

Use of statistical models for predicting oral health status of children with cerebral palsy in Sri Lanka

Abstract

Cerebral Palsy (CP) is the most common movement disorder in children, which is defined as “a group of permanent disorders of the development of movement and posture, causing activity limitations attributed to non-progressive disturbances occurred in developing fetal or infant brain. In this study, we consider the four most common CP types categorized by the location of movement problems named Monoplegia, Diplegia, Hemiplegia, and Quadriplegia. Oral health is a state of being free from the chronic mouth, facial pain, oral and throat cancer, oral sores, congenital disabilities such as cleft lip and palate, tooth decay and tooth loss, and other diseases disorders oral cavity. The main goal of the study is to create suitable statistical models for predicting the oral health status of children with CP using Silness-Löe plaque index and DMFT Index (DMFTI). Also, to identify the relationships between DMFTI and demographic, DMFTI and CP location, Silness-Löe plaque index and demographic data, Silness-Löe plaque index and CP location, Care index (CI) and demographic data, and the CI and CP location. This analysis was performed on a sample of 93 children with CP in the Central Province, Sri Lanka. The independent sample t-test and one-way ANOVA test were used to identify the relationship between variables, and effect sizes were calculated using partial Eta squared value to measure the strength of the relationship. Further Multiple Linear Regression (MLR) model, Random Forest Regression (RFR) model, and the Support Vector Regression (SVR) model were used to predict the oral health status using DMFTI and plaque index separately. A comparison was conducted for the fitted models using the Coefficient of determination (R-squared). There is a significant difference between the mean values of the plaque index for different CP locations. Children with diplegia have the lowest plaque index, while children with hemiplegia have the highest plaque index. The accuracy of the MLR model for predicting DMFTI is 23.60% and 20.80% for Permanent and primary teeth separately, and 20.00% for predicting Plaque Index. Those accuracies for the RFR model are 92.64%, 93.11% and 90.32%, while 95.36%, 85.65% and 80.07% for SVR model respectively. Therefore, the RFR Model was considered the best-fitted model for predicting oral health status using DMFTI and the plaque index of Sri Lankan children with CP. Besides, children with hemiplegia have a higher risk of having lower oral health status.

Keywords: oral health, cerebral palsy, multiple linear regression, random forest regression, support vector regression

Volume 10 Issue 1 - 2021

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Received: February 15, 2021 | **Published:** February 28, 2021

Introduction

Cerebral palsy (CP) is primarily a disorder of movement and posture. It is defined as “a group of permanent disorders of the development of movement and posture, causing activity limitations, that are attributed to non-progressive disturbances that occurred in the developing fetal or infant brain”.¹ There are four major types of cerebral palsy, which are spastic, athetoid, ataxic, and mixed type. Spastic cerebral palsy is the most common type of CP, making up 70 to 80 per cent of cases. Moreover, the cerebral palsy location (CP-location) explained by the location of movement problems can be mainly categorized into four types, namely 1. Monoplegia: Only one limb movement is affected. It usually occurs in the arm or leg, 2. Diplegia: Two limbs, usually the legs, are affected, 3. Hemiplegia: One side of the body is affected, and 4. Quadriplegia: All four limbs are involved, but the legs are affected worse than the arms.² Figure 1

Oral health is a state of being free from chronic mouth and facial pain, oral and throat cancer, oral sores, congenital disabilities such as cleft lip and palate, tooth decay and tooth loss, and other diseases and disorders affect the oral cavity. In most studies, oral health status is assessed using the Silness-Löe plaque index and Dental caries index.³ DMFT Index (DMFTI) can be obtained by calculating the

total number of Decayed, Missing, and Filled Teeth in permanent dentition and primary dentition separately. The patient's clinical oral examination was realized for the prevalence of dental caries in an individual. Silness-Löe plaque index is a measurement to state the oral hygiene recording debris and mineralized deposits in each of the four surfaces, and a score is given from 0-3.⁴ The Care Index (CI) is a measure of the proportion of carious teeth managed with restorations or by extraction. It is defined as $CI = F + M/D + M + F$, where D: the number of restored teeth as a proportion of the total number of decayed, M: missing, and F: filled teeth. It provides an epidemiological measure of how much treatment has been provided to manage the disease.^{5,6}

