

Digital transformation of information related to dental pain management in traditional or complementary and alternative medicine

Abstract

Background: According to the World Health Organization, communication is one of the most important challenges for the integration of Traditional or Complementary and Alternative Medicine (TM/CAM) into healthcare systems.

Objective: To develop harmonized tools and a standardized communication method between traditional and conventional medicine for pain management in order to facilitate communication between health actors in the context of dentistry.

Materials and methods: We took a healer-centered approach and collected 30 information sheets from African healers. Using knowledge engineering techniques we extracted information models, candidate terms and terminologies. Next, we designed a UML-based use case of communication between traditional and conventional medicines. Finally, an integrative communication method was formalized through the identification of processes and communication tools.

Results: Our findings showed that patients, dentists and healers communicate using popular terminology that can include specific terms. However, it is possible that they do not fully understand the challenges created by the use of biomedical vocabulary. We were able to develop an integrative communication method structured around a vocabulary shared by traditional medicine and conventional medicine, ontology, a thesaurus, two information models, a context field, the tasks of the health actor, communication interfaces, communication processes and the type of communication.

Conclusion: Communication between traditional medicine and conventional medicine depends on the capacity of healthcare actors and the healthcare system to integrate and use concepts and therapeutic models from the other approach. An evaluation of the ability of a healthcare system and its actors to use the biomedical paradigm from another healthcare system may help to prevent health and socioeconomic risks related to the integration of TM/CAM.

Keywords: world health organization, conventional medicine, complementary and alternative medicine, ontology, biomedical healthcare, communication tools, information models, ontology building

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Abbreviations: WHO, world health organization; CAM, complementary and alternative medicine; CM, conventional medicine; TM, traditional medicine

Introduction

In 2002 the World Health Organization (WHO) defined its first global strategy for Traditional and Complementary and Alternative medicine (TM/CAM).¹⁻⁴ The scientific evidence provided by various integrative strategies⁵⁻⁷ show that the majority of healthcare systems in Africa and elsewhere are seeking to develop TM/CAM. The WHO's systemic approach aims to integrate traditional healers into healthcare systems and promote collaboration between the physician and the traditional healer in order to improve the health of the population.¹⁻⁵

Communication is one of the most important challenges for TM/CAM integration into healthcare systems. Experts agree that in order to maximize the potential of TM/CAM in health care, several issues must be addressed: national policies and regulatory frameworks, safety-efficiency and quality, access to both therapies and products,

and the lack of information available to the public on its use. Another specific challenge is the lack of communication between traditional healers, physicians and consumers.¹

The pan-European Cambrella project highlighted the key role of good information, harmonization of terminology and controlled vocabulary in the use of TM/CAM.^{8,9} Countries vary widely in the extent to which TM/CAM has been integrated.^{5,8,9} Despite the lack of research-based knowledge into the attitudes and needs of people regarding TM/CAM in many European countries, some trends can be noted. TM/CAM is widely accepted and many people would like it to be made more available. They would like impartial, reliable and trustworthy information that supports informed decision-making, and more support and involvement in biomedical healthcare choices.^{8,9}

Both communication and information about TM/CAM are fundamental in the evaluation of TM/CAM risk. There is extraordinary diversity in the way that TM/CAM practices are regulated around the world.^{1,9} Consequently, the lack of high-quality information and communication may lead to medical risk, socio-economic problems

and a failure to integrate TM/CAM into healthcare systems.^{9,10} Online biomedical data on treatments for various diseases and alternative therapies¹¹ is available at various levels. Examples include the French *Académie Nationale de Médecine* (National Medical Academy),¹² healthcare organizations such as the French *Mission Interministérielle de Vigilance et de Lutte contre les Dérives Sectaires* (the Inter-ministerial Taskforce for Monitoring and Combatting Sectarian Aberrations)¹³ national and international agencies for the safety of medicines and health products (e.g. the European Medicines Agency)^{14,15} or the American Food and Drug Administration.¹⁶

The harmonization and standardization of communication with TM/CAM is a new challenge for all healthcare systems and actors, and integrative policies have not yet fully addressed the problem.^{2,5} Structured information about TM/CAM could facilitate communication between consumers, traditional healers and physicians.^{2,9} Furthermore, the goalposts regarding the use of TM/CAM are constantly moving.^{2,5} Its growing popularity has resulted in the appearance of new TM/CAM products and therapies.^{2,5,9,17,18} This increased competition in the under-regulated TM/CAM market is accompanied by new systems of marketing, communication and advertising.^{2,5,9,13,14} Finally the new concept of “associated” medicine demonstrates that all European healthcare systems can learn from the African system. In this context, standardized terminology and controlled vocabulary are fundamental to the exchange of information between the two systems.¹⁰

We selected dental pain as the subject for this study¹⁰ as patients have similar motives for consulting a practitioner whether in the conventional, integrative or TM/CAM system. Pain is one of the oldest medical problems and a universal physical affliction for humankind.¹⁹ It is a concept that is common to both TM/CAM and conventional medicine and is one of the most frequent reasons for consulting either a traditional healer or a biomedical practitioner. Some TM/CAM therapies are well-known for their effectiveness in managing pain. For example, acupuncture has been used to treat pain (and many other health conditions) for more than 3,000 years.²⁰ In Africa, traditional healers play an important role in the delivery of primary health care, particularly in remote communities^{21,22} and offer various approaches to pain management. Their traditional methods range from plant remedies to tooth extractions. The question we investigate in this study is whether it is possible to develop homogeneous tools for clear communication between African healers, patients, and actors in conventional medicine for the management of dental pain.

