Precipitated Calcium Carbonate Nano-Microparticles: Applications in Drug Delivery

Abstract
Calcium carbonate (CaCO₃) precipitated particles present huge applications in drug delivery systems because their characteristics (such as size distribution, crystalline phase and specific surface area) can be precisely tailored during the synthesis. Besides this, most of the processing methods present competitive costs and produce highly biocompatible materials. This work reviewed briefly some of the many chemical and biological synthesis methods for CaCO₃ nano-microparticles as well as their combination with different macromolecules (active principles, polyelectrolytes and DNA).

Keywords: Precipitated calcium carbonate; Calcite; Aragonite; Vaterite; Drug delivery; nano-microparticles

Introduction
Calcium carbonate (CaCO₃) is an abundant mineral that has several uses in paper [1], Portland cement [2] and steel making [3], as agricultural input for soil modification [4], and food additive in soy milk and dairy products. Due to its high biocompatibility, CaCO₃ is also employed in many pharmaceutical (anti-acid, dietary supplement for child and postmenopausal women), biological (scaffolds for cellular and bacterial growth) and biomedical (bioactive material for drug delivery, base for orthodontic cements) applications [5-9]. Its particles can be found as three different polymorphs (vaterite, -CaCO₃, aragonite, λ-CaCO₃, and calcite, β-CaCO₃) in a wide variety of size, shape and crystalline structure of different properties and characteristics.

Calcite is of the most common minerals on Earth due to its thermodynamic stability. It is the main constituent of sedimentary limestone rocks and has a rhombohedral crystalline structure [10]. Aragonite (also orthorhombic) occurs in the skeletal parts of calcareous organisms [11] and in the by-products of some denitrifying bacteria (*Bacterium calcis*, or *Pseudomonas calcis* 6) [12]. Vaterite can be found in eggshells, salmon otoliths in freshwater, as component of some organism’s endoskeleton and has been observed as a constituent of salts found in bile [11,13]. Recent researchers found that vaterite is composed of a major phase of hexagonal symmetry filled with amorphous nanodomains [14]. Differently from calcite and aragonite polymorphs that have faceted crystals, vaterite particles are usually spherical or irregular [15] (Figure 1).

**Figure 1**: The typical shapes of calcium carbonate (CaCO₃) particles.
*A: Average Diameter; B: Crystalline Phase; C: Crystalline System*
Recently, vaterite particles were pointed out as having a huge potential for being used as drug delivery carriers and as bioactive material [16,17]. Such potential arises from its lower thermodynamic stability, high solubility, and defect-rich microstructure that can accommodate many host-molecules and release it in a controlled way. Studies show that vaterite particles can be encapsulated or linked with various biological substances such as biopolymers (CMC, alginate), proteins, poly electrolytes and molecules such as DNA [18-21]. Since the drug releasing parameters presented a strong relationship with particles’ characteristics (size distribution, specific surface area, internal porosity, and morphology) that are set during their synthesis, this work presents a brief review of the many methods employed to produce vaterite particles for biomedical application. We also collected useful information regarding the combinations of CaCO₃ particle-active principle for drug delivery applications and their potential toxicity in some cases.

Discussion

Methods for CaCO₃ particles’ synthesis

There are several known synthesis methods for obtaining nanometer and micrometer materials that can be divided from top down to bottom up, where the larger scale can be manipulated to the desired scale and from the bottom up where the material is grown with atom control for atom (or molecule for molecule) respectively [22]. The synthesis of calcium carbonate can be based on chemical [16,23,24] or microbiological [7,25-28] methods.

The most commonly used methods are those based on reactions in solution, leading to the formation of colloids in dispersed particles in a suitable solvent. Guo et al. [29] showed the influence of several solvents on the crystalline phase of calcium carbonate. They demonstrated that using DMF as solvents there was produced calcite with polyhedral format. Mixing DMF (dimethylformamide) and methanol resulted in small rectangles with a small cavity in the center of each face. When DMF/n-propanol was employed, there were small beads of vaterite phase, and by adding DMF and ethanol the beads had larger diameters.

Chen et al. [30] used a reaction of CaCl₂ + Na₂CO₃ at different temperatures and observed that at 25°C there is calcite phase. It was obtained at 80°C, the aragonite phase. For the formation of the vaterite phase, it was necessary to add an amino acid (glycine) [31]. Glycine is used as an additive to induce the crystallization of vaterite, because it is a less stable crystalline phase, the addition of chemical molecules is necessary for the synthesis of vaterite. Vaterite can be stabilized with various compounds, among them glycine (cited above) [31], proteins [19], anionic surfactant (sodium dodecyl benzene sulfonate (SDBS) [32] and poly (4-sodium styrene sulfonate) (PSS) [24].

In the double-jet method or CDJP (controlled double-jet precipitation) the cation and anion solutions are added simultaneously through separate lines to a stirred solution of a lyophilic polymer [33]. This method was used by Jiang et al. [34] in the first time for polymorphism study of CaCO₃ in aqueous solution under mild conditions, without any organic additives. They showed that increasing temperature, there were different polymorphs for CaCO₃ as can be seen in Figure 2.

