

# Application of organic acids in poultry nutrition

## Abstract

It is well known that the risk of bacteria acquiring resistance to specific antibiotics and antibiotic residues in meat led to a ban of antibiotics as growth promoters in European Union (EU) since January 2006. Organic acids have gained significant attention due to their high nutritional value and antimicrobial benefits. Major countries of production scene for feed acidifiers include the United States, China, Brazil, Mexico, and Japan, and demand is on the rise in developing regions such as Latin America, Asia-Pacific, and the Middle East. Thus, the purpose of this paper is to review the potential of using organic acids in poultry nutrition.

**Keywords:** Organic acids, broiler, layer, breeder

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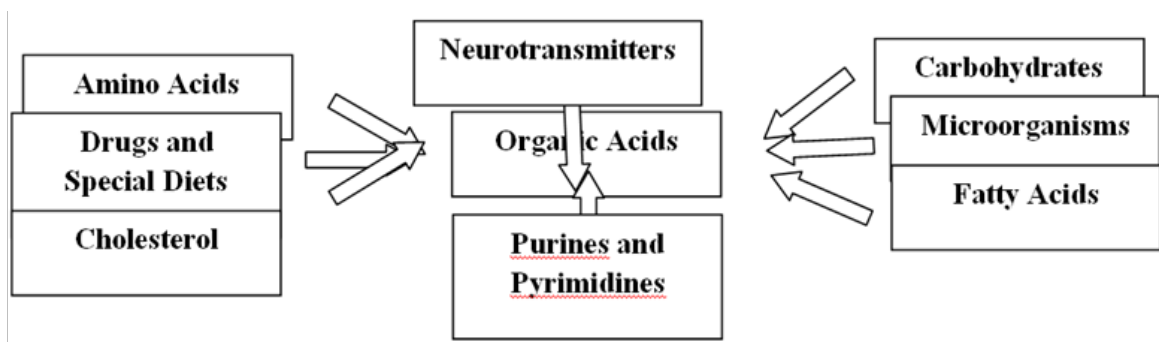
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## Introduction

Nowadays, there is an increased public awareness about the risk of developing cross-resistance of pathogens to antibiotics.<sup>1</sup> Organic acids, such as propionic acid, have been used for more than 30 years to reduce bacterial growth and mould in feedstuffs and thus preserve hygienic quality. Health and performance promoting effects have been demonstrated for a number of organic acids, including formic, fumaric, citric and lactic acid and their salts. In animal rearing, higher feed conversion rates and daily gain as well as reduced incidence of diarrhea, enhance economic return by lower feed costs and shorter time to market may be achieved by organic acid supplementation.<sup>2</sup>

## Organic acid definition

The term “organic acid” refers to a broad class of compounds used in fundamental metabolic processes of the body. Chemically, organic acids share the common features of water solubility, acidity, and ninhydrin-negativity (no primary or secondary amines). The term is generally considered to include all carboxylic acids, with or without keto, hydroxyl, or other non-amino functional groups, but does not include most amino acids. Some nitrogen-containing compounds are included, such as pyroglutamate, or amino conjugates like hippurate (benzoylglycine). Short chain fatty acids are also contained in this group (Figure 1).



**Figure 1** Pathways of organic acid production.

They are either “Simple monocarboxylic acids such as formic, acetic, propionic and butyric acids or “Carboxylic acids with hydroxyl group such as lactic, malic, tartaric and citric acids or “Short chain carboxylic acids containing double bonds like fumaric and sorbic acids.<sup>3</sup> As a group of chemicals, organic acids are considered to be any organic carboxylic acid of the general structure R-COOH (including fatty acids and amino acids). Not all of these acids have effects on gut microflora. Organic acids with specific antimicrobial activity are short-chain acids (C1–C7) and they are widely distributed in nature as normal constituents of plants or animal tissues.<sup>4</sup> They are also formed through microbial fermentation of carbohydrates mainly in the large intestine. They are sometimes found as their sodium, potassium or calcium salts. Most organic acids with antimicrobial activity have a pKa—the pH at which the acid is half dissociated—between 3 and 5. Table 1 shows the common name, chemical name, formula and first pKa of organic acids that are commonly used as dietary acidifiers in monogastric animals.

