

# Socio-economics of mangrove ecosystem in South-eastern Ayeyarwady Delta area of Myanmar

## Abstract

Coastal communities are dependent on the resources available in mangrove ecosystems. The loss of these ecosystems would mean local, national and global welfare losses. Healthy mangrove ecosystems were related with integrated ecological and economical processes by local people. In the present study, uses of mangroves, products and the fishery status of local areas have been studied. The mangrove forests from the study areas provide charcoal, firewood, food and some medicinal plants for local people. To assess the economic value of the regions, the local people from three villages who lived in and near the mangrove forest were questioned and documented. The households studied were categorized into three groups such as poor, middle and rich class and then their monthly income and kinds of jobs studied. The products and works based on mangrove forest and water ways of study areas were the production of *Nipa* thatches, dried fishes, dried shrimp, nga-pi, pickled shrimp, shrimp sauce and charcoals.

**Keywords:** Ayeyarwady delta, *Nipa* thatches, nga-pi, pickled shrimp

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## Introduction

Mangrove forests were crucial of significance for local people, providing food, shelter and, medicinal and other uses. The local people depend on mangroves for fire-wood, charcoal, timber, poles and many other purposes. Traditional uses of mangrove resources currently continue side by side with large-scale and intensive exploitation using high-capital investment and technologies such as charcoal production and firewood. In recent years, efforts to convert mangrove land for other uses, such as fish- or shrimp-ponds or industrial and human settlements have been increasing in number and size. Nevertheless, mangrove provided directly and indirectly uses in various ways. The mangrove forests provide livelihood and employment to wood cutters, fishermen, honey and wax collector, shell collectors, timber traders and their workers and other peoples who work both seasonally and round the year in the forest.

Mangrove forests have been traditionally utilized by the local people for a variety of purposes. Values of mangroves are recognized as “tangible” and “intangible” benefits. The mangrove forest ecosystem is capable to yield the following direct benefits: poles, fuel wood, fishing gear, etc.; raw materials for the wood-based of various industries and charcoal products, etc.; non-timber products including tannin (mostly from bark) to supply raw materials for fishing net processing units, thatching material for roofing and raw materials for indigenous medicine; edible products including honey and wax, meat and fish, fruits and drinks. The mangrove ecosystem can yield the following indirect benefits: natural spawning ground for fish, shrimps and crustaceans, prawns, and conservation of wildlife habitats, and control and regulate the food chain in stores. Mangrove forests contribute to mud flat formation and control of erosion; capability to check inland salinity intrusion; enhance capability to combat the impact of cyclone and tidal surge; and capability to function as a shelter belt during storms and cyclones.

The mangrove ecosystem is a complex one. It consists of water, muddy soil, trees, shrubs and their associated flora, fauna and microbes. It is a very productive ecosystem sustaining various forms of life. For most of the mangrove areas of the world, “fishery” and “forestry” are

the two conflicting demands on mangrove lands. Apportioning of the mangrove land resource to these two major uses under the concept of sustainable management of the ecosystem needs further research though a ratio of 20:80 is suggested for ponds to mangroves, on 25 ha allocations as “woodlot silvo-fishery” by Choudhury 1996.

Many kinds of impact caused by human activities have affected the mangrove areas. The total mangrove forest area has been reduced, with resultant deterioration in the coastal environment and declined by 1% annually. Deforestation of the mangrove areas is mainly related to economic and development activities. So, to obtain the information is fundamental and important requirement for their conservation and management principles on these ecological, bio-resource systems, economical and socio-cultural functions of this region. It is necessary to know the important multiple roles in the socio-economic life of the local people. The economic value of mangrove areas from the Southeastern Ayeyarwady Delta has been studied. The purpose of the study is to know the uses of mangrove directly and indirectly, and the livelihoods of local people who depend mainly on mangrove.

## Literature review

Mangrove forests are extremely important coastal resources, which are vital to socio-economic development. So many literatures and references are available for the socio-economy of the mangrove regions. Kathiresan and Bingham<sup>1</sup> reported that the mangroves are sources of highly valued commercial products and fishery resources and also as sites for developing a burgeoning eco-tourism. Dixon and Lucy<sup>2</sup> also reported that the mangrove forests have been shown to sustain more than 70 direct human activities, ranging from fuel-wood collection to fisheries.

