Mondor’s disease: a case report

Abstract
This paper aims to approach an inflammatory pathology of rare presenting and self-limited, but of great relevance in its diagnosis for the following and easing of the patients.

Introduction
Female 46 years, attends the radiology service referring progressive pain at the left breast, located at the axillary zone and irradiating to the nipple. At the physical examination of this region it was observed the presence of a hard elongated structure with skin retraction. The patient was submitted to a breast ultrasound which demonstrated the findings: image of a tubular aspect in the right breast, dilated, elongated, anechoic, and compatible with venous structure, without Doppler ultrasound flow. Presented in its interior nodular formation, hypochoicogenic, without Doppler ultrasound flow, related to mural thrombus. Such findings orientated the diagnosis to Mondor’s disease. It was suggested the following of the investigation with magnetic resonance imaging (MRI). The MRI showed the presence of tubular aspect image, dilated, that extended itself from the axillary zone to the nipple of the left breast, observing in its interior filling defect characterized by signal hipodensity in all sequences, compatible with mural thrombus. When contrast was dispensed, it was observed parietal enhance of the vascular structure (Figures 1 & Figure 2). Findings compatible with Mondor’s disease.

Case report
The description of superficial thorax and abdominal vessels thrombophlebitis was made by Henry Mondor in 1939. Its physiopathology is not yet defined. However, it is known that it has inflammatory and self-limited characteristics and usually affects thoracic-epigastric, lateral-thoracic and superior epigastric veins. It has diverse causes, being related with vessel lesions, blood stasis or hypercoagulability. The main clinical findings are pain and superficial and palpable fibrous cords. Ultrasound and MRI present higher specificity than mammography, even though it is useful to discard occurrence of breast cancer, which can be one of this pathology causes. Mondor’s disease symptoms may be treated with anti-inflammatories.1,2

Conclusion
Mondor’s disease diagnosis is important and necessary to avoid any invasive procedure that may lead to iatrogeny, thus enabling a better patient following.

Acknowledgments
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Conflicts of interest
The author declares that there is no conflicts of interest.

References

Figure 1 Vascular ectasia.

Figure 2 Mural thrombus.