There is still a lot of divergence in the literature on the mechanism of calcium carbonate crystals growth, some researchers think that mechanism is spherulitic crystal growth and some assume the nano-agglomeration [36]. The stabilization of the calcium carbonate crystals is one challenge related to these procedures, precisely to keep the particles stable in a certain size range, avoiding the agglomeration [37]. Combining individual structures together to form large structures through sintering or Ostwald ripening, agglomeration is a way to reduce surface energy.

For the induction of CaCO₃ precipitation from microorganisms, a solution and microbial cells with biochemical activities are required. These microorganisms are capable of secreting one or more metabolic products (carbonate ions) which react with the calcium ions present in the environment. The most accepted microbiological method uses bacteria in which they produce urease [38,39]. Urease (urea amidohydrolase, EC 3.5.1.5) has the ability to induce the precipitation of carbonates in microorganisms. Some of the bacteria that produce high concentrations of urease can precipitate the calcite phase: B. thuringiensis [40] Sporosarcina pasteurii [41]; Bacillus sp. CR2 [42].

Certain bacteria also produce crystals of the aragonite structure. Bacteria is able of CaCO₃ production in liquid medium, called “Bacterium calcis”, or “Pseudomonas calcis 6” [12]. The production
of calcium carbonate crystals can occur in Pseudomonas cultures in an artificial seawater medium containing Na$_2$CO$_3$ or (NH$_4$)$_2$CO$_3$. Researchers reported the same result with marine yeast, and claimed that calcium crystals resulted from accumulation of calcium deposits on the surface of cells in the aragonite structure [43,44]. Rivađeneyra et al. [26] presented an article in which they studied precipitation of calcium carbonate by Deleya halophila using solids. It was studied in liquid media different concentrations of NaCl as the single salt and different incubation temperatures. All tested samples were able to precipitate calcium carbonate under different environmental conditions. The formed polymorphs crystals were calcite and vaterite. The relationship between calcite and vaterite depends on the total salt and on the type of medium. Subsequently, Rivađeneyra et al. [45] showed that the formation of calcium carbonate crystals in the aragonite phase using the same bacterium Deleya halophila is a sequential process that begins with a produced nucleus by the agglomeration of some calcified bacterial cells and the subsequent accumulation of more calcified cells and carbonate, which acts to join the bacteria together. The process leads to the formation of spherical aragonite with 50 µm in diameter. This Mineral phase and its crystalline may be similar to those found in inorganic media.

Chen et al. [27] synthesized vaterite by microbiological method with hollow bead of 10 µm. When used Proteus mirabilis / Urea after 5 days of reaction at (27°C), a vaterite phase was formed. However, when it was used Proteus mirabilis/CaCl$_2$ solution with an ammonium carbonate diffusion method in 5 days of reaction at (27°C), it was produced vaterite-calcite phases. In this way, it was to control phases by the choice of solution. Rodríguez-Navarro et al. [25] and Chekrour et al. [28] also studied calcite and vaterite formation by Myxococcus Xanthus bacteria. Rodríguez-Navarro et al. [25] studied the changes in phosphate concentrations of culture medium leading to changes in local pH and Productivity. Besides, these factors change the structure and kind of CaCO$_3$, polymorph precipitate (Vaterite or calcite). Chekrour et al. [28] showed that calcite and vaterite produced in the presence of bacterium: Myxococcus xanthus shows a range of morphologies that depends if the bacteria are alive or dead. They showed that both live and dead bacteria have a passive role on the precipitation of calcium carbonate, acting as a model for heterogeneity nucleation.

**Drug delivery applications**

Besides the knowledge of the structure and properties, surface modification, compatibility, and cell interaction for regenerative medicine, there is a need for targeting pharmaceutical drugs to local drug delivery for controlling diseases. The release rate can be controlled, depending on the size of the particles and their pores. Combinations of many carrier-drugs have been under study for the last three decades with the aim of solving the problems related to chemotherapy and radiotherapy. Conventional ways, being oral and parenteral administration of drugs, have several disadvantages due to the change of pharmacokinetic parameters and wide distribution throughout the body.

The adsorption of biomacromolecules inside porous calcium carbonate particles is presumably regulated by electrostatic interactions on the microparticle surface within pores and protein–protein interactions. Such assumption was presented by Sukhorukov et al. [17] working with encapsulated porous calcium carbonate microparticles of an average size of 5 mm. Similarly, Wang et al. [16] proposed a recent combination method for held drug release of adsorption on porous CaCO$_3$ microparticles encapsulated with polyethylene multilayer films formed by the LBL self-assembly. Ueno et al. [5] described a easy method to load hydrophilic drugs and bioactive proteins into CaCO$_3$ besides control the size of the particles. The drug release from the particles was confirmed by in vitro and in vivo experiments. Donatan et al. [46] described a production of recent LBL templated based on spherical and nonspherical vaterite CaCO$_3$ particles and analyzed geometry influences and polyelectrolyte multi layers on enzyme-catalyzed reactions.

