

Determination of chemical composition of normal indigenous chickens in Malawi

Abstract

In Malawi, indigenous chickens are commonly kept by smallholder farmers and are raised under free range management system. However, no studies have looked at chemical composition of indigenous chicken meat. Hence, the objective of this study was to determine chemical composition of Malawian normal feathered indigenous chickens. The study was conducted at student's farm, Lilongwe University of Agriculture and Natural Resources (LUANAR). 71, 6 weeks, old normal feathered indigenous chickens were used and split into free range and intensive management systems. The chickens on free-range were supplemented with maize bran while those on intensive management system were given balanced ration (17% CP) throughout the experimental trial period. At 20, 24 and 28 weeks of age, 6 chickens (3cocks and 3 hens) were randomly selected for slaughter to determine the chemical composition based on AOAC methods. The mean ash (%) (4.195 ± 0.099) of the birds on free-range was significantly higher than those intensively managed (3.699 ± 0.099) ($p < 0.05$). The mean ash (%) (1.400 ± 0.42) of birds on free-range was significantly higher than mean ash (%) (1.253 ± 0.42) of birds intensively managed. Protein fat and moisture content were not affected by management system. Age affected the protein (%) and Fat (%). Chickens at 28 weeks had significantly high protein (%) (21.958) than at 20 weeks (20.045) ($p < 0.05$). Fat (%) at 24 and 28 weeks was significantly higher than at 20 weeks. Sex did not affect the proximate chemical composition of the chicken meat. It is concluded that the best age to slaughter chickens is 24 weeks for optimal protein (%) and relatively less fat.

Keywords: age, management system, protein, sex, protein

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Abbreviations: LUANAR, lilongwe university of agriculture and natural resources; CP, crude protein; GLM, general linear model

Introduction

Animal production in general and chickens in particular play important socioeconomic roles in developing countries. Small farming families, landless laborers and people with income below the poverty line are able to raise village chickens with low inputs and harvest the benefits of eggs and meat through scavenging feed resources. However, most communities lack the required husbandry skills, training and opportunity to effectively improve their chicken production.¹ Despite the low productivity scavenging chickens still account for a major part of all meat produced in many developing countries where poultry is an important component of rural, peri-urban and urban households.² In Malawi, most people who keep indigenous chickens are smallholder farmers and are found everywhere in the rural areas. Although the rearing of indigenous chicken is of significant importance in Malawi, there is paucity of information on chemical composition of IC. Consequently, slaughtering of the indigenous chickens is without the knowledge of their meat composition which poses a problem to come up with chickens of uniform chemical composition that can satisfy the consumers. However, to improve the chemical composition of indigenous chickens, baseline information must be known. Therefore, the present study seeks to provide baseline data which can be used by future improvement programmers of indigenous chickens in Malawi.

Materials and methods

Experimental site and design

The research was conducted at students' farm of Lilongwe

University of Agriculture and Natural Resources (LUANAR). 71 normal feathered indigenous chickens were used whereby 23 chickens were raised under intensive management system while 48 chickens were raised under free range management. On intensive management system, a ration containing 17% crude protein (CP) was given to the experimental chickens from the start of the trial to the end. Birds on free range management were supplemented with maize bran in the morning before going for scavenging. The experiment used pullets of the same age (6 weeks old). Slaughtering was done at 20, 24 and 28 weeks. At each slaughter age, 6 chickens were randomly selected (3 cocks and 3 hens) from each of the two management systems, for slaughter and the carcass analyzed for crude protein, crude fat, total ash and moisture.

Data collection and carcass evaluation

Before slaughter, the chickens were starved for 12 hours and slaughtering was done after stunning the birds using the pointed part of the knife by piercing it on the medulla oblongata of the chicken. After severing the neck, the birds were scalded using hot water. The skeletal muscle of each chicken was removed by the use of a knife, including the skin. The carcass was analyzed for chemical composition. This included moisture (%), crude fat (%), crude protein (%), and ash (%). The chemical determination was done on combination of the muscles and the skin of the chickens.

