

**Appendix 1:** Combinations of keyword terms used in database searches.

[cognitive therapy OR behavior therapy OR behaviour therapy OR cognitive behavior therapy OR cognitive behaviour therapy]

AND

[psychoanalysis OR analytical therapy OR analytical psychotherapy OR brief therapy OR brief psychotherapy OR therapy, brief OR psychotherapy, brief, OR dynamic therapy OR dynamic psychotherapy OR psychodynamic therapy OR psychodynamic psychotherapy OR psychoanalytic therapy OR psychoanalytic psychotherapy OR short-term dynamic therapy OR short-term dynamic psychotherapy OR short-term psychodynamic therapy OR short-term psychodynamic psychotherapy]

AND

[controlled trial OR controlled trials OR randomized controlled trial OR randomized controlled trials OR randomised controlled trial OR randomised controlled trials OR clinical trial OR clinical trials OR treatment outcomes OR treatment effectiveness evaluation].