Hong and San<sup>3</sup> reported that many mangrove species are used as timber and *Rhizophora apiculata* and *Bruguiera parviflora* are preferred species for piling purposes. *Rhizophora apiculata* and *Bruguiera parviflora* are converted into charcoal, which constitutes the main mangrove product in south coastal delta. They also mentioned that the rapid population growth, especially in coastal area, has resulted in greater demand for fuel wood and housing materials.

Forest Department (1991-92) stated that the Sundarbans mangrove play an important role in the economy of the south western region of Bangladesh. Total production of fishes over a year period has been calculated as 14562,370 kg. The productions of dry fishes are recorded as 16,843 mounds. The annual production of shells is approximately 3,330,000kg.<sup>4</sup> Extrapolated estimates of the total yield of commercial species of fish in 1993 was 1894 tonnes. However, for the year 1993, Chantarasri<sup>5</sup> estimates a much higher total shrimp catch of 1,453 million with 334 million caught inside the forest area and the remaining 1,119 million collected from outside the forest area. The production of crabs as recorded by Forest Stations has increased from 278 tonnes in 1991-91 and 312 tonnes in 1992-93.

Hussain and Acharya<sup>6</sup> mentioned in his book, that *Heritiera fomes* is the principal timber species in the Sundarbans and other timber species of commercial importance are *Sonneratia apetala*, *Xylocarpus mekongensis*, *Avicennia officinalis* and *Bruguiera gymnorhiza*. The two major fuel wood species in the Sundarbans are *Heritiera fomes* and *Ceriops decandra*. Other species which also provide good quality fuelwood. These include *Amoracacullata*, *Aegicerasmajus*, *Rhizophora mucronata*, *Hibiscus tiliaceus*, *Ceriops scandellana* and *Cynometra ramiflora*. Approximately 17,000 hectares are exploited annually. *H. fomes* fuelwood are used as raw material for the manufacture of hard boards. Leaves of *Nypa fruticans* is a major source of thatching material in southwest Bangladesh.

Constanza *et al.*<sup>7</sup> reported that studies thus far have focused in on direct benefits of mangrove ecosystems such as fisheries, timber, fuel wood, and tourism and there have been some attempts at indirect benefits such as coastal protection. He estimated that the total annual economic value of mangroves at more than US\$900 000 per km<sup>2</sup>. Many workers have studied the products and their utilization of mangroves forest. Brown<sup>8</sup> stated that the ecology of coastal lands and coastal waters provides numerous livelihood opportunities, encouraging concentrations of population and development activities. Hamilton<sup>9</sup> also reported that mangroves provide opportunities for education, scientific research, recreation and ecotourism. Mangroves have multiple uses. These are important sources of products such as timbers, various kinds of poles, firewood, charcoal, *Nypa* thatch, sugar, honey, paper-pulp, tennin, oil and many other living products such as fishes, shrimps, crabs, crocodiles, oysters etc. which are exploited by the riverine populations on a local scale and a global scale. Bandaranayake<sup>10</sup> reported that *Rhizophora apiculata* provides charcoal and has very high caloric value, burns very slowly and produces virtually no smoke. Kathiresan<sup>11</sup> reported many uses of mangrove extracts and stated that the extracts from the mangroves seemed to have a potential for human, animal and plant pathogens and for the treatment of incurable viral diseases like HIV.

Many workers from Myanmar also reported the utilization and socio-economy of the mangrove plants. Malar<sup>12</sup> focuses on the status of mangrove resource uses in Myeik Coastal Zone. Based on 1000 households in 10 villages sited in mangrove areas, utilization of mangrove ecosystem resources were 15% with direct uses and 85% with indirect uses. 5% of timber harvesting used *Xylocarpus granatum*, *Heritiera littoralis*, *Avicennia alba*; 5% of fire wood utilized for *Rhizophora apiculata*, *R. mucronata*, *Bruguiera parviflora* and 5% charcoal processing come from *Rhizophora apiculata*, *R. mucronata*, and *Bruguiera parviflora*. 70% of fishing caught are from *Scyllaserrata*, *Sessamabiden*, *Acetes indicus*, *Penaeus monodon*, *P.*

*merguensis*, Octopus, oysters, mussel, cockle, shrimp and crab. 20% of mangrove resources are used as aquaculture.

San Tha Tun<sup>13</sup> also reported the economic uses of mangrove in Chaung Tha coastal area. He found that *Rhizophora apiculata*, *R. mucronata*, *Bruguiera* spp., *Ceriops* spp. and *Avicennia* spp. are used as charcoal making. Charcoal production is approximately 166,000kg/year. *Rhizophora* spp., *Bruguiera* spp., *Ceriops* spp., *Avicennia* spp., *A. coniculata*, *H. fomes* and *Xylocarpus* spp. are the mainly used for firewood.

