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First Observation of Hemoglobin Crete in Combination with Hemoglobin’s in a Woman with Avascular Necrosis of the Knee

Abstract
Sickle cell disease comprises a group of genetic disorders characterized by the inheritance of sickle hemoglobin (Hb S) from both parents, or Hb S from one parent and a gene for an abnormal hemoglobin or beta-thalassemia from the other parent. We report the first case of a compound heterozygosity for HbS and Hb Crete in a 24 year old Greek woman with bone infarctions as the first symptom.

Keywords: Disorders; Beta-thalassemia; Hemoglobin Crete; Sickle Cell Disease

Abbreviations: Hb S: Sickle Hemoglobin; HBB: Globin Gene; SCD: Sickle-Cell Disease; HPLC: High Performance Liquid Chromatography; Hb: Hemoglobin

Introduction
Inherited haemoglobin disorders are the most frequent monogenic diseases worldwide. Seven per cent of the world’s population is estimated to carry a mutation in the beta (β) globin gene (HBB) (GenBank genomic reference sequence NG_000007.3), in a heterozygous state (carrier), while thousands of newborns are affected by a severe haemoglobin disorders. Hemoglobin disorders comprise the α and β thalassaemia, sickle-cell disease (SCD) and other hemoglobinopathies. Beta-thalassaemia (β-thalassaemia), along with sickle-cell disease (SCD), are the most frequent genetic disorders in Greece, where the mean frequency trait is estimated at 7-8%, and 1-2%, respectively. The majority of β-thalassaemia genetic defects are point mutations of various frequencies in each ethnic population. In Greece, the most prevalent molecular defect is the IVS I-110 (G>A) or HBB: c.93-21G>A mutation, followed by CD39 (C>T) or c.118C>T, IVS I-1 (G>A) or c.92+1G>A and IVSI-6(C>T) or c.92+6T>C. Hemoglobin Crete is an abnormal hemoglobin of beta chain with high oxygen affinity and neutral and unstable as electrophoretic.

Case Presentation
A 24 year old Greek female patient was referred to our department from the region of Crete with a month history of severe bone pains, swelling and severe pain of the right knee and MRI findings of advanced changes of irregular sclerosis and lucency on both sides of the knee joint reflecting numerous prior infarcts (Figure 1). Examination on admission revealed unremarkable vital signs. Cardiorespiratory examination did not show abnormalities. Similarly her clinical examination showed no tenderness or organomegaly. There was however a significant tenderness in right leg with no inflammation clinically. She was also developed severe pain whenever she tried to weight bear.

Figure 1: Irregular sclerosis and lucency on both sides of the knee joint reflecting numerous prior infarcts- stage 2 of osteonecrosis.

Her social and family history was unremarkable. Her father had died in a car accident at the age of 35 and her mother was alive and healthy at the age of 47. Laboratory data revealed a total white blood cell count of 8.48x10^3/ul (62.4% neutrophils, 28.6% lymphocytes,3.7 monocytes,3.9 eosinophils), a red blood cell count of 5.36x10^6/ul (MCV :60Fl (normal range: 80-99), MCH: 20.4pg (normal range: 27-31), MCHC:30g/dl (normal range: 33-37), RDW: 15% ( normal range: 11.5-14.5) hemoglobin of 12.2
g/dl (normal range: 12-18), and a platelet count of 321x10^9/μL. Serum ferritin was 62ngr/ml (normal range: 6-81). Peripheral Blood Smear showed microcytosis, hypochromia, anisocytosis, and sickle cells. The result of High Performance Liquid Chromatography (HPLC) showed HbS: 59.6%, HbA2: 3.8% and Hbf: 2.8% (Figure 2).

The rest of further laboratory tests, including calcium, PTH, tumor markers, anti-nuclear antibodies, thrombophilia screen test, lupus anticoagulant, cardiolipin antibodies and virology were normal. The hematology indicated that the case was not typical for homozygous sickle cell anemia, most notably because of significant hypochromia and microcytosis and the clinical severity of MRI findings of avascular necrosis of the knee. Complete DNA sequence analysis revealed a single nucleotide substitution c.388G>C. The variant leads to a codon change causing in exon 3, specifically codon 129 1368 GCC-->CCC base substitution in exon 3 of the beta-globin gene, leading to the Ala-->Pro amino acid change at codon 129, in the compound heterozygous state with the nucleotide substitution c.20A>T, underlying HbS; her mother had carried the c.388G>C, underlying Hb Crete and we supposed it was assumed that her father had carried an HbS heterozygosity allele. Known deletions and duplications in the alpha globin gene cluster were excluded, as were known point mutations in the HBA1 and HBA2 genes.

**Discussion**

β-globinopathies are a group of inherited disorders characterized by altered or absent haemoglobin chain synthesis leading to ineffective erythropoiesis, with an autosomal recessive mode of inheritance. They are highly prevalent in populations in the Mediterranean, Middle East, Transcaucus, Central Asia, Indian subcontinent, and Far East, and additionally & relatively common in populations of African descent [1]. Hemoglobin Crete, beta 129(H7) Ala>Probeta129 (h7)ala (Figure 3) leads to pro, is a new mutant hemoglobin (Hb) with high oxygen affinity that was first discovered identified in a Greek family in various combinations with beta- and delta beta-thalassemia [2]. Although hematological and HPLC results are normal borderline normal level in Hb Crete carriers, a definitive diagnosis is established by DNA analysis, but sometimes clinically may be change in association with severe beta-thalassemia mutations.

The presence of vaso-occlusion in SCD has been already described since 1910, when Herrick described a young black student with ‘anemia with peculiar elongated and sickle-shaped red blood cells’ [3]. In our case hemoglobin S trait, severe microcytosis and the MRI findings of Avascular necrosis led us to diagnosis of compound Sickle cell disease/hemoglobin Crete. Patients with sickle cell trait have higher total hemoglobin and hemoglobin F levels, mild splenomegaly, rare Avascular necrosis of the femoral head, and later disease presentation. Bone involvement is the commonest clinical manifestation of sickle cell disease both in the acute setting such as painful vasoocclusive crises, and as a source of chronic, progressive disability such as avascular necrosis [4]. In our case, the first clinical disease presentation of SCD was avascular necrosis of the knee with bone pain at age of 24 years. She was not suspected to have the SCD prior to her presentation. She had never complained of bone pain and Hb electrophoresis had never been previously performed. Hb Crete [5] is an electrophoretically neutral, unstable, high oxygen affinity variant. It is caused by the replacement of the nucleotide G by a C in codon 129, leading to the substitution of an alanine by a proline at position H7 within the α1β1 h1 interface, in a region usually not responsible for influencing oxygen binding properties of Hb. Despite extensive functional studies, the mechanism of the instability and increased oxygen affinity of Hb Crete is not fully understood. It has been shown by functional studies that Hb Crete is one of the causes of secondary erythrocytosis by increased erythropoietin levels. Our index case and her mother carrier for Hb Crete did not present with erythrocytosis. This is the first description of a compound heterozygous Hb Crete/Hb S case, and also the first report on the molecular basis of Hb Crete.

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**Figure 2** High Performance Liquid Chromatography (HPLC) showed HbS: 59.6%, HbA2: 3.8% and Hbf: 2.8%- notice normal hemoglobin A2 levels.

**Figure 3** Hb Crete (HBB: c.388 G>C) in Beta sequence analysis.
Conflict of Interest

None.

References


