

# It's all good

## Abstract

If it is all Good, then there can be no right or wrong, good vs. bad, and so on. Addiction will always be an element of our society in this dualistic world. Addiction is neither good nor bad, right nor wrong. As the advertisement goes with the Dodgers Broadcast: Addiction is just another word in the Dictionary. With the above premise, I write a perspective about addiction which should be viewed without sensation.

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**Steve H**

Moral and Spiritual Psychology, USA

**Correspondence:** Steve H, Moral and Spiritual Psychology, Tucson, Arizona, USA, Email [henkelasv@aol.com](mailto:henkelasv@aol.com)

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## Commentary

Our present "Opioid Epidemic" can be associated with the fall of the Taliban in Afghanistan and the vast expansion of opium agriculture which in turn supports the worldwide pharmaceutical opioid production. But for this economic system to properly function, there must be an equally as large and expanding consumer population. In order to develop and keep a large population of consumers, the populace is subjected to a continuous barrage of false, distressing, turbulent and pulsating media information, designed to keep the human psyche in a constant state of dissatisfaction. Our consumers receive this form of mis-education early in their lives and are guided into very stressful, demanding and unrewarding careers and lifestyles, immersed and surrounded by fellow misfits, all taught and demanding the impossible, self-satisfaction. With this system inherently in place and with the development of a population that will be led into one form of addiction or another, deceptively portrayed as an escape route from their induced discomfort, the only effective way out is individual treatment of those who have accumulated enough capital to make the effort worthwhile.<sup>1-4</sup> (As and aside: Those born into or are susceptible to addiction are an equally important element to the treatment and therapy industry as they are to the opioid pharmaceutical trade.)

There are however various and very effective altruistic movements available to assist the addicted into a more comfortable lifestyle and clearer consciousness. Their experience with the misery of the addicted lifestyle becomes a benefit and motivator for the development and improvement of their moral and spiritual consciousness. Education in ethics, morality and spirituality and then practice instead of being treated with psychological therapy are found to be another way out.<sup>5</sup> With this form of communal education and practice, over a period of time the psyche becomes motivated by reward of a moral and spiritual life rather than the emotional pain induced by ordinary existence and experience.

However, the addicted person must first receive professional medical treatment in order to withdraw and abstain from the addictive substance, and then, they must also be taught how to use a sufficient substitute that will provide a more substantial, satisfying and lasting effect upon their thinking, emotions and behavior; or else they will be led by their subconscious to return to the substance that created the temporal euphoria and use it again to escape their current pain. The capital expense of such individualized professional treatment is enormous and thereby exclusive for many of the lower socioeconomic classes.<sup>6-9</sup> Moral and spiritual support groups can be very beneficial in the beginning of an individual's recovery, but somewhere in their recovery process, that person must make a transition from group

support and it's consequent service and motivation, to developing an intrinsic personal desire to learn, practice, grow and expand morally and spiritually in order to experience a satisfying and rewarding life experience. Otherwise, a person in recovery comes to rely upon the group and the support group meeting activities rather than their own initiative. Over time, the benefits of the support group motivating one's recovery and moral and spiritual development wane, and complacency and stagnation can set in and be reinforced by peer pressure from a lackluster group majority.

Psychological recovery methods work well with those who have the academic skills and emotional balance to apply common sense techniques. However, usually those with serious addiction symptoms may also have mental, emotional, behavioral, academic, or motor skill depreciation, where they cannot apply common sense means to recovery from a hopeless state of mind, also known as, incomprehensible demoralization.<sup>10-12</sup> However such symptoms are easily masked from the treatment professional by the conditioned acting skills and charisma developed by the addict over a long period of addiction cover-up. In order to recover from incomprehensible demoralization, the afflicted will need to enter a long term program for progressive moral and spiritual development and they will need to develop the motivation and perseverance to continuously grow morally and spiritually. Nevertheless, many are lost to addiction, with their death often being slow and painstaking.<sup>13</sup> But our life here is ephemeral, and has been designed for entertainment purposes only. Our life on this planet is a diversion from our spiritual life of constant, infinite and eternal Good. What we experience in this realm of time, space, matter and energy can have no effect upon our ultimate Good and that ultimate Good allows us the freedom to experience, with impunity, whatever we choose in this amusement park called Earth.

## Conclusion

Emma Curtis Hopkins tells us, "To Spirit, all that is, is Good." And Yogananda Paramahansa tells us, "You have come on earth to entertain and be entertained." Therefore everything is good and there can be no duality. You have come to this realm of time, space, matter and energy for diversion from an eternity of spiritual Good and there is nothing you can choose that will ever harm that ultimate Good. For whatever choices and actions you take, just for the experience, you could never harm the spiritual you, harm anyone else's spirit or have any effect upon our infinite Good.

## Acknowledgements

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## Conflict of interest

The author declares no conflict of interest.

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