

Default time from tuberculosis treatment in the southern republic of benin using mixture cure model for survival analysis

Abstract

Background: To date, this is the first statistical analysis of default time from tuberculosis (TB) treatment conducted in the republic of Benin. This cohort study assessed the cured fraction, the conditional probability of default (CPD) from treatment course and identified the risk factors predicting its timing.

Methods: TB case was a patient with positive culture for the *Mycobacterium tuberculosis* complex or with two sputum smears positive for acid-fast bacilli. The 2008's cohort of TB patients was extracted from Benin national TB registry. Active TB Patients who were diagnosed between November 2007 and December 2008 were included and followed up to December, 23rd 2009 relative to their specific initiation date. Default was defined using the WHO guidelines. Primary endpoint was the time to default from the anti-TB treatment course. Risk factors were assessed with univariate and multivariate Cox regression integrating the mixture cure models.

Results: More than 5% (n=64) of defaulters were identified with a cured fraction of 94.1%. About 3% of patients defaulted within the first 2 months (CPD = 0.025 ± 0.004). HIV/AIDS co-infection and TB history were independently associated with default time (log-rank = 35.21; $P < 0.0001$ and log-rank = 10.11; $P = 0.0015$ respectively). With Cox proportional hazards (PH) analysis, predictors of default time were HIV/AIDS, TB history and Age (hazard ratio [HR] = 3.82 [2.28; 6.41], $P < 0.0001$ for HIV-positive, HR = 0.13 [0.03; 0.53], $P = 0.0045$ for previous-TB infection and Age (HR = 3.49 [1.25; 9.74], $P = 0.0170$ for 65 years old or more, respectively). With logistic Cox PH mixture cure model HIV/AIDS and Age significantly increased the probability of default (Odds Ratios [OR] = 4.04 [2.64; 7.08], $P < 0.0001$ for HIV-positive, and OR = 4.23 [1.58; 12.10], $P = 0.006$ for 65 years old or more, respectively) whereas TB history significantly reduced default probability (OR = 0.04 [0.004; 0.54], $P = 0.0148$ for previous-TB infection).

Conclusion: Whatever the alternative model considered, this study provides the first evidence that HIV/AIDS, TB history and Age were the major predictive factors of default time from anti-TB treatment in Benin. Therefore, additional efforts to improve the compliance of patients with anti-TB treatment through a better management of the co-infection with HIV/AIDS in accordance with patient's specific age group may be an important feature of a prospective TB control strategy in the future. This should be emphasized in the early treatment course for these subgroups of TB patients.

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Abbreviations: AIC, akaike information criterion; ARV, antiretroviral therapy; BIC, bayesian information criterion; CDC, centre for disease control and prevention; CDT, centre of diagnosis treatment; HBCs, high-burden countries; HR, hazard ratio; IUATLD, international union against tuberculosis and lung disease; PTB+ smear, positive pulmonary TB; SE, standard error; TB, tuberculosis

Introduction

Epidemiology of TB worldwide

Despite the recent progress of global efforts, tuberculosis (TB) remains one of the emergency health problems worldwide. With HIV/AIDS, it is still the co-leading cause of morbidity and mortality in most of the developing countries.¹ With 2.5% of all DALYs, TB was globally responsible for more years of healthy life lost than any other infectious disease in 2006.² Earlier estimations, ranging from 2.0 to 3.0% of the total, claimed that the disease was the fourth leading specific cause of global DALYs worldwide.³ In 2008, 9.4 million

incident cases were recorded⁴ or 139 cases per 100 000 population after a peak of 143 cases per 100 000 in 2004.⁵ In 2007, the prevalence was 135 per 100000 population and a reduction down to 70 per 100 000 population was expected.⁶ Additional analyses indicated that the 2008 incident cases included 1.4 million of people living with HIV/AIDS (PLHA).⁷

Epidemiology of TB in benin

The incidence of all forms of TB was 35 cases per 100000 populations in Benin.⁸ This was slightly different from external estimates which suggested 39 cases per 100 000 populations per year.⁶ The incidence has been increasing since 2005 and varied geographically.⁸ The annual risk of infection was 0.8% for 2008 and TB specifically was responsible for 18 deaths per 100000 populations per year.⁶ The yearly death rate ranged from 6% to 14% with a decreasing trend since 2002. HIV/AIDS is an opportunist disease that TB patients have to face. In Benin, the rate of co-infection with HIV/AIDS has fluctuated between 13.0% and 18.5% over the

last five years without being yearly statistically significant.⁹ To fight the disease effectively, Benin set up the so called direct observed treatment short course (DOTS) strategy in the early 1983. Thanks to that, the country reached the objectives of detecting at least 70% of TB patients and to successfully treat at least 85% of cases detected.¹⁰ In order to sustain this achievement, TB patients have to fully comply with the anti-TB- treatment. By doing so, will help to half or possibly more by 2015 the global burden of TB relative to its 1990 level as planned for the United Nation Millennium Development Goals.⁴ Treatment failure is, therefore, an unaffordable outcome for patients and represents an important challenge for national TB programs (NTPs). It turns out that, inadequate adherence to treatment is an important factor of death and emergence of MDR TB.^{11,12} Currently, patients can be easily cured through a short-term chemotherapy. Nevertheless, the disease remains extremely threatening despite the existence of cost-effective treatments that can cure more than 95% of patients.¹³

The problem

Up to two million individuals die from TB each year worldwide. A reason of this is the percentage of patients who unfortunately interrupt the treatment course¹⁴ and poor compliance with treatment is a real problem for NTPs.^{15,16} In order for the treatment to be effective, patients must take their treatment exactly as prescribed for the full amount of time according their baseline characteristics. Hence, TB surveillance through the DOTS strategy seems insufficient to reverse the epidemic trend of the disease.^{17,18} It turns out that patient's compliance is a key factor in meeting treatment success and thereby in reducing the burden of TB. But in resource-constrained countries such as Benin where health care services are not well developed, delayed presentation for treatment and interruption of treatment are the two major challenges for NTPs.¹⁹