**Table 1** List of organic acids and their properties used as dietary acidifiers in poultry and pigs<sup>4</sup>

Organic acid	ME <sub>n</sub> (MJ/Kg)
Formic	11.34
Acetic	12.19
Propionic	17.78
Butyric	22.43
Lactic	14.53
Malic	9.79
Citric	10.29

## Considerations before selecting organic acid for poultry nutrition

Before any diet manipulation, we should consider the gastrointestinal characteristics and microbial ecosystems of poultry. Figure

2 show the pH, resident time of feed and microbial population in gastrointestinal tract of chicken. Organic acids and their salts exert growth inhibiting effects on stomach and gut microbes through pH reduction and anion and proton effects in the microbial cell. Growth rates of many microbes like *Cl. Perfringens*, *E. coli* or *Salmonella* ssp.

are reduced below pH 5, while acid tolerant microbes are unharmed. Optimum pH for *Escherichia coli*, *Lactobacillus* spp., *Salmonella* spp. *Campylobacter jejuni* growth are 6-8, 5.4-6.4, 6.8-7.2, and 6.8-7.2, respectively. Acids used as feed additives have pK values between 3 and 5, and are categorized as being of intermediate strength.<sup>2</sup>


Microflora 3 weeks	Parts	Gastro-intestinaltract	pH	Resident time Minutes	Microflora Adult
Streptococci <sup>1</sup> Coliform <sup>1</sup> Lactobacilli <sup>1</sup>	Crop		4.5 - 5.3	45	Streptococci <sup>2</sup> Coliform <sup>3</sup> Lactobacilli <sup>3</sup>
Streptococci <sup>1</sup> Coliform <sup>1</sup> Lactobacilli <sup>1</sup>	Proventriculus Gizzard		2.0 - 4.5	70	Streptococci <sup>2</sup> Coliform <sup>3</sup> Lactobacilli <sup>3</sup>
Streptococci <sup>1</sup> Coliform <sup>1</sup> Lactobacilli <sup>1</sup>	Ileum		5.6 - 7.9	160 - 200	Streptococci <sup>1</sup> Coliform <sup>1</sup> Lactobacilli <sup>1</sup>
Streptococci <sup>1</sup> Coliform <sup>1</sup> Lactobacilli <sup>3</sup>	Caeca		5.8 - 6.8	120	Bacteroidesi <sup>1</sup> Bifidobacteria <sup>1</sup> Peptostreptococci <sup>1</sup> Clostridia <sup>1</sup> Propionic bacteria <sup>1</sup> Eubacteria <sup>1</sup>
Streptococci <sup>1</sup> Coliform <sup>1</sup> Lactobacilli <sup>3</sup>	Colon Rectum		6.3 - 7.7	30-50	Mixture: Ileal and caecal bacteria <sup>3</sup>

Figure 2 pH, resident time of feed and microbial population in gastrointestinal tract of chicken.

<sup>1</sup>Dominant; <sup>2</sup>Predominant; <sup>3</sup>Significant.

Acidifiers are used in three ways in a poultry operation:

- i. Added to the poultry feed in a solid form. This fights mold development in the feed and reduces the pH in the birds' crops.
- ii. Sprayed onto the poultry litter. This attacks the bacteria that facilitate the breakdown of uric acid, limiting the amount of ammonia releases.

