (10) of sterilized water, the bottle was labeled 12.5mg/ml. This process was repeated for all extract used.

#### Synergizing of extract

Ten (10) ml of *Ficus exasperata* extract was added to five (5) ml of *Syzygium aromaticum* extract and left for twenty-four hours.

### Antimicrobial susceptibility test (Agar well diffusion method)

#### Innoculation of isolates into broth

The media was prepared following the manufacturer's instruction, the media was then filtered to remove the solidifying agent (agar) from it and this resulted into broth. The broth was filled into eleven (11) test-tubes and sterilized using an Autoclave at 121°C for 15 minutes. After sterilization, the broth was allowed to cool to a temperature of 35°C, then the isolate were inoculated into it using the inoculating needle. The test-tube was then incubated at 27°C for 24 hours.

### Antifungal susceptibility test

After the isolates were aseptically introduced into the plate, two drops of the extracts were introduced into the bored hole well. Also a control (Clotrimazole) was added to the hole bored at the middle of the plate. The extracts were allowed to diffuse for about 30 minutes, then the plates were incubated for a period of 18-24 hours.

#### Reading of result

After the incubation period, any clear zone around the well was measured and recorded. Those zones are known as zone of inhibition.

## Results

This study determined the individual and synergistic effects of *Ficus exasperata* and *Syzygium aromaticum* extract on both dermatophytes and non-dermatophytes. Swabbing was made on different fomites such as comb, brushes and clippers used in some selected salons. Skin swab was also conducted on infected individuals and taken to the Microbiology laboratory, Adekunle Ajasin University, Akungba-Akoko for investigation using standard microbiological procedures. Upon isolation and microscopic examination of all thirty one (31) isolates cultured, ten (10) distinct fungal species were identified, namely: *Mucor pusillus*, *Candida guilliermondii*, *Trichophyton rubrum*, *Epidermophyton floccosum*, *Trichophyton schoenleinii*, *Aspergillus fumigatus*, *Aspergillus flavus*, *Fusarium avenaceum*, *Absidia corymbifera* and *Trichophyton verrucosum*. Four (4) of these test fungi were dermatophytes namely: *Trichophyton rubrum*, *Epidermophyton floccosum*, *Trichophyton schoenleinii* and *Trichophyton verrucosum*, while the remaining six (6): *Mucor pusillus*, *Candida guilliermondii*, *Aspergillus fumigatus*, *Aspergillus flavus*, *Fusarium avenaceum* and *Absidia corymbifera* were non-dermatophytes. The antifungal susceptibility test was carried out using agar well diffusion method to compare the effects of the individual extracts of *Ficus exasperata* and *Syzygium aromaticum* and their synergistic effects against the identified organisms (Figure 3, Tables 1-4).

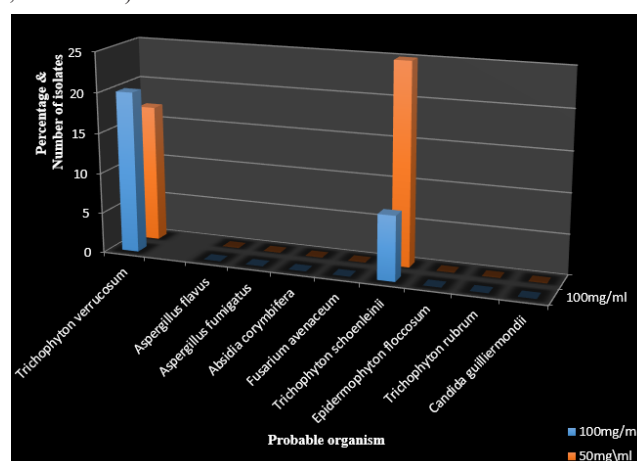


Figure 3 Graph showing the frequency of occurrence of the isolated organism.