The main goal of the study is to create suitable statistical models for predicting the oral health status of children with cerebral palsy in Sri Lanka. In this study, we had described two types of statistical models to predict the oral health status using DMFTI and Silness-Löe plaque index of children with CP. Also, to identify the relationships between DMFTI and demographic data of children with CP, DMFTI and CP location, Silness-Löe plaque index and demographic data of children with CP, Silness-Löe plaque index, and CP location were other objectives. Many studies have been conducted worldwide regarding oral health status^{7,8} and caregiver support of children with

CP.⁹ However, only one study was conducted on the prevalence of CP in Sri Lankan children, a descriptive cross-sectional study. Therefore, this study was conducted to identify the oral health status of Sri Lankan children with CP. Besides, we introduced novel models to predict Sri Lankan children's oral health status.¹⁰

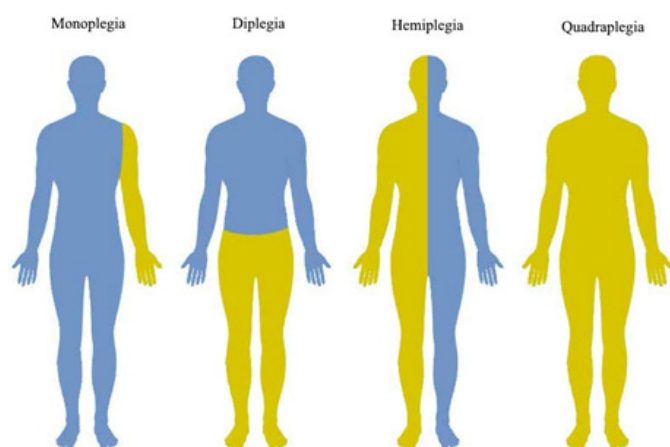


Figure 1 Types of CP Locations.

This article is organized as follows. In Section 2, we describe the nature of the data set utilized for the analysis; Section 3 contains the description of the methods used in the analysis, such as the multiple linear regression model, Support Vector Regression model, and Random forest regression model. Section 4 illustrates the results obtained using statistical software (Rstudio, IBM SPSS) and Python libraries (scikit-learn, pandas, NumPy). Section 5 includes the significant findings with the conclusions of the study.

Materials and methods

Ethical approval

Ethical clearance was obtained from the Ethical Review Committee of the Faculty of Allied Health Sciences, University of Peradeniya. The permission to collect data from the respective hospitals was obtained from the hospital directors after getting the ethical clearance. Informed written consent was obtained from the participants (caregivers) before the data collection, after explaining the study's purpose.¹⁰

Data

Data were collected from 93 children with CP and their caregivers who attended the neurology clinic at Rehabilitation Hospital, Digana, and Sirimavo Bandaranayake Specialized Children Hospital, Peradeniya. Medically diagnosed children and adolescents with CP aged between 3 -18 years were included in the study, and children whom parents or caregivers did not accompany were excluded from the study.

The questionnaire consisted of five parts of demographic data of parents and the child, medical history, mother's/caregiver's awareness about oral health, Family Impact Scale, and the dental examination. The family impact was measured by calculating the Family Impact Scale uses 14 questions in the questionnaire. Oral health statuses were examined by calibrated, trained dental surgeons attached to the Faculty of Dental Sciences, University of Peradeniya. Oral health statuses were tested using the DMFT score, and Silness-Löe Index. Oral health conditions such as anterior open bite, malocclusion, trauma, high-arched palate, tongue thrust, angular cheilitis, macroglossia, drooling, erosion, and bruxism were recorded. Table 1 illustrates the description of the variables which were used in the study.

Table 1 Description of variables.

Variable	Notation	Description with categories
Independent Variables		
Age	x_1	Scale Variable in years
Gender	x_2	Male, Female
Ethnicity	x_3	Sinhala, Tamil, Muslim, Other
Education level of Mother	x_4	Below Ordinary Level, Up to Ordinary Level, Up to Advance Level, Degree or diploma holder
Education level of Father	x_5	Below Ordinary Level, Up to Ordinary Level, Up to Advance Level, Degree or diploma holder
CP-Location	x_6	Monoplegia, Diplegia, Hemiplegia, Quadriplegia, Other
Usage of toothpaste contains Fluoride	x_7	Fluoride, Non-fluoride
Brushing Frequency	x_8	Once a day, twice a day, More than twice a day
Family Impact Scale	x_9	Scale Variable

Table Continued...