Level of treatment interruption

High rates of default are a common problem, with a median value of 17% Worldwide.²⁰ A review of adherence to TB therapy found a treatment interruption rate of 20%.²¹ More recent estimates of default rates in DOTS programs have suggested a range from 6% to 30%.¹⁶ In the USA as well as in Brazil, treatment interruption was estimated to 25%. In China, a study reported a proportion of 12.2% in treatment interruption.²² In Russia, treatment interruptions were common with 63% of defaulters.²³ Closer to Benin in Africa, a 14.4% of default emerged from a study conducted in Nigeria.²⁴ A research from Southern Ethiopia revealed 20% of default.²⁵ In South Africa, one of the top five countries with the largest number of cases,⁴ 17% of defaulters were pointed out.¹⁷ In Benin, interruption of TB treatment issues has remained undocumented to date. Of course a report suggested that the proportion of default fell from 11% in 2002 to 3% in 2005.⁹ But this report did not address the risk factors and the timing of the problem.

Risk factors

A significant proportion of patients stop treatment before completion for various reasons. While the drug supply chain plays a major role,¹¹ gender, alcoholism, treatment after default, HVI/AIDS, socioeconomic status, the stigma of the disease, the lack of information, dissatisfaction with the treatment and its delivery, and inaccessibility of treatment^{17,26-35} were found as predicting the treatment interruption. The standard anti-tuberculosis therapy consists of a cocktail of drugs taken over a period of at least 6 months for new patients and 8 months for patients under retreatment. Because

of the long duration of the therapy, there is a risk of treatment interruption or default, a phenomenon that contributes to prolonged infectiousness, drug resistance, relapse and death.^{1,36} Treatment regimens are associated with significant side-effects such as hepatitis, dyspepsia, which were responsible for termination of therapy in up to 23% of patients during the intensive phase.³⁷

Consequence of treatment interruption

Whatever the cause however, default from treatment is a problem for patients, their families, those who care for them, and those responsible for TB program.³⁸ Breaking off treatment half-way or earlier is the worst thing one can do as the disease will very likely recur and not entirely cured cases add more infected cases.³¹ The public health and clinical consequences of TB treatment interruption are severe. Default is responsible for the increasing of the cost of treatment and almost invariably leads to relapse and death.³⁹ Compared with those who fully comply with treatment, defaulters may constitute stocks of TB disease perpetuation and have high post-treatment mortality and rates of recurrent disease.^{40,41}

Timing of default from treatment

Evidence has shown that failure time is a right censored data.^{42,43} Accordingly, the specific time when anti-TB treatment is interrupted relative to its initiation date needs a close consideration. A systematic review showed that a substantial proportion of defaulters leave the treatment course in the later stages.⁴⁴ However, previous studies claiming earlier occurrence of default, pointed to treatment interruption occurring mainly around the second month, with a median time off anti-TB treatment of 4 weeks.⁴⁵ In settings with poor TB care system, the first 2 months of the anti-TB treatment correspond to the cut off time used to decide whether a patient defaults or not. In addition, the first two months also correspond to the duration of the intensive phase of the treatment regimen applied to new patients.⁴⁶

Objectives

Facts proved that health improvement occurs not only through improved socioeconomic development, but also through deliberate, rational attempts to reduce the burden of diseases by the application of scientific knowledge and technology.⁴⁷ Accordingly, the primary objectives of this study were:

- To evaluate the proportion of default from anti-TB treatment at the centers of diagnosis and treatment (CDT) of Atlantique and Oumé Plateau in the Republic of Benin
- To evaluate the proportion of immune or cured patients in the 2008 cohort of TB patients
- To evaluate the conditional probability that a patient has interrupted the anti-TB treatment within the first 2 months relative to the initiation date and its corresponding hazard rate
- To determine factors mainly predicting the default time from anti-TB treatment
- To analyze the risk pattern of treatment interruption with respect to patient's demographic and clinical characteristics.

Methods

The setting

Located in West Africa in the Gulf of Guinea, Benin is made up of 12 provinces and 77 local subdivisions (Figure 1). In 2008, the

country was populated of 8 414 801 million⁴⁸ with an annual growth rate of 3.25 %.⁴⁹ The population was rather young with 49% of people younger than 15 years old. Mean reproduction rate was 5.7 children and human development index (HDI) was 0.437, classifying Benin at the 163rd rank out of a total of 177 countries. The rate of poor households was estimated to 52.2%. Around 77% of the population lived at less than 5 km from a health unit, with a low frequenting rate of 44 %. Health financing is mostly provided by households up to 52%.