**Table 1** Frequency of occurrence of the organism from samples collected

Isolate code	Number	Percentage (%)	Probable organism
ACC 1	3	9.677	<i>Trichophyton verrucosum</i>
SS1	8	25.806	<i>Aspergillus flavus</i>
ACC 2	1	3.226	<i>Aspergillus fumigatus</i>
SS 2	1	3.226	<i>Absidia corymbifera</i>
NW 1	1	3.226	<i>Fusarium avenaceum</i>
SS 3	1	3.226	<i>Trichophyton schoenleinii</i>
NW 2	2	6.452	<i>Epidermophyton floccosum</i>
NW 3	3	9.677	<i>Trichophyton rubrum</i>
NW 4	1	3.226	<i>Candida guilliermondii</i>
SS 4	10	32.258	<i>Mucor pusillus</i>

**Table 2** Morphological characteristic of isolates

Isolate code	Color	Reverse	Margin	Elevation	Opacity	Surface	Shape
ACC 1	White	Creamy brown	Filamentous	Flat	Translucent	Cotton like	Circular
SS1	Lemonish green	Light brown	Filamentous	Raised	Opaque	Cotton like	Irregular
ACC 2	Lemonish yellow	Creany	Filamentous	Flat	Opaque	Rough	Circular
SS 2	White	Creamy	Even	Flat	Opaque	Glistening	Irregular
NW 1	Whire	Brown	Filamentous	Raised	Opaque	Rough	Circular
SS 3	White	Creamy	Even	Raised	Opaque	Glistening	Circular
NW 2	White	Yellow	Filamentous	Flat	Opaque	Smooth	Circular
NW 3	White	Creamy	Filamentous	Flat	Opaque	Cotton like	Irregular
NW 4	Black	Black	Wavy	Raised	Opaque	Rough	Irregular
SS 4	White	Creamy	Filamentous	Flat	Opaque	Cotton like	Fillamentous

**KEY:** ACC: Abacha clipper; SS: Skin sample; NW: New world

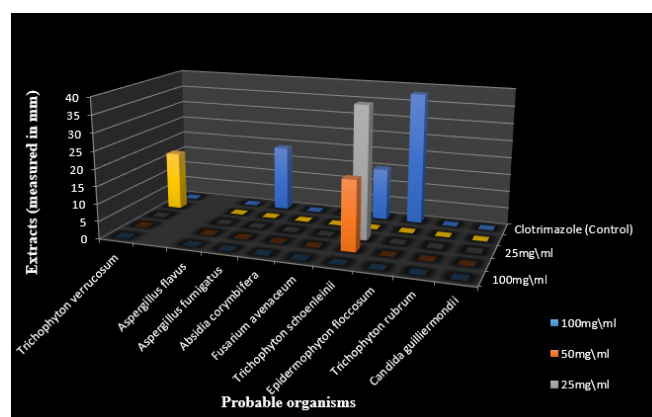
**Table 3** Microscopic features of the organisms

Isolate Code	Hyphae structure	Sporangiophore or conidiophore	Septa	Type of asexual spores	Type of sexual spores	Distinct character
ACC 1	Branched	Absent	Septate	Microsonidia, macroconidia	Ascospores	Large, multiseptate macroconidia. Often found in association with cattles.
SS1	Branched	Present	Septate	Conidia	Ascospore	Vesicle with radiating sterigmata. Produces aflatoxin
ACC 2	Branched	Present	Septate	Conidia	Ascospore	Vesicle with radiating sterigmata, roughened conidia. Conidiophores with flash-shaped vesicles.
SS 2	Branched	Present	Aseptate	Sporangiospores	Zygosporos	Non-septate hyphea, pyriform sporangia. Produces sporangiophores with sporangia at the tips
NW 1	Branched	Present	Septate	Macroconidia	Ascospores	Curved multiseptate macroconidia. Banana shaped macroconidia. Often found in soil and decaying matter.
SS 3	Branched	Absent	Septate	Microsonidia, macroconidia	Ascospores	Spiral/helical hyphea. Less common.
NW 2	Branched	Absent	Septate	Macroconidia	Ascospore	Large, multiseptate macroconidia
NW 3	Branched	Absent	Septate	Microsonidia, macroconidia	Ascospore	Spiral/helical hyphea. Red pigment on PDA
NW 4	Pseudohyphae	Absent	Septate	Blastospores	Ascospores	Pseudohyphae. Can be both yeast and filamentous. Opprtunistic pathogen
SS 4	Branched	Present	Aseptate	Sporangiospore	Zygosporos	Non-septate hyphea, pyriform sporangia. Often found in decaying organic matter