Variable	Notation	Description with categories
Dependent Variables		
Dental Caries Index	y_1	Scale Variable
Silness-Leo plaque index	y_2	Scale Variable

Three statistical models were used to predict the oral health status using DMFTI and Plaque index. Since the dependent variables (Plaque Index / DMFTI) are numerical and are using more than two independent variables, the Multi Linear Regression (MLR) model was used as the first statistical model to predict oral health status. Since machine learning models are designed to make the most accurate predictions possible as the second and third models, Support Vector Regression (SVR) and Random Forest Regression (RFR) advanced machine learning techniques were used.¹¹ Model accuracies were calculated using the cross-validation method by splitting the data into training data (80% from the sample) and testing data. Independent sample t-test and One-way ANOVA test were used to identify the relationship between variables.

Multiple linear regression model (MLR)

For $p - 1$ independent variables, the regression model can be written as,

$$Y_i = \beta_0 + \beta_1 x_{i1} + \beta_2 x_{i2} + \dots + \beta_{(p-1)} x_{i(p-1)} + \varepsilon_i; \text{ for } i=1,2,\dots,(p-1)$$

$$Y = \beta + \beta x + \beta x + \dots + \beta x + \varepsilon; \text{ for } i=1,2,\dots,(p-1)$$

where, Y_i is the dependent variable of the regression model, β : the slope of the regression, x_{ii} : independent variable of the regression, β : constant and ε_i : random error. There are three main linear regression assumptions namely Homoscedasticity, Multicollinearity, and residuals should follow a normal distribution.

By checking the F-statistic or p-value in the ANOVA table, if the p-value is less than the significance level, we can reject the null hypothesis ($H_0: \beta_0 = \beta_1 = \beta_2 = \beta_3 = \dots = 0$) and conclude that at least one value does not equal zero. In this study, the forward-selection method was used to identify the most suitable reduced model for predicting Sri Lankan children's oral health status with CP.¹²

Support vector regression model (SVR)

SVR gives the flexibility to define how much error is acceptable in the model and find an appropriate line (or hyperplane in higher dimensions) to fit a data set. The objective function of SVR is to minimize the coefficients $\min \frac{1}{2} \|w\|^2$. More specifically, the l_2 -norm of the coefficient vector. The error term is instead handled in the constraints $y_i - w \cdot x_i \leq \varepsilon$, where we set the absolute error less than or equal to a specified margin, called the maximum error, ε (epsilon).¹³ We can tune epsilon to gain the desired accuracy of our model.

Random forest regression (RFR)

Random forests are a combination of tree predictors, such that each tree depends on the values of a random vector sampled independently and with the same distribution of all trees in the forest.¹⁴ Figure 2

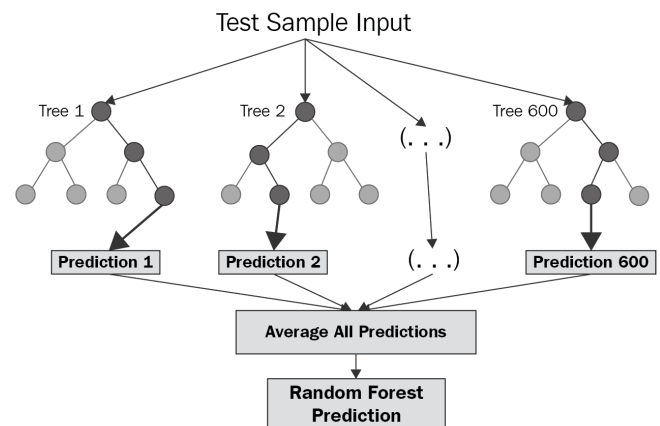


Figure 2 Random Forest Regression Model from Abanto, et al. (2012)⁹

Model selection and model accuracy

The R^2 value is used to measure the model accuracy. It is the proportion of the variance in the dependent variable that is predictable from the independent variables.

$$R^2 = 1 - \frac{\sum_i (y_i - \hat{y}_i)^2}{\sum_i (y_i - \bar{y})^2}$$

where y_i is i th observation, \bar{y} is the mean value of y , and \hat{y}_i is an estimated value for y_i . Moreover, the post hoc test was used to find the differences between the groups of a categorical variable after the ANOVA test results showed that the dependent variable does not have equal means for at least two groups of the categorical variable.