Moisture determination

The standard reference method for measurements of moisture in meat is oven drying (AOAC Method 950.46),³ In this experiment, fresh ground muscle by the use of food blender (about 4g) was dried in an oven at 105°C for 16 hours. Then after drying, the samples

were re weighed. The difference between the weight of the undried meat and the dried was the moisture content of the meat. Moisture percentage was calculated using the formula bellow.

$$Moisture(\%) = \frac{(x - y)}{x} \times 100$$

Where: X=weight of undried meat sample and Y=weight of woven

$$Crude\ Protein(\%) = (\%) \text{ protein content} = \frac{[N \times 14.007 \times (V_s - V_b) \times 6.25 \times 250]}{W \times 1000} \times D \times 100$$

Where N: Normality (0.01) of Standard HCL acid; V_s : Volume of standard HCL acid to titrate a sample; V_b : Volume of standard HCL acid used to titrate a blank; W: Weight (g) of dry sample used; D=Dilution factor (250/10).

Crude fat determination

Crude fat was determined by gravimetric measurement (AOAC Method 960.39) whereby 20g of ground and homogenized chicken meat, passed through 1mm sieve were weighed and put into extraction thimbles and ether extraction followed by the use of Soxhlet apparatus/extracts. Then the ether was evaporated from the extract (at 105°C) and the remains were weighed. The crude fat (%) was calculated using the formula bellow;

$$Crude\ Fat = W(g) - Z(g) / W(g) * 100$$

Where W (g): Weight of extraction thimble and sample before extraction;

Z: Weight of extraction thimble and sample after fat extraction.

Ash determination

In ash determination, 2g of oven dried and ground muscle (passed through 1mm sieve), dried at 100°C, were weighed using a digital scale balance and then put in muffle furnace. The samples were incinerated at 550°C for 5 hours. The incinerated samples were weighed using digital scale balance. The ash was calculated using the formula below

$$Ash(\%) = CSD(g) - CSA / CSD(g) * 100$$

Where CSD: Weight (g) of crucible + sample before incineration

Table 1 Effect of age on chemical composition

Variable	20 Weeks	24 Weeks	28 Weeks
Moisture(%)	73.063±2.1864 ^{ab}	72.303±1.6487 ^{ac}	73.818±1.4769 ^b
Fat(%)	4.579±0.6324 ^a	5.1707±0.6521 ^b	5.046±0.4152 ^b
Ash(%)	1.288±0.2811 ^a	1.296±0.2420 ^a	1.394±0.2456 ^a
Protein(%)	20.045±0.25922 ^a	21.314±2.3032 ^{ac}	21.958±1.6806 ^{bc}

abc: Means on the same row with similar superscripts were significantly different at P<0.05

NB: Fat, moisture, and protein were on fresh basis (raw chicken meat).

It was also observed that age affected fat content of the chickens, with chickens slaughtered at 24 and 28 weeks recording significantly higher fat content (p<0.05) than chickens slaughtered at 20 weeks of age. On the other hand, age did not have a significant effect (p<0.05) on ash content, however, it increased with increase in age of the chickens

dried meat sample.

Crude protein determination

This experiment used the Kjeldahl method (AOAC Method 976.05) which involved digestion of 2g of ground meat samples (using a food blender), distillation, titration and calculating the crude protein by:

CSA: Weight (g) of crucible + sample after incineration

Statistical analysis

Data on chemical determination of the chicken meat was used to test the effects of management system, sex and age on chemical composition of the normal indigenous chickens. Data were analyzed using the General Linear Model (GLM) in SPSS. The parameters were analyzed using the model below

$$Y_{ijk} = \mu + A_i + S_j + M_k + (AM)_{ik} + (SM)_{jk} + E_{ijk}$$

Where Y_{ijk} : Observed carcass characteristics on the individual chicken of the k^{th} management system; j^{th} sex and i^{th} age; μ : Overall mean of the observation; A_i : Effect of the i^{th} Age; S_j : Effect of the j^{th} Sex; M_k : Effect of the k^{th} Management system; $(MA)_{ik}$: Interaction of the k^{th} Management system and the i^{th} Age; $(SM)_{jk}$: Interaction of the k^{th} Management system and the j^{th} Sex; e_{ijk} : Random error component.

