

Table 1 Socio-Demographic Data

	Normal (n: 31)			Mild Dementia (n: 43)			Dementia (n: 32)			Total (106)		
	Frequency (n)	Percentage (%)	X±SS	Frequency (n)	Percentage (%)	X±SS	Frequency (n)	Percentage (%)	X±SS	Frequency (n)	Percentage (%)	X±SS
Age			73,51±7,89			77,16±8,63			79,71±7,53			76,86±8,37
Gender												
Female	11	35,5		18	41,9		19	59,4		48	45,3	
Male	20	64,5		25	58,1		13	40,6		58	54,7	
Height (cm)			157,32±9,21			155,51±8,83			150,12±9,72			154,69±9,75
Weight (kg)			64,52±12,49			68,30±11,14			62,20±13,95			65,47±12,59
BMI (kg/m²)			26,03±4,56			28,47±5,65			27,52±5,55			27,47±5,36
Length of stay in nursing home (months)			59,70±76,18			44,06±54,88			66,0±65,93			
Education time												
Illiterate	9	29,0		20	46,5		23	71,9		52	49,1	
1-8 Years	19	61,3		20	46,5		9	28,1		48	45,3	
8-12 Years	3	9,7		3	7,0					6	5,7	

BMI- Body Mass Index

Table 2 ADL Data

	Normal (n: 31)			Mild Dementia (n: 43)			Dementia (n: 32)			P
	Frequency (n)	Percentage (%)	X±SS	Frequency (n)	Percentage (%)	X±SS	Frequency (n)	Percentage (%)	X±SS	
Katz Score			17,74±0,68			17,46±1,42			16,43±2,16	0,001*
Having shower										0,006*
can't	0	0		0	0		2	6,3		

Doing With Assistance	4	12,9	7	16,3	13	40,6	
Doing Without Aid	27	87,1	36	83,7	17	53,1	
Suit up							0,054
can't	0	0	0	0	2	6,3	
Doing With Assistance	1	3,2	4	9,3	6	18,8	
Doing Without Aid	30	96,8	39	90,7	24	75,0	
Toilet							0,153
can't	0	0	0	0	1	3,1	
Doing With Assistance	1	3,2	4	9,3	6	18,8	
Doing Without Aid	30	96,8	39	90,7	25	78,1	
Transfer							0,084
can't	0	0	0	0	0	0	
Doing With Assistance	1	3,2	3	7	6	18,8	
Doing Without Aid	30	96,8	40	93	26	81,3	
Continence							0,044
can't	0	0	0	0	0	0	*
Doing With Assistance	1	3,2	2	4,7	6	18,8	
Doing Without Aid	30	96,8	41	95,3	26	81,3	
Nutrition							0,243
can't	0	0	0	0	0	0	
Doing With Assistance	0	0	3	7	3	9,4	
Doing Without Aid	31	100	40	93	29	90,6	
EADL Score			19,03±5,06		19,53±4,65		15,21±5,66
Telephone							0,002
can't	4	12,9	3	7	11	34,4	*

Doing With Assistance	4	12,9	11	25,6	8	25	
Doing Without Aid Shopping	23	74,2	29	67,4	13	40,6	0,305
can't	6	19,4	6	14	10	31,3	
Doing With Assistance	6	19,4	14	32,6	8	25	
Doing Without Aid Meal Preparation	19	61,3	23	53,5	14	43,8	0,006 *
can't	8	25,8	6	14	14	43,8	
Doing With Assistance	8	25,8	11	25,6	12	37,5	
Doing Without Aid Chores	15	48,4	26	60,5	6	18,8	0,018 *
can't	8	25,8	6	14	15	46,9	
Doing With Assistance	9	29	14	32,6	10	31,3	
Doing Without Aid Washing	14	45,2	23	53,5	7	21,9	0,008 *
can't	8	25,8	5	11,6	15	46,9	
Doing With Assistance	8	25,8	16	37,2	10	31,3	
Doing Without Aid Trip	15	48,4	22	51,2	7	21,9	0,005 *
can't	3	9,7	6	14	14	43,8	
Doing With Assistance	13	41,9	12	27,9	8	25	
Doing Without Aid Management of Drugs	15	48,4	25	58,1	10	31,3	0,002 *
can't	1	3,2	1	2,3	8	25	

Doing With Assistance	11	35,5	16	37,2	15	46,9	
Doing Without Aid	19	61,3	26	60,5	9	28,1	
Money Management							0,094
can't	6	19,4	9	20,9	12	37,5	
Doing With Assistance	7	22,6	14	32,6	12	37,5	
Doing Without Aid	18	58,1	20	46,5	8	25	

*= Significant at the P<0.05 level.

Table 3 ADL Score Differences

	1-MMSE group	2-MMSE group	Average Difference (1-2)	Std	Significance
Katz score	8-17 score	18-23 score	-102,762	,44040	,069
		23-28 score	-1,30444*	,40254	,008*
	18-23 score	8-17 score	102,762	,44040	,069
		23-28 score	-,27682	,24876	,611
EADL score	23-28 score	8-17 score	1,30444*	,40254	,008*
		18-23 score	,27682	,24876	,611
	8-17 score	18-23 score	-4,31613*	122,664	,003*
		23-28 score	-3,81351*	135,295	,019*
18-23 score	8-17 score	4,31613*	122,664	,003*	
	23-28 score	,50263	115,419	,962	
23-28 score	8-17 score	3,81351*	135,295	,019*	
	18-23 score	-,50263	115,419	,962	

*= Significant at the P<0.05 level