

A Possible New Direction for Music Therapy

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Introduction

The concept that the author envisions is that of a therapeutic table for a person lying supine with a cushion under the knees. On the underside of the table would be 7 speakers located at the relative position of the 7 Chakras. These speakers could be adjusted by means of sliding along a rail. Music would then be played and audio channeled into the 7 speakers.

This is relatively straight forward in concept. However, the music chosen to be played and thus the applied magnetic field of the speakers would be tailored to the signs and symptoms as displayed by the patient.

Background Theory

The use of the magnetic field of the speakers to produce a chosen therapeutic application has already been done [1]. The use of music to produce a chosen therapeutic application has also already been done [2]. Also go online and search Solfeggio Tones. This concept joins the 2 so as to be able to meet the needs of a clinically appropriate modality.

Discussion

Much research will need to be done to complete and further the use of music specific for assisting in the use of a clinical application that will be built upon that already in play. Also, speaker coil design or the use of coils (with coils as large as possible) without actual audio will need to be refined and improved. Possibly only 3 coils would be needed. One at the base of the spine, one at the head and one at the middle of the chest. Thus 2 areas of research and development endeavor will open up for creative expression.

References

1. <https://www.healingsounds.com>
2. <http://www.neshealth.com>

Opinion

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