The aim is to develop standardized tools and a harmonized communication method between African traditional medicine and conventional medicine for the management of dental pain. It seeks to facilitate communication between actors in the healthcare sector in the context of the World Health Organization’s strategy to integrate TM/CAM into mainstream medicine.

Materials and methods

The communication framework

The starting point for our study was an ideal communication use case. In this first example, we examined two healthcare systems, two models of medicine, three actors (the healer, the patient, and the practitioner) and a biomedical information system (Figure 1). The prototype was based on the challenges identified by the WHO

related to strategies for the integration of traditional medicine into healthcare systems.^{2,5} We also looked at bibliographic data on clinical trials, and programs to promote traditional medicine in the treatment of various pathologies.^{5,6,8} The goal was to identify a comprehensive set of variables and constraints related to communication; to detect communication mechanisms; and to find links between traditional medicine and conventional medicine that went beyond a strict comparison.

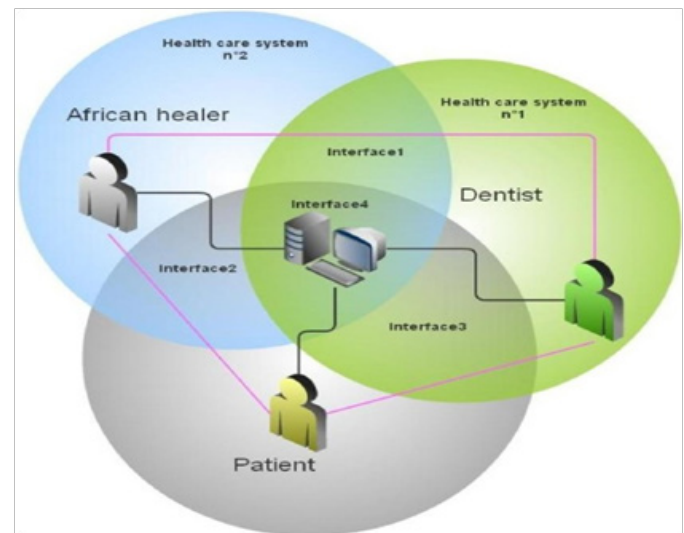


Figure 1 A communication use case involving TM/CAM and the CM healthcare system.

Collection and analysis of African healer’s terminology

From 2002 to 2011, we collected 30 commercial information sheets from African traditional healers in various countries (Benin, Burkina Faso, Gabon, Gambia, and Mali). These paper documents provided a range of information about the healers and their services such as: the therapies available, the illness or problems treated, and the medical products used. From these information sheets, we extracted frequently-used terms using natural language processing procedures. A corpus of 10,800 words was established, unidentifiable words were checked for spelling mistakes, and the text was pre-processed using a corpus processing system (Unitex 2.1). Terms were extracted manually according to token frequency, the identification of collocations, the use of patterns for locating information, and statements about the definition of pain.²³ We then identified the principal pathologies through a correlation of term frequencies and the concepts of healers. We also categorized terms indexed in conventional biomedical terminologies to identify semantic differences between socioeconomic or cultural problems, and disease or illness.¹⁰

Communication tools

Development of a common terminology: The terms that were identified were recorded in a joint TM/CAM and conventional medicine terminology bank. These records were organized according to: class, domain, division or field of the term, definition, related terms and synonyms, equivalents in other languages, the source of word, history, and additional purposes.²⁴⁻²⁶

Information models

The purpose of extracting information compiled from information sheets was to enable it to be shared between computer systems and

health professionals. Therefore we modeled information entities in an information domain model. The first version of this model was named MIDOMA-alpha.1. Then, on the basis of a definition of use case communication scenarios, we designed the second information model (MIDOMA-beta.1). From this we were able to extract items that demonstrated the relationship between traditional medicine and conventional medicine. The class diagram was constructed using UML formalisms.^{27,28}

Ontology building: At this point we reused approaches taken in the development of other ontology projects (MENELAS²⁹ and ONTOORPHA³⁰). We determined the levels of the ontology (top- or upper-level, core, and domain), its classes and class hierarchy.^{25,31} A knowledge representation language (the Ontology Web Language, OWL) was selected to operationalize the ontology. Protégé, a free open-source ontology editor and knowledge-based framework was used to analyze it.³²

Thesaurus building: Our approach to the construction of a controlled vocabulary synthesized work carried out in other studies.^{33–37} First we selected descriptors (terms). Then we identified most frequent ontological relationships of each term (associative, hierarchical). Experts in the field of alternative medicine provided an opinion on the definition and meaning of certain concepts. Although these experts had an intellectual and academic profile they had also acquired traditional knowledge. Finally, a thesaurus was constructed semi-automatically using software (Thesaurus Builder professional version 6.5.5.1) which is compliant with ISO 5964.³⁸

Identification of communication processes: In order to standardize communication between TM/CAM and conventional medicine practitioners we defined communication processes. The main constraint was that these processes should be accessible to all actors including the patient, the traditional healer and the clinician. Therefore, we undertook a preliminary survey of the perception of

traditional concepts in the conventional medicine setting. The survey was administered to 78 students, teachers and patients of a dental care center in Nantes (western France). The survey looked at the ability of actors to use concepts from a different health system taking into account socio-cultural, linguistic, semantic and terminological factors.