**Table 4** The probable names of the fungal isolates in the study

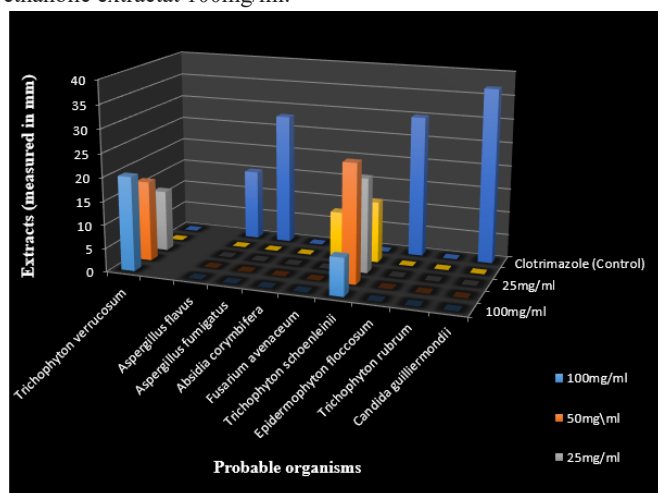
Isolate Code	Probable Organisms
ACC 1	<i>Trichophyton verrucosum</i>
SSI	<i>Aspergillus flavus</i>
ACC 2	<i>Aspergillus fumigatus</i>
SS 2	<i>Absidia corymbifera</i>
NW 1	<i>Fusarium avenaceum</i>
SS 3	<i>Trichophyton schoenleinii</i>
NW 2	<i>Epidermophyton floccosum</i>
NW 3	<i>Trichophyton rubrum</i>
NW 4	<i>Candida guilliermondii</i>
SS 4	<i>Mucor pusillus</i>

Figures 4, 5 and 6 reveal the antifungal effects of *Ficus exasperata* extracts against the fungal organisms with clotrimazole as control. *Trichophyton schoenleinii* was susceptible to all the extracts tested against it, with highest zone of inhibition of 38.00mm by the N-hexane extract at 25mg/ml and lowest zone of inhibition of 9.00mm by the ethanolic extract at 100mg/ml.

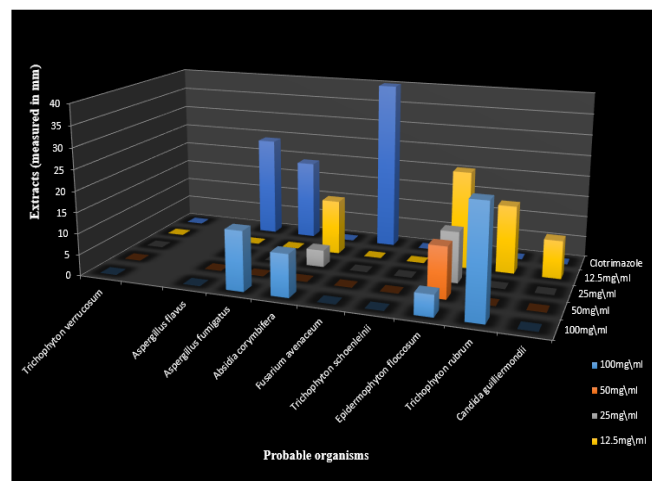


**Figure 6** The antifungal effects of standardized *Ficus exasperata* N-hexane extract measured in millimeter (mm).

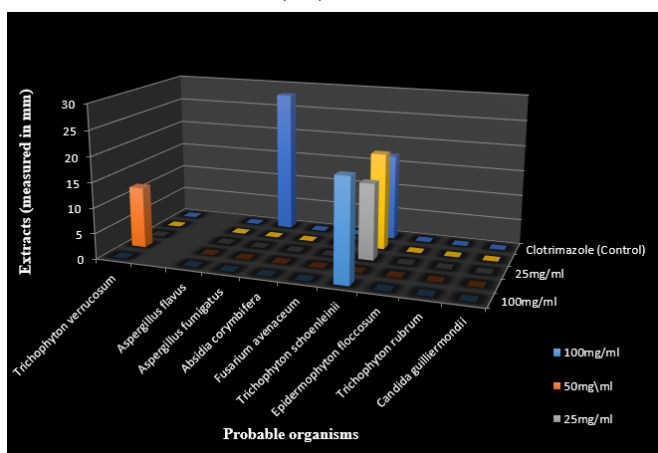
Figures 7, 8 and 9 show the antifungal effects of *Syzygium aromaticum* extracts against the fungal organisms with clotrimazole as control. The methanolic extract had the highest zone of inhibition of 30.00mm against *Trichophyton rubrum* with its lowest zone of inhibition at 0.00mm with the ethanolic extract even at 100mg/ml.