Injected into the water to kill bacteria, facilitate chlorine in killing bacteria and lowering the pH in the birds' crops. The effect on gram-negative bacteria is increased if the organic acid is not dissociated (Figure 3). Because of this mode of action acidifier need to contain organic acids which are undissociated at different pH-values, so that the anti microbial action is prolonged over a wider pH range.<sup>5,6</sup>

As the energy content of organic acids is made completely available during metabolism, it should be considered in the energy calculation of feed rations (Figure 4). For example, propionic acid contains up to five times more energy than wheat.<sup>7</sup> The effects of organic acids in the reduction of pH and their antimicrobial activity vary considerably depending on their dissociation status. The amount of dissociation depends on the pH value of the environment, which is described by the specific pK (dissociation constant) value for each acid. The lower the pK value, the stronger the acid, which relates to its ability to lower the pH of the environment.

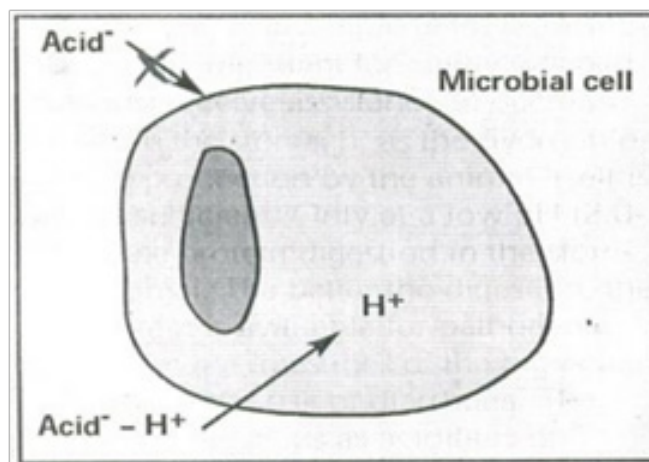


Figure 3 Not dissociated acid penetrates the microbial cell membrane.

**Factors influencing the efficiency of dietary organic acid supplementation**

- pKa-value
- Chemical form (acid, salt, coated or not)

- Molecular weight
- MIC-value of the acid
- Kind of micro-organism
- Animal species,
- Site and location in the gastro-intestinal tract
- Buffering capacity of the feed

Acid	Chemical name	Formula	pKa
Formic	Formic acid	HCOOH	3.75
Acetic	Acetic acid	CH <sub>3</sub> COOH	4.76
Propionic	2-Propanoic acid	CH <sub>3</sub> CH <sub>2</sub> COOH	4.88
Butyric	Butanoic acid	CH <sub>3</sub> CH <sub>2</sub> CH <sub>2</sub> COOH	4.82
Lactic	2-Hydroxypropanoic acid	CH <sub>3</sub> CH(OH)COOH	3.83
Sorbic	2,4-Hexandienoic acid	CH <sub>3</sub> CH:CHCH:CHCOOH	4.76
Fumaric	2-Butenedioic acid	COOHCH:CHCOOH	3.02
Malic	Hydroxybutanedioic acid	COOHCH <sub>2</sub> CH(OH)COOH	3.40
Tartaric	2,3-Dihydroxy- Butanedioic acid	COOHCH(OH)CH(OH)COOH	2.93
Citric	2-Hydroxy-1,2,3- Propanetricarboxylic acid	COOHCH <sub>2</sub> C(OH)(COOH)CH <sub>2</sub> COOH	3.13
Benzoic	Benzenecarboxylic acid	C <sub>6</sub> H <sub>5</sub> COOH	4.19

Figure 4 Men content of common organic acids in poultry feed.3

### Buffering capacity of dietary ingredients

Buffering capacity is a measure of the amount of acid (0.1 M HCL) required to reach a given pH (usually 3 to 5) of a 10-g slurried sample of the ingredient.<sup>8</sup> The ingredients that contribute most to the buffering capacity are proteins and minerals. Cereals and cereal by-products tend to have a low buffering capacity. Organic acids reduce the buffering capacity of the diet, which is critical to effective enzyme activity and control of microbial proliferation. Blank et al.,<sup>9</sup> observed that increasing the buffering capacity from 23.5 to 56.7 decreased the ileal amino acid digestibilities up to 10%. A recommended buffering capacity value for poultry starter diets is 0 to 10.<sup>8</sup> Acid-binding capacity, pH and B-value of some ingredients are shown in Table 2 and Table 3, respectively.