Communication typology: A typology of communication between TM/CAM and conventional medicine (CM) had been identified on the basis of published articles and information available on the Internet.^{8,9,11} This showed a relationship between a lack of communication and the challenges of integrating traditional medicine. Although any healthcare system can integrate traditional medicine, the means of communication are highly variable.^{2–6} In addition, communication in a healthcare system depends on an exchange of concepts and therapeutic or explanatory models. This exchange is guided by the use of terminology and the context for the use of traditional concepts. Such forms of communication are not specific to dental pain and can also be applied to other pathologies.

Results

Harmonized communication tools Information models

The MIDoMA-alpha.1 information model was derived from the traditional healers' information sheets, and the initial constraints for the development of a standardized communication method between conventional and traditional medicines were established. MIDoMA-alpha.1 describes the basic information exchanged in a workflow that involves the patient, the healer and the CM doctor. UML classes^{27,28} (at this stage without attributes and association rules) described medical, social, economic and geographic information. This information included: the healer's skills, patient needs and the potential healing power of the treatment (Figure 2).

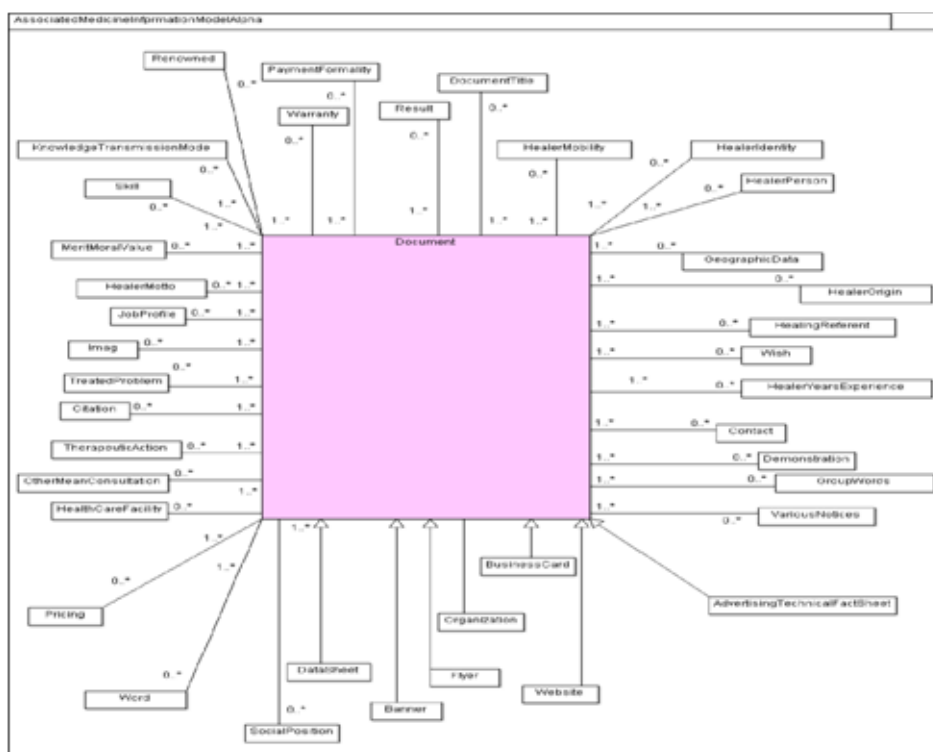


Figure 2 The MIDoMA-alpha.1 information model developed from documentation provided by traditional healers.

The MIDoMA-beta.1 information model was based on biomedical concepts. It outlined non-exhaustive lists of communication variables between TM/CAM and CM. It provided a better view of the concepts,

explanatory models, paradigms and reasoning to be integrated by healthcare actors before the implementation of a strategy for incorporating TM/CAM into the healthcare system (Figure 3).

