

Authors (n studies)	Client population	Outcome measures	Key findings	
			STDP vs. NT	STDP vs. OP
Abbass et al. (2011) (k = 6)	Personality disorders comorbid with major or minor depression	Depressive symptoms, general psychiatric symptoms, social functioning, mixed of all outcome measures	Post: STDP > NT	Post: STDP = OP 18MFU: STDP = OP
Anderson and Lambert (1995) (k = 21)	Mixed	Composite effect size: state symptomatology and global ratings, personality, social adjustment, target symptoms, somatic distress, addiction-related behavior	Post: STDP > NT	Post: STDP = OP <6MFU: STDP = OP >6MFU: STDP > OP
Crits-Christoph (k = 8)	(1992) Mixed	Target symptoms, general psychiatric symptoms, social functioning	Post: STDP > NT	Post: STDP = OP
Driessen et al. (k = 13)	(2010) Depression	Depressive symptoms	Post: STDP > NT	Post: STDP < OP 3MFU: STDP = OP

				1YFU: STDP = OP
Leichsenring (2001) (k = 6)	Depression	Depressive symptoms, general psychiatric symptoms, social functioning, number of clients remitted or improved		Post: STDP = CBT
				FU: STDP = CBT
Leichsenring et al. (2004) (k = 17)	Mixed	Target symptoms, general psychiatric symptoms, social functioning	Post: STDP > NT	Post: STDP = OP
				FU: STDP = OP
			Post: STDP > NT	Post: STDP < OP
Svartberg and Stiles (1991) (k = 19)	Mixed	Composite effect size of differing outcome measures (unspecified)	6MFU: STDP = NT	6MFU: STDP = OP
			1YFU: STDP = NT	1YFU: STDP < OP

NOTE: When possible, comparisons with minimal treatment or non-psychiatric treatments were disregarded. Thus, the number of studies reported in the first column may differ from the number of studies reported in the original reviews. STDP = Short-term dynamic psychotherapy; NT = No treatment; OP = Other psychotherapy; 6MFU = 6-month follow-up; 1YFU = 1-year follow-up; FU = follow-up; CBT = Cognitive behavioral therapy; 3MFU = 3-month follow-up; 18MFU = 18-month follow-up.

Supplementary Table 1: Summary of Literature Reviews and Meta-Analyses Comparing the Efficacy of Short-Term Dynamic Psychotherapy to No-Treatment or Other Psychotherapies.