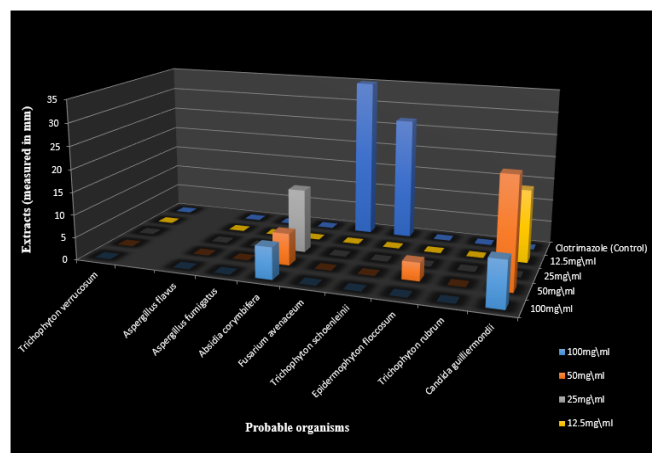
**Figure 4** The antifungal effects of standardized *Ficus exasperata* ethanol extract measured in millimeters (mm).



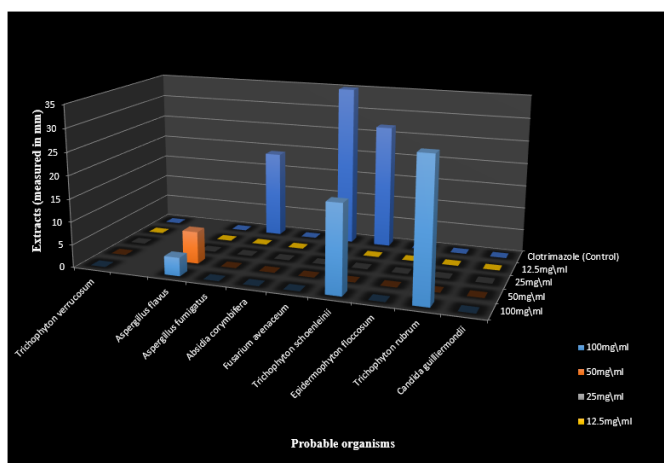
**Figure 7** The antifungal effects of standardized *Syzygium aromaticum* N-hexane extract measured in millimeter (mm).



