Finding Our True Soul Family: A Key to Inner Alchemy

Perspective

Our individual life energy form feels inwardly empty, deficient, dissatisfied, restless, until it is filled with the relational energy substance of life as love by connecting in empathic vibratory attunement to other individuals whose distinctive energy pulse naturally seems highly compatible with or closely related to our own, so that we naturally experience (not necessarily fully consciously) an intuited sense of inner familiarity and belonging with them. The energy heart or core level of our being, or our individual life energy form, experiences exile or estrangement from our true ground of being as the relational reality of love and life energy substance until we connect or “come home” to individuals who are naturally related to us as members of the same soul family network, sharing closely related functions, contributions, capabilities, talents, gifts, destinies, archetypal (timeless) blueprints, or purposive patterns for the whole web of life.

Many of our energies and abilities remain dormant, latent, inaccessible to us until they are elicited by contributing to the discovery and further development of previously hidden energies and talents in others. Discovering a sublime energy pulse in another individual and/or in phenomena of nature arouses the intrinsic sublime grandeur of our own being, through a quasi “magnetic” process of vibratory resonance, functioning like a process of inner alchemy.

Individuals who naturally belong to the same extended soul family often experience, not necessarily fully consciously, an intuited sense of inner familiarity, belonging, and deep attraction with one another, involving compatible, resonating, or mutually amplifying energy vibrations. Those compatibly resonating energy vibrations exert a kind of “magnetic” pull on the inner core being of individuals who come in contact with their soul family members, producing amplification of sublime qualities of their own being, the “dance,” “song,” and “story” of their spiritual heart and soul, so that they literally feel more alive, joyful, insightful, and creatively empowered when in significant contact with one another.

Many of our natural talents, abilities, and insights are best aroused in caring empathic communion and unselfish service of other individuals, especially those with whom we experience a natural sense of inner affinity as part of the same soul family. What is genuine and sublime in us, through a process of vibratory resonance. As long as we remain narcissistically, proudly, selfishly self-absorbed, our sublime energies and the deeper blessed potentials, gifts, talents, or abilities embedded in them remain dormant, latent, recoiled, inaccessible to us, whereas when we unselfishly share our energies, talents, and gifts or expressions of genuine caring with others, those energies are “magnetically” aroused, amplified, and further developed in ourselves as well.

Like pure, clear, undistorted mirrors and prisms, we and our loved ones reflect back to one another a true vision of greater development, fruition, or actualized potentials of enhanced levels of peak experiencing, peak performing, and peak productivity. We exalt, glorify, or ennoble ourselves, one another, and our unifying Life Source by relating as the best version of ourselves and thereby evoking the best version of one another. (See Isaiah 60:21; 61:3) Evoking the best in one another involves taking responsibility for our own shadow work (i.e., consciously acknowledging, transmuting, and integrating conflicted, antagonistic, problematic, or “negative” aspects of ourselves) and holding our loved ones accountable to do the same. That is how psychologically healthy interpersonal relationships facilitate a process of inner alchemy, involving healing “wounded” aspects of ourselves, outgrowing unhealthy fixations and illusions, and growing in the further development of what is genuine, constructive, and exalting in ourselves.

Deeply invested experiential connection or energetic attunement between individuals who experience a close sense of natural affinity of being can bring greater contact with the relational substance level of love-life energy, a relatively more centripetal or unifying level of energy beyond the predominantly centrifugal or divisive level of life energy form. That relational energy substance is like warm sunshine, an invigorating tonic or elixir, which helps our individual core to open up from the inside, like the blossoming of a beautiful flower; in contrast to the self-absorbed ego, self-enclosed, even self-imprisoned in its own narcissistic shell, like a seed that has not yet sprouted. Like humble bees pollinating beautiful flowers, drawing forth maple syrup, or like gardeners carefully tending fruit bearing trees, we are eliciting the essential beauty, fragrance, sweetness, and blessed enchantment of one another’s being. When we open
our energy-heart and thereby connect deeply to others, then
the sublime energy of our core flows more substantially into the
surface level of our person in the world, and thereby becomes
more abundantly manifested and further developed, like the
sweet sap of a plant blossoming into flowers, fruits, or syrup when
exposed to warm sunshine and other nutrients.