Results

Effect of age on the chemical composition

Table 1 shows the effect of age on chemical composition of IC. In this study, moisture was affected by age. Chickens slaughtered at 24 weeks and 28 weeks of age had a mean moisture content of 72.303±1.6487 and 73.818±1.4769, respectively. The mean moisture content of chickens slaughtered at 20 weeks old was not significantly different (p<0.05) from mean moisture content of chickens slaughtered at 24 and 28 weeks old. It was observed that the moisture content decreased from 73.063% to 72.303% and increased significantly at 28 weeks of slaughter age (p<0.05).

having recorded 1.288±0.2811, 1.296±0.2420, and 1.394±0.2456 at 20, 24 and 28 weeks respectively (Table 1).

Effect of sex on the chemical composition

Table 2 shows the effects of sex on the composition of Moisture

(%), Fat (%), and Ash (%). The results indicate that sex has no significant effect on chemical composition ($p < 0.05$). However, cocks had less moisture content (73.060 ± 0.290) as compared to hens (73.062 ± 0.290). It was also observed that hens had more fat content (5.008 ± 0.6150) than cocks (4.856 ± 0.6312). Hens also had more ash content (1.333 ± 0.042) than cocks (1.320 ± 0.042). Cocks, on the other hand, recorded a higher protein content (21.306 ± 2.3762) than hens (21.306 ± 2.3762 vs 20.905 ± 2.3084) (Table 2).

Table 2 Effect of sex on the chemical composition

Variable	Cocks	Hens
Moisture (%)	73.00 ± 1.9633^a	72.668 ± 1.8151^a
Fat (%)	4.856 ± 0.6312^a	5.008 ± 0.6150^a
Ash (%)	1.320 ± 0.2694^a	1.330 ± 0.2552^a
Protein (%)	21.306 ± 2.3762^a	20.905 ± 2.3084^a

^a: Means with similar superscripts on the same row are not significantly different at 0.05 level of significance.

NB: Fat, ash and protein are on fresh basis (raw meat).

Effect of management system on chemical composition

Management system had no effect on chemical composition ($p < 0.05$) in IC (Table 3). However, chickens on free-range had more moisture, fat and protein content of 73.455 ± 2.0281 , 4.943 ± 0.7176 and 21.489 ± 2.4797 , respectively. As compared to chickens raised on intensive management system (72.668 ± 1.6485 , 4.921 ± 0.5234 and 20.722 ± 0.344) for moisture, fat and protein content respectively. Overall, management system had a significant impact only on ash content of the chickens ($p < 0.05$). The ash content (1.400 ± 0.2531) of chickens on free-range management system was significantly higher than (1.253 ± 0.2501) of birds on intensive management system (Table 3).

Table 3 Effect of management system on chemical composition of chickens

Moisture (%)	73.455 ± 2.0281^a	72.668 ± 1.6485^a
Fat (%)	4.943 ± 0.7176^a	4.921 ± 0.5234^a
Ash (%)	1.400 ± 0.2531^b	1.253 ± 0.2501^a
Protein (%)	21.489 ± 2.4797^a	20.722 ± 2.1462^a

^{a,b}: Means on the same row with different superscripts were significantly different from each other at $p < 0.05$.

