

# A comparative study on spontaneous whelping, assisted whelping and emergency caesarean section in canines

## Abstract

A total of 26 bitches presented to University Veterinary Hospital Kokkalai belonging to 10 different canine breeds were included in the study to compare between spontaneous whelping (SW) assisted whelping (AW) and emergency C-section (EC) out of which 21 bitches were presented with difficulty in whelping and 4 were normal whelping. Mean age of the bitches in AW, EC and SW was  $2.38 \pm 0.23$  years,  $2.35 \pm 0.27$  and  $2 \pm 0.15$  years respectively. Out of 21 bitches presented with difficulty in whelping, 12 bitches (57%) were primiparous. Gestational length calculated from the last breeding date was  $61.11 \pm 0.73$  days,  $61.13 \pm 0.61$  days and  $61 \pm 0.71$  days in AW, EC and SW respectively. Gestational age of the foetuses determined by ultrasonography in AW and EC ranged from 57 to  $62(60.5 \pm 0.99)$  days and 58 to  $62(60.2 \pm 0.73)$  days respectively. Heart rate of the foetuses determined by ultrasonography in AW and EC ranged from 171 bpm to  $267(201.55 \pm 10.49)$  bpm and 157 bpm to 240 bpm ( $177.30 \pm 9.26$ ) respectively. Out of 21 bitches presented with difficulty in whelping, 6 (28.6 per cent) whelpings were managed with medical therapy using ecbolics, 7 (33.3 per cent) whelpings were managed with medical therapy along with manipulative delivery and 8 (38 per cent) whelpings were managed with emergency Caesarean section.

**Keywords:** dystocia, emergency caesarean section, spontaneous whelping, ultrasonography, gestational age

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## Introduction

Canine pregnancies are unique among veterinary domestic species as the whelping process is longer in duration and the neonates are highly influenced by the environmental factors. Stage 1 labor in bitches began with rhythmic uterine contractions and progressive cervical dilatation. Duration was normally 6 to 12 hours but could extend up to 24 hours in primiparous bitches.<sup>1</sup> The mean intervals between the birth of two successive puppies ranged between 30 and 60 minutes in most breeds.<sup>2</sup> Gestational length in the bitch is about 57 to 72 days with an average of 65 days, when breeding dates were taken into consideration<sup>3</sup> and whelping could occur anywhere between  $63 \pm 7$  days from the day of breeding.<sup>4</sup>

Dystocia is defined as the inability to expel the foetus through the birth canal without assistance and it can be of maternal or foetal origin. Among reproductive disorders, about 12 per cent were of canine dystocia and maximum percent of dystocia affected bitches (85%) had litter size of four pups including large breeds and that was suggestive of dystocia due to primary and secondary uterine inertia.<sup>5</sup>

Maximum percentage of dystocia affected bitches (85 per cent) had litter size of 4 pups including large breeds<sup>5</sup> and 75.3 per cent of the dystocia is of maternal origin, mainly due to inertia, while that of foetal origin accounted for about 24.7 per cent mainly resulting from malpresentations/malorientations.<sup>6</sup> Whelping begins normally in secondary inertia but the uterine contractions stop after sometime and the most common reason for secondary uterine inertia is the obstruction of birth canal.<sup>7</sup>

Miniature and small breeds showed a significant higher incidence for dystocia accounting for 26 per cent and 33.4 per cent respectively.<sup>8</sup> The incidence of dystocia in canines was considered to be highest in

bitches aged 2-4 years.<sup>6</sup> The highest number of dystocia were recorded in primiparous bitches.<sup>9</sup>

## Materials and methods

Twenty six apparently healthy pregnant bitches between one to five years of age with physical and behavioural changes associated with whelping presented at University Veterinary Hospital, Kokkalai, India were subjected to clinico-gynaecological examination based on history. Gestational age (GA) was calculated from the last breeding date and also by measurement of head diameter (HD) using real time B-mode ultrasonography using the formula  $GA(\pm 3 \text{ days}) = 20 + (15 \times \text{HD})$ .<sup>10</sup>

The viability of the foetus was assessed based on foetal movements and heart rate at the time of ultrasonography. Clinical interventions such as lubrication with obstetrical cream, feathering, traction by hand/whelping forceps were performed whenever necessary. In case of uterine inertia, 10 per cent Calcium gluconate (Calcium-Sandoz<sup>®</sup>) solution at the rate of 0.2 ml/kg was administered along with 25 per cent Dextrose (DEXTROSE), 5-25 ml intravenously over a period of 2-5 minutes. Oxytocin (Pitocin<sup>®</sup>) was administered at the dose rate of 0.1-0.5 IU/kg intramuscularly and repeated after 60-90 minutes whenever necessary. Emergency Caesarean section was carried out in those cases which did not respond to medical management or manipulative delivery.

Total duration of whelping and time interval between the expulsion of two puppies/expulsion phase length from whelping cases other than EC were recorded. Records were enclosed in a data base and statistically analyzed using SPSS version. 21 statistics software package.

## Results

### Detailed signalment and anamnesis

A total of 26 bitches belonging to 10 different canine breeds were included in the study, out of which 13 bitches (50%) belonged to small breed group (<10kilogram). The overall mean age of the bitches included in the study was 2.271±0.15years. The mean age of the bitches in AW, EC and SW was 2.38±0.23, 2.35±0.27 and 2.00±0.29years respectively (Table 1).