Also, the Akaike Information Criterion (AIC) and Root Mean Square Error (RMSE) were used to select the best model. The smallest AIC and RMSE values suggest that the model is a better fit for the data than other models.

Result and discussion

Table 2 shows the frequency table for demographic data associated with this study. Then, the DMFTI and Silness-Leo plaque index for all the children was calculated. DMFTI for primary teeth and permanent teeth are 3.7419 ± 5.0064 and 0.5269 ± 2.3847 respectively. Silness-Leo plaque index for all the children was 2.3019 ± 0.6151 and CI was 0.0499 ± 0.1713 .

The Effect size was calculated to measure the strength of the relationship between variables, using partial Eta Squared η^2 . Table 3 shows the relationship between dependent variables and demographic data; gender, frequency of brushing, education level of parents, and toothpaste usage containing fluoride.

Table 2 Frequency table for demographic data.

Variable	Category	Frequency
Gender	Male	48 (51%)
	Female	45 (48.4%)
Ethnicity	Sinhala	68 (73.1%)
	Tamil	16 (17.2%)
	Muslim	9 (9.7%)
Education level of Mother	Below O/L	31 (33.3%)
	Up to O/L	39 (41.9%)
	Up to A/L	17 (18.3%)
	Degree or Diploma	5 (5.4%)
Education level of Father	Below O/L	31 (33.3%)
	Up to O/L	40 (43.0%)
	Up to A/L	18 (19.4%)
	Degree or Diploma	4 (4.3%)
CP-location	Monoplegia	6 (6.5%)
	Diplegia	20 (21.5%)
	Hemiplegia	30 (32.3%)
	Quadriplegia	28 (30.1%)
	other	9 (9.7%)
Brushing Frequency	Once a day/ Occasionally	16 (17.2%)
	Twice a day	69 (74.2%)
	More than twice a day	8 (8.6 %)
Fluoride Contain	Fluoride	68 (73.1%)
	Non Fluoride	25 (26.9%)

Table 3 Relation between dependent variables and demographic data.

Variables	Category	p-value				Effect size (Partial η^2).			
		DMFTI for Permanent teeth	DMFTI for Primary teeth	Plaque Index	Care Index	DMFTI for Permanent teeth	DMFTI for Primary teeth	Plaque Index	Care Index
Gender	Male	0.093 ^a	0.474 ^a	0.323 ^a	0.200 ^a	0.031	0.006	0.011	0.032
	Female								
Frequency of brushing	once a day/								
	occasionally	0.572 ^β	0.593 ^β	0.441 ^β	0.525 ^β	0.012	0.012	0.018	0.025
	twice a day								
Education level of mother	more than twice a day								
	Below O/L								
	Up to O/L	0.818 ^β	0.872 ^β	0.317 ^β	0.720 ^β	0.010	0.008	0.039	0.027
	Up to A/L								
Education level of father	Degree or diploma holder								
	Below O/L								
	Up to O/L	0.595 ^β	0.051 ^β	0.822 ^β	0.998 ^β	0.021	0.084	0.010	0.001
	Up to A/L								
Fluoride contains	Degree or diploma holder								
	Fluoride	0.276 ^a	0.108 ^a	0.838 ^a	0.274 ^a	0.013	0.028	<0.001	0.023
CP Location	Non fluoride								
	Monoplegia								
	Diplegia	0.691 ^β	0.413 ^β	0.008 ^β	0.592 ^β	0.025	0.043	0.143	0.055
	Hemiplegia								
	Quadriplegia								
	Other								

' α ' indicates that the p-value was obtained using the independent sample t-test and similarly, ' β ' indicates that the p-value obtained using one-way ANOVA (at significant level = 0.05). Since all the p-values for DMFTI of both permanent teeth and primary teeth; and Plaque index are greater than the significant level (0.05), there is no significant difference between the mean values of the dependent variable (DMFTI – permanent, Plaque index) for each demographic variables. Also, all the partial Eta squared values are less than 0.14,¹⁵ and hence no prominent effect on dependent variable from demographic data was observed.