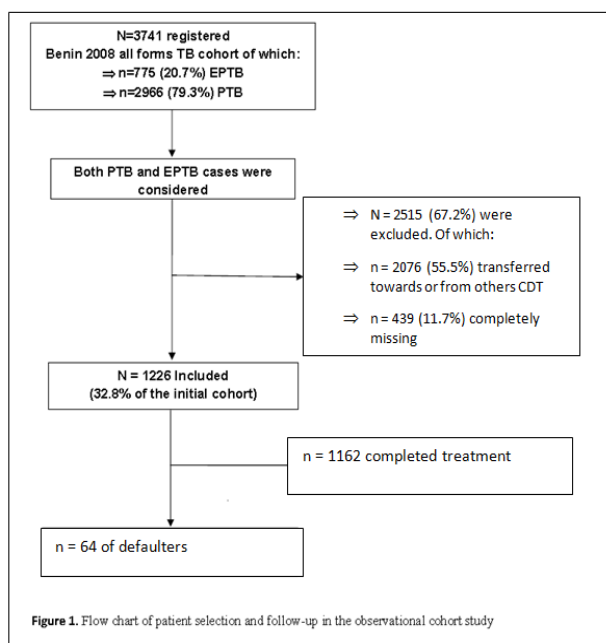
Diagnosis and treatment of tuberculosis

Since 1983, Benin's policy against TB was based on the combination of case-finding and chemotherapy treatment in accordance with DOTS strategy. The principle consists in analyzing the suspects' sputum smears tracking the presence of mycobacterium tuberculosis. Whenever the mycobacterium test was positive, patients were automatically assigned a specific treatment in the CDT their living place refers to. TB treatment was provided totally free of charge as recommended by the WHO.¹⁴

Design and study population

This was an observational study and lists of cases were obtained by querying the national TB register using International Standards for Tuberculosis Care (ISTC) forms (Appendix 1).

Target data were all active TB patients registered for DOTS at the CDT of Porto-Novo (CPP Akron) and Cotonou (CNHPP) in the south of Benin from November 2007 to December 2008. These two CDT are situated in the provinces of Ouémé-Plateau and Atlantique-Littoral in the south of Benin and pooled 38.21% (8 414 801/3 515 255) of the total population.⁸



Thus the cohort of interest was a fraction of the country level 2008 cohort of TB patients identified in all the 55 CDT of Benin during the same period. Put together, These 55 CDT combined 3741 of all forms of active TB cases diagnosed in the whole country.

Definitions

TB Case

TB Case was a patient in whom TB has been bacteriologically confirmed or diagnosed by a clinician.³⁸ TB history and treatment outcomes were classified using the standard World health organization (WHO) definitions 38.⁵⁰ As with HIV/AIDS treatment, TB therapy requires high (> 90%) compliance to facilitate cure 50. TB history was divided into new, treatment after relapse, treatment after failure, treatment after default or transfer in. Final TB treatment outcome was one of the following: successful, failure, death, default and transferred out. A successful treatment outcome included "cured" or "completed".

The end point

Default time was the end point. Default was defined using the WHO guidelines for TB surveillance strategy. Accordingly, a defaulter was a patient whose treatment was interrupted for 2 consecutive months or more. Thus, Default status was coded 1 if a given TB patient defaulted and 0 if a TB patient treatment outcome was set to "Died", "Treatment success" or "Not evaluated". The follow-up time was the time span in month between the treatment initiation date and the date the treatment final outcome was evaluated. Treatment initiation date was between December 2007 and 2008 when each patient started the anti-TB therapy after diagnosis.

The cured fraction of the cohort

Immune patients were those who would have never experienced default from anti-TB treatment provided that there has been sufficient follow up to observe them. The rational of the cured fraction was that the 2008 cohort of patients pooled both susceptible (uncured) to default individuals and non-susceptible (cured) to default individuals. Mixture cure models are adequate for such kind of data. Interest was to estimate simultaneously whether default has occurred and when it has occurred given that it could have occurred.⁵¹ Interest was also in how covariates have influenced the cured fraction and how they were related to default time.

The conditional probability of default within the first 2 months

It is the estimate of the probability that a default will occur within the first 2 months, given that no default has yet occurred.^{43,52} That is the hazard rate or the intensity of default within this time interval.

Data quality management and Statistical Analysis Plan

SAS software, version 9.2 (SAS Institute Inc., Cary, NC, USA) was used for data extraction, data integration and for statistical analysis. Categorical variables such as ARV (yes, no) and CTM (yes, no) were excluded from the modeling due to a huge percentage of missed observations. For the variables retained, missing values were replaced using multiple imputations. The variable age was converted into a qualitative variable using categories children (0-14 years), active (15-64 years) and old (65 years or over) as cutoff points. Survival analysis (Cox PH model) techniques was applied for modeling default time.^{42,43} Proportions of default across strata of patients' characteristics were calculated. Differences between subcategories were compared using the chi-square statistic and Fisher's exact test was used if expected value of a cell was less than 5. The cured fraction was computed by summing the simulated individual posterior probability of being cured.⁵¹ This was done

through SAS means procedure. In univariate analysis, default time was analyzed with the Kaplan–Meier estimator (KME)^{43,53,54} and the log-rank test was applied to compare the default time function between subcategories. The life table method was used to compute the conditional probability of default within the first 2 months. The life table method was preferred because: first, the sample size was large (1226) and second, default time, precisely measured, was grouped into intervals with a lag of 2 months.⁵³ In the multivariate analysis, two models were considered to adjust for covariates with p-value ≤ 0.20 from the univariate analysis.⁵⁵

First, the standard Cox regression was fitted under the PH assumption. That is:

$h(t, X_1, X_2, \dots, X_k) = \lambda_0(t) \exp(\lambda_1 X_1 + \lambda_2 X_2 + \dots + \lambda_k X_k)$. Where $\lambda_0(t)$ is the baseline hazard of default at time t and x_1, x_k are the k independent covariates. Here, t is the time to default. This was implemented in SAS using the PHREG procedure.⁵³ Second, the logistic Cox PH mixture cure model was used to account for the cure fraction of the sample. It assumes a binary distribution to model the incidence probability and a parametric failure time distribution to model the latency. Kuk and Chen⁵⁶ extended the model by using Cox proportional hazards regression for the latency. That is:

$$S(t, x, z) = \pi(z) S(t | U=1, x) + (1 - \pi(z)).$$

Where $S(t|x, z)$ is the conditional survival function for the entire cohort. $S(t|U=1, x) = P(T > t | U=1, x)$ is the survival function for susceptible individuals given a covariate vector $X = (x_1, \dots, x_k)'$ and $\pi(z) = P(U=1|z)$ is the probability of being susceptible given a covariate vector $Z=(z_1, \dots, z_p)'$ which may include the same covariates as x . These were implemented through the PSPMCM SAS® macro.⁵⁷ Default time can take the form of parametric distributions such as Weibull and log-logistic which are commonly used to model survival data.⁵⁸ Estimates were computed using the SAS NLMIXED procedure for the parametric component and through the

