

Appendix A

The Interview Guide.

- a. Can you explain what symptoms you encountered or experienced in the postpartum period that initially led you to believe you were suffering from a psychotic disorder?
- b. What specific symptoms did you encounter did you feel were outside of the range of "normal" from what you may have experienced in the past?
- c. Did other people around you notice unusual symptoms or were the symptoms apparent only to you? What symptoms occurred prior to your diagnosis with a mental health disorder?
- d. Did symptoms worsen with time, stay the same, or improve?
- e. At what point did symptoms begin to improve (under treatment, spontaneously, or unsure)?
- f. How long did the psychotic symptoms last?
- g. What other information or details can provide specific to the symptoms you experienced?