According to Table 4, since the p-value of one-way ANOVA for DMFTI are greater than the significance level (0.05) no significant difference between mean values of DMFTI for all five categories of

CP location were detected. A significant difference between mean values of Silness-Loe plaque index among the five categories of CP location for the plaque index was found. That implies that at least one group is different from other groups. To find which group/groups are different from which other groups, the Post Hoc Test was used. The partial Eta squared value for the relationship between CP location and Plaque index is greater than 0.14. Therefore we can conclude that CP location has a significant effect on the Plaque index.

Table 4 shows the summary p-values obtained from the post hoc test results. p-value between Diplegia and Hemiplegia is less than 0.05. Therefore, a significant difference between the mean of the plaque index among Hemiplegic and Diplegia.

Table 4 Summary p-values obtained from the Post Hoc Test.

CP Location	Monoplegia	Diplegia	Hemiplegia	Quadriplegia	Other
Monoplegia	-	0.967	0.429	0.879	0.989
Diplegia	0.967	-	0.003	0.104	0.636
Hemiplegia	0.429	0.003	-	0.688	0.663
Quadriplegia	0.879	0.104	0.688	-	0.992
Other	0.989	0.636	0.663	0.992	-

Multiple linear regression model (MLR)

For the MLR models, all three full models are significant at 95% confidence level. The fitted three MLR models are as follows.

$$DCI_{\text{Permanent teeth}} = -4.7843 + 0.0247x_1 + 0.5722x_2 + 0.8543x_3 - 0.0225x_4 + 0.1469x_5 - 0.2528x_6 - 0.0950x_7 + 0.0601x_8 + 0.0652x_9$$

$$DCI_{\text{primary teeth}} = 0.8745 - 0.0517x_1 + 0.2241x_2 + 0.61810x_3 - 0.4231x_4 + 0.7918x_5 - 0.2057x_6 + 0.4978x_7 - 0.9747x_8 + 0.2688x_9$$

$$Plaque\ Index = 0.6949 - 0.0020x_1 - 0.1686x_2 - 0.1293x_3 + 0.1238x_4 - 0.0201x_5 + 0.0933x_6 + 0.0423x_7 - 0.0652x_8 + 0.0334x_9$$

Table 5 shows the p-values of each predictor variable for three dependent variables separately. For the first dependent variable (DMFTI-Permanent Teeth), two parameters related to age and family impact scale variables are significant.

Lastly, a stepwise selection procedure was used to select the best model for three dependent variables separately. Table 6 shows the best model for each dependent variable, and the best models are listed as follows.

$$DMFTI_{\text{Permanent teeth}} = -4.7843 + 0.0247x_1 + 0.8543x_3$$

$$DMFTI_{\text{primary teeth}} = 0.8745 - 0.0517x_1 + 0.2688x_9$$

$$Plaque\ Index = 0.6949 + 0.0334x_9$$

Table 5 p- values for MLR model coefficients.

Variables	Parameter	DMFTI-Permanent Teeth	DMFTI-Primary Teeth	Plaque index
Intercept	β_0	0.01645	0.833553	0.19190
x_1	β_1	0.00019	0.000231	0.23170
x_2	β_2	0.22414	0.821849	0.18554
x_3	β_3	0.01752	0.656532	0.17828
x_4	β_4	0.93699	0.486471	0.11180
x_5	β_5	0.62004	0.210073	0.80143

Table Continued...

Variables	Parameter	DMFTI-Permanent Teeth	DMFTI-Primary Teeth	Plaque index
x_6	β_6	0.24836	0.657163	0.11621
x_7	β_7	0.85802	0.659345	0.76809
x_8	β_8	0.89809	0.329756	0.60748
x_9	β_9	0.10603	0.002157	0.00266

Table 6 Stepwise selection procedure summary.