Expectation Maximization (EM) algorithm for the Cox PH mixture cure component.⁵⁹ Four models were proposed and the best one was selected based on the goodness of fit statistics: Deviance ($-2\log L$), AIC, AICC and BIC criteria. That is the model with the smallest criteria. For all the analyses conducted, a p-value of 0.05 was defined as statistically significant.

Ethical consideration

The Good Epidemiological Practice (GEP) was followed.⁶⁰ This way, TB patients were identified anonymously through a unique identification number in the database. In addition, the main objectives and reasons for this study have been explained in detail to the Benin PNT Board who gave its approval.

Results

Study population: Selection and characteristics

A total of 1226 all forms of TB patients were successfully retained (Figure 1), representing 33% of the 3741 of TB patients who initiated the anti-TB treatment in the whole country in 2008. Among those, 84.2% were Beninese, 15.3% were Nigerian and 0.6% did not have a clearly defined citizenship. They were mainly male (65%). Median age was 31^{25,40} years. Most of them (94.1%) were aged between 15 years and 64 years. According to the default status, patients had similar demographic characteristics and differed only for clinical characteristics, including co-infection with HIV/AIDS, TB history and marginally for CDT and the regimen undergone (Table 1). On December, 23rd 2009 when the last treatment final result has been delivered, the maximum default time was 12 months with a median of 6^{6,7} months. At that cut-off date, a total of 64 (5.22%) patients defaulted from the anti-TB treatment, 94.78% of patients completed the treatment as planned by the treatment protocol and the simulated cured fraction was 94.10% (Table 2).

Table 1 Baseline characteristics of TB patients (%) by Default status, south of Benin, cohort 2008

Factors of Risk - no/N (%)	N 1226	Default		Chi-Square	P-Value
		Yes (N = 64)	No (N = 1162)		
Age group - no/N (%)				4.09	0.1332
0-14	41	1(0.08)	40(3.26)		
15-64	1153	59(4.81)	1094(89.23)		
65+	32	4(0.33)	28 (2.28)		
Gender - no/N. (%)				1.4	0.2819
Male	797	46(3.75)	751(61.26)		
Female	429	18(1.47)	411(33.52)		
Nationality - no/N (%)				0.996	0.6393
Benin	1032	52(81.25)	980(79.93)		
Nigeria	187	12(18.75)	175(14.27)		
Other	7	0(0.00)	7(0.57)		
Bacilloscopy before treatment				2.04	0.3602
Negative	115	9(0.73)	106(8.65)		
Positive	1029	52(4.24)	977(84.04)		
Unknown	182	3(0.24)	79(6.44)		

Table Continued

Factors of Risk - no/N (%)	N 1226	Default		Chi-Square	P-Value
		Yes (N = 64)	No (N = 1162)		
TB History - no/N (%)				13.52	0.001
New		52(4.24)	1077(87.85)		
Other		12(0.98)	85(6.93)		
Form of TB - no/N (%)				0.35	0.7934
PTB	1147	61(4.98)	1086(88.58)		
EPTB	79	3(0.24)	76(6.20)		
HIV - no/N (%)				34.96	<0.0001
Positive	233	30(2.45)	203(16.56)		
Negative	966	32(2.61)	934(76.18)		
Unknown	27	2(0.16)	25(2.04)		
Regimen - no/N (%)				5.54	0.0605
ERHZR	1111	53(4.32)	1058(86.30)		
SERHZ	97	10(0.82)	87(7.10)		
RHZ	18	1(0.08)	17(1.39)		
Unite (DOT) - no/N (%)				5.27	0.0571
CNHPP	593	37(3.02)	556(45.35)		
CHPP/AKRON	384	21(1.71)	363(29.61)		
Other	249	6(0.49)	243(19.82)		

Table 2 Distribution of default time, the proportion of default and the cured fraction

	n (n/N %)	Min	Median	Max	Proportion (%)
Completed (%)	1162 (94.78)	1	7 [6; 7]	12	
Default (%)	64 (5.22)	1	2 [1; 3]	9	
Total Cured fraction	1226	1	6 [6; 7]	12	94.1

Risk of default from TB treatment within the first 2 months

The conditional probability that a patient has defaulted within the first 2 months was estimated to 1.25 ± 0.004 (Table 3). The corresponding mid-point hazard rate was 0.013 ± 0.002 . The probability of passing 2 months without anti-TB treatment interruption was 0.975 ± 0.004 . The hazard function has declined

linearly from the treatment starting date up to the seventh month. After that, it was no more linear as an increased departure was noted from the seventh month (figure 2). From the eighth month up to the end, one default occurred, which induced the change observed in the global pattern of the hazard function. More than 95% (63/64) of total defaults had happened within the first seven month with almost 47% (30/64) occurring within the first 2 months which corresponds to the intensive phase of the anti-TB chemotherapy.

