

## APPENDIX 1

### ANAMNESIS

Name:

Date of birth:

Age:

Gender:

Occupation:

Doctor:

Date:

Main complaint:

Dizziness: S ( ) - N ( ) Vertigo: S ( ) - N ( )

First crisis (how and when):

Last crisis (how and when):

Total crises:

After crises has instability: S ( ) - N ( ) Flotation: S ( ) - N ( )

Progressive: S ( ) - N ( ) Regressive: S ( ) - N ( )

Offset: S ( ) - N ( ) Offset side:

Dizziness is triggered by movements:

From the head: S ( ) - N ( ) Which:

From the body: S ( ) - N ( ) Which:

Crisis are accompanied by tinnitus in the ear: S ( ) - N ( ) (Right - Left - Both)

Of fullness in the ear: S ( ) - N ( ) (Right - Left - Both)

Has fainting along with crisis: S ( ) - N ( ) Visual changes: S ( ) - N ( )

Nausea: S ( ) - N ( ) Vomiting: S ( ) - N ( ) Sweating: S ( ) - N ( )

Is in medication use for current dizziness: S ( ) - N ( ) Who: Has improved with:

Has already used medicines for past crises: S ( ) - N ( ) Which:

Relates dizziness to: Viruses: S ( ) - N ( ) Infection: S ( ) - N ( )

Stress: S ( ) - N ( ) Trauma: S ( ) - N ( ) Surgery: S ( ) - N ( )

Emotional problems: S ( ) - N ( ) Medication use: S ( ) - N ( )

Mensuration: S ( ) - N ( ) Pregnancy: S ( ) - N ( )

Specify items above:

Has or has ever had tinnitus (independent of dizziness): S ( ) - N ( ) (Rigth - Left - Both) How long ago:

Normal hearing: S ( ) - N ( ) What the bad ear: Rigth ( ) - Left ( ) - Both ( ) How long:

Type of loss: Sudden ( ) Gradient ( ) Floating ( )

Family history of hearing loss: S ( ) - N ( )

It suffers from headache: S ( ) - N ( ) Location: How long: Associates headache a (which leads to having headache): There are people in the family with migraine:

Cervicalgias: S ( ) - N ( ) Common: S ( ) - N ( )

Has numbness or tingling in the fingers: S ( ) - N ( )

Hypertension: S ( ) - N ( ) Hypotension: S ( ) - N ( )

Heart problems: S ( ) - N ( ) Specify:

Thyroid problem: S ( ) - N ( )

Neurological/psychiatric disorder: S ( ) - N ( )

Diabetes: S ( ) - N ( )

Dyslipidemia: S ( ) - N ( )

It makes use of medication: S ( ) - N ( ) Which:

Habits:

Smoke S ( ) - N ( ) Alcoholic beverage: S ( ) - N ( )

Coffee: S ( ) - N ( ) Tea: S ( ) - N ( ) Refrigerant: S ( ) - N ( )

Sugar: S ( ) - N ( ) Chocolate: S ( ) - N ( )

Prolonged fasting: S ( ) - N ( ) Physical activity: S ( ) - N ( )

Meatoscopy: Right ear: Left ear:

Romberg Simple: Romberg Sensitized:

Positional Nystagmus: Positional Vertigo:

Dix and Hallpike maneuver:

Ny eyes open:

Ny semi spontaneous:

Caloric test: water: 44°C Right ear – 44°C Left ear – 30°C Left ear – 30°C Right ear