**Figure 5** The antifungal effects of standardized *Ficus exasperata* methanolic extract measured in millimeters (mm).

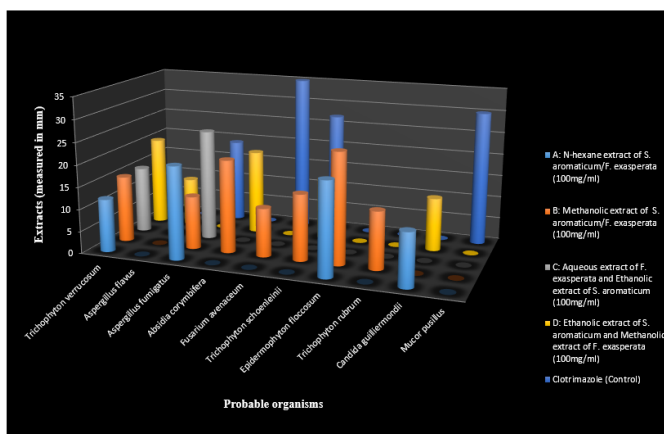


**Figure 8** The antifungal effects of standardized *Syzygium aromaticum* ethanolic extract measured in millimeter (mm).



**Figure 9** The antifungal effects of standardized *Syzygium aromaticum* methanolic extract measured in millimeter.

Figure 10 reveals the synergistic effects of *Ficus exasperata* and *Syzygium aromaticum* extracts at 100mg/ml. The synergized aqueous extract of *F. exasperata* and ethanolic extract of *S. aromaticum* had a zone of inhibition of 25.00mm against *Aspergillus fumigatus*. The synergized methanolic extract of *F. exasperata* and *S. aromaticum* had a high zone of inhibition of 21.00mm against both *Aspergillus fumigatus* and *Candida guilliermondii*, while the synergized N-hexane extract had the highest zone of inhibition of 25.00mm against *Candida guilliermondii*. The synergized ethanolic extract of *F. exasperata* and methanolic extract of *S. aromaticum* had the highest zone of inhibition of 20.00mm against *Trichophyton verrucosum*. Among all the isolates, *Trichophyton verrucosum* was susceptible to all the synergized extracts tested against it.



**Figure 10** The antifungal effects of the synergized extracts of *Ficus exasperata* and *Syzygium aromaticum* measured in millimeters (mm).

## Discussion

Different reports abound on the incidence of dermatophytic infection globally, with low mortality in several countries of the world including Nigeria and her neighboring countries.

*Syzygium aromaticum* (Cloves) have antimicrobial properties, and can even inhibit both dermatophyte and non-dermatophyte moderately. *Ficus Exasperata* (Sand-paper) has some medicinal properties which include, but not limited to: antihypertension, antiulcer. Sandpaper also have antimicrobial potential and has always been used in combating

dermatophytic infection in our local environment and it has been pretty effective. These antimicrobial properties are often due to the phytochemicals present in them. But in this research work, the antifungal effect of *Syzygium aromaticum* is less effective compared to that of *Ficus exasperata*.

In this research work few dermatophytes were found even from salons around the test area which is Akungba-Akoko. Several non-dermatophyte were also found some of which are spoilage organism and secondary causative agent of dermatophytic infections. The presence of *Aspergillus spp*, *Candida sp*. among others is in line with the work of.<sup>20,21</sup> The presence of these non-dermatophyte show a synergistic relationship between non-dermatophyte and dermatophyte, which has been similarly reported.<sup>22</sup>

Dermatophyte and non-dermatophytes varies in term of mode of nutrition: dermatophyte obtain their nutrient by breaking down keratin, which is a protein found in skin, hair and nails as reported by.<sup>19</sup> While non-dermatophyte obtain their nutrient through: parasitism, commensalism etc. according to,<sup>23</sup> dermatophyte are often resistance to topical antifungal and this is on the increase.

The morphological characteristic of the organism which includes the color (white, creamy, greenish-yellow etc), elevation (flat, raised, convex etc), surface (rough, smooth, glistening etc), margin (wavy, filamentous, even etc), shape (regular, circular, irregular punctiform), reverse color (brown, black, creamy etc) and opacity (transparent, opaque or translucent) are in line with the work of many researchers and some renowned Mycologist. These morphological characteristic can some times be used to classify some fungi species which may have similar morphology. Some of the organism have branched and unbranched hyphae, which helps them with their nutrient uptake, interaction with host cell if they are pathogenic, it also helps them adapt to specific environment. These features also plays a critical role in determining the organism pathogenicity, how they would react to drugs.

Also the presence, absence or possession of false crosswall contribute to how the fungi reacts to drugs. Several journals on Antifungal Resistance and Fungal cell wall has shown that aseptate hyphae have reduced drug penetration, they also have enhanced virulence factors and also increase antifungal resistance. While septate hyphae have reduced virulence factors, respond to drugs easily. Organism like *Candida guilliermondii* which have pseudoseptate hyphae are moderately virulence, have intermediate response to antifungal<sup>24</sup> also show that some dermatophyte are resistance to Terbinafine especially those that caused *Tinea capitis*, *Tinea cruris*, *Tinea corporis* and *Tinea pedis*.

