

Ideal behavioral response to lockdown amidst COVID-19 crisis

Abstract

In light of the global lockdown and the many health and travel restrictions due to the COVID-19 pandemic and my commitment to provide continuing education to the international community, I am proceeding in a virtual meeting format. My aim was to present groundbreaking, innovative, and pioneering prospects. Due to the lockdown, I decided to use virtual conferences to inform my practices and innovative approaches, and also to provide advice and instruct the world to follow health guidelines to lower the risk of COVID-19 safely. The pandemic had energized me to innovate and continue providing networking opportunities and give empirical perspectives published in global journals for all around the globe. Amidst COVID-19 crisis I received a lot of invitations to contribute plenary lectures and colloquia as a world-class keynote speaker, most to present a speech on COVID-19, from all over the world; so my pioneer deep-experience is an example of a scientific and research success. This symposium was organized by Council of Creative Education (CCE) Finland in collaboration with the University of Jyväskylä to celebrate the United Nations World Creativity and Innovation Day and at the same time to reflect on the current situation across the globe, which is in great pain and grief due to the COVID-19 pandemic. I submitted my work to the conference via a PowerPoint deck with a big number of participants where my presentation was selected as one of the topmost presenters with a few number; to give ten minutes for presenting my work/topic to Live Audience around the globe. My presentation was selected to present in a plenary session in the 1st day of the symposium, the 21st of April 2021 and awarded a Certificate of Achievement for successfully presenting the research #WCID on 21-22 Apr 2021: www.ccefinland.org/21april. Presentation Date: 21.04.2021 which is one of eleven Certificates of Appreciation granted to me out of thirty webinars offered in the year of COVID-19. This is the abstract of my invited speech which was sent to 8th Symposium on Creative Education, 21-22 April 2021; Helsinki, Finland titled "A year journey offers a glimpse amidst covid-19 crisis".

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Editorial

(Figure 1) The premier footstep was to gather the narratives that had eked the greatest effectiveness in my life. It's indeed the so-called little narratives or tiny "whiles" that ejected the hidden gold that I'm seeking for. So I release the "while" from my lifetime that made the majors impact and particularly explore why it made such a pioneer and major influence. The coronavirus is one of our modern day's greatest global, human challenges. The COVID-19 pandemic year brought quite a bit of uncertainty, challenged us to adapt in unprecedented ways, and inspired innovation in all of us. What an exceptional year this has been for science and research. Science and innovation flourishes when everyone has the freedom to think. I can't verify it's been a year since the shutdown. Nothing will stop our lively folk from flyovering links. In the beginning; COVID-19 has shuttered scientific labs. It could put a generation of researchers at risk. I as a physician and scientist intolerable to find myself suddenly sitting at home doing nothing during the lockdown of COVID-19. In light of the global pandemic and the lockdown, I was encouraged to think outside the Faculty and the lab. Now more than ever, the globe needs excellent science and outstanding scientists to tackle this COVID-19 pandemic and I wanted to be a part of the story. I have a modern solution to defeat my despair and attempt firmly to realize a connection to participate with my students. In this status, the headmost footstep was exactly on my home office!

My viewpoint was inspired from the critical challenge of stopping work and research at the lab during COVID-19 pandemic. I had been

working remotely since around March 2020 when it became clear working together in the Faculty was no longer safe. As the lockdown was standing, psychological distress and fear of COVID-19; I was skillful to participate from my home office, submitting my viewpoints via practical ideas. Making the best use of the lockdown, I had released many papers published in international journals and one Global Conference.^{16,22,25,31-35} I hopelessly missed linking with students, and colleagues personally—but I made a scheme to be more intently about the options I do, and to respect every conference and seminar more as we build our road to a neoteric normal. I was inspired in the start to overcome the boredom, monotony, the depression, and bad psychological state resulting from the sudden forced stay at home without work as a result of the pandemic. The current Novel Coronavirus pandemic has energized me to innovate and continue providing networking opportunities and content for all around the world. My trust for a better result of this tragic virus is the development of new strategies. I had activated my research continuity protocol and moved to an almost entirely virtual research presence. This is in line with public health authorities' guidance to curb the further spread of COVID-19. I leveraged technology tools for video conferencing and virtual meetings and brainstorming. My aim was in the beginning to present online valuable research approaches, studies analysis, and prudent comment and to teach my good practices to fulfill significant hypotheses and innovative approaches amidst COVID-19 crisis as a surrogate to face to face conferences, lectures, and cultural seminars. Then I started handling also to inspire a therapy for use in hopes of overcoming the disease. My target was also to offer

a crucial role to play in protecting people's health and developing both practical solutions and innovations and to build a global audience for my research projects.