Out of 21 bitches presented with difficulty in whelping, the parity ranged from 0 to 2 with a mean of 0.63±0.13 and 12 out of 21 (57%) bitches were primiparous. Two out of 21 (9.5%) bitches had previous history of dystocia. Gestational length calculated from the last breeding date ranged from 57 to 65days in AW group with a mean of 61.11±0.73days, in EC it ranged from 58 to 63days with a mean of 61.13±0.61days and in SW it ranged from 59 to 63days with a mean of 61±0.71days.

### Details of ultrasonographic examination

Gestational age of the foetuses determined by ultrasonography ranged from 57 to 62days with a mean of 60.5±0.99days in AW group and in EC it ranged from 58 to 62days with a mean of 60.2±0.73days. Mean biparietal diameter of the foetuses was 2.68±.05cm in AW group and 2.69±.06cm in EC group. The mean heart rate of the foetuses determined by ultrasonography was 201.55±10.49(171 to 267)bpm in

AW group and in EC group it was 177.30±9.26(157 to 240) bpm.

### Response to medical management

Out of 21 bitches presented with difficulty in whelping, 28.6 percent, 33.4 percent and 38 percent whelpings were managed with medical therapy using ecbolics, medical therapy along with manipulative delivery and emergency Caesarean section respectively.

### Litter size, expulsion phase length/inter-pup interval and total duration of whelping

Mean litter size in AW group was 4.07±0.48, in EC it was 3.31±0.42 and in SW it was 5.89±0.98. Mean litter size was positively correlated with average body weight of the bitch (P<0.01), average body weight of the puppy (P<0.01) and negatively correlated to average expulsion time (P<0.05)(Table 2). Expulsion phase length in AW group ranged from 45min to 360min with a mean of 139.62±24.7min and in SW group it ranged from 30min to 60 min with a mean of 48.33±4.17min. Total duration of whelping in AW ranged from 180min to 1500min with a mean of 401.54±94.52min and in SW it ranged from 145min to 520min with a mean of 236.88±46.64min.

Out of 22 puppies evaluated in SW and AW, 86.36 percent puppies were born with intact amnion. In AW group, 76.90 percent puppies were in anterior presentation and 20.10 percent in posterior presentation. In SW group, 77.77 percent were in anterior presentation and 33.33 percent were in posterior presentation.

**Table 1** Detailed signalment and anamnesis of dystocic and eutocic bitches

Nature of whelping	Number of bitches(n)	Age(years) (Mean±SE)	Parity (Mean±SE)	Body weight(Kg) (Mean±SE)	Gestational length(days) (Mean±SE)
AW	13	2.38±0.23	0.69±0.23	15.67±3.51	61.11±0.73
EC	8	2.35±0.27	0.61±0.24	13.32±1.50	61.13±0.61
SW	5	2.00±0.29	0.55±0.18	20.17±5.32	61±0.71
Total	26	2.27±0.15	0.63±0.13	15.96±1.96	61.07±0.40

AW, assisted whelping; EC, emergency caesarean section; SW, spontaneous whelping

**Table 2** Litter size, expulsion phase length/inter-pup interval and total duration of whelping in bitches

Type of whelping	Number of bitches (n)	Litter size (Mean±SE)	Expulsion phase length (min) (Mean±SE)	Total duration of whelping (min) (Mean±SE)
AW	13	4.07±0.48	139.62±24.7	401.54±94.52
SW	5	5.89±0.98	48.33±4.17	236.88±46.64
EC	8	3.31±0.42	NA	NA
Total	26	4.26±0.38	102.273±17.45	338.81±62.67

AW, assisted whelping; EC, emergency caesarean section; SW, spontaneous whelping

## Discussion

Out of 26 bitches considered in the study, 13 bitches (50%) belonged to small breed group (<10 kilogram) which is in agreement with earlier studies.<sup>8,11</sup> The present study agrees with the findings of Oluwatoyin AO & Fayemi OE<sup>9</sup> who found that the highest number of dystocia were observed in primiparous bitches which might be due to mating them too early in life. The mean age of the bitches in AW and EC was 2.38±0.23 and 2.35±0.27 years respectively which

is in agreement with earlier studies.<sup>12,13</sup> Gestational length calculated from the last breeding date is in agreement with the observations of Johnson CA & Christiansen IJ<sup>4,11</sup> who opined that the whelping could occur anywhere between 57 and 72days after breeding. Gestational age of the foetuses and average biparietal diameter and heart rate of foetuses is in accordance with Nyland TG, Beccaglia M, England GCW.<sup>10,14,15</sup> In case of bitches with dystocia, 33.3 percent whelpings were managed with medical therapy along with manipulative delivery which is in accordance with Oluwatoyin AO & Fayemi OE.<sup>9</sup>

Inter-pup interval was highest in AW which is in accordance with the views of Johnston SD, Naaktgeboren C & Lopate C.<sup>1,2,16</sup> The increase in inter-pup interval in AW whelping group could be due to exhaustion of the bitch due to ineffective uterine contractions, foetal disproportion or foetal presentation that caused dystocia as stated by Gill MA.<sup>17</sup>

## Conclusion

Dystocia was more common in primiparous small dog breeds. The gestational length in bitches ranged from 57 to 72 days. In bitches, 33.3 percent dystocia were managed with medical therapy along with manipulative delivery. Mean litter size was positively correlated with average body weight of the bitch, average body weight of the puppy and negatively correlated to average expulsion time.

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## Conflict of interest

Author declares that there is no conflict of interest.

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