

# Healing with autosuggestion is done through the quantum computer in the subconscious

## Abstract

This article explains scientifically how the healing with autosuggestion is done. It is done through the Quantum Computer in our Subconscious, which rules and regulates everything in the body with the waves of the weak informational nonlinear electromagnetic field (NEMF) of the Spirit seen as aura. The weak field of the Spirit rules and regulates everything in the body not with its strength, but with the information it carries, which allows us to influence the functioning of our body with words (informationally) through autosuggestion or prayer. Coue's rules and recommendations, which he created on the basis of his long-term observations, about how to make the autosuggestion for healing most efficient, and what is the best time for healing autosuggestion, are easily explained once we know that the autosuggestion is a verbal (informational) access to the Quantum Computer in the Subconscious, which rules and regulates everything in the body with the waves of the weak informational field of the Spirit NEMF.

**Keywords:** healing, autosuggestion for healing, why autosuggestion works, explaining autosuggestion, how suggestion and prayer work, the subconscious quantum computer

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**Maria Kuman**  
Holistic Research Institute, USA

**Correspondence:** Maria Kuman, Holistic Research Institute  
Knoxville TN, USA, Email [holisticare@gmail.com](mailto:holisticare@gmail.com)

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## Introduction

Healing with autosuggestion became popular with the work of Emile Coue,<sup>1</sup> who was teaching people how to successfully use autosuggestion for healing. His book on autosuggestion was published in 1922 (100years go). Based on his long-term observations on people using autosuggestion to heal themselves, he came up with certain rules and recommendations what is the best way to do autosuggestion. However, 100years ago he couldn't in any way explain the scientific basis of his rules and recommendations. In this article, I am going to explain scientifically the basis of his rules and recommendations, i.e. to explain how autosuggestion works and why autosuggestion works best when done following Coue's recommendations.

## Healing with autosuggestion

Coue was teaching people how to use autosuggestion to get well. Based on his long-term observations on helping people to get well by using the method of autosuggestion, he formulated certain rules:

1. The autosuggestion needs to be done by quietly repeating (the lips need to move and repeat again and again (20 times) what you want to achieve). For example: "Every day, I am doing better and better in every aspect". But he could not explain why it works when done this way.
2. The autosuggestion must be done effortlessly by using your imagination (seeing yourself doing well and believing you are well) not with willpower because you want to be well.
3. The autosuggestion works best when done during down and dusk.
4. The autosuggestion works better when done during the night.

## The quantum computer in the subconscious

If I understand how autosuggestion works, it is because I studied the aura for almost 40 years. First, I photographed the aura. Since the aura field is very weak, high frequency electric field was used to multiply the photons and make the aura visible – it is called Kirlian photography. I found that the aura is emotionally sensitive – it shines brighter at positive emotions and it is dimmer at negative emotions.

Since we say we are in high spirit when we experience positive emotions, and we say we are in low spirit when we experience negative emotions, I concluded that the aura must be our Spirit. Then I found that the ancient Jewish Cabala was teaching to high priest that the aura is our Spirit. Thus, what I discovered was well known fact in the past.

Since the aura field is 1,000 times weaker than the field created by the bio currents of the body, to measure it I had to develop and patent very sensitive equipment.<sup>2</sup> Through my measurements, I found that the weak aura field is nonlinear electromagnetic field (NEMF), but I found that this weak field rules and regulates everything in the body not with its strength, but with the information it carries. Thus, the aura (Spirit) is weak informational NEMF. Since hypnotists, who put the Conscious to sleep to access the Subconscious found with surprise that hypnotized people with sleeping Conscious calculate at least 10,000 times faster, I concluded that in the Subconscious we must have much more powerful computer than our conscious computer.

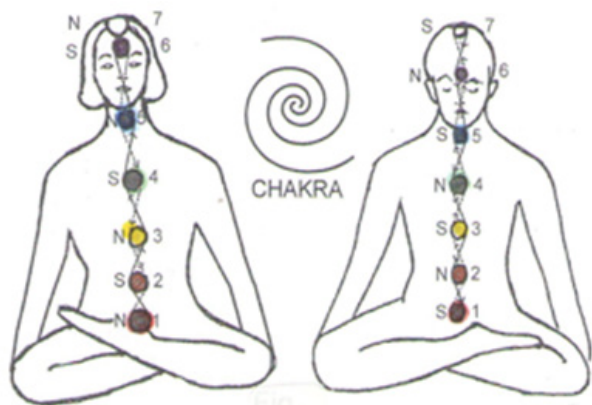
Since we are not consciously aware of the functioning of our organs, our organs must be ruled and regulated from the Subconscious. From the holographic representation of our organs on the surface of the body known from acupuncture, I concluded that the powerful computer in the Subconscious must rule and regulate our organs on holographic principle. Since holographic images are created only with laser light, I concluded that the functioning of our organs must be ruled and regulated with the light of the aura ("aura" means "light"). If so, the subconscious computer must operate with the light of the aura (Spirit) and must rule and regulate all our organs on holographic principle. Therefore, the subconscious computer must be a Quantum Computer.<sup>3</sup>

In a number of articles and books, I have explained that we do have a Quantum Computer in the Subconscious operating with the waves of the aura (Spirit) NEMF, which is a weak informational field.<sup>3</sup> If the Quantum Computer rules and regulates the functioning of all our organs, and this is done through the waves of our emotional Spirit, this explains the modulation of our organ's functioning by emotions. The fact that the emotional Spirit is weak informational field explains the possibility to influence the functioning of our organs with information - prayer or autosuggestion.