## Materials and methods

The assessment of economic value of mangrove for the local population from the Southeastern Ayeyarwady Delta has been carried out within the period of May 2015 to March 2016. Three times field surveys has been made. Data collections were made in the villages near mangrove areas. Some of the households who lived in and near the mangrove forests were interviewed. These households were interviewed with questionnaire surveys. The villages included Htaung Gyi Tan (Lat. 15°43'N and Long. 95°18'E), station (1), Ahshey-Hpyar (Lat. 15°43'N and Long. 95°22'E), station (2), and Nauk-mee (Lat. 15°47'N and Long. 95°28'E), station (3), from the Southeastern Ayeyarwady Delta, Myanmar. The households who lived in three villages were categorized into three groups, namely: poor, middle and rich class. 30 interviewers were chosen and utilized to obtain the necessary information required by the communities for planning and decision making. (Figure 1)

## Results

### Mangroves as the economically important resources for local people

#### Charcoal making

The mangroves of Ayeyarwady Delta were primarily used for the production of charcoal since Second World War. It is known that many acres of mangrove areas are depleted by charcoal making in Ayeyarwady Delta. The timber used for charcoal production included *Avicennia*, *Ceriops*, *Bruguiera* and *Cynometra* which are best timber for charcoal making. So, the timber production from mangrove regions is becoming rare. Instead, small plants and associated plants were dominated as the secondary vegetation within the mangroves.

Nowadays, the mangrove species *Brownlowiatersea* and *Excoecaria agallocha* are used for the charcoal production which is being replaced in the mangroves. Although the plants are small, the trunks of *Brownlowiatersea* and *Excoecaria agallocha* were being used as charcoal.

The trunks are cut into 2 feet long and 2 inches in diameter. One bundle of these species was bought by 40kyats. About 500 bundles were placed into kiln until it full of pieces for charcoal production. The kiln is dome shaped structure and make up of bricks, sand and clays. The kiln was then closed and the pieces were burned and baked. After 20 days, charcoal was completely produced and the kiln was opened to let the charcoal cool off. 10 viss of charcoal are put into one sac and sold by 1500kyats. 40 sacs were got from one kiln and income money was 60,000kyats. Two times per one month were made for production of charcoal. The sacs of charcoal had to be transported in Ahshey-Hpyar village and Ahmar Township.





Figure 1 Map showing the study areas.

### Fuel wood

The use of mangrove wood as a source of fuel for household and commercial purposes was fairly widespread. Nearly all families living in mangrove and surrounding areas depended on this ecosystem for firewood. Local people are classified the various mangrove woods for fuel as four classes: first class-*Rhizophora*, *Bruguiera*, *Ceriops* and *Heritiera*; second class-*Sonneratia*; third class-*Xylocarpus* and *Aegiceras* and fourth class-*Avicennia*, *Sonneratia* and *Excoecaria*. The woods of *Avicennia*, *Heritiera* and *Excoecaria* were used as fuel at every house. 100% of local people were directly used the mangrove forest as firewood in the villages. Local people cut the branches of the mangrove plants, pruning to use as firewood however, they don't cut clearly the main stem.

### Production of *Nypa* thatches

One of the most important non-wood forest products is *Nypa* thatches for the local people. The species *Nypa fruticans* are used as thatches. Moreover, the leaf stalks of *Nypa* are used as floats in fishery sector. The young fruits of *Nypa* are edible and are eaten by wood cutters, crab catchers and fuel wood collectors. Toddy can be obtained from the spathe of the *Nypa* plants.

Local people sell the *Nypa* thatches that a bundle of leaflets is locally known as a "pal". A pal of leaflet bundle included the leaflets from 50 leaves. 50 thatches can get from one pal. 100 thatches can sell about 3500kyats. For a women, about 400 thatches can made by hand per day, their income are 100 thatches for 400 or 500kyats. The *Nypa* thatches were also used as roof material for houses, boats and dwelling and for wall-partitioning. The products are not only used in the local but also sell to other regions. Leaflets of *Nypa* were also

used to tie the crabs as a rope, not to move the crabs in crab fishery purposes.

### Construction materials

*Phoenix paludosa* is one of the representatives of mangrove region of high tide level. The plants are shrubs and the stems were used for frames of walls of the local houses, bridges and as poles. The leaves of *Phoenix paludosa* were also used as the first layer in roof-thatching and is an important material for local villagers in the vicinity of the mangrove forests. One pole of *Phoenix* can sell about 150kyats. A worker earns a bare living cut 20 poles of *Phoenix* plants, and can get 3000kyats per day. The poles were also used to bake in the production of bricks.