Table 2 Acid-binding Capacity of feed ingredients at pH3

Raw Material	meq/kg (Min./Max)
Wheat	180/240
Corn	135/172
Soybean meal 42	980/1240
Soybean meal 48	1025/1035
Fish meal	1480/2100
Calcium Carbonate	19680/20000
Dicalcium Phosphate	7860/10150

### Feed Acidification Strategies

Form of Organic acids incorporated:

- Free acid form (powder, liquid).
- As salts form: a) Free form, b) Protected/Coated salts.

### Common inclusion levels of organic acids in poultry feed:

- At 0.5 kg / Ton of feed to control molds
- At 2.5 to 3.0 kg / Ton of feed to reduce pH and help in control of Salmonella.

Table 3 pH and B-value of some common feed ingredients

Feed Ingredient	pH	B value
Rice	6.5	2.8
Barely	5.8	3
Maize	6.1	3.5
Wheat	6.7	3.7
Sorghum	5.9	5
Triticale	6.8	7
Soybeans	6.3	18
Sunflower	6.1	16.4
Meat and bone meal	8.3	32
Dicalcium phosphate	7.3	248
Limestone	9.7	1750

### Mode of action of organic acids

Like antibiotics, organic acids have an antimicrobial activity. The acids can penetrate the bacterial cell wall and disrupt the normal actions of certain types of bacteria including *Salmonella* spp, *E. coli*, *Clostridia* spp, *Listeria* spp. and some coliforms. Therefore, reduction in numbers of some species of the normal intestinal bacteria as well as pathogenic bacteria can occur in animals fed organic acids.<sup>6</sup>

### Antibacterial spectrum of organic acids

Each acid has its own spectrum of antimicrobial activity. For example, sorbic acid is better known for its antimold activity, but lactic acid is more effective against bacteria. Formic acid, propionic acid and HMB have broader antimicrobial activities and can be effective against bacteria and fungi, including yeast.<sup>10,11</sup> It has been reported that blends of some acids have synergistic antimicrobial activity *in vitro*.<sup>12</sup> The MIC for acetic, butyric, lactic and caprylic acid in *E. coli* are less than 4 g/l, but this same bacterium is approximately 10-times more resistant to malic, tartaric and citric acid (Hsiao and Siebert, 2002).

## Using Organic Acid in poultry nutrition

One of the first reports of improved broiler performance was for formic acid, when diets were supplemented with single acids.<sup>13</sup> Subsequently, Izat et al.,<sup>14</sup> reported reduced levels of *Salmonella* spp. in carcass and caecal samples after including calcium formate in broiler diets. Izat et al.,<sup>15</sup> showed that buffered propionic acid could be used to counteract pathogenic microflora in the intestine of broiler chickens, which resulted in a significant reduction in carcass contamination with *Escherichia coli* and *Salmonella* spp. The use of pure formic acid in breeder diets reduced the contamination of tray liners and hatchery waste with *S. enteritidis*.<sup>16</sup> Organic acids have strong bacteriostatic effects and have been used as *Salmonella*-control agents in feed and water supplies for poultry.<sup>17</sup> Acidification with various weak organic acids to diets such as formic, fumaric, propionic, lactic and sorbic acid have been reported to decrease colonization of pathogen and production of toxic metabolites, improve digestibility of protein and of Ca, P, Mg and Zn and serve as substrates in the intermediary metabolism.