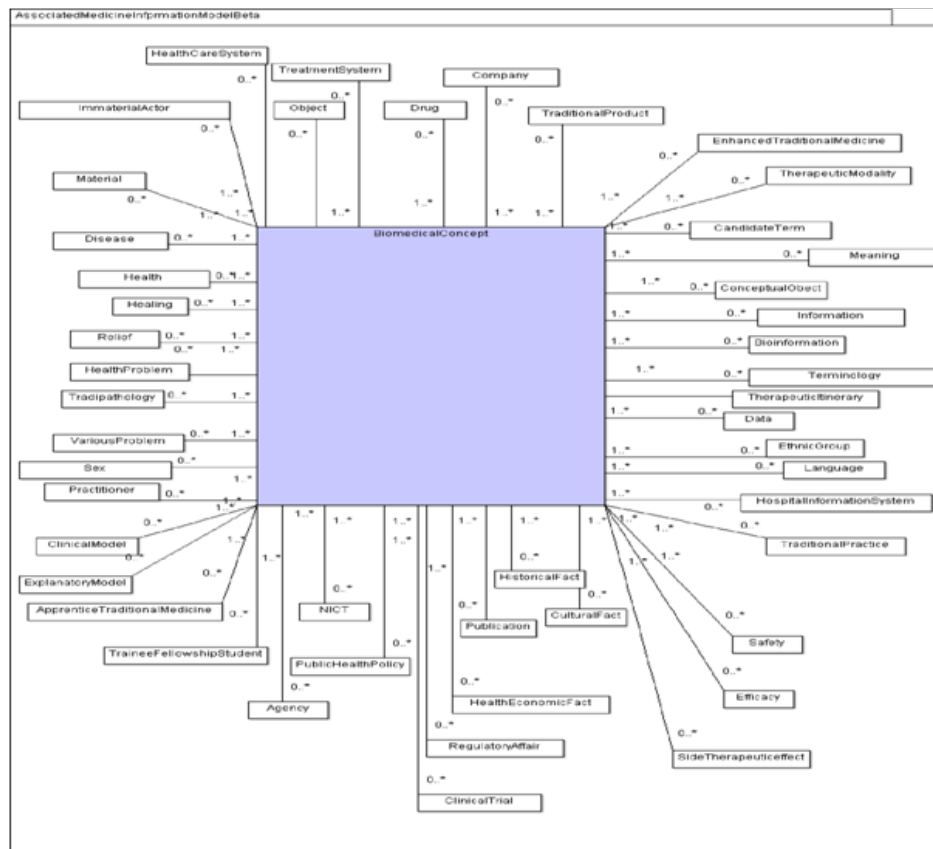


Figure 3 The MIDoMA-beta.1 information model based on biomedical concepts.

Records of terms

The record containing the description of a term (Table 1) made it possible, for each candidate term, to assess the uniqueness of a concept. For example, the term “toothache” or “dental pain” (a rough translation of *maux de dent* in French) is defined by a list consisting

of fields, labels, and their contents. The number of concepts, classes, divisions and sections was also recorded. It should be noted that the terms *mal* and *maux* are meta-concepts that are frequently used by French-speaking African healers. Their meaning may include illness, disease, pain, suffering, evil, etc.

Table 1 Dental pain (*maux de dent*) record with selected fields

Field	Contents
Class	Associated Medicine
Division	Knowledge
Section: E	Pain or pains
Section: N	Tooth anatomy
Language	French
Definition	<p>Definition from a healer's information sheet: Tooth decay: Toothache due to transient or chronic pain Official publication: National Health Service, United Kingdom, Patient and general public information sheet¹ Medical Subject Headings: Odontology Toothache: Dental pain is pain in the jaw and face. It is usually due to a dental problem. Dental pain can be caused by nerve irritation in the root, infection, and decay or tooth loss.</p>
Synonyms and pseudo- synonyms	Toothache
Meaning	Buccodental pain Odontology

Table Continued....

Field	Contents
Connotations or Abstractions	Diseases Symptoms Products used
Corresponding terms	Pulpitis, periodontitis, maxillary cellulite, gingivitis, headaches, maxillary sinusitis
Medical interpretation or therapeutic decision	Potential positive diagnosis: pulpitis, periodontitis, maxillary cellulitis
Translation	Dental pain (English), yin dimi (Dioula), yende zabre (Moré)
Conceptual indicators	Pain
Linguistic indicators	French
Terminology indicators	Uncoded: SNOMED, CIM I0, MedDRA French code: CisMEF
Clinical indicators	Pain
Product indicators	Traditional product
Regulatory indicators	Unlabeled product Not authorized for market use
Health actor indicators	Healer Clinician
Other usage	Term identified during a 2011 survey with 40 dentists in Nantes, France
Gender	Male
Symbols-pictograms	-
Normalization	-
Sources	Healer's technical and commercial information sheet
Author	Martin SANOU, ERT-2004-INSERM U791-Nantes-France
Language code	fr

¹http://www.nhs.uk/translationfrench/Documents/Toothache_French_FINAL.pdf

In the specific context of dental pain management, the “tooth” was described as an organ. Candidate terms describing the tissues that made up the dental organ did not appear in the corpus; these include terms such as dentin, cementum, desmodontium, pulp, periodontal ligament, alveolar bone and cellulosic adipose tissue. Similarly, alternative terms, phrases and collocations were completely missing such as: “acute”, “toothache”, “pulpitis”, “acute pulpitis”, “periodontitis” and “maxillary cellulite”. On the other hand, concepts found in the corpus, such as “dental diarrhea” (*diarrhée dentaire*) are unknown in conventional medicine. It seems that traditional healers struggle to understand that certain types of dental pain are related to inflammation. Infectious conditions are described in terms of “infection” and “abscess” and are not directly related to the odontalgia.

Ontology

Using the candidate terms derived from our terminology research, we built an ontology that included both traditional and conventional terms. This first version consisted of 67 ontological classes (the top-level ontology) and was six levels deep. For example, the hierarchy used to define the concept of toothache (*maux de dent*) was structured as follows:

- Top-level ontology (general concepts, thinking and philosophy): the concept of pain (*la notion du mal*);
- Core ontology (structural concepts): pains, pains (*mal*, *maux*); and
- Domain ontology (domain concepts): dental pain (*les maux de dent*, *le mal de dent*). The pain (*maux*) concept formed part of the super-class called dental pain (*maux de dent*) (Figure 4).