### Other uses

Some other products can also be used from the mangrove plants. The leaves of *Avicennia officinalis* are used as food for goats and cows. Roots of *Meropeangulata* (Taw-shauk) were also used as medicine that the paste of these plants is used to relief for patient who suffer stiffness in the muscle. The other uses are presented in tables 1-2.

### Fishery purposes

The mangrove ecosystem is one of the important sector for fisheries because it has high in nutrients and biodiversity richness which are then exploited locally mainly by artisanal fisher folk. Ayeyarwady Delta is also well known as the high potentials of fisheries status and has the rich nutrients for various fishery resources. So, near the mangrove areas serve as the important fishing grounds for the local fishermen.

**Table 1** Medicinal uses of mangroves in study areas

No.	Mangrove plants	Local name	Parts	Process	Diseases/ailments
1.	<i>Clerodendron inerme</i>	Taw-kyaung-pan	Leaves, fruits	Grind	Be completely free from microbes in human body
2.	<i>Dolichandron spathacea</i>	Yae-tha-khut	Leaves	Grind	To prevent the poison, venom
3.	<i>Hygrophila ovata</i>	Pinle-hnan	Seeds	Mix with water	Abscess, pustule
4.	<i>Merope angulata</i>	Taw-shauk	roots	paste	Muscle, paralysed, sprain stiffness in the muscle, muscular contraction
5.	<i>Merope angulata</i>	Taw-shauk	Fruits, leaves	Mix with alcohol	Muscle, paralysed, sprain
6.	<i>Pluchea indica</i>	Khayu	Leaves	Leave salad	dysentery
7.	<i>Xylocarpus granatum</i>	Pinle-ohn	seeds	paste	cancer

**Table 2** Other uses of mangroves in study areas

No.	Mangrove plants	Local name	Part s	Uses
1.	<i>Acrostichum aureum</i>	Hnge-gyi-taung	Frond	Fried, salads
2.	<i>Aegiceras corniculatum</i>	Yae-kgayarr	Flower	Honey
3.	<i>Avicennia maina</i>	Thame-phyu	Fruit	Food for Nga-dan ( <i>Silonia children</i> )
4.	<i>Avicennia officinalis</i>	Thame-gyi	Seed	Foods for goats and cows
5.	<i>Ceriopetalum</i>	Madama-hmaw	Bark	Tanin
6.	<i>Dalbergiaspinosa</i>	Byaik, Su-gou	Leaves	Soap
7.	<i>Derris trifoliata</i>	New-net	Leaves	Salads, food for cow and buffalo
8.	<i>Nypa fruticans</i>	Dani	Fruit, Leaves	Fruits edible, thatch for roof and wall
9.	<i>Pluchea indica</i>	Khayu	Leaves	Boiled with water for salads
10.	<i>Pongamia pinnata</i>	Than-that	leaves	Boiled with water for salads
11.	<i>Phoenix paludosa</i>	Thin-baung	Bud	Food for men, soup
12.	<i>Sarcocaulis globosa</i>	Sa-moun-new	Leaves	Salads, soup
13.	<i>Sonneratia apetala</i>	Kant-bala	Fruit	Edible, food for Nga-dan

The water of the Ayeyarwady Delta is usually brackish, being fed by saline sea water through the tides and fresh water coming from rivers and creeks that drain into the sea. Due to brackish condition, brackish species fishes are encountered in the areas. The fisheries of local people are based on fishes, shrimps, and crabs and to some extent algae, and also include wood product for fishing gear. Most of which are derived from mangroves.

### Dried shrimp production

One of the incomes for the local people is to make dried shrimp production. Mostly are woman who are the main participated in dried shrimp production. The collected species of shrimps in the study areas are *Penaeus monodon*, *P. japonicus* and *P. indicus*. The dried shrimp making is included the processes of boiling and drying.

One viss of shrimp species were boiled with water and put into one teaspoon of salt at 15 minutes. These boiled shrimps were taken on sun-dried for two days or put into the shelf and spread them and

giving the fire under the shelf or smoked. The smoked or boiled shrimp were taken and put inside the sac and pounded with heavy stick to remove their heads, tails and scales. One viss of fresh shrimps were smoked to obtained 10-15 ticals of dried shrimp. Total production of 8,000-8,500 viss of dried shrimp from Htaung-gyi-tan village over the dry period 2014-2015 has been obtained and 80,000-85,000 viss from Ahshey-hpyar village, 160,000-165,000 viss from Nauk-mee village were occurred. These dried shrimp were transported to Pyapon Township and Rangoon Region. The price of this dried shrimp was about 15,000-28,000 kyats.