David,<sup>24</sup> in his work reported that *Aspergillus fumigatus* which is the most common cause of invasive, chronic and allergic aspergillosis which collectively affect ten million people is resistance to the triazole group of oral antifungal drug. David, 2021 shows that *Candida spp* such as *Candida guilliermondii* among others shows less susceptibility or resistance in rare cases to fluconazole. The presence of *Aspergillus flavus* among the isolates implies that infectious organism which can cause skin, nail and even respiratory infection. And this can be as a result of poor sanitation, hygiene, contaminated equipment and use of clipper or comb from infected individual both client and staffs.<sup>25</sup>

The presence of *A. flavus* can cause allergic reaction which can trigger some reaction such as itching, redness etc. It can also, which is a rare but serious infection which can spread to the internal organs.<sup>25</sup> *A. flavus* can also produce a mycotoxin called aflatoxin, which can damage the liver and some vital organs in the body.<sup>26</sup>

The presence of *Mucor pusilius* among samples gotten from salon maybe as a result of poor ventilation and poor sanitation of the equipment used. The organism can also be used in the production of biofuel, enzymes, antibiotics (pusilin) which is in line with the work of Ibrahim, et al<sup>24</sup> and Al-Shammari.<sup>25</sup> The presence of the rare *Candida spp: Candida guilliermondii* among the isolate indicate the presence of opportunistic fungi which affect immunocompromised individuals and also a spoilage organism, which spoils dairy products, fruit juice and other food products. *Candida guilliermondii* take part in the production of biofuel.

*Trichophyton rubrum* has morphological characteristic of white surface, filamentous margin and a flat elevation. *Trichophyton rubrum* found among isolate from salon can pose a threat of infection to both client and staff of the salon as it can cause body ringworm and this can cause a damage to the reputation of the salon., this can be prevented by proper sterilization of clipper, comb, brush.<sup>25,26</sup> *Epidermophyton floccosum*: a dermatophyte which causes which Tinea corporis was isolated from human skin, this can be as a result of poor hygiene of the individual. Sharing of personal items such as towel, comb, hair brush can facilitate its spread.

The use of partially sterilized equipment in the salon where samples were collected contributed to the high occurrence of *Mucor pusilius* and *Aspergillus flavus* among the isolate and which can lead to the client being infected and this can be controlled by individual having his or her personal beautifying gadget and the proper sterilization of commonly used equipment in salon. Poor personal hygiene may be the cause of *Trichophyton rubrum* and *Trichophyton verrocossium* having a frequent occurrence among the dermatophytes, and these organism causes Tinea faciei, tinea barbae etc. These organism can also be acquired from sharing of object like comb, hair brush, towel etc. and thus personal hygiene plays a vital role in curbing the spread of these organism.<sup>27</sup>

Personal hygiene is one of the ways through which some dermatophytic infections can be avoided, also sharing of personal thing like clothes, underwear, comb can also prevent the spread of dermatophyte. Non-dermatophyte can also be prevented in the same way, as they can form relationship with dermatophyte to cause infection. Always should always sterilize any equipment which they use, before and after use and if possible they should avoid client with obvious dermatophytic infection. By doing this the frequency of both dermatophyte and non-dermatophyte would reduce. The extract of *Ficus exasperata* has more effect on the test organism with *Trichophyton schoenlenill* having the largest zone of inhibition at 25mg/ml of the N-hexane extract and its smallest zone of inhibition at 100mg/ml of the ethanolic extract. While the N-hexane extract of *Syzygium aromaticum* had effect on *Trichophyton rubrum* with the largest zone of inhibition at its 100mg/ml. this would imply that the 100mg/ml is effective only on *Trichophyton rubrum*, while the other organism are resistance to the extract. The synergistic effect of both extract (Methanol extract of both plant and Ethanol extract of *Ficus exasperata* and methanol extract of *Syzygium aromaticum*) has effect on almost all the organism: and this implies that the synergistic effect of *F. exasperata* and *S. aromaticum* extract is more effective compare to the individual extract.<sup>28</sup>

## Conclusion

This study has tested the individual effect of *Ficus exasperata* and *Syzygium aromaticum* extract and also their synergistic effect and the result shows that the synergistic effect is more effective compare to

the individual effect. The extract therefore can be exploited for the production of antifungal ointment or topical creams.

## Recommendation

Based on the study, the synergistic effect of *Ficus exasperata* and *Syzygium aromaticum* possess richer antifungal properties. However, more scientific studies would be required to isolate the bioactive compound in these medicinal plants, and also to standardize them.

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## Conflicts of interest

The authors declare that there are no conflicts of interest.

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