Thesaurus

The Thesaurus of Associated Medicine (MAThes) consists of ten semantic fields:

- Health actors: this field includes all stakeholders in the healthcare system. It targets those receiving treatment and caregivers (patients, healers, and healthcare professionals);
- Traditional and conventional knowledge: the data, information and practices found in traditional and/or conventional medicine;
- The context: defined by the medical environment and the familial, social, economic, anthropological, linguistic and geostrategic context of a clinical case or pathological condition;
- The effects: both therapeutic effects and any socio-economic and public health impacts. Effects can be behavioral, cognitive, and psychological in the context of an individual patient;
- Clinical and explanatory models: the traditional or conventional patterns that have been identified for describing and managing diseases;
- Medical and biomedical models: the type of medicine, skills, practices and disciplines with which the patient is managed (e.g. integrative medicine, chemotherapy or acupuncture);
- Point of view: the transversal and interdisciplinary characteristics of problems related to TM/CAM integration from which emerge ideas about health problems. These could be anthropological, historical, social, economic or medical;
- Objects and products: these describe traditional or conventional

drugs, traditional medicines and the various products referred to in pharmacopeia (plants, herbs, bark, solutions, etc.)

- i. TM/CAM integration strategies: these include national and international policies on TM/CAM integration. At a local level, they concern programs created by traditional healers'

associations and non-governmental organizations for the development of TM/CAM;

- j. Healthcare systems: these define how healers and practitioners are organized in a healthcare system at the level of the individual and the group, and national healthcare infrastructure (Figure 5).

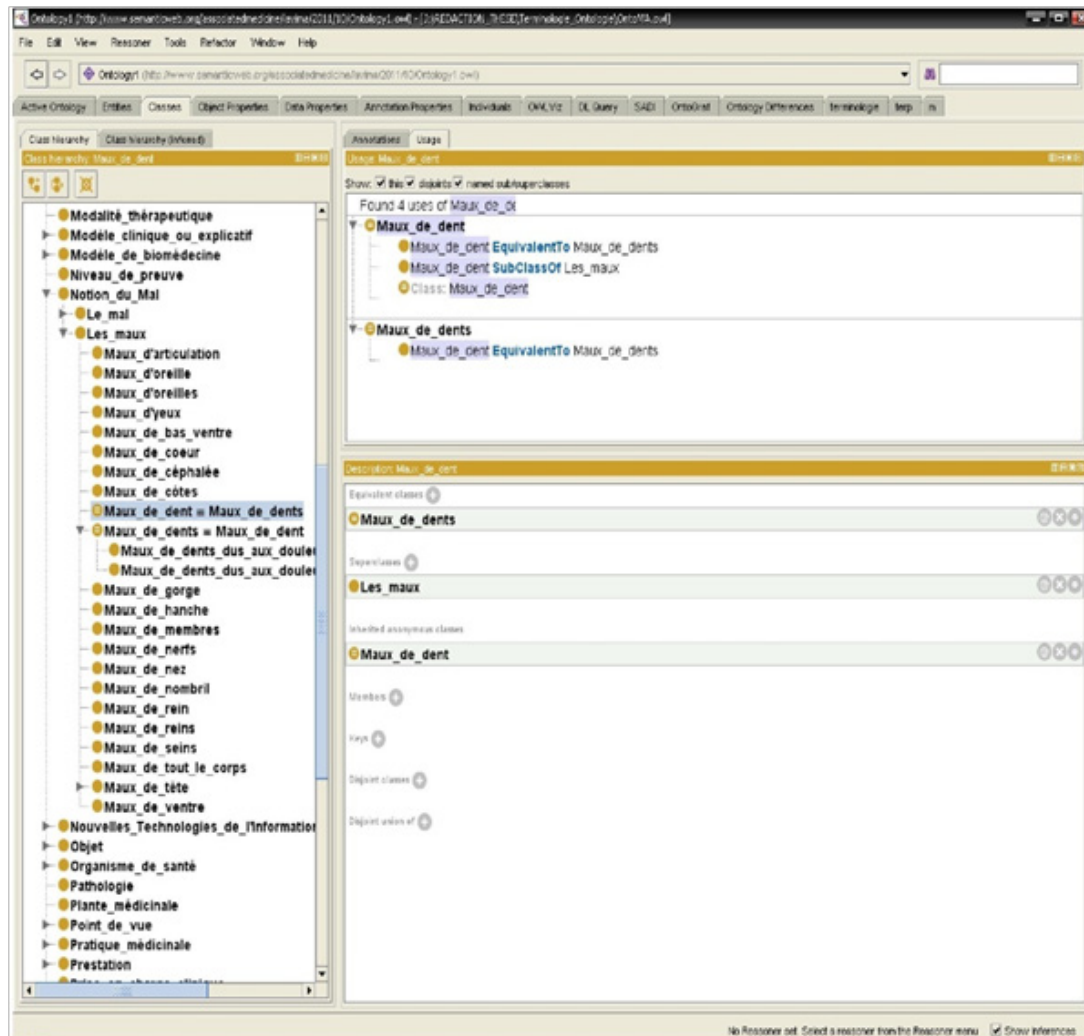


Figure 4 The ontology created using Protégé

Standardized communication between TM/CAM and CM theoretical framework: associated medicine

We defined and described a new concept of public health known as associated medicine. It looks at the capacity of a healthcare system and its actors to associate or be associated with a model of medicine. It explains how a healthcare system “A” can learn from healthcare system “B”. Put another way, it describes how one healthcare system can integrate a therapeutic paradigm from another healthcare system. The principal aim was to measure the capacity of a healthcare system to integrate the following: biomedical concepts, biomedical facts, therapeutic or biomedical models, biotechnology from a single type of biomedicine (associated medicine) or from many distinct models of medicine (associated medicines). The second aim was to examine the capacity of the system and its actors to create socio-economic, public health and therapeutic benefits. Other objectives were: to evaluate the consequences for human health and the organization of healthcare

systems; to describe interactions between healthcare systems; and to analyze changing dynamics in public health crises.