Table 3 Conditional probability of default (CPD) from anti-TB treatment within the first 2 months

Time	Failed	Censored	Sample Size	CP D \pm SE	Survival \pm SE	Midpt Hazard \pm SE
0 – 2	30	6	1223.0	0.025 ± 0.004	1	0.013 ± 0.002
2 – 6	31	67	1156.5	0.027 ± 0.005	0.975 ± 0.004	0.012 ± 0.002
6 – 8	2	922	631.0	0.003 ± 0.002	0.949 ± 0.006	0.002 ± 0.001
8 – 12	1	156	90.0	0.011 ± 0.001	0.946 ± 0.007	0.003 ± 0.003
12 - .	0	11	5.5	0	0.936 ± 0.012	

Risk factors predicting default time from anti-TB treatment

To identify the risk factors of default and its timing, covariates listed in table 4 were included in both univariate and multivariate of survival and mixture cure analyses.

Univariate analysis of default time

Besides, the unit of health where patients were followed-up, under the DOT strategy and the effects of regimen underwent, were more marginal (log-rank = 5.20, $P = 0.0744$ and log-Rank = 4.99, $P = 0.0823$ respectively). The other covariates were apparently unrelated to default and its timing (Table 4).

Multivariate analysis of default time using the Cox's PH model

For the classical Cox' PH analysis, covariates included were those with p-value less than or equal to 1.2. When adjusted for all these potential risk factors at hand, HIV/AIDS (HIV+/HIV-), TB history (other/new) and age (65 years old or more/15-64 years old) were the risk factors predicting default time from anti-TB treatment (Table 5). HR and 95%CI were 3.82 [2.28; 6.41], 0.13 [0.03; 0.53] and 3.49 [1.25; 9.74] respectively. The effects of regimens (SEHRZ/ERHZ) remained marginal. No time dependent covariates led to a statistically significant HR since all the corresponding 95%CI included 1. Moreover, the linearity hypothesis was not rejected (Table 6). Thus the proportional hazards assumption was satisfied.

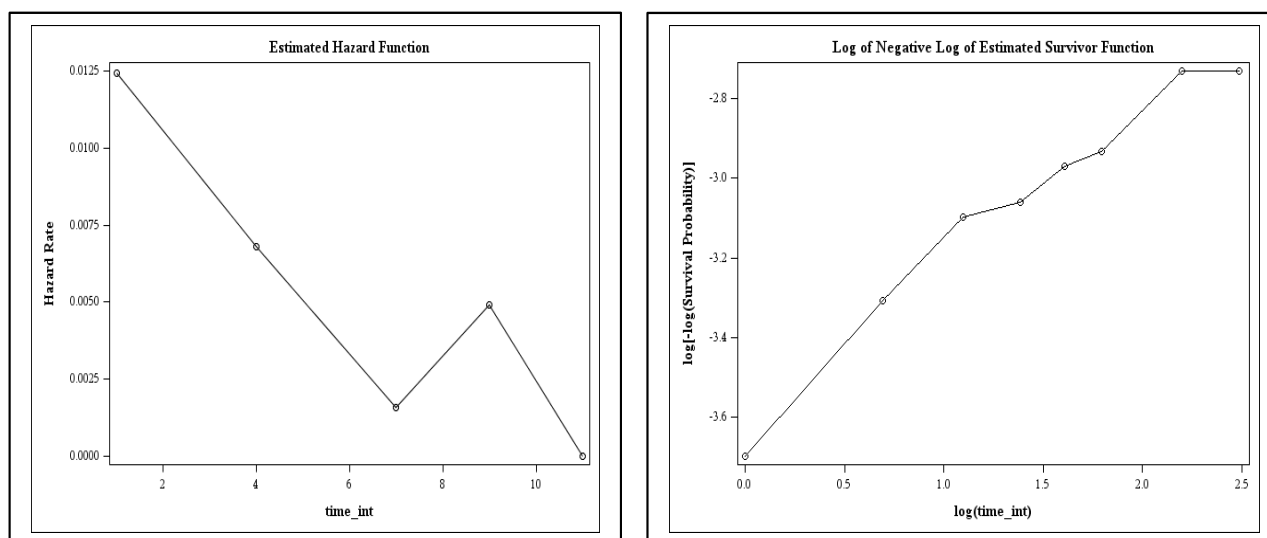


Figure 2 Hazard functions of the default time from anti-TB treatment

Table 4 Independent association between default time and the characteristics of patients

Factors of Risk - no/N (%)	Default		Log-rank	
	Yes (N=64)	No (N=1162)	Chi-square	P-value
Age group - no/N (%)			4.41	0.1102
0-14	1 (0.08)	40 (3.26)		
15-64	59 (4.81)	1094 (89.23)		
65+	4 (0.33)	28 (2.28)		
Gender				
Male	46 (3.75)	751 (61.26)	1.38	0.24
Female	18 (1.47)	411 (33.52)		
Nationality - no/N (%)			0.99	0.6086
Benin	52 (81.25)	980 (79.93)		
Nigeria (n=187)	12 (18.75)	175 (14.27)		
Other (n=7)	0	7 (0.57)		
Bacilloscopy prior treatment - no/N (%)			2.19	0.3352
Negative (n=115)	9 (0.73)	106 (8.65)		
Positive (n=1029)	52 (4.24)	977 (84.04)		
Unknown (n=182)	3 (0.24)	79 (6.44)		

