

Continuous palliative sedation: evaluation and start of sedation

Date (day/month/year): ____/____/____

Members of the care team:

1) _____ 2) _____ 3) _____

(Doctor, nurse, healthcare assistant, psychologist, physiotherapist)

Patient (Name and Surname): _____

Date of birth (day/month/year): ____/____/____

Sex: Male Female

Date of Hospice admission (day/month/year): ____/____/____

Is it this the first admission to a Hospice? Yes No

If NO, has the patient been admitted to a Hospice or Day Hospital of the palliative care unit?

Principal diagnosis (neoplastic or non-neoplastic disease): _____

Date of the diagnosis (month/year): ____/____

Sites of metastases: _____

Refractory Symptom:

Delirium	Massive bleeding
Dyspnea	Convulsions
Vomiting	Existential distress
Severe pain	Other

Specific medical treatment administered for symptom management in the last few hours:

Haloperidol

Clorpromazin

Clothiapine

Delorazepam

Dexamethasone

Diazepam

Furosemide

Midazolam

Methylprednisolone

Morphine

Promazine

Scopolamine

Other

Patient:

Awareness of Diagnosis

Full	Ambivalent
Partial	Absent
Uncertain	Not assessable

Awareness of Prognosis

Full	Ambivalent
Partial	Absent
Uncertain	Not assessable

Did the palliative care team talk about sedation with the patient during hospice admission?

Yes No

- i. If yes, did the patient agree to the possibility of sedation? Yes No
- ii. If no, why was it not possible to talk about sedation with the patient?

 Due to the clinical condition

 Due to psychological status

How does the patient tolerate the onset of the refractory symptom?

- i. The patient DEFINED the symptom “intolerable”:

 Never Often
 Seldom Always

- ii. The patient SHOWED (with clinical signs) the symptom to be “intolerable”:

 Never Often
 Seldom Always

- i. At the onset of the refractory symptom, did the patient understand? Yes No
- ii. If yes, did the patient approve the start of sedation? Yes No
- iii. Questions, wills, requests _____

Caregiver (CG):

When the refractory symptom arose:

- i. Was the CG dissatisfied with the palliative care team’s work? Yes No
- ii. Frequency of being called to the patient’s room? Seldom Recurrent Always
- iii. Did the CG asked for sedation early? Yes No
- iv. When the palliative care team advised initiating sedation, did the CG approve? Yes No
- v. Did the palliative care team talk about SP with the CG during Hospice admission? Yes No
- vi. Did the CG approve the beginning of SP? Yes No Ambivalent
- vii. Questions, wills, requests _____

Doctor (Name/Surname): _____/_____

Palliative sedation TREATMENT:

Patient (name/surname): _____/_____

At the beginning of sedation:

Date (day/month/year): ____/____/____

Time of the date (hour/minute): ____:____

Sedative drug: _____

Dose of sedative drug: _____

Patient’s RASS Scale: _____

Maintenance of sedation:

Sedative drug: _____

Dose of sedative drug: _____

If there is an increase in the sedative drug:

Sedative drug: _____

Dose of sedative drug: _____

Patient's RASS Scale: _____

Hydration: Yes No

Date of the death (day/month/year): ____/____/____

Time of the day (hour: minute) ____: ____

Appendix 1: Multi-professional medical record of the palliative sedation.