On a collaborative note, the framework offers a way to manage the flow of information between healthcare actors. It favors the integration of traditional medicine into conventional medicine through communication, and can optimize strategies for the integration of traditional medicine into another healthcare system. At a clinical level, it can help in the integration of modalities and conditions of care, and to clarify medical risk management. In pharmacology, it can demonstrate trends in the evolution of concepts associated with a pharmaceutical product during its biotechnological and therapeutic lifespan. At an individual level, it focuses on the behavioral, cognitive and psychological changes linked to a biomedical concept through a conceptual approach to medical facts. It takes as its object concepts that represent sickness, health, medicine, patients, CM practitioners, TM practitioners and the healthcare system.¹⁰

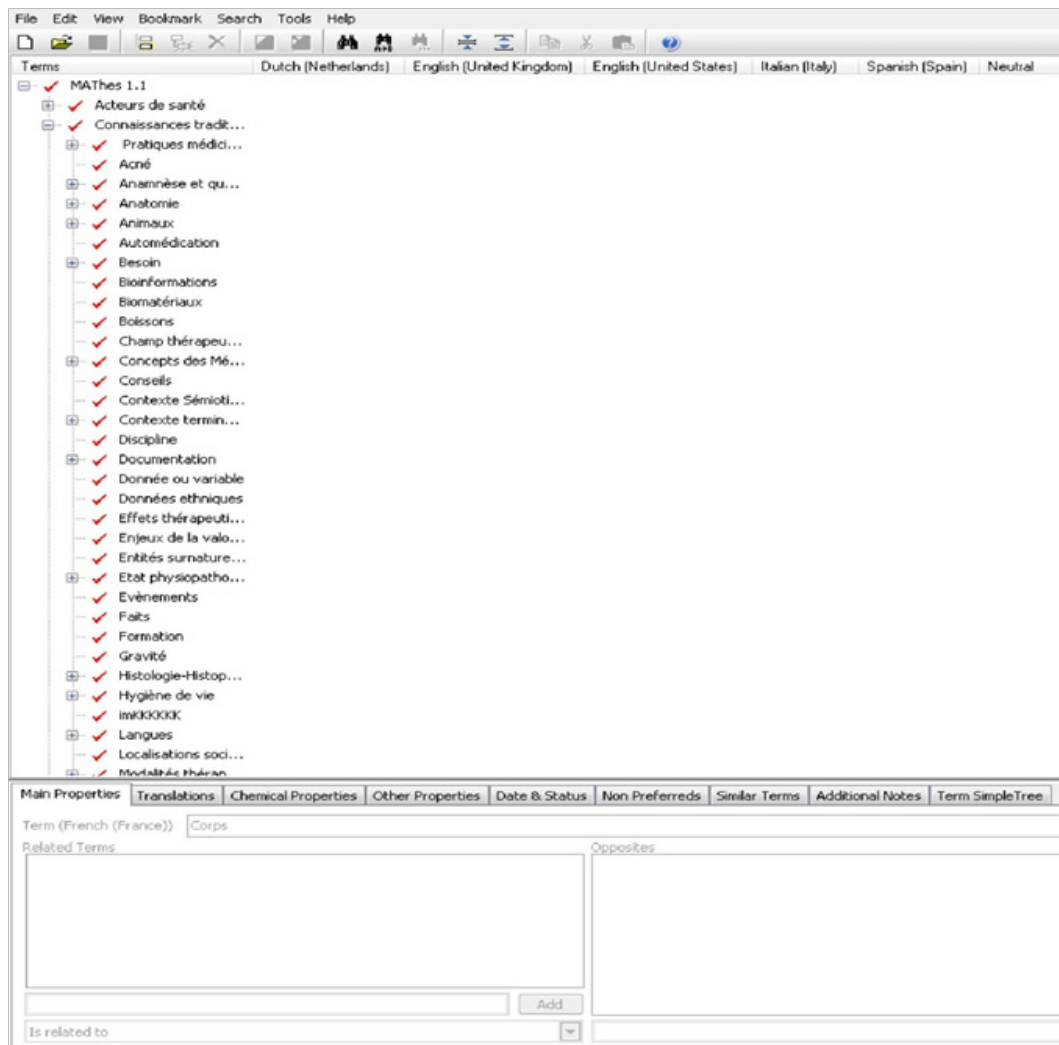


Figure 5 The thesaurus created using Thesaurus Builder.

Communication processes

The conceptual framework was based on the results of pre-surveys and investigations. It was organized into four main areas: resources and communication, healthcare actors, treatment of dental pain, medical risk management and contextual concepts related to disease. The creation of communication processes was based on a selection of all predicates and verb phrases that characterized the speech and therapeutic procedures of a healthcare actor. In African traditional medicine the oral tradition is very important in the transmission of knowledge and it also features in conventional clinical communication. We named it the “standard exchange format” or the “oral format” because the spoken word is easily understood by all healthcare actors.