Discussion

The results in Table 1 on moisture content agree with Wattanachant et al.⁴ and Wattanachant⁵ who reported a decrease in moisture content of Thai indigenous chickens during growth from 6 to 24 weeks. However, the results are not in line with Tougan et al.⁶ who reported that there was no change in moisture content of chickens from 20-24 weeks and then the moisture decreased at 28 weeks old. The results on moisture content also differ from findings by De Marchi et al.⁷ who reported no significant difference in dry matter content of meat from Padovana breed of chicken slaughtered at 150 and 180 days old. The differences can be attributed to the ecotype of the chickens. Some chicken ecotypes are fast growing and the chickens used in the current study are slow growing. The current results shows that fat content increased significantly with age from 20 to 24 weeks before decreasing slightly at 28 weeks of slaughter age. These observations

are similar with those reported by Tougan et al.⁶ who reported significant increase in fat content of chickens slaughtered at 20, 24 and 28 weeks. The results are also in agreement with the findings of Diaz et al.⁸ who discovered a significant increase in total lipid content of chickens at 20 and 36 weeks old. Zanusso⁹ reported the similar results about breast and thigh muscles of chickens from 6 to 22 weeks. In the current study, the high fat content of chickens slaughtered at 24 weeks than at 28 weeks might be due to scarcity of feed during this period. Which led to the chickens relying on their body reserves for energy on different body metabolic processes. At this age, hens start laying and with the shortage of feed, they lose weight hence affecting their chemical composition. In the current study, sex had no significant effect on fat content of the Indigenous chicken. However, these results differ from those reported by Sunday et al.¹⁰ who observed that lipid content of chicken meat was higher in cocks than hens, whereas crude protein content was significantly higher in cocks than hens. On the other hand, findings from the current study on fat content are in line with the results reported by Abudullah & Matarneh,¹¹ who found no significant differences in chemical composition in broilers cocks and hens. On the other hand, Konrad & Gaal¹² found that sex had a significant effect only on ash content of thigh meat of yellow Hungarian cockerel (0.98%) and pullets (0.89%) raised on free-range for 84 days with high ash content recorded in pullets. The results in Table 3 showed that chickens on free-range system recorded high fat content than chickens on intensive system. The results differ from those reported by Tougan et al.,⁶ who conducted a study to find out the effect of management system on nutrition quality of indigenous chickens, and found that the fat content of chicken meat from confinement was significantly higher than those chickens on free-range management system. These results on fat, protein and moisture content agree with reports by Fanatico et al.¹³ who revealed that breast moisture, fat, protein and ash content was not affected by production system. In the current study, rearing system (intensive and free range) did not affect the proximate composition of the chicken muscle. The high fat and protein content of the chickens on free-range may be due to the availability of feed in the proximity whereby chickens did not lose more energy searching for feed since it was rainy season. The chickens were scavenging around and even having some access to feed in the nearby pig units. Supplementation in the morning made the chickens less mobile as they would spend much of the time feeding on the supplement feed than scavenging. The season in which the study was conducted has also contributed to the results observed. The significant high ash content of the chickens on free range might be attributed to the season of the production. At the start of the rainy season, the grasses are tender and have relatively high mineral content. These grasses are liked by scavenging birds hence contributing to the high mineral content. The season is also characterised by snails, worms and small insects which contain remarkable high levels of minerals and might have contributed to the high ash content of the scavenging birds. The grass and the insects also contributed to the high fat content of the chickens on free-range since grass is digested by the chickens in the colon hence supplying energy which is usually stored as fat,⁶ however, there is a need to conduct a research to find out the effect of rearing season on the chemical composition of the Malawian indigenous chicken.

Conclusion

It can be concluded that management system, and age has significant effect on the chemical composition of the normal feathered indigenous chickens but sex has no effect on all the parameters analysed. The management system did not significantly, affect the

fat and protein content of the normal feathered indigenous chickens, however the fat and protein was high for chickens on free-range management system. Sex did not affect the proximate composition of the normal feathered indigenous chickens, but cocks recorded high protein than hens and hens registered high fat content than cocks. Age had a significant impact on Moisture and Fat content of the normal indigenous chickens only, with chickens slaughtered at 24 and 28 weeks recording significant high fat content as compared to chickens slaughtered at 20 weeks of age.

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Conflicts of interest

The author declares no conflicts of interest.

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