

# What chiropractic and how it improve health?

Volume 4 Issue 3 - 2016

**Mohamed M Hassan**

President at Dr. Hassan Chiropractic & Natural healing, USA

**Correspondence:** Mohamed M Hassan, President at Dr. Hassan Chiropractic & Natural healing, Texas Chiropractic College, USA, Email [dr.mmhassan@yahoo.com](mailto:dr.mmhassan@yahoo.com)

**Received:** December 08, 2015 | **Published:** February 10, 2016

## News

- i. Chiropractic: is hands on healing art with focus on treatment of Neuro- Musculo Skeletal systems and effects of these disorders on general health.
- ii. Doctors of Chiropractic, practice a drug-free, hands-on approach to health care that includes patient examination, diagnosis and treatment.
- iii. Chiropractors have broad skills and are also trained to recommend therapeutic and rehabilitative exercises, thereby alleviating pain and muscle tightness, and allowing tissues to heal.
- iv. Our Chiropractic Medicine Center: Is the center for helping many people with difficult Cases including and not limited to:
  - a. (T M J, Neck and Back pain, Sciatica, Herniated disc, Headache, Migraine, Pinch nerve, Chronic Fatigue, Fibromyalgia, Muscle, Trigger points, Carpal tunnel, Wrist pain and Numbness of the Hand, Arthritis, Knee, Shoulder, Rotator Cuff, Elbow, Hip, Flat Foot, Plantar Fasciitis, Auto Accident (Whiplash) and Sports injuries, Scoliosis (Crooked Back/ Spine), Bad posture).
- v. We utilize neurology based chiropractic analysis and treatment.
- vi. Doctors of Chiropractic are well educated as well as medical doctors.
- vii. They have to pass Chiropractic medical boards, and National board examinations before they are certified, and pass State board exam. before they get licensed.
- viii. Neurological Chiropractic: Adjust body frame based on and using the brain body connection to reduce pain and improve quality of life.

## Acknowledgments

None.

## Conflicts of Interest

None.