Table Continued

Factors of risk - no/N (%)	Default		Log-rank	
	Yes (N=64)	No (N=1162)	Chi-square	P-value
Bacilloscopy at 2 months - no/N (%)			0.54	0.7634
Negative	12 (1.05)	890 (78.00)		
Positive	40 (3.51)	120 (10.52)		
Other	3 (0.26)	76 (6.66)		
TB History - no/N (%)			10.11	0.0015
New	52 (4.24)	1077 (87.85)		
Other	12 (0.98)	85 (6.93)		
Form of TB - no/N (%)			0.34	0.5593
Pulmonary	61 (4.98)	1086 (88.58)		
Extra-pulmonary	3 (0.24)	76 (6.20)		
HIV/AIDS				
Positive	30 (2.45)	203 (16.56)	35.21	<0.0001
Negative	32 (2.61)	934 (76.18)		
Unknown	2 (0.16)	25 (2.04)		
Regimen - no/N (%)			4.99	0.0823
ERHZR	53 (4.32)	1058 (86.30)		
SERHZ	10 (0.82)	87 (7.10)		
RHZ	1 (0.08)	17 (1.39)		
Unit (DOT) - no/N (%)			5.2	0.0744
Cotonou	37 (3.02)	556 (45.35)		
Porto-Novo/Akron	21 (1.71)	363 (29.61)		
Other	6 (0.49)	243 (19.82)		

The univariate survival analysis pointed out that the co-infection with HIV/AIDS and TB history were highly significantly associated with default time of ant-TB treatment (log-rank = 35.21, P < 0.0001 for HIV/AID positive and log-rank = 10.11, P = 0.0015 for TB history respectively).

Table 5 Factors predicting default time: Cox Regression and PH assumption

Factors of risk - no/N (%)		Default (N = 64)	Classical PH Cox model	
			HR [95%CI]	P-value
Age group				
	15 – 64	59 (4.81)	Reference group	
	0 – 14	1 (0.08)	0.30 [0.02; 5.58]	0.4163
	65 +	4 (0.33)	3.49 [1.25; 9.74]	0.017
TB History				
	New	52 (4.24)	Reference group	
	Other	12 (0.98)	0.13 [0.03; 0.53]	0.0045
HIV/AIDS				
	Negative	30 (2.45)	Reference group	
	Positive	32 (2.61)	3.82 [2.28; 6.41]	< 0.0001

Table Continued

Factors of risk - no/N (%)		Default (N = 64)	Classical PH Cox model	
			HR [95%CI]	P-value
Regimen	Unknown	2 (0.16)	2.37 [0.54; 10.43]	0.2533
	ERHZR	53 (4.32)	Reference group	
	SERHZ	10 (0.82)	0.26 [0.06; 1.17]	0.079
	RHZ	1 (0.08)	3.21 [0.17; 62.74]	0.4414
Unit of DOTS	Cotonou	37 (3.02)	Reference group	
	Porto-Novo/Akron	21 (1.71)	1.10 [0.63; 1.90]	0.7422
	Other	6 (0.49)	0.51 [0.21; 1.21]	0.1259

Table 6 Cox Regression PH assumptions

Time dependent co-variables		Classical PH Cox model HR [95%CI]	Linearity assumption	
			Wald Chi-Square	P-value
(Age group)* log(default time)	0-14/(15-64)	1.21 [0.21; 6.36]	0.03	0.8712
	65+/(15-64)	0	0	0.9812
(HIV/AIDS)* log(default time)	HIV+/HIV-	1.21 [0.53; 2.74]	0.21	0.6491
	Other/HIV-	3.93 [0.39; 38.79]	1.37	0.2417
(TB History)* log(default time)	Other/New	0.97 [0.36; 2.64]	0	0.952

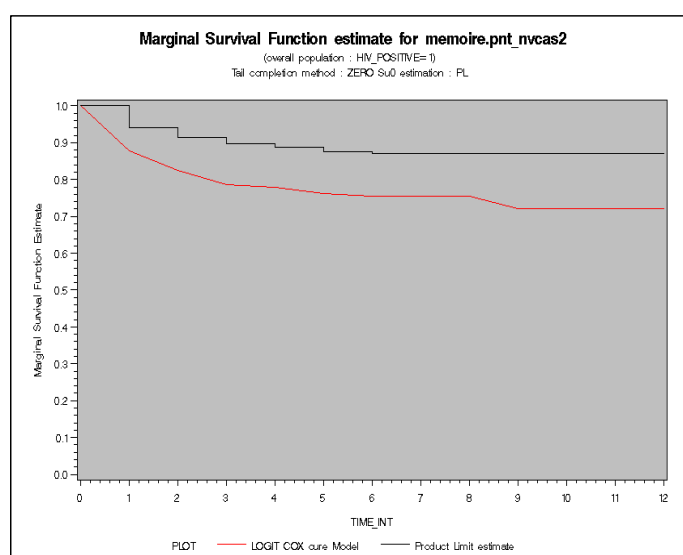


Figure 3 Default time curves using the KME and the Mixture cure model.

Effect of covariates using the mixture cure

Data was designed such that each of the selected covariates has an effect on both the cured fraction and the survival of the uncured

individuals or patients who experienced a default. The Use of the standard Cox PH model is linked to the hypothesis that, if complete follow-up were possible for all patients, each would have eventually experienced the default from treatment. This hypothesis, however, did not hold for the dataset at hand. Some individuals were cured or immune against the event, resulting in the fact that default time distribution was improper as it has total mass less than 1. Indeed, from the figure 3, the KME curve levels off at nonzero proportion (around 88%) at the right tail and exhibits a relatively long and stable plateau (Figure 3). Combined with the fact that the last default time was censored, this supported the applicability of the mixture cure model.^{57,61} Another evidence of the presence of immune individuals in the 2008 cohort of TB patients was based on the value of the largest event time.⁶¹ The largest default time was censored. This led to the rejection of the hypothesis of no immune patient in the source population of the cohort which establishing the evidence of sufficient follow-up. Added to this, we found 5.22% of default, satisfying the cut-off criterion of at least 5% of event needed to apply the mixture cure model.⁵⁷