### Production of dried and salted fishes

Another economic of local populace is making the dried and salted fishes. The common fishes such as *Cynoglossus lingua* (Nga-khwae-shar) *Latescalcarifer* (Ka-ka-dit), *Liza parsia* (Ka-be-lu) and *Plotosus canius* (Pin-lae-nga-khu) were made for dried and salted fishes in the areas. Squids are also used for dried. The fishes are directly sun-dried without washing or removing of viscera. *Latescalcarifer* (Ka-

ka-dit), *Liza parsia* (Ka-be-lu), *Plotosuscanius* (Pin-lae-nga-khu) were washed and removed by viscera with the knife, and then salted by fishes for one night. On the next day, salted fishes are sun-dried for another two days. These dried and salted fishes were then stored in the air-tight jar for a long time.

### Production of 'Nga-pi' or shrimp paste

The production of Nga-Pi is also one of the local make economies in the areas. It is also the woman sector. As the villages were located on the river mouths and on the bank of creeks and nearby the mangroves, the local people commonly exploited the shrimps. Most of the shrimps are made Nga-pi or shrimp paste. Generally, the fish paste included the small shrimps (*Acetes indicus*), the mud crabs (*Scylla serrata*) and mangrove crabs (*Sessamabiden*); and many other kinds of fishes, shrimps, and other aquatic organisms are also included in the fish paste which are commonly occur in the study areas.

The small pelagic shrimp, *Acetes indicus* locally known as "Gway", was caught by push net, stationary bag net. Only the shrimp was sorted out and separated from the catches which contain many kinds of fishes by sieving. The shrimps were spread on the bamboo shelf for sun drying for 3 hours. The semi dry shrimp were mixed with salt and were put into the large wooden mortar and pounded with wooden pestle by hand until the shrimp and salt mixture become a soft and moist mass. Pounding and sun drying of the shrimp paste were repeated 2-3 times to get good color and delicate texture of Nga-pi. This shrimp paste or Nga-pi were stored or placed in the plastic bags or jars. After one month, the liquid was secreted from the bags or on the upper layer of shrimp paste. Secreted liquid known as ngan-pyar-ye, or shrimp paste sauce was used as condiment or seasoning in cooking meat or preparing salads.

### Making pickled shrimps

Another economy is making pickled shrimps in the study areas. Half of aviss of fresh shrimps were removed by its crust to get fresh meat. The fresh meats were pound or assimilated by hand and mixed with 1 teaspoon of salt. And then, equal amount of cooked rice were

pound or assimilated and mixed with 1 teaspoon of salt. A mixture of shrimp paste and cooked rice were mixed and kneaded. This paste was then placed into a piece of cloth and tightly binded and pressed with heavy metal or stone. After 3 days, pickled shrimp were obtained. This pickled shrimp were salad with one teaspoon of oil, sliced onions, chillies, power of chillies, powder of ground nut, power of dried shrimp and coriander and also fried with those.

### Ngapi sauces or fish sauces

Ngapi sauces or fish sauces are also made in the study areas. The raw species include in Ngapi sauces are *Leiognathusequulus* (Nga-waing), *Lepturacanthussavala* (Nga-ta-khon), *Satipinnawheeleri* (Nga-parr), and *Pennahiane* (Nga-poak-thin) or some fishes. Those fishes are not expensive (1 viss=300 kyats). The fishes were placed into the water and soaked in it at one night. On the next day, the scales and gills were removed; the fish were gutted and cleaned with water 2 or 3 times. Then sieved to drain out water and placed to dry in the sun at 3 hours. This sun dried fish were mixed with salt and placed into the pot or glazed earthen jar and crammed or compressed. The congee was poured on the pot until the pot was full. Then it was sealed with a piece of cloth or laded with tray. After one month, the fish sauces were obtained.

### Local livelihoods and the utilization of mangroves

The questioned survey on the economic condition from 30 households who depends on mangrove has been made. These households were categorized into three groups, namely, poor, middle and rich class (Table 3). For poor families, they were caught by crabs and snails and cutting the wood only. This is traditional work in mangrove area. However, their family income was limited to about 90,000-150,000 kyats per month. Families of the middle had other kinds of jobs, such as fishing in the river or creek with nets or traps, shrimp aquaculture, small trading and brokerage of crabs and snails. The monthly income of these middle class families was about 200,000-550,000 kyats per month each. The rich families earn approximately more than 30,000,000-40,000,000 kyats per month. (Figure 2-13).