Several studies demonstrated that supplementation of organic acids to broiler diets increased growth performance, reduced diseases and management problems.<sup>18–20</sup> Hinton & Linton<sup>21</sup> studied salmonella infections in broilers using a mixture of formic and propionic acids. They demonstrated that 6kg/t (0.6%) of this organic acid blend was effective in preventing intestinal colonization with *Salmonella* spp. from naturally or artificially contaminated feed. Improvements in broiler performance and hygiene in response to organic acids are often reported. However, an important limitation is that organic acids are rapidly metabolized in the foregut (the crop to the gizzard), which will reduce their impact on growth performance. Double salts of organic acids, such as potassium diformate and sodium diformate, which reach the small intestine, have been shown to have a significant impact. Selle et al.,<sup>22</sup> demonstrated the effects of potassium diformate at dosages of 0.3–1.2% until 35 days post-hatch on nutrient utilisation (Figure 5). Furthermore, diformates reduced numbers of pathogenic bacteria (*Salmonella*, *Campylobacter* and *Enterobacter*) in broiler chickens and increased numbers of *Lactobacilli* and *Bifidobacteria*.

	Control	0.3% KDF	0.6% KDF	1.2% KDF
1–35 days post hatch				
Weight gain (g)	1785	1808	1889	1853
Feed intake (g)	2836 <sup>a</sup>	2800 <sup>a</sup>	3083 <sup>b</sup>	2898 <sup>a</sup>
Feed conversion ratio	1.59	1.55	1.63	1.57
16–35 days post hatch				
Weight gain (g)	1478 <sup>a</sup>	1488 <sup>a</sup>	1556 <sup>b</sup>	1528 <sup>ab</sup>
Feed intake (g)	2426 <sup>a</sup>	2380 <sup>a</sup>	2652 <sup>b</sup>	2480 <sup>a</sup>
Feed conversion ratio	1.64	1.60	1.70	1.62
AME (MJ/kg DM)	13.73 <sup>a</sup>	14.33 <sup>b</sup>	13.98 <sup>ab</sup>	14.21 <sup>b</sup>
N retention (%)	53.8 <sup>a</sup>	55.1 <sup>ab</sup>	53.8 <sup>a</sup>	56.8 <sup>b</sup>

<sup>a,b</sup>Means in the same row without common superscripts differ significantly ( $P < 0.05$ ).

**Figure 5** Effects of potassium diformate (KDF) on growth performance, apparent metabolizable energy (AME) and N-retention of broilers from hatch until 35 days post-hatch.<sup>18</sup>

Mikkelsen et al.,<sup>23</sup> showed that 0.45% potassium diformate reduced mortality caused by necrotic enteritis (*Clostridium perfringens*). After the necrotic enteritis outbreak (day 35 of the trial period), KDF significantly reduced the number of *C. perfringens* in the jejunum, in agreement with results showing that formic acid inhibits growth of *C. perfringens*<sup>24</sup> *in vitro*. It is possible to decrease chicken carcass and egg contaminations by adding organic acids to the feed or drinking water at appropriate times. Medium-chain fatty acids have more antibacterial effect against *Salmonella* than short-chain fatty acids. The antibacterial effect of these acids is species-specific. Bacteria that are unable to decrease intracellular pH accumulate organic acid anions in accordance with the pH gradient across their cell membranes. The short-chain fatty acid butyrate specifically down-regulates expression of invasion genes in *Salmonella* spp. at low doses. Also medium-chain fatty acids and propionate decrease the ability of *Salmonella* spp. to invade epithelial cells, in contrast to acetic acid.<sup>25</sup>