Fujii et al. [21] study hollow microcapsules of DNA and produced a assembling method using porous calcium carbonate microparticles as templates. So, DNA was adsorbed on surface calcium carbonate microparticles, and then DNA was covalently cross-linked on particles surface with ethylene glycol diglycidyl ether. Islan et al. [47] developed hybrid biopolymer–CaCO$_3$ microparticles treated with Alginate lyase enzyme, producing a mixed gel surface with a suitable size and a narrow distribution. Levofloxacin was used as a ideal drug to study the loading and delivery for application in pulmonary drug delivery.

Wei et al. [48] study a simple method to produced hollow CaCO$_3$ particles by the self-organization of nanocrystallites. Besides, one additional study using these particles as an anticancer drug delivery for Doxorubicin showed its advantages for local drug delivery detected by the pH value-sensitive structure, however, there is higher cytotoxicity due cellular uptake, perinuclear accumulation, and nuclear entry.

Zhao et al. [20] produced polysaccharides and prepare microcapsules of chitosan and alginate as the multilayer-wall materials, and carboxymethyl cellulose (CMC) as polyanions in the CaCO$_3$ cores. Authors study the antitumor drug doxorubicin (DOX) and multilayer microcapsules for application in tumor treatment using in vitro and in vivo assays (Table 1).

**Conclusion**

Calcium carbonate nano-microparticles can be produced by many methods, based on chemical or biological processes, resulting in a broad range of characteristics (size distribution, crystalline phase, morphology, specific surface area, internal porosity and solubility). Such particles found huge applications in drug delivery systems, both as main host unities of as microcapsules in combination with polymers and other macromolecules. Amongst CaCO$_3$ polymorphs, vaterite particles seem to be the most interesting ones for this application due to its spherical shape, defect-rich structure and lower solubility. Depending on the drug adsorption-release conditions aimed, CaCO$_3$ particles’ characteristics can be tailored during the chemical or biological synthesis process.

**Acknowledgement**

Authors acknowledge the Brazilian research foundations FAPESP (2010/19274-5), CNpq (308762/2014-2) and CAPES (PNNP20131739-33002045017P6) for supporting this work.
Table 1: Synthesized differently CaCO₃ particles for drug delivery applications.

<table>
<thead>
<tr>
<th>CaCO₃ Particles Synthesis</th>
<th>Average Diameter</th>
<th>Drug</th>
<th>Ref.</th>
</tr>
</thead>
<tbody>
<tr>
<td>CaCl₂/Na₂CO₃, PSS 4g/L</td>
<td>5 μm</td>
<td>Ibuprofen</td>
<td>[16]</td>
</tr>
<tr>
<td>Ca(NO₃)₂/Na₂CO₃, CMC 5%</td>
<td>5 μm</td>
<td>Doxorubicin</td>
<td>[18]</td>
</tr>
<tr>
<td>CaCl₂/Na₂CO₃, BSP 5% 650/1300 rpm</td>
<td>140.7/44.8 nm</td>
<td>Betamethasone Phosphate</td>
<td>[5]</td>
</tr>
<tr>
<td>Ca(NO₃)₂/Na₂CO₃, CMC 5% + (chitosan/alginate)</td>
<td>3-5 μm</td>
<td>Doxorubicin</td>
<td>[20]</td>
</tr>
<tr>
<td>CaCl₂/Na₂CO₃, Gly PH 10 and Alginate</td>
<td>4.6 μm</td>
<td>Levofloxacin</td>
<td>[47]</td>
</tr>
<tr>
<td>CaO₃ and K₂CO₃, PSS 4g/L</td>
<td>2μm</td>
<td>Methylene Blue</td>
<td>[49]</td>
</tr>
<tr>
<td>CaCl₂/Na₂CO₃, PUA/PSS</td>
<td>4 μm</td>
<td>Doxorubicin</td>
<td>[50]</td>
</tr>
<tr>
<td>CaCl₂/Na₂CO₃, CMCh 5 mg/mL</td>
<td>0.4 μm</td>
<td>Doxorubicin</td>
<td>[51]</td>
</tr>
<tr>
<td>CaCl₂/Na₂CO₃, PSS 4g/L, Alginate</td>
<td>4-6 μm</td>
<td>Ibuprofen</td>
<td>[52]</td>
</tr>
<tr>
<td>Ca(NO₃)₂/Na₂CO₃, Ethanol and Citric Acid</td>
<td>50-200 nm</td>
<td>Etoposide</td>
<td>[53]</td>
</tr>
</tbody>
</table>

PSS: Poly (Sodium 4-Styrenesulfonate); BSP: Betamethasone Sodium Phosphate; Gly: Gycine; EG: Ethylene Glycol; PAH: Poly (Allylamine Hydrochloride); PUA: Poly (Urethane-Amine); CMC: Carboxylmethyl Cellulose; CMCh: Carboxymethyl Chitosan

Conflict of Interest

The Authors declares that there is no conflict of interest.

References