**Table 3** Average monthly income according to the type of uses/workers

Type	work	Price (Kyats)	Income per one day (kyats× days)	Income per one month (kyats)
Poor	Collecting the snails	1 viss=4000	4000×14	56,000
	Collecting the crabs	1 crab=250-1000	6,000×14	84,000
	Cutting wood	1 bundle=300-500	3,000 × 30	90,000
	Thatching	100 thatches=400	1600×30	48,000
Middle	Cast net, gill net	Fish / Plants	Price	Income per one day (kyats× viss/sac)
				8,000×1.5=12,000
				5,000×1=5,000
				3,000×1.5=4,500
		<i>Penaeusmonodon</i>	1 viss=8,000	1,000×1=1,000
		<i>Penaeusindicus</i>	1 viss=5,000	600×2=1,200
		<i>Latescalcarifer</i>	1 viss=3,000	600×1=600
		<i>Pennahiane</i>	1 viss=1,000	
		<i>Coiliaspp.</i>	1 viss=600	
		<i>Epinephelussexfasciatus</i>	1 viss=600	
			24,300×14 days	340,200



Table Continued

Type	work	Price (Kyats)		Income per one day(kyats× days)	Income per one month (kyats)
	Charcoal processing	<i>Excoecaricaagallocha</i> , <i>Brownlowiaterisa</i>	1 sac=1500	1,500×40 60,000×2days	120,000
	Srimp/fish aquaculture	<i>Penaeusmonodon</i> <i>Penaeusindicus</i> <i>Latescalcarifer</i>	1 viss=8,000 1 viss=5,000 1 viss=3,000	8,000×2=16,000 5,000×3=15,000 3,000×3=9,000 40,000×14 days	560,000
Rich	Buying center/ merchant/ owner of boat or ship	Various sorts of fish , dried fish, dried shrimp, nga-pi		30,000,000×2 days	60,000,000

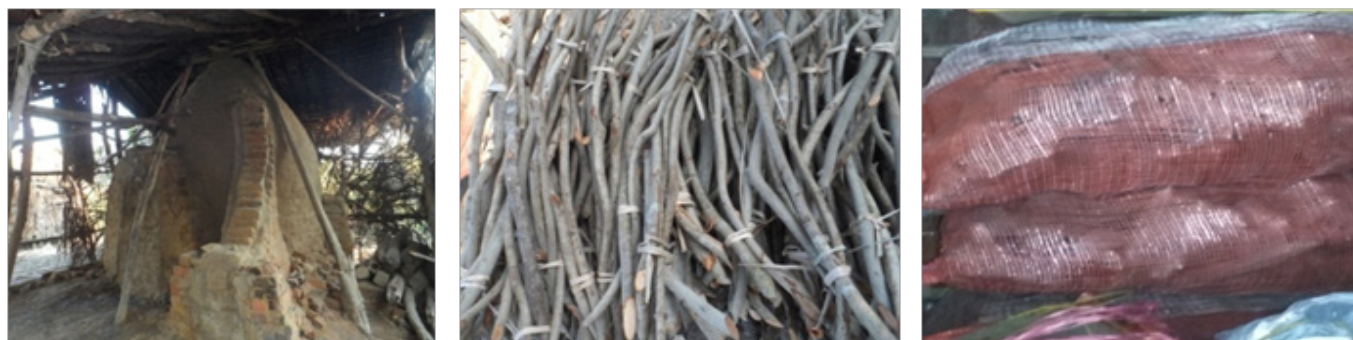


Figure 2 Making for charcoal: (A) Kiln. (B) wood and (C) sacks of charcoal.



Figure 3 Uses of mangroves as firewood.

Figure 4 Uses of *Nypafruticans*.





