

**Continuous palliative sedation: evaluation and start of sedation**

Date (day/month/year): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Members of the care team:

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_  
(Doctor, nurse, healthcare assistant, psychologist, physiotherapist)

Patient (Name and Surname): \_\_\_\_\_

Date of birth (day/month/year): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Sex: Male Female

Date of Hospice admission (day/month/year): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Is it this the first admission to a Hospice? Yes No

If NO, has the patient been admitted to a Hospice or Day Hospital of the palliative care unit?

Principal diagnosis (neoplastic or non-neoplastic disease): \_\_\_\_\_

Date of the diagnosis (month/year): \_\_\_\_\_ / \_\_\_\_\_

Sites of metastases: \_\_\_\_\_

**Refractory Symptom:**

Delirium	Massive bleeding
Dyspnea	Convulsions
Vomiting	Existential distress
Severe pain	Other

**Specific medical treatment administered for symptom management in the last few hours:**

Haloperidol

Clorpromazin

Clothiapine

Delorazepam

Dexamethasone

Diazepam

Furosemide

Midazolam

Methylprednisolone

Morphine

Promazine

Scopolamine

Other

**Patient:****Awareness of Diagnosis**

Full	Ambivalent
Partial	Absent
Uncertain	Not assessable

#### **Awareness of Prognosis**

Full	Ambivalent
Partial	Absent
Uncertain	Not assessable

Did the palliative care team talk about sedation with the patient during hospice admission?

Yes No

- i. If yes, did the patient agree to the possibility of sedation? Yes No
- ii. If no, why was it not possible to talk about sedation with the patient?

Due to the clinical condition
Due to psychological status

How does the patient tolerate the onset of the refractory symptom?

- i. The patient DEFINED the symptom “intolerable”:

Never	Often
Seldom	Always

- ii. The patient SHOWED (with clinical signs) the symptom to be “intolerable”:

Never	Often
Seldom	Always

- i. At the onset of the refractory symptom, did the patient understand? Yes No
- ii. If yes, did the patient approve the start of sedation? Yes No
- iii. Questions, wills, requests\_\_\_\_\_

#### **Caregiver (CG):**

When the refractory symptom arose:

- i. Was the CG dissatisfied with the palliative care team’s work? Yes No
- ii. Frequency of being called to the patient’s room? Seldom Recurrent Always
- iii. Did the CG asked for sedation early? Yes No
- iv. When the palliative care team advised initiating sedation, did the CG approve? Yes No
- v. Did the palliative care team talk about SP with the CG during Hospice admission? Yes No
- vi. Did the CG approve the beginning of SP? Yes No Ambivalent
- vii. Questions, wills, requests\_\_\_\_\_

**Doctor (Name/Surname):** \_\_\_\_\_ / \_\_\_\_\_

**Palliative sedation TREATMENT:**

**Patient (name/surname):** \_\_\_\_\_ / \_\_\_\_\_

**At the beginning of sedation:**

**Date (day/month/year):** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**Time of the date (hour/minute):** \_\_\_\_\_ : \_\_\_\_\_

**Sedative drug:** \_\_\_\_\_

**Dose of sedative drug:** \_\_\_\_\_

**Patient’s RASS Scale:** \_\_\_\_\_

**Maintenance of sedation:**  
**Sedative drug:** \_\_\_\_\_  
**Dose of sedative drug:** \_\_\_\_\_

**If there is an increase in the sedative drug:**  
**Sedative drug:** \_\_\_\_\_  
**Dose of sedative drug:** \_\_\_\_\_  
**Patient's RASS Scale:** \_\_\_\_\_

**Hydration:** Yes No

**Date of the death (day/month/year):** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**Time of the day (hour: minute)** \_\_\_\_\_: \_\_\_\_\_

**Appendix 1:** Multi-professional medical record of the palliative sedation.