Several studies support the statement that the addition of citric acid to broiler rations improved weight gain,<sup>26,27</sup> increased feed consumption,<sup>28</sup> and improved feed efficiency.<sup>29</sup> Its addition, its use increased retention of phosphorus,<sup>30,31</sup> tibia ash,<sup>32,33</sup> and toe ash<sup>34</sup> in broiler chicks. It also decreased pH of cecal digesta, crop and gizzard,<sup>35</sup> and intestine<sup>36</sup> in broiler chicks and improved immune responses by

broilers.<sup>29,37</sup>

An experiment was carried out by Yesilbag & Colpan<sup>38</sup> to determine the effects of dietary organic acid supplementation (0.5, 1.0, and 1.5%) on performance (body weight, feed intake, feed efficiency, and egg production), egg quality and blood parameters in laying hens. The hens were fed with diets (17% crude protein and 2800 kcal/kg metabolic energy) supplemented with 0% (control group), 0.5%, 1.0%, or 1.5% organic acid mixture (formic and propionic acids, and their ammonium salts) during 18 weeks. The dietary organic acid supplementation did not significantly affect growth performance (body weight, food consumption) and egg quality parameters, but markedly improved the egg production, by accelerating the laying capacity and prolonging the laying period in 24–28 week old and 36–38 week old hens respectively and the feed efficiency at a lesser extent. Serum total protein ( $p < 0.01$ ) and albumin concentrations ( $p < 0.05$ ) as well as AST activity ( $p < 0.05$ ) were significantly increased, whereas the other tested serum parameters (ALT activity and cholesterol, HDL, triglyceride, VLDL and total lipid concentrations) were unaffected. They concluded that dietary supplementation with organic acids and their salts could be used in layer hens with benefit on egg production and protein metabolism efficiency. Some previous results of using organic acid in broilers are listed in Figure 6.<sup>3</sup>

Acid	Concentration (%)	Effects
Fumaric acid	0.50-1.00	Improvement in weight gain of broilers.
Buffered propionic acid	0.15-0.20	Improved feed efficiency in both broilers and layers. Increase in dressing percentage in female broilers and reduction in abdominal fat for males.
Malic acid	0.50-2.00	Increase in weight gain
Sorbic acid	1.12	Improves feed efficiency
Tartaric acid	0.33	Increase in weight gain
Lactic acid	2.00	Feed to gain ratio significantly improved. Body weight gain.
Formic acid	0.50-1.00	Reduction of caecal pH and bactericidal effect on <i>Salmonella</i>
Benzoic acid	0.20	Positive influence on growth
Butyric acid	0.15	Maintain the beneficial micro flora. Increase the proliferation and maturation of intestinal cells

**Figure 6** The concentration and effects of supplementing organic acid in poultry nutrition.

Acidifying drinking water of poultry for the first 7 d of life, when the birds are first placed into the house, is considered critical, because the crop and intestinal microbial morphology would still be under development. Maintenance of low crop pH by the lactic acid bacteria (LAB) in newly hatched chicks and poults is critical. The acidified drinking water provides a second layer of protection to the LAB and helps to establish them as a part of the crop's normal ecology. Once the crop's LAB population has been established, the bird will be able to maintain a low crop pH on its own as long as feed is available.<sup>39,40</sup>

#### Limitations of using organic acids in poultry nutrition

- i. Palatability may be decreased, leading to feed refusal.
- ii. Organic acids are corrosive to metallic poultry equipment.
- iii. Bacteria are known to develop acid resistance when exposed to acidic environments for over long term.
- iv. Presence of other antimicrobial compounds can reduce its efficiency.
- v. Cleanliness of the production environment.
- vi. Buffering capacity of dietary ingredients.

#### Conclusion

Organic acids are nutrients with acidifying effects that can be used in poultry feed to prevent or combat with harmful microbial populations, so they can improve bird's health and performance in an organic manner. However, nutritionist should consider some important issues such as the type and age of birds, their gastro-intestinal tract microbial ecology, pH and buffering capacity of nutritional ingredients. It seems that further study is needed to recognize the exact effect of organic acids in different stages of poultries life and also in different stages of poultry's infectious diseases to determine the optimum level of each organic acid supplementation.

#### Acknowledgements

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#### Conflicts of interest

Author declares that there is none of the conflicts.

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