**Figure 5** Uses of *Phoenix paludosa* as bridge and poles.



**Figure 6** Uses of *Avicennia officinalis* as poles.



**Figure 7** Dried fish and dried shrimp.

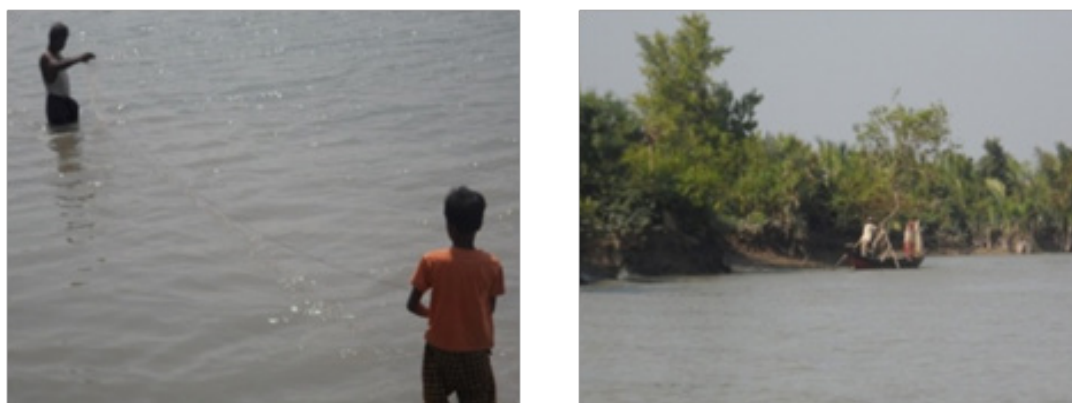




**Figure 8** Production of 'Nga-pi' or shrimp paste.



**Figure 9** Pickled shrimp and Ngapi sauces or fish sauces.



**Figure 10** Catching fish by net.



**Figure 11** Collecting the snail.





**Figure 12** Selling the fish for income.



**Figure 13** Mangrove uses as fuel for households and as food for goat.

## Discussions

Even though there are directly marketed products from mangroves, coastal communities continue to depend on mangroves for a range of goods such as fuel wood, shellfishes, palms and on ecosystem services such as maintenance of the productivity of important estuarine dependent fisheries, water quality regulation, flood reduction and shoreline stability. Globally too, these products and services are valuable. Mangroves can provide vital nurseries for fisheries that support global communities and often shelter biodiversity of global importance by virtue of being, in general, relatively undisturbed ecosystems. Dixon<sup>2</sup> stated that the mangrove forests have been used to human activities, ranging from fuel-wood collection to fisheries. In the present study, it was agreed that mangrove forest were useful for local people either directly or indirectly.

Hong and San<sup>3</sup> reported that mangrove timber is very useful for structural purposes due to its durability. *Rhizophora apiculata* and *Bruguiera parviflora* were used as timber in Sundarbans mangrove forest. In Ayeyarwady delta *Rhizophora apiculata*, *Avicennia officinalis*, *A. marina*, *A. alba* and *Bruguiera sexangular* were converted into charcoal since a long time ago. The charcoal kiln was dome-shaped structure made of bricks, sand and clay. *Rhizophora apiculata*, which provides charcoal that has very high caloric value, burns very slowly, and produces virtually no smoke Bandaranayake.<sup>10</sup> San Tha Tun<sup>13</sup> recorded that *Rhizophora apiculata*, *R. mucronata*, *Bruguiera* spp., *Ceriops* spp. and *Avicennia* spp. are used for charcoal making. Now, Mangrove species of *Brownlowiarsa* and *Excoecaria agallocha* are also used for the charcoal production in this study areas. Nowadays, the mangrove areas are slowly declined because of human activities.

So the plants of secondary vegetation were used as charcoal and firewood.

Islam<sup>4</sup> and Chantarasri<sup>5</sup> have studied the total production of fishes, shrimps, dry fishes, the annual production of shells and crabs and were recorded from 1991 to 1993. The present study revealed that the total production of dried shrimps at three villages and status of mangrove products were also studied. Annual production of dried shrimp for those villages was estimated about 160,000 Viss. So, the income of the local population is in good condition.

*Heritiera fomes* is the predominantly principal timber species in the Sundarbans. Other timber species of commercial importance are *Sonneratia apetala*, *Xylocarpus mekongensis*, *Avicennia officinalis* and *Bruguiera gymnorhiza*. The two major fuelwood species in the Sundarbans are *Heritiera fomes* and *Ceriops decandra* Hussin and Acharya.<sup>6</sup> The present study revealed that *Avicennia officinalis* and *Excoecaria agallocha* are used as major timber species. *Avicennia officinalis*, *Ceriops decandra* and *Excoecaria agallocha* are the major species used in fuelwood at present. Other species such as *Amoracacullata*, *Aegiceras majus*, *Rhizophora mucronata*, *Hibiscus tiliaceus*, *Ceriops scandellana* and *Cynometra ramiflora* are also used as firewood in the Sundarbans. *H. fomes* fuel woods are used as raw material for the manufacture of hard boards Hussin and Acharya.<sup>6</sup> *Rhizophora* spp., *Bruguiera* spp., *Ceriops* spp., *Avicennia* spp., *A. coniculatum*, *H. fomes* and *Xylocarpus* spp. are the main uses for firewood San Tha Tun.<sup>13</sup>