Dependent Variable	Best Model	p-value	R-squared	RMSE	AIC
DMFTI-Permanent Teeth	Age, Ethnicity	<0.001	0.236	2.107	407.5298
DMFTI-Primary Teeth	Age, Family Impact Scale	<0.001	0.208	4.504	548.7978
Plaque index	Family Impact Scale	0.0014	0.107	0.585	168.0366

Random forest regression model (RFR)

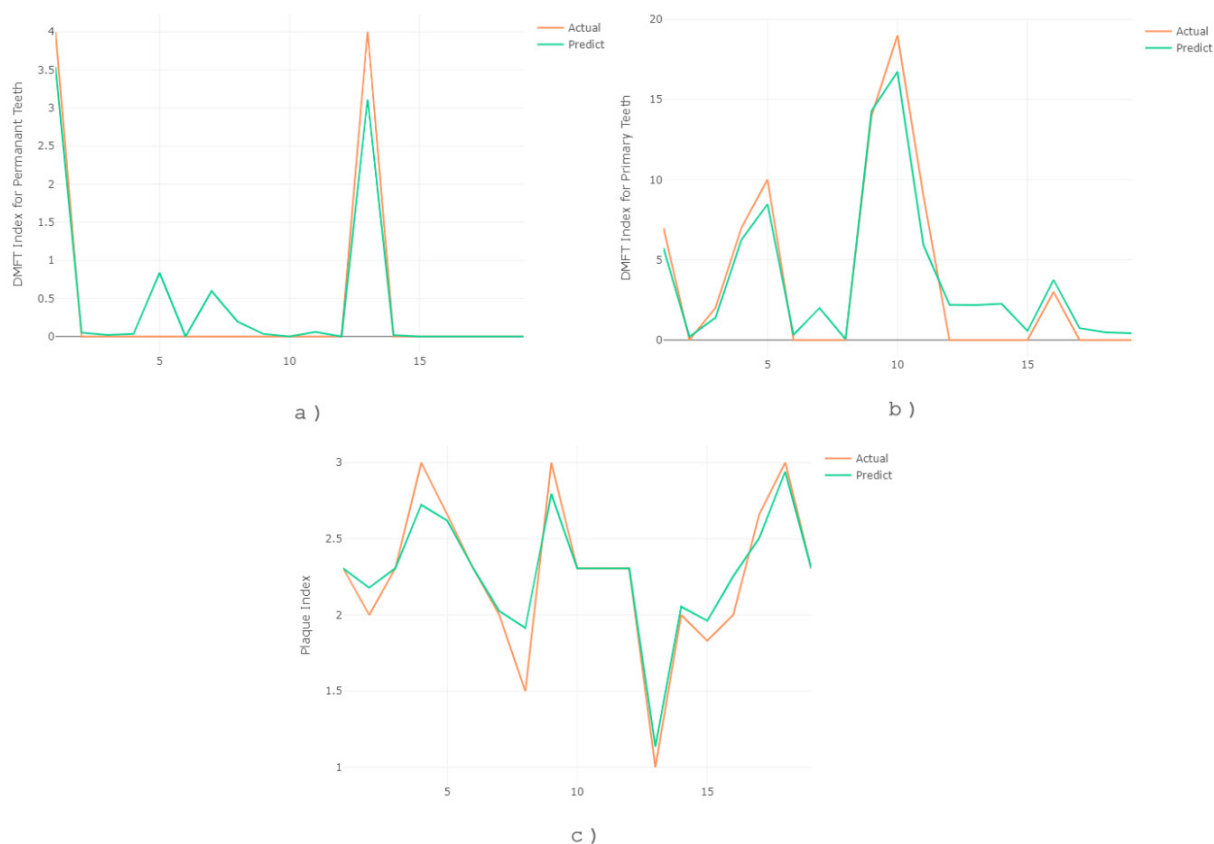
Figure 3 shows the comparison of actual vs predicted DMFTI values for permanent teeth, primary teeth, and Plaque index. For each graph, actual and predicted values lie approximately the same line.¹⁶

Support vector regression model (SVM)

Figure 4 shows the comparison of actual vs predicted DMFTI

values for permanent and primary teeth and Plaque index.

Table 7 illustrates the comparison of the three models for each dependent variable separately using MLR, SVR and RFR methods. The RFR model has the highest accuracy for DMFTI for primary teeth and Plaque index than the other two models, while the SVR model has the highest accuracy for DMFTI for permanent teeth.

**Figure 3** Comparison of actual and predicted a) DMFTI for permanent teeth, b) DMFTI for primary teeth, and c) Plaque index of RFR model.