The medical phrases and behaviors that were identified in this way were combined into pairs of opposites: write – do not write; know – do not know; care – do not care; heal – does not heal; relieve – does not relieve; help – does not help; believe – do not believe; use – do not use; treat – does not treat; understand – do not understand; know – do not know; see – do not see; read – do not read (Figure 6).

Communication activities

Communication activities consisted of tasks related to

communication between healthcare actors:

- i. Determining the communication interface: man-machine, man-man, patient-healer, healer-practitioner, practitioner-patient, etc.;
- ii. Identifying the context: management of dental pain;
- iii. Selecting the communication process;
- iv. Identifying communication resources (terminology, ontology, thesaurus) in order to deduce communication options;
- v. Selecting the type of communication (possible, impossible, juxtaposed, regulated, consensual, etc.).
- vi. Identifying shared information: information on CM and/or mystical-religious therapeutic practices.

Usage rules and codes for communication methods varied. There was no fixed entry point; it dynamically depended on communication needs and the appearance of terms describing diseases or other terms that were unrecognized in the therapeutic procedures of health authorities. Such terms did not belong to the official nomenclature. For example the concept of “help” was considered as “known” but not “written” in the speech of holistic healers (Figure 6).

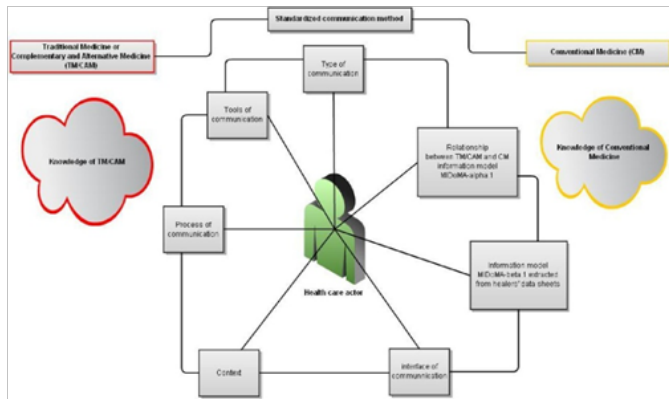


Figure 6 The standardized communication scheme.

Discussion

We could have decided to orient our methodology towards ethno-linguistics and ethnopharmacology.^{39–43} However, we instead chose to focus on traditional knowledge engineering techniques and technological solutions. The main reasons for this are the explosion of information that is available on the Internet and social networks about alternative medicine and its integration into CM.^{11,44} In addition, anthropological and ethnological methods require considerable time in order to gain the trust of traditional healers. These factors led to our method which focuses on the technical and commercial aspects of the work of traditional healers.

Our work may have sociological limitations. The question arises of whether it is even useful to compare data from African healers to that of European witchdoctors (*marabouts*) or French dentists? Logically these three sets of actors correspond to three different approaches to health and wellbeing. The complexity of the issue means that it is important to be prudent in any sociological generalization of our results. The only point that these healthcare actors have in common is the fact that their skills (secular or not) are recognized in their social environment. Nevertheless, our results showed that the concepts of pain and dental pain (*mal* and *maux de dent*) are very popular themes in both Africa and Europe. Word-of-mouth and the Internet are effective vectors for the propagation of such concepts.^{11–15}

Capturing the knowledge and methods of traditional healers formed the cornerstone for our research. Nevertheless, the knowledge of healers can be said to be mystical, supernatural and difficult to formalize.¹⁰ A legitimate question is how we were able to collect such data. We initially focused on written words and practices. However, we also included healers' spoken language, which made it possible to integrate the oral characteristics of African traditional medicine. Consequently, the size of the corpus was quite small compared to others that consist of millions of words.^{45,46} Full details of how healers' information sheets were encoded are beyond the scope of this paper.⁴⁷

The standardized terminology tools we developed may appear

complex when applied to traditional healers, especially as some healers do not speak French or any other occidental language (although sometimes they speak “African French”, a combination of French and the local language⁴⁸). Our communication method is oriented towards healthcare actors from both conventional and traditional medicines. The terminology, ontology and thesaurus we constructed attempted to respect the multilingual character of TM/CAM. For some terms it was necessary to find a compromise. The translation of a concept such as dental pain (*maux de dents*) was just as difficult in African languages as it can be in French or English. It can be used to refer to pain, pathology or the “bad spirit” that is the case of a disease.¹⁰ For all of these reasons, there is a need for tools and indicators that facilitate the use of terminology resources. Simplified terminology tools need to be developed and implemented for novice users of the communication method.

Interviews with dentists about their use of clinical terminology showed that they tend to avoid certain words (such as healers¹⁰). We also noted mismatches in the semantics of particular groups of words. For example, some dental practitioners avoid the words “devitalization” and “dead” to describe teeth because patients are sensitive to these terms. This led to issues related to the meaning of the words we collected. For example, is it better to say “devitalized tooth” or “devitalized pulp”; what about “painful decay”? Can we devitalize a “dead tooth”? Is it better to “remove the pulp” or “remove the nerve”? We did not analyze other esoteric concepts or dental methods, such as magic, dental decoding, psychodental analysis or dental energetics.