Leaves of *Nypa fruticans* is a major source as thatching material in southwest Bangladesh and ASEAN countries. The uses and

economy of *Nypa* thatch is also popular in mangrove depending areas in Myanmar. Non-forest products such as honey and bee-wax are also produced in the areas. Honey made from *Aegiseras* is of high in quality and has a distinctive flavor. Hussin and Acharya<sup>6</sup> estimated that 185,000kg of honey and 44,400kg of wax are extracted from mangrove forests in Sundarbans annually.

Hamilton<sup>9</sup> reported that mangroves provide opportunities for education, scientific research, recreation and ecotourism. Mangroves have multiple uses. These are important sources of products such as timbers, various kinds of poles, firewood, charcoal, *Nypa* thatch, sugar, honey, paper-pulp, tennin, oil and many other living products such as fishes, shrimps, crabs, crocodiles, oysters etc. which are exploited by the riverine populations on a local scale and a global scale. In the present study, the products of fishery and forestry are the same uses in ASEAN countries. One of the mangrove plant, *Avicennia* is used as food and cheap nutritive feed for buffaloes, sheep, goats and camels in India, Pakistan, Persian Gulf region and Indonesia.<sup>14</sup> Likewise, the seeds of *Avicennia officinalis* were used as feed for goats and cows at the study areas. Also, the seeds of *Sonneratia apetala* and *Avicennia marina* were used as food for fish especially *Ngadan* (*Silonia children*).

*Bruguierasp.*, *Excoecaria agallocha*, *Derris trifoliata*, *Acanthus ilicifolius*, *Xylocarpus* spp., and *Avicennia* spp. are useful for indigenous medicine; Seeds of *Avicennia* have tonic effect, whereas *Ceriops* can produce hemostatic activity. Barks of *Rhizophora* species have astringent, antidiarrhoea and antemetic activities. Tender leaves of *Acrostichum* are used as a vegetable and a beverage is prepared from the fruits of *Sonneratia* spp. Extracts from mangroves seem to have a potential for human, animal and plant pathogens and for the treatment of incurable viral diseases like AIDS.<sup>11,15,16</sup>

In the study area, leaves and fruits of *Clerodendron inermis* are used for killing microbes in human body; leaves of *Dolichandrone spathacea* for poison; seeds of *Hygrophila obovata* for curing abscess, pustule; the whole plant of *Merope angulata* for muscle pain, paralysed, sprain; leaves of *Pluchea indica* for dysentery and seeds of *Xylocarpus granatum* for treatment of cancer were revealed.

Malar<sup>12</sup> reported that 15% of mangroves are directly used and 85% are of indirect uses by the local population in Myeik. 5% of timber are harvested from *Xylocarpus granatum*, *Heritiera littoralis*, *Avicennia alba*; 5% of fire wood are from *Rhizophora apiculata*, *R. mucronata*, *Bruguiera parviflora* and 5% of charcoal processing are from *Rhizophora apiculata*, *R. mucronata*, and *Bruguiera parviflora*. In the present study, 100 % of local people used the mangrove products directly, such as firewood, poles and thatches.

## Conclusion

Mangrove forests are often a rich source of timber, fuel wood, honey, medicinal plants and other raw materials. Moreover, they attract tourists, fishers, hunters, hikers and birdwatchers providing a valuable realized or potential source of national income. So, mangrove ecosystems have an integral role to play in the provision of mangrove products and services that have value to coastal livelihoods, and coastal communities. The local people from three villages from southeastern Ayeyarwady Delta depend most of their income and livelihoods on the mangrove forest directly or indirectly although the main economy of the local population is fishery. All the mangrove products were sold

in the market by the local population and thus the village economies contribute to nearly all of the village level incomes. The fishery based products such as making dried shrimps, dried fishes, and fish paste were made by the local people particularly women. Moreover, the mangrove products such as charcoal, firewood, thatches and honey and others are also the supplementary income of the local people. So, the people from the three villages from Ayeyarwady Delta which are in the vicinity of mangrove forest have good income from the mangrove forest and fishery.

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