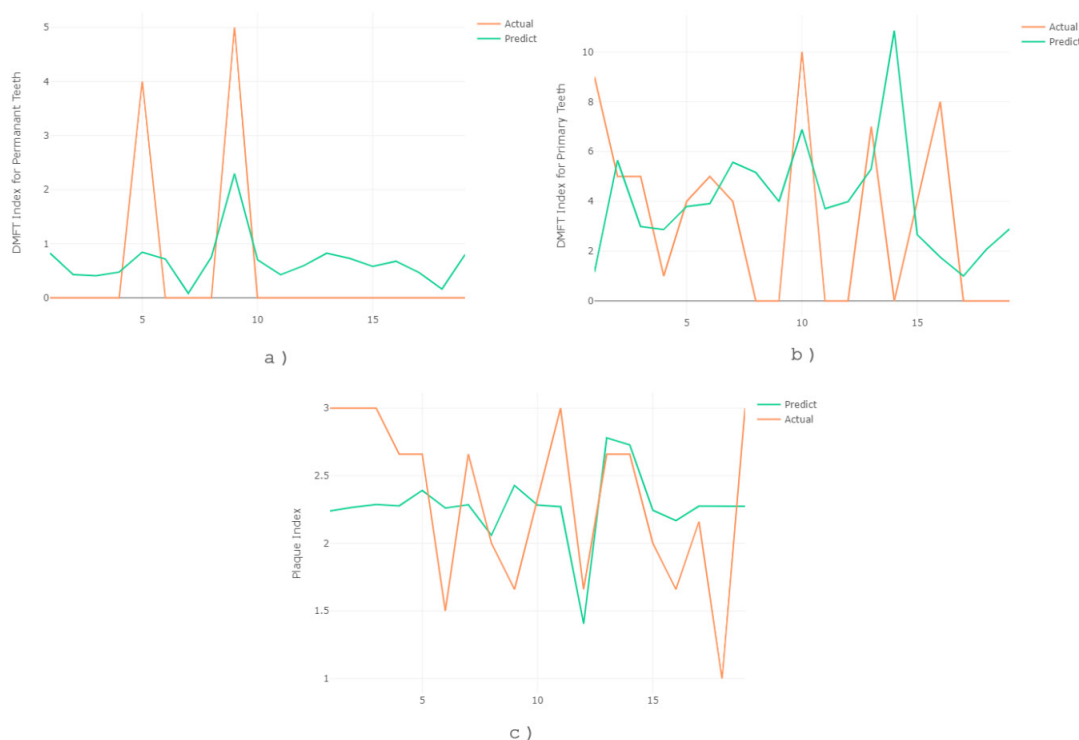


Figure 4 Comparison of actual and predicted a) DMFTI for permanent teeth, b) DMFTI for primary teeth, and c) Plaque index of SVR model.

Table 7 Comparison of fitted model using MLR, SVR and RFR methods.

Dependent Variable	MLR		SVR		RFR	
	R-square	Accuracy	R-square	Accuracy	R-Square	Accuracy
DMFTI for Permanent Teeth	0.284	28.4%	0.9536	95.36%	0.9264	92.64%
DMFTI for Primary Teeth	0.2632	26.32%	0.8564	85.64%	0.9311	93.11%
Plaque Index	0.2118	21.18%	0.8007	80.07 %	0.9032	90.32%

Conclusion

In this research, the oral health status of 93 children with cerebral palsy was measured using DMFT index, Plaque Index and Care index and the relationship between those variables and the demographic data were observed. The best model for predicting oral health status was selected from the Multiple Linear Regression, Support Vector Regression and the Random Forest Regression models. A significant relationship was observed between the Plaque index and CP location. Also, CP-location had an enormous effect on the Plaque index. Children with hemiplegia have a higher risk of having lower oral health status, while children with diplegia had the lowest risk. The Random Forest Regression model was the best model for predicting children's oral health status with CP from the three models.

This research will help identify and compare children's oral health status with CP for different CP-location types. The updated database can be used to improve the accuracy of the predictions in the future of the higher number of patients.

Acknowledgments

The authors wish to acknowledge the Faculty of Dental Sciences of the University of Peradeniya for data collection and grant us access to use the data for statistical analysis.

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