Due to the many health and travel restrictions due to the COVID-19 pandemic, I decided to convert presenting my research at online conferences and cultural seminars to inform my practices and innovative approaches, and also to provide advice and instruct people to follow health guidelines and live a healthy lifestyle of a sanitary diet with physical activity to lower the risk of COVID-19 significantly. In response to this disruptive outbreak, it is extremely vital to expedite the drug development process to treat the disease that would help us defeat this pandemic expeditiously. I was working hard to meet the worldwide demand for COVID-19 treatment solutions. So, I had been working tirelessly day and night for months to provide breakthrough innovative perspectives therapeutic options from my home office; this could serve as a potential treatment strategy for COVID-19; published in international journals resulted in a lot of invitations I received to contribute online plenary lectures and cultural colloquia as a world-class keynote speaker, most to present a speech on COVID-19, from

all over the globe. I was hopeful my outlook had implications for the development of a novel drug for the treatment of this unprecedented pandemic. My hope was to inspire a new generation of innovators locally in my community and globally. My varied opinions, ideas, and cultures could give more innovation, clearer understanding, and better solutions. The Editors in Chief of many eminent Journals did appreciate my articles published during the pandemic and invited me to contribute manuscripts for the upcoming issue of their Journals and also invited me as an honorable editorial Board member/peer reviewer. Now I am appointed as an honorable editorial Board member/peer reviewer for eleven International Journals. During the COVID-19 Era I received a lot of invitations to contribute plenary lectures and colloquia as a world-class keynote speaker, most to present a speech on COVID-19, from all over the globe: from San Diego, California, Miami, Florida and New York, USA at the west to Singapore; Seoul, South Korea; Hyderabad, India, and Jakarta, Indonesia at the other side of the globe, and from Dubai, UAE; Jeddah, Saudi Arabia at the Middle East to London, United Kingdom; Paris, France; Berlin, Frankfurt, Germany; Madrid, Spain, and Prague, Czech Republic, Helsinki, Finland at Europe.



Figure 1 Certificate of Achievement awarded to Prof. Laila M. Montaser from 8th Symposium on Creative Education, 21-22 April 2021; Finland.

I was sharing by contributing many keynote speeches in online conferences and educational seminars around the world to contain the impact of the coronavirus, with actions ranging from rapid responses to more fundamental, strategic shifts.

I had been amazed and inspired by the resilience of the community nationally and also globally as I did this work from my home. I used online virtual conferences and educational seminars as a platform to network and provide a best fit for practical implementation of prospective solutions that are suggested at the conferences. I was aware that the healthcare and patient community will remain to avail of outstanding help for research, perfection science, and education regardless of this emergency. People followed precautions to minimize the danger of appealing to the hard sick with COVID-19. They pursued a sanitary diet with physical activity. I wanted to use the global platform to really focus on national issues. I continued in

my mission to advance stem cell-based research and technologies for the betterment of the human condition. Innovative approaches were systematically encouraged and the spread of good practice to achieve wider adoption is significantly accelerated. I will continue to build Egypt into an innovation-driven country by using advanced concepts and ideas. As we all try to grasp the pandemic that has upended all of our lives, the coronavirus has also been a clear reminder of how scientific discovery is vital to protect the health and well-being of all of us. Today more than ever before, technology is needed to lay new foundations toward counteracting the current global public health threat; preparing for possible new challenges, for instance, in infectious diseases; and rethinking.

I gained Eleven Honorable Certificates of Appreciation¹⁻¹¹ from thirty esteemed webinars and seminars¹⁻³⁰ through the year of novel coronavirus. The Certificates were awarded in recognition of a

Distinguished University Professor being a member of the “major pioneer leagues” with significant expertise for: i) her contribution to society by her remarkable stewardship of a series of lectures and seminars as a perfect paradigm in holding out the liabilities of scientists in defying difficult situations, ii) her effectively presenting outstanding, phenomenal, and worthy world class presentations, iii) her dedicated and untiring efforts to focus scientific society and public attention on the COVID-19 crisis iv) her varied opinions, ideas, and cultures gave more innovation and better solutions, v) her offering fabulous thoughts to the application of science and technology for human well-being and to industry, vi) her making important supports to spread science and promoting novel strategies that work for the generalization of science and technology, vii) her making admired and innovative aids to scientific educational tools and school science syllabus through online from her home office amid lockdown of COVID-19 crisis where she leveraged technology tools for video conferencing and virtual meetings and brainstorming that have helped advance the continuity and quality of science education; not only in her country or Arab Region but Worldwide; so her pioneer experience is an example of a scientific and research success. Recently, I received three invitations to be nominated for three global prizes in science; one from an Italian famous Academy and the other two from an American Renowned Association for my excellent reputation, deep experience, and gorgeous contribution for quality research and science are well known. I inspired a new generation of innovators locally in my community and globally. I am hopeful to be one of the eminent experts engaged in bequeathing their experience and experimental outcomes in the world. Finally, whereas medications are beneath evolution, my perspectives may present an off-the-shelf cell curative choice for forbidding the reappearance of coronaviruses.

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None.

Conflicts of interest

The author declares that there is no conflict of interest.

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