Like a collaborative treasure hunt, we are joining together
to discover and further develop the sublime treasures or inner
resources of our being and of reality as a whole. Together we
follow the scent or aroma of true goodness, greatness, or sublime
beauty to its source in overflowing fullness or fully blessed
wholeness of being. The energy of true love or deep genuine
caring that flows between soul family members is like a pure fuel
that releases the many splendorous flame of Divine Love to flow
from its hidden reservoir source in Mystery and become more
tangibly manifested, developed, and amplified through us. Sublime
grandeur qualities such as, joy, beauty, sweetness, blessedness,
enchantment, and true wisdom or creative insight are all rooted
in the intuited experience of fully vibrant, regenerative, radiant,
refreshing, satisfying, and attractive, life energy in the prime, just
as the many colors of the spectrum or rainbow have their unifying
source in pure clear light. When we deeply connect to our natural
soul family loved ones, our core being energy centers feel fully
"turned on" or accelerated to an optimal vibratory pulse of energy
in the prime, so that we feel fully alive, refreshed, satisfied, secure,
and sublime, as a limitless grandeur, exceeding all knowable
measurements. We and our loved ones help one another to feel
more exalted, by eliciting the highest or best possible version of
ourselves, which is the achievement of our imago or intended
optimal development, where our individual and relational energy
field ascends above the vibratory speed pulse of light and is
therefore fully regenerative, incorruptible, secure, in the flow of
optimal wellbeing.

Our energy-heart finds its true home only in the hearts of our
soul family and in the Great Heart of Divine Love that connects
us to one another because the relational energy of love amplifies
the sublime grandeur qualities that are embedded in our own
individual being. The deepest energy patterns of our own being
often remain dormant until touched and excited by contact
with a loved one’s distinctive energy pulse that seems highly
compatible with our own, like a phonograph needle releasing
musical patterns embedded in a phonograph disk, or like pleasing
foods evoking exalted vibratory patterns embedded in our taste
buds. Sharing our caring energy and talents with our loved ones
enhances our experience of being an inherent wholeness and
overflowing fullness of being, whereas selfish self-seeking reflects
and further magnifies a sense of inner paucity or deficiency of
being, like trying to cover over a bottomless inner emptiness
through insatiable demands.

The relational energy dance that empathically attunes us to
one another leads us to the full embrace, the full Oneness that
is the Supreme Source of everything that we naturally seek as
part of the experience of optimal attractiveness, satisfaction,
wholeness, overflowing fullness or abundance, vibrancy, and self-
consistent integrity of being. We view our soul family loved ones
as having intrinsic, unconditional value or preciousness, rather
than valuing or loving them only conditionally, because we are
attuned to the energy pulse of love, which is naturally sufficient
unto itself, needing nothing outside of itself for an experience of
wholeness and optimal wellbeing. By serving the discovery and
further development of what is of true and enduring value in one
another, we thereby enhance what is of true value in ourselves
and in reality as a whole.

Individuals, who belong to the same soul family, or similar
related soul families, may or may not share the same birth family,
ethnic culture, nationality, religion, socioeconomic status, life
history background, and outlook. For any ethnic, national, civic,
religious, or other group to remain enduringly, viably cohesive
in its basic sense of identity, narrative, and common purpose,
must be infused with a genuine, or at least plausible, sense of
having a unifying soul or spiritual energy and common purpose
that unites its individual members together, as a natural sense
of inner affinity or intrinsic relatedness of being. If that sense
of natural relatedness of being is experienced as being rooted
in the very core or deepest essence of its individual members
and of an intrinsically valuable reality or cause that they are
serving together, then that commonly shared sense of identity
and purpose can serve as a strongly, enduringly cohesive force
of “unity in diversity” and “diversity in unity”, epitomized “by the
Latin phrase, “E Pluribus Unum.”

We can experience great joy by exploring and discovering how
every individual who we truly love and deeply connect to is, truly,
beautiful and precious in their own very special way, not exactly
identical to other individuals in terms of the sublime qualities
of energy-presence, as well as lovely products and expressions,
that manifest through them, each revealing the many splendorous
goodness and glory of reality in their own distinctive, relatively
unique manner. Our encounter even with the same individual is
not exactly the same from moment to moment, enabling us to
always evoke, discover, and nurture somewhat different aspects
and versions of ourselves. As we evoke and nurture the best
versions of one another, and share the best versions of ourselves,
while also taking responsibility to compassionately heal relatively
“wounded,” conflicted, or disturbed aspects of self and one another;
we contribute to the continued advancement of humanity, life, or
reality as a whole, through the varied gifts or revelations that
emerge from our encounters. Like a great feast, we feed and are
fed energy by one another from the depths of our being, thereby
releasing many “flavors”, wild intoxicating “juices”, “hues”, “tones”,
textures”, and “aromas” of grandeur to savor, many treasures to
discover in and through one another. We are naturally being
the sacred dance of life that flows through us, between us, around us,
beyond us, which also includes our own relatively independent
dance of energy expression and experience.

Dr. Barry Hammer offers personal life coaching and
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