All the Cox PH mixture cure models showed that the selected covariates had no effects on the default time of the uncured individuals. The HR and 95%CI for the logistic Cox's PH mixture cure model were (1.05 [0.63; 1.75], P=0.848) for HIV/AIDS-positive, (0.86 [0.30; 2.45], P=0.782) for age and (1.06 [0.26; 4.43], P=0.934) for TB history respectively, with the 95%CI of all the HR containing

1 (table 7, survival component). On the other hand, the logistic component suggested that those covariates significantly predicted default from treatment for the cured patients (Odds ratios (OR) and [95%CI] were (4.04 [2.64; 7.08], $P < 0.0001$) for HIV/AIDS-positive, (4.23 [1.58; 12.10], $P = 0.006$) for 65 years old or more, and (0.04 [0.00; 0.54], $P = 0.015$) for previous TB infection respectively, with the 95%CI not including 1 as the Incidence model indicated (Table 7). Alike the cured fraction of the logistic Cox's PH mixture cure model, both the PH Cox Log-logistic and the PH Cox weibull cure models concluded that the selected covariates also significantly influenced default of anti-TB treatment (Table 7, incident component).

Discussion

The risk of default

This study shows a higher proportion of default from anti-TB treatment course compared with the level found by a previous study conducted in Benin.⁹ This increasing in default proportion may be viewed as a limitation in TB surveillance strategy of the local NTP as it exceeded the prior level and was 2% higher than the rate recommended by WHO.³⁸ However, it was relatively low compared with the default proportions found in the sub-Saharan African

region where default rate ranged between 11.3% and 29.6%.⁶² Particularly in South Africa¹⁷ which has had the third highest TB incidence worldwide in 2009.²⁰

Concerning the intensity of default, approximately 3 out 100 patients at risk had their treatment interrupted within the first 2 months. That is a hazard rate of 0.015 per month. The important of focusing on the first 2 months is that the intensive phase of anti-TB treatment lasts 3 to 4 months accounting for the TB history of patients. In addition, a full comply with treatment is compulsory during this phase to prevent the development of drug resistance. Thus, default is not an affordable outcome for patients and NTPs. Nevertheless, default is common, even in that phase of the treatment course. A study from Maharashtra, India reported 64% of default in the intensive phase⁵¹ and another one from Zambia claimed a default rate of 29.8% occurring in the same treatment phase.⁶³ A research from Tashkent, Uzbekistan, has reported that patients defaulted mostly during the intensive phase.⁶⁴ Accordingly, the hazard function found in the current study supports the hypothesis that TB patients mainly interrupt anti-TB treatment early during the treatment course.⁴⁵ However, other studies from Benin NTP and elsewhere have issued higher proportions of default during the continuation phase of the treatment.⁸

Table 7 Factors predicting default time using the mixture cure models, and fit statistics

	Classical PH Cox	Logistic PH Cox Mixture Cure	Log logistic PH Cox Mixture Cure	Weibull PH Cox Mixture Cure
Incidence Component	OR [95%CI]	OR [95%CI]	OR [95%CI]	OR [95%CI]
HIV+	Not applicable	4.04 [2.64; 7.08]	4.10 [2.39; 7.02]	4.07 [2.36; 6.96]
Age (65 +)	Not applicable	4.23 [1.58; 12.10]	3.92 [1.26; 12.25]	4.05 [1.27; 12.93]
TB History (New)	Not applicable	0.04 [0.00; 0.54]	0.03 [0.00; 0.76]	0.04 [0.00; 0.66]
Regimen SERHZ)	Not applicable	0.09 [0.01; 1.20]	0.06 [0.00; 2.43]	0.08 [0.00; 1.54]
Unit (DOTS)	Not applicable	0.64 [0.31; 1.32]	0.50 [0.21; 1.21]	0.63 [0.20; 2.00]
Survival component	HR [95%CI]	HR [95%CI]	HR [95%CI]	HR [95%CI]
HIV+	3.97 [2.32; 6.79]	1.05 [0.63; 1.75]	0.96 [0.36; 2.53]	0.95 [0.52; 1.74]
Age (65 +)	3.45 [1.22; 9.72]	0.86 [0.30; 2.45]	0.96 [0.13; 7.24]	0.74 [0.18; 2.98]
TB History (New)	0.41 [0.22; 0.78]	1.06 [0.26; 4.43]	2.67 [0.05; 13.30]	2.00 [0.23; 16.86]
Regimen SERHZ)	0.26 [0.06; 1.17]	1.24 [0.27; 5.72]	2.99 [0.05; 17.51]	2.00 [0.22; 18.27]
Unit (DOTS)	0.51 [0.21; 1.21]	0.45 [0.18; 1.33]	0.47 [0.08; 2.95]	0.28 [0.05; 1.59]

Table 8 Models' goodness - of - fit

Fit statistics	Classical PH Cox	Logistic PH Cox Mixture Cure	Log logistic PH Cox Mixture Cure	Weibull PH Cox Mixture Cure
-2LogL	855.3	498.29	576.6	615.5
AIC	873.3	561.01	602.6	687.5
AICC	857.1	543.49	602.9	687.8
BIC	892.73	515.04	669.1	753.9

Amongst all the models, the logistic Cox PH cure model has best fitted data as it yielded the lowest goodness of fits criteria (Table 8).