This study showed that it is possible to provide evidence of the efficacy and safety of a medicinal product¹ simply with words. The strength of our method is that it can demonstrate socio-economic and medical risks on the basis of a knowledge representation of the elements of integrated communication. This may help to promote the implementation of pharmacovigilance policies and precautions for the use of traditional products.^{1,2,8}

Although we have not clinically tested our communication method, we have assessed the socio-economic and health risks found in healer's information sheets. In this part of the study we checked the consistency of the information provided, taking into account the traditional character of TM/CAM integration (the oral tradition, the local language and ethnicity). We addressed this issue in terms of the concept of quality which is itself a concept used in conventional medicine.^{1,49} The criteria and scoring of medical and biomedical information was based on the Health on the Net (HON) Code of Conduct,^{50,51} Netscoring,⁵² the Dublin Core⁵³ and Cimino⁵⁴ However, several difficulties in the use of these criteria were identified as, in practice, they tend to be oriented towards information found on the Internet and in hospital information systems. We therefore decided to assess the paper-based documents used by traditional healers (Table 2).

Table 2 evaluating healers' data sheets by criteria to assess the quality of health internet information

Referentials standards	Evaluation criteria	compliance of terminological resources of healers
HONcode	Authoritative	yes
	Complementarily	yes
	Privacy	non controlled
	Attribution	sometimes unknown data

Table Continued....

Referentials standards	Evaluation criteria	compliance of terminological resources of healers
James Cimino		sources
	Justifiability	rational and irrational
	Financial disclosure	relative
	Transparency	non controlled
	Advertising policy	no warranty
	Completeness	released only for all health
		actors
	Concept orientation	multiaxial
	Concept permanence	evolution of concepts
	Polyhierarchy	yes
	Formal definitions	relate only to indexed candidate terms
	Reject “not elsewhere classified”	relative.the « african french » is accepted
	Multiple granularities	yes
	Multiple Consistent Views	yes
	Beyond medical concepts:	yes
	representing context	
	Recognize Redundancy	yes
	Title	name of healer; list of products, plants or diseases
	Creator	individuel ou associatif ou institutionnel
	Subjects or keywords	yes
	Description	yes
	Publisher	non-systematic
	Contributor	social environment is sometimes literate
	Date	uncommon
	Type of resource	paper documents, banners, flyers, technical data sheets, advertising panels, visit cards
	Identifier of resource	non-systematic
	Source	not always identifiable
	Language	multilingualism
	Relation	partial indexation of some candidate terms
	Coverage	village or regional, national and international coverage
	Intellectual Property Rights,	hard to define
	Copyright, various rights	sometimes organized by health authorities or associations
	Credibility	relative
	Content	inconstant

Table Continued....

Referentials standards	Evaluation criteria	compliance of terminological resources of healers
	Hyperlinks	usually inexistent
	Design	simple
		multiplicity of traditional
		symbols
	Interactivity	relative
	Quantitative aspects	dominant oral tradition bit of paper documents
	Ethics	no warranty
	Accessibility	popular knowledge
		numerical contents of african healer data sheets are less available on the internet

Finally, there are many challenges to be overcome if practitioners of the various CAM/TM therapies are to understand each other's concepts. However, we did not compare the terminology and concepts of different forms of TM/CAM. Instead, we investigated commonalities, differences and invariants between East and West, and South and North in the use of terms derived from TM/CAM. Concepts and approaches from acupuncture, homeopathy⁵⁵ and African traditional medicine do not correspond to one communication mechanism or a single spoken language, although similar issues apply to the labelling, marketing and communication of TM/CAM products.⁵⁶ In the context of complementary and alternative medicine the goalposts are constantly moving. Its growing popularity has led to the emergence of new specialties and growing medical, social, economic and commercial competition.^{2,5,8} In this context, our study may facilitate further work into new systems for the marketing, communication and publicity surrounding TM/CAM in the next decade.

Conclusion

The construction of standardized tools to enhance communication in integrative pain management led to the emergence of meta-concepts which highlight the huge communication challenges for the integration of TM/CAM. An example is the concept of "pain", which is frequently used by traditional healers to describe both general pathology and specific disorders. It can also be used to refer to social, cultural, economic and spiritual conditions and symbolizes all aspects of the biopsychosocial pain model. Similarly, the study demonstrated linguistic and semantic differences between the French definition of the concept of *mal* and the term "pain" in English. This finding could be a predictor of the cultural and anthropological characteristics of integrative pain management in European countries. As a consequence, it may be the case that some African medical practices, skills and therapies are too complex to integrate into conventional healthcare systems worker and businessman. Communication activities consist of tasks related to communication between healthcare actors. They include: determining the communication interface (man-machine, man-man, patient-healer, healer-practitioner, practitioner-patient, etc.); identifying the context (the management of dental pain); selecting the communication process; identifying communication resources and methods (terminology, ontology, thesaurus); selecting the type of communication (possible, impossible, juxtaposed, regulated, consensual, etc.); and identifying shared information (related to CM and/or mystical-religious therapeutic practices).

The digital transformation of information related to traditional

medicine or complementary and alternative medicine is a challenge for scientists and future generations. Indeed, the information of traditional medicine sometimes has supernatural values. We have suggested in these work lines of reasoning and systems of thought by proposing interdisciplinary and transdisciplinary approaches. In the future, every aspect of this study could be the subject of intradisciplinary scientific research.

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None.

Conflict of interest

The author declares no conflict of interest.

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