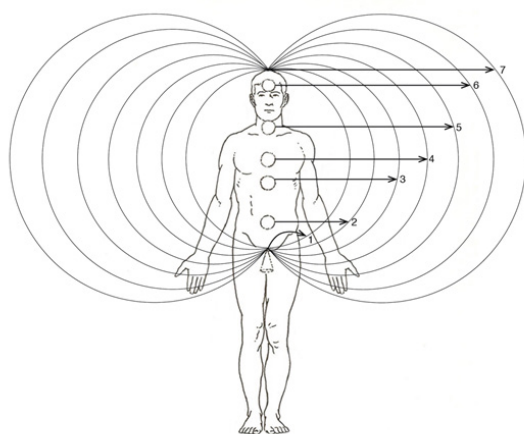
This explains the first recommendation of Coue - the health request (to your Subconscious) needs to be done with quiet repeating of the health request: ““Every day, I am doing better and better in every aspect”. (Considering my explanation how autosuggestion works, the title of Coue book<sup>1</sup> should be: “Self-Mastery through Autosuggestion to Your Subconscious.”) Since the Subconscious works with images, we must imagine ourselves doing well and believe that we are better every day, and this is the second recommendation of Coue. Read the next section to understand the basis of Coue’s recommended time of autosuggestion for maximal efficiency.

**Why does the time of autosuggestion matter?**

Since the human aura (Spirit) is nonlinear field (NEMF), it must have turbulence manifested with a chain or chains of alternating vortices spinning clockwise and anti-vortices spinning counterclockwise. Indeed, the auras (Spirits) of both genders have a chain of alternating vortices and anti-vortices along the backbone. They are called ‘chakras’, which means ‘spinning wheels’ in Sanskrit (Figures 1& 2). They spin in opposite direction in males and females, which means that the whole auras (Spirits) NEMFs of both genders spin in opposite directions day and night.



**Figure 1** The opposite spinning chakras in males and females



**Figure 2** The seven vortices and anti-vortices of the aura NEMF and their corresponding seven discrete energy levels.

If the auras (Spirits) NEMF of both genders spin in opposite direction, both genders would have opposite magnetic polarities. In my article,<sup>4</sup> I explained that the attraction between the sexes is magnetic in origin. This is because the male and female Spirits (auras) spin in opposite directions and create magnetic fields with opposite

polarities, which makes them to attract each other. Human’s aura (Spirit) NEMF has the shape of a torus (Figure 2), which means that their aura (Spirit) NEMF is a vortex spinning clockwise on top of anti-vortex spinning counterclockwise or vice-versa. Since the male and female aura (Spirit) NEMF spin in opposite direction, the man’s aura (Spirit) NEMF must be vortex spinning clockwise on top of anti-vortex spinning counterclockwise, while the female aura (Spirit) NEMF must be anti-vortex spinning counterclockwise on top of vortex spinning clockwise.

In my articles and books, I explained that since vortices spin clockwise and suck energy, during the day to become active the men’s auras (Spirits) NEMFs must suck energy through the vortex on the top of their head. However, for this to happen there must be reservoir of NEMF energy available, from which the men’s Spirits to suck NEMF energy. I call this reservoir of NEMF energy Space Matrix and this is the primary substance (NEMF) from which the Universe was created.<sup>5</sup> During the night, the men’s auras (Spirits) NEMFs spin in opposite direction (spin counterclockwise like an anti-vortex) and release NEMF energy to the Space Matrix NEMF so that the men can rest and sleep.

Since the female aura (Spirit) NEMF is anti-vortex on top of vortex (and vortices suck energy), during the day to become active the women’s auras (Spirits) NEMFs must suck energy from the Earth through their spinning like a vortex energy centers (chakras) at their tailbones. During the night, to rest and sleep women’s auras (Spirits) NEMFs must spin in opposite direction to release the activating energy back to the Earth, so that the women can rest and sleep.

This means that for both genders at dawn and dusk the spinning of their aura (Spirit) NEMF turns to opposite. Since the Conscious is more active during the day and the Subconscious more active during the night, the activity switches at dawn from the Subconscious to the Conscious, at dusk - from Conscious to the Subconscious. During these switches, the Conscious and the Subconscious are bridged. This explains why the time of spin reversal at dawn and dusk (for both genders) is the best time for autosuggestion for healing. It is because the healing with autosuggestion is done through the subconscious Quantum Computer, which is easier, accessed at dawn and dusk.

Since autosuggestion is done through the Subconscious and the Subconscious is more active during the night, autosuggestion is more efficient during the night. Our sleep is a constant switch between light sleep (when the Conscious is active) and deep sleep when the Subconscious is active. During these switches, the information recorded during the day in our Conscious (the conscious digital computer) is scanned and sent to the subconscious Quantum Computer for permanent storage. This makes the Subconscious more active and easier to access during the night.

Since autosuggestion is healing through the subconscious Quantum Computer, which rules and regulates everything in the body through the waves of the weak informational field of our aura (Spirit) NEMF, the autosuggestion for health improvement (done with words = information) is more efficient when done during the night when the Subconscious is more active and easy to access.

**Conclusion**

Thus, in this article, I explained scientifically that the healing with autosuggestion is nothing else but accessing the subconscious Quantum Computer, which rules and regulates everything in the body. Since the Quantum Computer operates with the waves of the weak informational NEMF of our Spirit seen as aura, this allows us

to verbally (informationally) access the Quantum Computer (with autosuggestion or prayer) and by influencing the functioning of our organs to improve our health. Coue's rules, formulated on the basis of his long-term observations when teaching the method of autosuggestion, about what is best time for autosuggestion (during the night or for best results at dawn and dusk) found their natural explanations by the fact that autosuggestion is done through the Quantum Computer in the Subconscious, and the Subconscious is easier reached during the night and best reached at dawn and dusk.

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### Conflicts of interest

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