This wide range of default times may reflect differences in the designs of studies. Whatever the designs of studies, both quantitative and qualitative efforts must be invested to avoid any default during this period as default could be the most important predictor of MDR-TB.^{12,65} MDR-TB is resistant to both isoniazid and rifampicin with or without resistance to other drugs.¹² This indicates that much health education still need to be done although Benin is one of the leading countries in applying and achieving international targets in the control of TB.⁶⁶

Effect of covariates

The logistic Cox PH mixture cure model reveals that the timing of default from anti-TB treatment was not important to learn the risk pattern of treatment interruption. Rather, default was the target dependent variable to model. This may be plausible as the cured fraction was high (94.1%), meaning that more than 94% of the patients have fully complied with treatment course. This supports an underlying assumption of cure model which assumes heavy proportion of censoring or cured fraction at the right tail of follow up.⁵⁶ As a matter of fact, a simple binary model may be appropriate to analyze the risk of default for those patients.⁵⁶ Hence, logistic regression with adjusted OR would have been relevant for the current study. However, severe warnings raised concerns about the convergence criterion. This was generated from the simulation algorithm used for the numerical computations of the estimates. The model fit validity, therefore, is questionable. On the other hand, the results of the Cox regression were consistent with the proportional hazards assumption. Thus, rather than default from anti-TB treatment itself, its timing is the target variable to address. Consequently and for the time being, we have preferred the classical Cox PH regression even though it has underestimated the hazard function of the default time as the corresponding curve is higher compared with the estimated curve given by the mixture cure model (Figure3).

With the classical Cox PH model, HIV/AIDS-positive, TB history and Age were the significant predictors of default time from anti-TB treatment. The posterior probability of being uncured was 5.99% which was approximately the same as its prior probability (5.22%). Put together, these facts are probably a guaranty of the accuracy of our study.

The risk pattern

HIV/AIDS: A patient with HIV/AIDS-positive has a higher risk to show severe TB^{67,68} and he will default from anti-TB treatment about 4 times more than a patient with HIV/AIDS-negative. In Benin, the upper limit of the rate of co-infection with HIV/AIDS was 18.5%, or almost one fifth of total TB patients. This could confirm the fact that TB is the most common opportunistic disease and the most common cause of burden in patients with HIV/AIDS infection in developing countries.^{67,68} But the mechanism by which the co-infection induces default from anti-TB treatment remains unclear. In Benin, the province of Atlantique-Littoral has a high risk of co-infection.⁴⁸ Evidence has shown that the concomitant treatment causes severe side effects⁶⁸ leading, probably, to premature drop from anti-TB treatment. To avoid this, an optimal timing in starting the co-treatment⁶⁸ could prevent the immunological weaken in patients with concurrent HIV/AIDS. Thus, Untreated HIV infection may reduce the number of CD4+ T lymphocytes as CD4+ cells play a major role in the body's defense against tubercle.⁶⁷ Therefore we think that patients with high TB/HVI concomitant burden could be tempted to leave treatment prematurely and for these reasons TB and HIV programs integration need to be continually optimized.⁶⁸

TB history: The risk of default was greater for new TB patients than for patients with previous TB infection. This study indicated that incident TB patients were 87% at high risk of defaulting from the anti-TB treatment course before its end. A study from Russia showed that among new TB patients, 63% of defaulters have interrupted treatment during the intensive phase.⁶⁹ In India 41% of defaulters were new TB patients representing 12% of patients who have interrupted treatment within the first 2 months. This falls to 11.3% from a study conducted in Ethiopia.⁶³

AGE: Patients who were 65 years old or more were 3.5 times more likely to interrupt the anti-TB treatment than patients whose age was between 15 and 64 years old, suggesting that elder patients were at greater risk than the others. This could be plausible as, this category of patients request more social support from their communities. In addition, the duration of treatment, which is 6 to 8 months, is long in terms of separation from patients' home towns and daily habits. Therefore, programs of DOTS at home or inside the community of origin could be a better TB surveillance strategy for the elder TB patients.

Added values of this study

In the context of Benin, this study tried an innovation as the previous comparable study conducted in the country only had partially tackled interruption of treatment without having addressed its timing.⁹ We determined the hazard rate of default and attempted to explain both the related predictive factors and the cured fraction of the 2008 TB cohort. To achieve this we applied conjointly Cox regression and cure models for an in-depth understanding of the risk pattern of default from anti-TB treatment and its timing. However the estimates from the cure model could have been biased due to concerns about the computational algorithm. Yet, the findings may be important, beyond the case of Benin, to countries with similar TB epidemiology profile, such as many countries in Sub-Saharan Africa, Asia and part Eastern Europe.

Limitations of this study

Several methodological issues should be discussed. Firstly, results of this study come from Southern Benin and may not completely represent the conditions in the whole country even though the sample used was 33% (1226/3741) of the total 2008 TB patient's cohort. Therefore we need to apply our model on a test set for the external validity purposes. Secondly, the algorithms used to implement the mixture cure model did not converge for several iterations, resulting in some difficulties in computing the related likelihood estimators. This could have been caused by several computational problems such as the high rate of ties in data and the fact that the true proportion of default (5.22%) was border line. Despite the fact that the underlying hypotheses and theoretical conditions were met, an improvement is necessary. Finally, some underlying potential predictive factors essential to adjust the hazard of defaulting from anti-TB treatment are missing. The socioeconomic and educational status of the patients, ARV, CTM and known competing diseases could highly improve the modeling.

Conclusion

The results from this study showed that in the south of Benin at whole, TB patients mostly defaulted from anti-TB therapy at the beginning of the treatment course with a related relatively low risk. Added to this finding was that not all the patients were susceptible to default. In this way, the combination of the classical survival

analysis and the mixture cure model was useful. However, it was challenging to know who was not susceptible and vice versa before the end of the follow up. Therefore it is important to consider early the HIV/AIDS status and the age of patients as well as their TB history as underlying factors for compliance with anti-TB treatment in future. Of course, further investigations are needed about the timing of default from anti-TB treatment in Benin. For instance, prospective research integrating the impact of the malnutrition, patients' immunological state and the genomics of TB may be interesting.

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Conflict of Interest

The authors declare that they have no financial or non-financial competing interests.

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